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National implementation of the first-trimester anomaly scan: benefits, opportunities and challenges

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STELLINGEN

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NATIONAL IMPLEMENTATION OF THE FIRST-TRIMESTER ANOMALY SCAN BENEFITS, OPPORTUNITIES AND CHALLENGES

1. Nationwide implementation of FTAS increases early detection of fetal anomalies compared to routine scans, with only a two-day delay in diagnosis. – *this thesis*
2. Missing or suboptimal planes are the key factor behind undetected first-trimester major anomalies. – *this thesis*
3. The quality of first-trimester screening is defined by geography: where you live determines the detection of fetal anomalies. – *this thesis*
4. Timing matters: the earlier the pregnancy termination, the lighter the emotional burden. – *this thesis*
5. Continuing the FTAS within the Dutch prenatal screening program is essential to safeguard both the quality and equity of the scan.
6. The term *undetected* is preferred over *missed* as it more accurately reflects the complexity of prenatal screening without implying personal fault.
7. Labels are for bottles.
8. Everybody is somebody. Even nobody. – Walt Disney, 1901-1966
It's a matter of perspective, and every perspective matters.
9. One size does not fit all.
10. Percentages are simple numbers with a complex story.
11. Be a voice, not an echo. – Albert Einstein, 1879-1955
Stand for what is right, even if you stand alone.
12. Be comfortable with being uncomfortable. Growth comes at the end of discomfort.
– Kobe Bryant, 1978-2020
Trust the process, even when the scoreboard doesn't show it yet.