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Cross-cultural acceptability of interventions that may increase control at the end of life in people with dementia

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Bibliography

Publications in this dissertation

- 2025 Xu J, Smaling HJ, Nakanishi M, Shinan-Altman S, Radbruch L, Gaertner J, Achterberg WP, Mehr DR, van der Steen JT. Acceptability of euthanasia for people with dementia: perspectives of clinicians from six countries. *The American Journal of Geriatric Psychiatry*. 2025;33(12):1263-74.
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- 2024 Xu J, Smaling HJ, Dahan A, Chan J, van der Steen JT. Acceptability of bispectral Index monitoring in end-of-life care for dementia. *Journal of Alzheimer's Disease*. 2024;102(4):1183-96.
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- 2023 Smaling HJ, Jingyuan X, Nakanishi M, Shinan-Altman S, Mehr DR, Radbruch L, Gaertner J, Werner P, Achterberg WP, van der Steen JT. Interventions that may increase control at the end of life in persons with dementia: the cross-cultural CONT-END acceptability study protocol and pilot-testing. *BMC Palliative Care*. 2023;22(1):142.

Other peer-reviewed publications

- 2026 van der Steen JT, Jingyuan X, Radbruch L, et al. Response to: "Euthanasia in Dementia: The Gap Between Ethics and Law". *The American Journal of Geriatric Psychiatry*. 2026;34(5):788-789.

van der Steen JT, Jingyuan X, Tros W, Blom JW. Optimizing Approaches in Advance Care Planning in Dementia as Perceived by General Practitioners. *Journal of Pain and Symptom Management*. 2026.

Conference contributions

- 2026 Xu J, Smaling HJA, van der Steen JT. Acceptability of euthanasia from the perspective of persons with dementia and their family caregivers in five countries. Oral presentation. IAGG, July 5-9, Amsterdam, the Netherlands.

- 2025 Xu J, Smaling HJA, Nakanishi M, Shinan-Altman S, Radbruch L, Gaertner J, Achterberg W, Mehr DR, van der Steen JT. Acceptability of euthanasia for people with dementia: physician perspectives from six countries. Poster presentation. EAPC, May 29-31, Helsinki, Finland.

- 2024 McGough K, Bosworth T, Xu J, Smaling HJA, van der Steen JT, Mehr D. Advance Care Planning: Views of People Living with Dementia and their Caregivers. Poster presentation. NAPCRG, November 20-24, Quebec, Canada.

Xu J, Smaling HJA, van der Steen JT. Acceptatie en overwegingen van Nederlandse en Amerikaanse artsen bij twee benaderingen van proactieve zorgplanning bij mensen met dementie. Oral presentation. SANO Wetenschapsdag, October 31, Kerkrade, the Netherlands.

Xu J, Smaling HJA, van der Steen JT. Palliatieve zorg bij UNC-ZH. Oral presentation. UNC-ZH kenniscafé bij WZH, October 14, The Hague, the Netherlands.

Xu J, Smaling HJA, van der Steen JT, Achterberg, W. Wat vinden Nederlandse en Amerikaanse artsen van twee benaderingen van proactieve zorgplanning bij mensen met dementie? Oral presentation. Verenso congres, June 13, 's-Hertogenbosch, the Netherlands.

Xu J, Smaling HJA, van der Steen JT, Achterberg, W. Proactieve zorgplanning bij mensen met dementie. Oral presentation. UNC-ZH symposium, March 15, Leiden, the Netherlands.

Xu J, Smaling HJA, van der Steen JT. Technologieën voor discomfort monitoring in palliatieve zorg voor mensen met dementie. Oral presentation. Nationaal Dementie Congres. March 15, Nieuwegein, the Netherlands.

- 2023 Jingyuan X, Smaling HJA, Dahan A, Schepen Y, Chan J, van der Steen JT. Perspectives of people with dementia and their family caregivers on the acceptability of using Bispectral Index monitoring in palliative care for people with dementia. Poster presentation. Alzheimer Europe, October 16-18, Helsinki, Finland.

Xu J, Smaling HJA. Technologie binnen palliatieve zorg. UNC-ZH symposium. Oral presentation. Sept 14, Leiden, the Netherlands.
Jingyuan X, Smaling HJA, Mehr DR, Craig K, Achterberg WP, van der Steen JT. Two approaches to advance care planning for people with dementia: acceptability among US and Dutch healthcare providers. Poster presentation. AAIC, July 16-20, Amsterdam, the Netherlands.

Xu J, Smaling HJA, van der Steen JT. Non-invasive monitoring technologies to identify discomfort and distressing symptoms in persons with limited communication at the end of life: a scoping review. Oral presentation. EAPC, June 15-17, Rotterdam, the Netherlands.

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About the author

Xu Jingyuan was born in China in 1994. She grew up in Xi'an until the age of eleven, after which she attended secondary school in Shanghai. Growing up in different environments sparked her early interest in people, culture, and the question of what gives life meaning. From a young age, she was driven by curiosity about human suffering, wellbeing, and existential questions, motivations that would later shape both her academic and professional path.

Between 2013-2017, Xu studied her Bachelor of Social Sciences at the University of Hong Kong, majoring in psychology with a minor in Spanish. Her bachelor thesis focused on the relationship between meaning in life and wellbeing in an intercultural context. Alongside her studies, she worked as a research assistant at the university and volunteered at Suicide Prevention Services in Hong Kong, where she supported older adults with emotional difficulties and suicide risk. While living in Hong Kong, she also came into contact with palliative and psychosocial care, which deepened her interest in supporting people during vulnerable phases of life.

Xu moved to the Netherlands in 2018 and completed the Master's programme in Clinical Psychology at Leiden University. During this period, she gained practical experience in several healthcare settings. At Raeger Autisme Centrum, she supported children with autism spectrum disorder and intellectual disability. At Stichting Philadelphia Zorg, she worked with older adults with intellectual disabilities. At MOB, she worked as a psychologist with older adults with a non-Western background in residential care locations, contributing to psychosocial care and the implementation of person-centred care. She also volunteered at Florence Caregroup with residents living with dementia and, from 2019 to 2022, at Issoria Hospice & Thuis, visiting people in the terminal phase of life and supporting both clients and their informal caregivers. These experiences strengthened her belief in the importance of compassionate, person-centered psychological support.

In 2020, Xu started her PhD research at the Department of Public Health and Primary Care of the Leiden University Medical Center. Her research focused on perspectives on acceptable care and controversial interventions

in dementia in the last phase of life within the international CONT-END program.

Currently, Xu works as a psychologist at GGZ-Reflection in Rijswijk, the Netherlands, where she treats adults with a broad range of mental health issues. In her current work, her focus has broadened from end-of-life care to improving the quality of life and psychological wellbeing of the wider adult population. She remains motivated by a desire to help people cope with emotional suffering, getting in touch with their own values, and live meaningful and fulfilling lives.