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## **Metabolism and lipid mediators as regulators of innate immune cell function: implications for inflammation and immune responses**

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### **Citation**

Almeida, L. (2026, June 23). *Metabolism and lipid mediators as regulators of innate immune cell function: implications for inflammation and immune responses*. Retrieved from <https://hdl.handle.net/1887/4306933>

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# II

## **Fa(c)t Checking: How Fatty Acids Shape Metabolism and Function of Macrophages and Dendritic Cells**

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First published: 31 March 2021

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European Journal of Immunology

DOI: [10.1002/eji.202048944](https://doi.org/10.1002/eji.202048944)

## Abstract

In recent years there have been major advances in our understanding of the role of free fatty acids (FAs) and their metabolism in shaping the functional properties of macrophages and dendritic cells (DCs). This review presents the most recent insights into how cell intrinsic FA metabolism controls DC and macrophage function, as well as the current evidence of the importance of various exogenous FAs (such as polyunsaturated FAs and their oxidation products -prostaglandins, leukotrienes and pro-resolving lipid mediators) in affecting DC and macrophage biology, by modulating their metabolic properties. Finally, we explore whether targeted modulation of FA metabolism of myeloid cells to steer their function could hold promise in therapeutic settings.

## Introduction

Macrophages are innate immune cells of myeloid origin with a diverse range of functions. They not only play a key role in maintaining tissue homeostasis under non-inflammatory conditions, but also in phagocytosis and killing of microbes during an infection and as well as in driving wound healing and tissue regeneration during the resolution phase of an inflammatory response (1,2). To be able to acquire these distinct functional traits, macrophages can adopt various polarisation states, which are imprinted by the local cues they are exposed to in the tissues where they reside (3–5). The most well-studied differentiation states are classically activated macrophages (also called M1 macrophages) and alternatively activated macrophages (also referred to as M2 macrophages), and both can be modelled in *in vitro* culture systems. Although these two polarisation states fail to capture the full diversity of functional states macrophages can adopt *in vivo*, they are commonly used as models for studying the pro-inflammatory and anti-inflammatory properties of these cells, respectively (6).

Like macrophages, dendritic cells (DCs) also belong to the group of myeloid innate immune cells. DCs sit at the crossroads between the innate and the adaptive immune system, working as specialised antigen-presenting cells (APCs) that are capable of initiating T cell responses (7). During steady state, DCs reside in peripheral tissues in a quiescent state. Upon sensing of pathogens or tissue-derived danger signals, DCs undergo a phenotypic and functional change involving enhanced internalisation and processing of antigens (Ags) (8–10) and migration towards tissue draining lymph nodes, where they can induce an adaptive immune response by priming and activating Ag-specific T cells (9,11). Furthermore, DCs also play a role in the induction of tolerance during steady state due to exposure to tolerizing signals. These tolerogenic DCs can mediate tolerance by promoting peripheral T cell anergy and apoptosis, decreasing effector and memory T cell responses, and inducing the differentiation and activation of regulatory T cells (Tregs) (12–15).

Due to the central role played by DCs and macrophages in the immune response, it is important to understand how their function is regulated and what kind of stimuli are needed to initiate/sustain their activation and polarisation in specific scenarios. For instance, there has been a longstanding interest in defining the signalling pathways regulating macrophage and DC function in the context of “classical” immunological cues, such as cytokines, chemokines, and pathogen-associated molecular pattern (PAMPs) (16,17). More recently, there has been a growing appreciation that metabolic signals and alterations in cellular metabolism can also dictate immune cell function (see (18) for a detailed introduction to immune cell metabolism). Recent research about immunometabolism has contributed to the realisation that stimuli and changes

in the environment macrophages and DCs are exposed to, eventually converge into alterations in their metabolic properties. It has become clear that reprogramming of metabolic pathways such as glycolysis, oxidative phosphorylation (OXPHOS), fatty acid (FA) synthesis and oxidation (FAO) are not only associated with, but are also crucial for shaping functional responses of DCs and polarisation of macrophages to environmental cues (18).

The notion that FAs (both intracellular as well as extracellular) and their metabolism play a central role in shaping DC and macrophage biology has gained significant traction in recent years (19). Extracellular FAs can be synthesized *de novo* from carbons derived from other core metabolic pathways such as the TCA cycle, glycolysis and glutaminolysis, hydrolysed from intracellular lipid stores, or directly obtained from extracellular space (Fig. 1). These FAs play a pivotal structural role when used for incorporation into cellular membranes. Moreover, through their oxidation in mitochondria they serve an important role in generating energy via OXPHOS as well as in generating various TCA cycle intermediates that can act as signalling metabolites or that can be used for the synthesis of other macromolecules. As a result, metabolism of intracellular FAs is a central regulator of DC and macrophage function. In addition, various FAs present in the extracellular environment, released by other cells including adipocytes, tumour cells and other immune cells, or obtained through diet (20), have also been shown to have the potential to alter the functional properties of DCs and macrophages (20–22).

The most well-studied FAs in the context of myeloid cell biology are short-chain fatty acids (SCFAs), saturated fatty acids (SFAs) and unsaturated fatty acids (UFAs), which could be mono-unsaturated (MUFAs) and poly-unsaturated (PUFAs). In addition, specialized pro-resolving mediators (SPMs) which are products from PUFA metabolism (mainly  $\omega$ -3 and  $\omega$ -6 PUFAs; see Fig. 1) (23), can also have strong modulatory effects on myeloid cells, including macrophages and DCs (23,24). Various mechanisms have been proposed through which these exogenous FAs can affect DC and macrophage function. These include acting as signalling molecules engaging receptors, serving as structural components, and - interestingly - altering the metabolism of these cells.

In this review we will discuss the most recent insights into how intrinsic FA metabolism controls DC and macrophage function, as well as the current evidence showing how various exogenous FAs (such as PUFAs and their oxidation products – prostaglandins, leukotrienes, and SPMs) affect DC and macrophage function, by modulating their metabolic properties.

# Role of Intrinsic Fatty Acid Metabolism in Myeloid Cell Function

## Fatty Acid Oxidation

### Macrophages

Free FAs used for FAO can be acquired either by uptake of dietary fats and subsequent hydrolysis, by lipolysis of stored acylglycerols, or by *de novo* FA synthesis (20). These FAs can be oxidised either in peroxisomes, and/or be transported into the mitochondria by Carnitine Palmitoyltransferase (CPT) where they will undergo FAO. FAO results in the formation of multiple units of acetyl-CoA, which can serve as substrate in the TCA cycle to fuel OXPHOS. It is a tightly regulated pathway, with the rate limiting step being the transport of acyl-CoA into the mitochondrial matrix by CPT1. The control of CPT1 activity is, therefore, a key checkpoint for regulating mitochondrial FAO (Fig. 1) (25).

Murine macrophages stimulated with IL-4 *in vitro* are characterized by increased FAO activity (26). Likewise, tumour-associated macrophages (TAMs) which share phenotypic and anti-inflammatory characteristics with *in vitro*-generated M2 macrophages (27) were shown to also have high levels of FAO (28). Moreover, increased FAO is also correlated with efferocytosis, a process used by M2-like macrophages to remove apoptotic cells to maintain tissue homeostasis (29). Initial studies have suggested that FAO itself is crucial for M2 polarisation, as pharmacological inhibition of CPT1 using etomoxir prevented M2 differentiation (26,30–32). However, more recent work has questioned these findings (33). Using genetic approaches, it was shown that conditional deletion of CPT1a had no effect on acquisition of an M2 phenotype. Moreover, etomoxir was found to have substantial off-target effects at concentrations used in these earlier studies (33). However, it should be noted that long-term genetic deletion of crucial FAO enzymes, such as CPT1a, may result in metabolic adaptation by usage of compensatory pathways to support cellular processes normally dependent on long-chain FAO, that cells may not be able to resort to upon acute pharmacological inhibition (34). These issues will need to be resolved to fully understand the importance of FAO in alternative activation of macrophages.

*In vitro*-generated murine M1 macrophages are characterized by high expression of inducible Nitric Oxide Synthase (iNOS) leading to the synthesis of Nitric Oxide (NO) (35), which is known to impair OXPHOS by inhibiting the electron transport chain (ETC) in an auto- or paracrine manner (Fig. 2A) (36), and promote the synthesis

of reactive oxygen species (ROS) that help in the microbicidal activity of M1 macrophages. As a consequence, FAO is severely compromised in these cells (30). However, LPS-stimulated peritoneal macrophages (pMacrophages) are characterized by increased OXPHOS (37), which may stem from a lower potential to produce NO by pMacrophages compared to their *in vitro* counterparts (30). Under certain conditions, FAO also be important for specific pro-inflammatory properties of macrophages. NLRP3 inflammasome activation, and synthesis of IL-1 $\beta$  was impaired following pharmacological inhibition of CPT1a with etomoxir suggesting dependency on FAO (38–40). However, the exact mechanism by which FAO boosts NLRP3 activations is still not clear, although increased FAO-fuelled mitochondrial ROS production has been implicated (40,41).

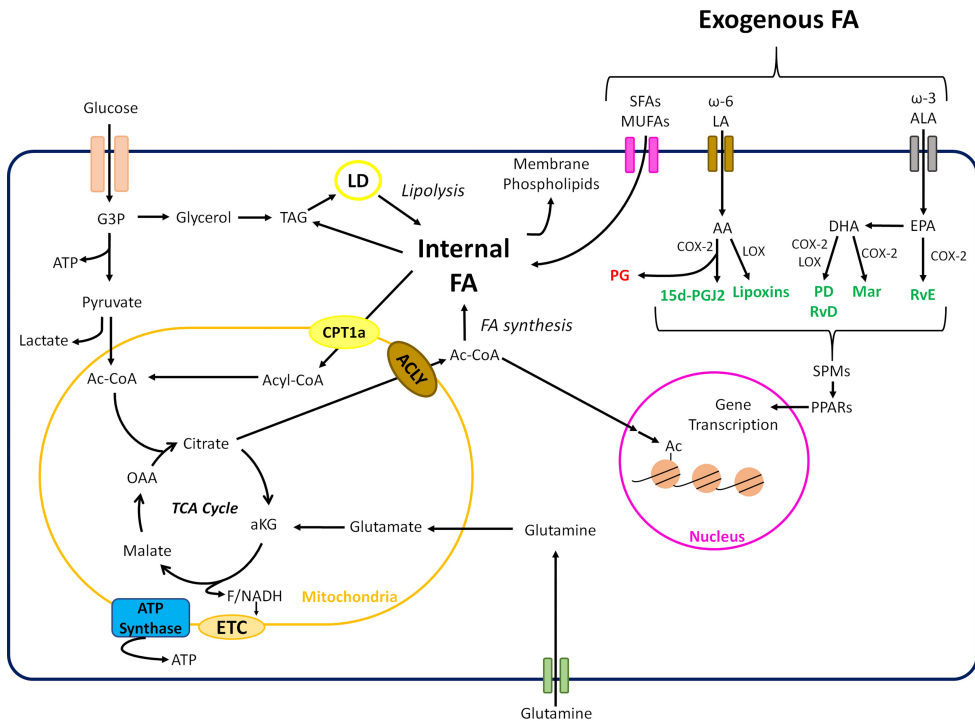


Fig. 1: Cellular metabolism of intra- and extracellular fatty acids.

A schematic overview of key processes involved in cellular FA uptake and metabolism. Core metabolic pathways connected to FA metabolism are indicated as well as the main processes involved in SPM synthesis from PUFAs such as  $\omega$ -3 and  $\omega$ -6 FAs. Specifically, PUFAs, many of which are essential fatty acids obtained from food, can be metabolised by cyclooxygenases (COX) and lipoxygenases (LOX) to give rise to SPMs. Main PUFAs that serve as substrate for these enzymes are linoleic acid (LA) and arachidonic acid (AA), which are  $\omega$ -6 PUFAs, and eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), both  $\omega$ -3 PUFAs. Several enzymatic reactions lead to synthesis of SPMs (highlighted in green). The metabolism of EPA by COX-2 eventually gives rise to E-series Resolvins (RvE), while with DHA the products are more

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diverse. The actions of LOX on DHA lead to products from the Maresin (MaR) family, while both LOX and COX-2 can give products from the Protectin family (PD) or D-series Resolvins (RvD). Protectin family (PD) or D-series Resolvins (RvD). In the case of  $\omega$ -6 PUFAs, such as AA, COX and LOX give products such as Prostaglandins and Lipoxins, the former being mainly proinflammatory (red).

One of the mechanisms by which FA metabolism regulates macrophage polarisation involves changes in histone acetylation of IL-4-inducible genes fuelled by an increase in cellular concentrations of Acetyl-CoA (Ac-CoA) (31). It was found that IL-4 receptor (IL-4R) signalling increases ATP citrate lyase (ACLY) expression and activity (See Fig. 2B), resulting in an accumulation of nuclear and cytosolic Ac-CoA to enable efficient histone acetylation. Tracing experiments revealed that of glutamine, glucose and palmitate, the latter was the largest source of carbon for Ac-CoA (31). This may indicate that FAO in M2 macrophages fuels the TCA cycle to increase ACLY-driven Ac-CoA output to support histone acetylation required for expression of M2 macrophage-associated genes.

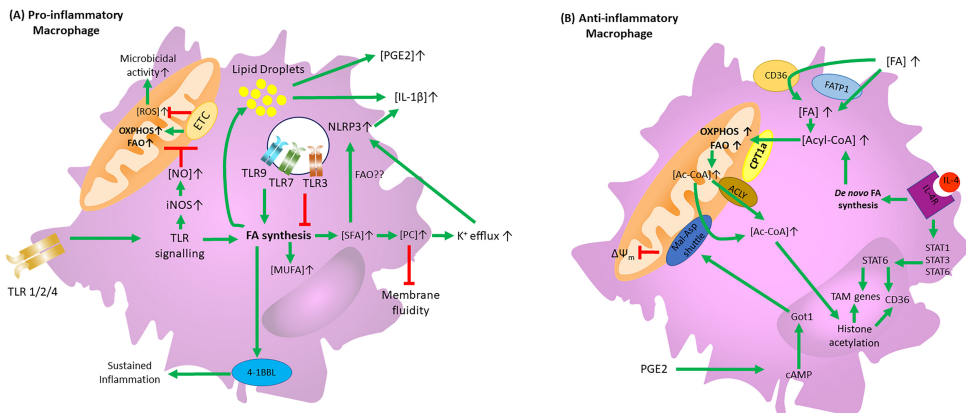


Fig. 2: FA metabolism of pro- and anti-inflammatory macrophages

Schematic depiction of how FA metabolism and uptake control the function of (A) pro- and (B) anti-inflammatory macrophages. Green lines indicate positive signalling, while red lines indicate an inhibitory effect. (A) pro-inflammatory macrophages increase FA synthesis upon TLR signalling. This increase in FA synthesis drives 4-1BBL activity which helps sustain inflammation. TLR-driven FA synthesis also leads to an increase in lipid droplets which is associated with increased PGE2 and IL-1β synthesis. Moreover, TLR signalling induces iNOS expression and subsequent NO synthesis which inhibits the ETC, thereby reducing FAO, and promoting ROS formation which helps with microbicidal functions. Increased FA synthesis upon TLR stimulation also leads to SFA synthesis, which increases PC levels in the cell membrane, leading to less fluidity and K<sup>+</sup> efflux, thereby activating NLRP3 and IL-1β synthesis. TLR1/2, TLR7 and TLR9 activation increased FA synthesis and *de novo* SFA and MUFA synthesis. TLR3 activation leads to the opposite effect, inhibiting FA synthesis, along with MUFA and SFA synthesis. (B) IL-4R signalling activates STAT1, STAT3, and STAT6 which promote the transcription of TAM genes and CD36. IL-4R signalling also promotes *de novo* FA synthesis which increases Acyl-CoA levels in the cell. Extrinsic FAs can also increase Acyl-CoA levels by being transported intracellularly by CD36 or FATP-1. Increased Acyl-CoA promotes OXPHOS and

FAO in a CPT1a-dependent manner. The increased flux in OXPHOS and FAO results in elevated levels of mitochondrial Acetyl-CoA which can be transported to the cytosol in an ACLY-dependent manner or through the Malate-Aspartate shuttle. Cytosolic Acetyl-CoA can participate in histone acetylation of M2-like and TAM genes. PGE2 impairs mitochondrial membrane potential in M2-like macrophages by dysregulation of the Malate-Aspartate shuttle by increasing cAMP-induced Got1 expression.

Thus, the relationship between macrophage phenotype and FAO does not appear to be as black and white, as initially thought. A picture is emerging that FAO can - depending on the context - support both pro- or anti-inflammatory properties by appropriating specific functions. For instance, in pro-inflammatory macrophages, FAO may be used to produce ROS to support activation of the NLRP3 inflammasome, as well as potentially fuel the TCA cycle to compensate for cataplerosis of intermediates that are being extracted from the TCA cycle for synthesis of amino acids and other macromolecules needed for pro-inflammatory activation (38–41). On the other hand, in M2 macrophages there is evidence that FAO, in addition to being involved in epigenetic remodelling by serving as a source of Ac-CoA required for acquisition of an M2 phenotype, also contributes to maintenance of anti-inflammatory activities, such as efferocytosis (29), by burning through FAs that otherwise accumulate in these cells as a consequence of this process. Moreover,  $\beta$ -oxidation of fatty acids from apoptotic cells enhanced IL-10 transcription and synthesis, thereby reinforcing their anti-inflammatory phenotype (42).

## **Dendritic Cells**

Several studies have highlighted the importance of FAO in regulating the functional properties of DCs in a stimulus- and subset-specific manner (43–45). Different TLR stimuli engage FAO to a different extent in human moDCs (43). While TLR4 stimulation was found to induce glycolysis, TLR7/8 stimulation with pRNA increased FAO and OXPHOS in human moDCs (Fig 3A). This increase in FAO and OXPHOS was due to branched-chain alpha-keto acid dehydrogenase complex E1-alpha subunit (BCKDE1 $\alpha$ ) phosphorylation in a PTEN-induced putative kinase 1 (PINK1)-dependent manner. Interestingly, inducing PINK1 activity in tolerogenic DCs stimulated FAO and rendered these DCs immunostimulatory (43), suggesting FAO can promote pro-inflammatory functions in DCs. Other studies have also implicated FAO in supporting DC pro-inflammatory activation by showing that its pharmacological inhibition by etomoxir suppressed both murine cDC and pDC activation stimulated with a TLR9 agonist, as evidenced by decreased expression of costimulatory molecules and decreased synthesis of pro-inflammatory cytokines (44). Similarly, murine pDCs increase FAO upon stimulation of TLR9, which was found to be required for efficient type 1 interferon (I-IFN) production (46). Tumour cells may appropriate this mechanism by secreting  $\alpha$ -Fetoprotein, which inhibits FAO and OXPHOS in DCs, leading to

impaired stimulation of Ag-specific effector functions (47). This points towards a link between FAO and triggering of endosomal TLRs, which may be explained by fact that engagement of endosomal TLRs generally lead to strong type 1-IFN production, which can promote FAO in an autocrine manner (41). Possibly, in this context, FAO may take over the role from glycolysis as main carbon source to fuel the synthesis of TCA cycle intermediates, which in DCs stimulated with cell membrane associated TLRs is required to support the anabolic demands of immunogenic DC activation (48).

However, increased FAO has also been implicated in supporting tolerogenic properties of DCs (Fig 2B). DCs rendered tolerogenic *in vitro* using Vitamin-D3 or *in vivo* through Wnt5a signalling in the tumour micro-environment, display increased FAO (49–51) on which they in part rely for induction of Tregs (51,52). In the latter study FAO was mechanistically shown to enhance indolamine 2,3-dioxygenase-1 (IDO) activity and suppress IL-6 and IL-12 cytokine expression by DCs, culminating in Treg generation. Additionally, failure of TLR-stimulated murine CD11c+ DCs or BM-DCs to switch from OXPHOS to glycolysis, due to deficiency in miRNA-142, which normally suppresses CPT1a activity, locked these cells in a tolerogenic state with reduced synthesis of pro-inflammatory cytokines and reduced ability to activate T cells both *in vitro* and *in vivo* (53).

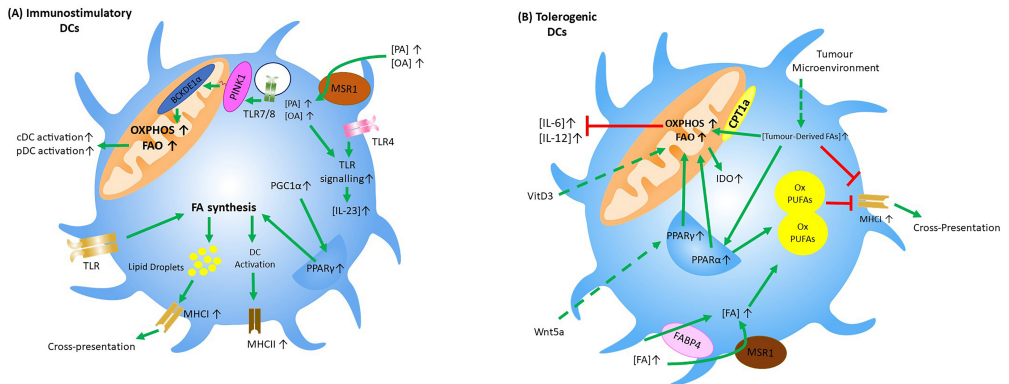


Fig. 3: FA metabolism of immunostimulatory and tolerogenic DCs:

Schematic depiction of how FA metabolism and uptake control the function of (A) immunostimulatory and (B) tolerogenic dendritic cells. Green lines indicate positive signalling, while red lines indicate an inhibitory effect. Dashed lines represent effects from exogenous stimuli. (A) In immunostimulatory DCs, TLR signalling increases FA synthesis to promotes ER expansion and LD formation, which contribute to upregulation of MHCII and MHCI. PGC1 $\alpha$  and PPAR $\gamma$  activation is also associated with increased FA synthesis in immunostimulatory DCs. TLR7/8 stimulation can lead to the phosphorylation of BCKDE1 $\alpha$  in a PINK-mediated manner. This results in increased OXPHOS and FAO which in turn is associated with increased activation of cDCs and pDCs. Additionally, extrinsic FAs, such as OA and PA, which are transported intracellularly by MSR1, can boost TLR4 signalling and increase IL-23 synthesis. (B) In tolerogenic DCs, increased OXPHOS and FAO are associated with reduced IL-6 and IL-12 synthesis and increased IDO expression. Tumour-derived FAs can increase OXPHOS and FAO by either being transported by CPT1a,

or by activating PPAR $\alpha$ . This PPAR $\alpha$  activation can also increase LD formation, which have a high content of oxidised PUFAs. Extrinsic FAs transported by MSR1 and FABP4 can feed these LDs and increase their oxidised PUFA content. These LDs, and tumour-derived FAs themselves, impair cross-presentation by suppressing MHC1 surface expression. External stimuli such as VitD3 and Wnt5a can also increase FAO and OXPHOS, with Wnt5a doing so in a PPAR $\gamma$ -dependent manner.

Taken together, FAO may support, depending on the studied DC subset and/or nature of activating signal, either pro-inflammatory or anti-inflammatory properties of these cells. How exactly the same metabolic pathway can underpin these divergent immunological properties in DCs remains to be determined.

## Fatty Acid Synthesis

*De novo* FA synthesis is a process in the cytoplasm whereby acyl chains are generated from Ac-CoA through the action of fatty acid synthases. Most of the Ac-CoA which is converted into FAs is derived from carbohydrates originating from the glycolytic pathway and TCA cycle [15], [47].

### Macrophages

There are several studies that have linked *de novo* FA synthesis to supporting pro-inflammatory function of macrophages (Fig 2A). For instance, genetic models to block FA synthesis have shown that NO production and pro-inflammatory signalling are reduced in both human and murine macrophages upon TLR stimulation (54–57). Additionally, FA synthesis also appears to support TLR-driven 4-1BBL activity, a member of the TNF superfamily which regulates the sustained production of pro-inflammatory cytokines in TLR-activated macrophages (58). Consistent with this latter finding, inhibition of FA synthesis in a murine model of psoriasis, in which prolonged pro-inflammatory activity of M1 macrophages is a driving factor behind the disease, alleviated the symptoms (58). However, conditional deletion of ACC1, the enzyme that converts Acetyl-CoA into Malonyl-CoA used for FA synthesis, did not compromise pro-inflammatory macrophage responses (59). These discrepancies in outcome might, as alluded to above, arise from the difference in effects of instant pharmacological targeting with potential off target effects vs long-term deletion. In addition, different TLR ligands appear to have different effects on FA synthesis and the lipidome of macrophages (60). Stimulation of MyD88-dependent TLRs (i.e. TLR1/2, TLR7, or TLR9) increased *de novo* SFA and MUFA synthesis, while TLR3 stimulation reduced both SFA and MUFA synthesis. Moreover, inhibition of MUFA synthesis, without affecting SFA synthesis, disturbed the TLR-driven reprogramming of the lipidome, resulting in an increased inflammatory response (60).

Together, this links SFA synthesis to pro-inflammatory properties of macrophages. Several mechanisms have been proposed through which FA synthesis can support pro-inflammatory properties of macrophages. Firstly, it may help in changing membrane lipid composition to alter fluidity to facilitate membrane-associated effector functions such as phagocytosis (61–63), as has been shown following TLR4 stimulation (64). Here, sterol regulatory element binding protein-1a (SREBP-1a), a key transcriptional regulatory protein of fatty acid metabolism, was activated downstream of TLR4 and increased FA synthesis. Inhibiting this pathway led to defective phagocytosis, resulting from a reduction in the interaction between lipid rafts and the cytoskeleton, presumably due to reduced accumulation of newly synthesized fatty acyl chains within membrane phospholipids (64). Secondly, synthesized FAs can be used to form lipid droplets (LDs) that have a role in the first line of defence against pathogens, by serving as anchors for immune proteins and as docking sites for phagocytic membranes. This facilitates the encounter between immune proteins and phagocytosed pathogens, while also protecting the cell from possible unwanted damage due to the cytotoxic properties of these proteins (65). Additionally, LDs can change cellular metabolism by uncoupling themselves from mitochondria upon infection, to lower mitochondrial FAO. Finally, it was recently shown that LD development, as a consequence of commitment to triacylglycerol synthesis following TLR stimulation, was needed for increased synthesis of M1-associated inflammatory mediators, such as IL-1 $\beta$  and PGE2 (66).

## **Dendritic Cells**

Studies with murine BMDCs have shown that LPS stimulation promotes *de novo* FA synthesis to support expression of cytokines and costimulatory markers required for potent T cell activation (48). Moreover, DC differentiation and subsequent upregulation of MHCII requires FA synthesis (67–69) (Fig. 3A). However, in contrast to pharmacological targeting of FA synthesis as used in the aforementioned study to interrogate the role of *de novo* FA synthesis, genetic targeting of ACC1 did not appear to affect DC cytokine expression (59).

Mechanistically, FA synthesis-driven DC activation was linked to increased ER and Golgi expansion to allow for efficient translation of these proteins (48). It is interesting to note that in this study increased LD formation dependent on FA synthesis was also observed. This increase in LD formation has been reported by others as well following LPS or IL-4 stimulation, both in *in vitro* cultured BM-DCs as well as primary CD11c+ murine splenic, and lymph node DCs (70), and was associated with enhanced T cell activation (48,70). This suggests that these LDs serve not just as passive lipid storage organelles but may also be linked to key processes fundamental to DC biology, such as Ag processing and presentation. Indeed inactivation of genes which regulate

the assembly of lipid bodies abrogated cross-presentation by DCs (71). The exact mechanism by which LDs participate in Ag cross-presentation is not yet known, but previous work showed that lipid composition of LDs affected MHC-I expression in DCs (72).

# Role of Exogenous Fatty Acids on Myeloid Cell Function

Apart from intracellular FA metabolism, free FAs present in the extracellular space, which can come from the diet or released by other cells, can also affect myeloid cell function (20,73,74). This can be either by serving as structural components, by being used as nutrients to fuel cellular metabolic pathways following uptake, or by acting as signalling molecules through engagement of surface or intracellular receptors. Here we will specifically focus on their effect on macrophage and DC metabolism and thereby function.

## Fatty Acid Uptake

### Macrophages

For many of their biological effects, extracellular FAs first need to be imported into the cell. Macrophages express various receptors and transporters that mediate this process (Fig. 2B). Studies have shown that fatty acid transport protein 1 (FATP1), an important transporter for FA uptake, plays a role in the metabolic reprogramming of macrophages during inflammation (75). FATP1 overexpression in murine BM-macrophages induced FAO and, in turn reduced an LPS-induced inflammatory response. Additionally, by inhibiting FATP1, instead a pro-inflammatory macrophage phenotype could be promoted. CD36, a scavenger receptor, is also involved in the transport of exogenous FAs into the cytosol (32), where they can fuel FAO as shown in IL-4-driven M2 differentiation (32). This was functionally important as CD36-deficient macrophages were impaired in their M2 polarisation. Likewise, human macrophages displayed a reduction in LPS-induced IL-12 and TNF $\alpha$  synthesis following exposure to FAs (76). Taken together, this suggests that uptake of exogenous FAs is generally linked to promotion of anti-inflammatory macrophage function.

## **Dendritic Cells**

The role for FA uptake in regulating DC function seems to be more complex than in macrophages. On the one hand, activation of both *in vitro*-cultured BMDCs and primary CD11c+ murine DCs (isolated from spleen and lymph nodes) resulted in increased FA accumulation and LD formation (Fig. 3A), which was correlated with increased expression of scavenger receptors, such as Macrophage scavenger receptor 1 (MSR1) (70), suggesting FA uptake may support DC immunogenicity. On the other hand, there is also evidence for a tolerising effect of FA uptake by DCs, especially in the tumour microenvironment (21) (Fig. 3B). Tumour-associated DCs (TADCs) upregulate scavenger receptors including MSR1, fatty acid binding protein 4 (FABP4) and lipoprotein lipase (LPL), which promote exogenous FA uptake, (77–79), and correspondingly display high lipid content and LD accumulation. Functionally, these TADCs showed impaired Ag presentation ability and subsequent T cell stimulation. Interestingly, inhibiting FA synthesis or MSR1 activity restored their lipid content to normal levels and as well as their T cell-priming abilities (78). Recently, it was shown that FAs taken up by TADCs can serve as ligands for peroxisome proliferator-activated receptor alpha (PPAR $\alpha$ ) which is a member of ligand-activated nuclear transcription factors regulating lipid metabolism. PPAR $\alpha$  binding promoted LD synthesis, as well as increased FAO, which resulted in reduced DC immunogenicity (80). Interestingly, correspondingly, inhibition of PPAR $\alpha$  activation in this context, restored DCs function and enhanced anti-tumour immune responses in a therapeutic setting. Even though the anti-inflammatory properties of PPAR $\alpha$  and PPAR $\delta$  are well documented (as reviewed in (81)), in some contexts their activity is associated with inflammatory responses. For instance, a recent publication showed that deletion of PPAR $\delta$  in CD11c+ cells in mice dampened palmitic acid-induced IL-12 and TNF synthesis, and upregulation of costimulatory molecules, resulting in attenuated development of atherosclerosis (82).

An explanation for why FA uptake and LD formation can, depending on the context, either support or interfere with DC immunogenicity, may come from the nature of the FAs these cells accumulate. LDs in TADCs were shown to contain high levels of oxidised PUFAs (83,84) compared to non-TADCs, which has been linked to tumour-derived molecules that prompt lipid peroxidation in TADCs (85). This was found to drive accumulation of MHC-I-peptide complexes in lysosomes and late endosomes, limiting cross-presentation and, subsequently, cytotoxic T-cell priming. This would be consistent with recent work by Ugolini *et al* (86) showing that uptake of oxidised truncated FAs impaired DC Ag cross-presentation in cancer, without affecting direct presentation.

## Fatty Acids as Signalling Molecules

### Saturated Fatty Acids

It is well described that in general signaling by exogenous SFAs exert pro-inflammatory effects on DCs and macrophages (87). Interestingly, several recent studies have now also revealed an important role for metabolic rewiring in this process. Activation of exogenous SFAs into Acyl-CoA, was shown to activate the NLRP3 inflammasome, driving an M1 type while UFAs prevented this (38) (Fig 2A). The authors showed that these SFAs promoted the synthesis of phosphatidylcholine, leading to loss of membrane fluidity and K<sup>+</sup> efflux, enabling subsequent NLRP3 activation. UFAs were able to inhibit this effect by instead redirecting SFAs to triacylglycerol synthesis. Furthermore, exposure of macrophages to palmitate (PA), a SFA, was associated with impaired wound healing, a state of low-grade chronic inflammation and increased IL-1 $\beta$  and IL-23 synthesis (88–90). In an environment rich in FAs, DCs are also stimulated towards a pro-inflammatory phenotype. Specifically, accumulation of PA and oleic acid (OA) amplified TLR signalling and led to an increase in IL-23 expression, which in a model of psoriasis worsened disease progression (89) (Fig. 3A). This was linked to PA inhibiting hexokinase activity and perturbing TCA metabolism in TLR-activated cells, leading to an increase in mtROS and pro-inflammatory cytokines. Nevertheless, the exact mechanisms or receptors by which SFAs can modulate macrophage or DC function are still not fully elucidated. It was previously thought that SFAs could bind TLRs, thus activating a pro-inflammatory phenotype in macrophages. However, recent data shows that, while TLR4 signalling is needed for SFA-induced inflammation, SFAs do not bind directly to TLR4 (91).

### Polyunsaturated Fatty Acids

One of the most well-studied bioactive FAs known to modulate myeloid cell function is Prostaglandin E<sub>2</sub> (PGE<sub>2</sub>), an oxidation product of AA that can bind specific receptors (Fig. 1). While PGE<sub>2</sub> was already reported to inhibit murine BM-macrophage activation and polarisation both *in vitro* and *in vivo* (92), more recent work elucidated metabolic effects of PGE<sub>2</sub> on M2 macrophages. The authors observed that PGE<sub>2</sub>, alongside a drop in expression of subset of M2 markers, caused a dissipation of the mitochondrial membrane potential in IL-4-stimulated M2 macrophages (93) (Fig 2B). This was due to PGE<sub>2</sub> affecting the transcription of several genes related to maintenance of mitochondrial membrane potential in a cAMP-mediated manner. PGE<sub>2</sub> initiated the transcription of genes which regulate the malate-aspartate shuttle, including Got1. Another PUFA, Leukotriene-B<sub>4</sub> (LTB<sub>4</sub>) has also recently been linked to regulating

macrophage metabolism (94). Type 1 diabetic (T1D) mice have increased levels of circulating LTB<sub>4</sub>. Macrophages from these mice displayed increased FAO and CPT2 expression when compared to macrophages from control mice. This was associated with an increased pro-inflammatory signature. These effects were reduced upon blocking LTB<sub>4</sub> signalling using a receptor antagonist.

## **Specialized Pro-Resolving Mediators**

Recently, SPMs have received considerable attention given the growing evidence for their key role in active resolution of inflammation. There are already some strong correlations between deregulation of SPM metabolism, and certain chronic inflammatory diseases, such as Alzheimer's disease, atherosclerosis, arthritis, and type-2 diabetes (23) (Table 1). The pro-resolving properties of SPMs stem in a large part from their ability to suppress inflammatory properties of macrophages and DCs. SPMs promote the shift from M1-like to M2-like macrophages, increase phagocytic and efferocytotic activities of macrophages, and reduce IL-12 synthesis by DCs (95,96). However, up until now, little is known about whether SPMs may affect metabolism of these cells or how cellular metabolism of those cells affects SPM synthesis.

Given the known dampening effects of SPMs on pro-inflammatory DC and macrophage activation and the clear functional link between engagement of certain metabolic pathways and anti-inflammatory properties of these cells, it is tempting to speculate that a mechanism by which SPMs mediate these effects is by modulating DC and macrophages metabolism. One way SPMs might achieve this is by binding to PPARs. PPARs can be activated by many different ligands, including long-chain SFAs and UFAs, eicosanoids or other products of PUFA oxidation such as SPM 15-deoxy- $\delta$ -12,14-prostaglandin J<sub>2</sub> and Maresin-1 (97–101). Interestingly, PPAR signalling is known to play a role in attenuating the inflammatory function of macrophages as well as DCs by regulating their metabolism (80,102). Additionally, SPMs can bind surface receptors within the family of G-protein-coupled receptors (GPRs) (103). Although it remains to be established whether signalling through GPRs that bind SPMs (e.g. GPR32, ALX/FPR2, ChemR23 (104,105)) could drive metabolic reprogramming, the fact that signalling through other GPRs, such as GPR120 and GPR40, has already been described to affect FA synthesis in adipocytes and hepatocytes, makes it tempting to speculate that SPMs may also alter macrophage and DC metabolism and thereby their function via GPR signalling (106,107).

Table 1: SPMs and their association with protection against inflammatory diseases

Disease	SPM	References
Alzheimer	RvD1, RvE1	(123,124)
Arthritis	17-HDHA, RvD1, RvE3	(120,125)
Atherosclerosis	Resolvins and Lipoxins	(126)
Colitis	RvE1	(104)
Diabetes	RvD1, RvE1, Lipoxins	(127)
Parkinson's	RvD1	(128)

## Perspectives and Outlook

There is a growing body of evidence for a key role of FAs in the regulation of myeloid cell function and the inflammatory response by serving as nutrients, structural components of cells, signalling molecules and/or epigenetic regulators. Many studies point to the increasing importance of FA metabolism in the function of DCs, such as T-cell priming and Ag-presentation, and that of macrophages, such as microbicidal activity, phagocytosis, and efferocytosis. While pro- and anti-inflammatory macrophage and DC phenotypes are often characterised by, and dependent on, engagement of FA synthesis and FAO, respectively, it is becoming increasingly clear that, depending on the context, particularly FAO can support both pro- and anti-inflammatory properties of these cells. How exactly a single metabolic pathway can appropriate these different functions that allow it to support such diverse immunological responses is still poorly understood and it is one of the key outstanding questions that awaits to be addressed. However, one could hypothesise that the activity of metabolic pathways directly connected to FA metabolism, controlled by specific environmental cues and/or the nature of cell subset intrinsic metabolic imprinting, can play a decisive role in how products derived from FA metabolism are being redirected and used, and thereby what the final functional output is of such a pathway.

Many important insights in the effects of FAs on myeloid cell metabolism and function have been gained from *in vitro* studies. However, more in-depth *in vivo* studies will be crucial to fully capture the complexity of this interaction and will be needed to further the field. First, this pertains to the complexity of the FA composition and metabolic changes in the local micro-environment that are not easily reproduced *in vitro*. Metabolic conditions in general, and FA composition in particular - such as those found at sites of inflammation or the tumour microenvironment - are highly complex

and are likely fluctuating over time. Secondly, the diversity in macrophage phenotypes and DC subsets and associated metabolic properties found in tissues cannot be fully modelled *in vitro*. For instance, this is well illustrated by tissue-resident macrophages which have a very different metabolic profile than BM-macrophages generated *in vitro* (108). Likewise, evidence is accumulating that specific DC subsets found *in vivo*, have distinct metabolic properties and requirements for FA metabolism for their function (109). To what extent most aforementioned studies, often using *in vitro*-generated BMDCs, faithfully recapitulate the metabolic programs that are engaged and needed for primary DCs *in situ* is questionable. Moreover, what role FA metabolism plays in the biology of the recently discovered new DC subsets is yet to be addressed (110,111).

An important hurdle in studying FA metabolism of macrophages and DCs *in situ* is that they are generally present at very low frequencies. However, recent advances in single-cell technologies, such as single cell RNA sequencing and high dimensional flow cytometry (112), are now making it possible to characterize in unprecedented depth phenotypes and metabolic characteristics of rare cell populations at single cell level in clinical and tissue samples (113). Moreover, imaging mass cytometry combined with imaging mass spectrometry could provide crucial additional spatial information about local metabolite and FA abundance and myeloid cell phenotype in tissues. These are some of the promising technological advances that will no doubt spur new discoveries in this exciting field of immunometabolism.

As exemplified in this review, there is a growing number of studies that show that extracellular FAs and SPMs can modulate DC and macrophage function by altering their metabolic properties. An aspect that has thus far received less attention is if and how cellular metabolism shapes the production and release of these lipid mediators. There are first indications that indeed synthesis of certain PUFAs is dependent on LD formation fuelled by *de novo* FA synthesis (66). Whether production of anti-inflammatory FAs such as SPMs is supported by different metabolic programs than pro-inflammatory FAs warrants further investigation.

Finally, there is increasing evidence that suggests that deregulated FA metabolism in macrophages and DCs can contribute to development of several inflammatory diseases. This link has been particularly well established in atherosclerosis and type 2 diabetes where dysfunctional lipid handling and metabolism by macrophages has been shown to be an important driver of pathology (i.e. plaque formation and tissue specific insulin resistance, respectively) (75,114,115). Moreover, altered lipid handling by macrophages and DCs due to hyperlipidaemia has in human studies been associated with, and in murine models causally linked to increased chances of developing autoimmune diseases, such as psoriasis, rheumatoid arthritis (RA) and systemic lupus erythematosus (SLE) (58,82,116). Therefore, therapies aimed at

targeting FA metabolism have proven their value in treatment of such disorders. An example are PPAR $\gamma$  agonists which are successfully used in the clinic to counteract hyperlipidaemia and hyperglycaemia. However, the beneficial effects of these drugs have been primarily attributed to alterations in FA metabolism of metabolic tissues rather than myeloid cells (117). Nonetheless, given the important role of FA metabolism in the regulation of macrophage and DC biology, now also efforts are undertaken to evaluate whether direct manipulation of FA metabolism of those cells could be used to shape their functional properties for therapeutic purposes. In this respect, there are several preclinical mouse studies that have given promising results. For instance, pharmacological inhibition of FAO with etomoxir in myeloid-derived suppressor cells enhanced the effectiveness of cancer therapies in mice (118). Additionally, etomoxir improved anti-tumour response following checkpoint blockade treatment *in vivo* (51), which was associated with a switch from a tolerogenic to an immunogenic TADC phenotype. Apart from targeting core FA metabolism in DCs or macrophages to shape their function for therapeutic purposes, there are also interesting developments aimed at promoting the synthesis of SPMs for treatment of inflammatory disorders. In this respect it is interesting to note that it is already known that aspirin, a common anti-inflammatory drug, triggers the synthesis of several SPMs by modifying COX-2 activity and inhibiting COX-1 (119). These data suggest the anti-inflammatory properties which have been attributed to aspirin lie, in part, in its ability to promote SPM synthesis. The therapeutic potential of SPMs has also been evaluated more directly. It was shown that RvD1 leads to cartilage protection and better disease outcome in a murine arthritis model (120). Additionally, through lipidomic analysis of human samples, 17-HDHA was shown to be associated with lower pain in arthritis patients, pointing towards a possible therapeutic application of these compounds in treating inflammatory diseases (121). Indeed, in a human skin blister model, it was shown that administration of SPMs into the inflamed site promoted resolution (122). These findings have paved the way for a phase I clinical trial (NCT04308889) that is currently ongoing, in which the effects of dietary supplementation with  $\omega$ -3 FAs in a human inflammation blister model are assessed, to determine whether SPMs may promote resolution of inflammation. Additional work will be needed to establish to what extent the potential beneficial effects of these treatments are dependent on functional modulation of myeloid cells.

In conclusion, the intricate connection between FA metabolism and myeloid cell function, make it a highly interesting target for therapeutic intervention to modulate immune responses and to potentially treat diseases marked by a compromised inflammatory response, such as cancer, or by a failure to resolve inflammation, as occurs in various chronic inflammatory disorders.

## Acknowledgements

This work was supported by funding from the European Union's Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie grant agreement No 812890.

## Conflict of Interest

The authors declare no financial or commercial conflict of interest

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