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Citation

Lemmers, R. J. L. F., Stoep, N. van der, Vliet, P. J. van der, Moore, S. A., Granado, D. S., Johnson, K., ... Maarel, S. M. van der. (2019). SMCHD1 mutation spectrum for facioscapulohumeral muscular dystrophy type 2 (FSHD2) and Bosma arhinia microphthalmia syndrome (BAMS) reveals disease-specific localisation of variants in the ATPase domain. *Journal Of Medical Genetics*, 56(10), 693-700.
doi:10.1136/jmedgenet-2019-106168

Version: Publisher's Version



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Note: To cite this publication please use the final published version (if applicable).

ORIGINAL ARTICLE

SMCHD1 mutation spectrum for facioscapulohumeral muscular dystrophy type 2 (FSHD2) and Bosma arhinia microphthalmia syndrome (BAMS) reveals disease-specific localisation of variants in the ATPase domain

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► Additional material is published online only. To view please visit the journal online (<http://dx.doi.org/10.1136/jmedgenet-2019-106168>).

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Received 21 March 2019
Revised 11 May 2019
Accepted 15 May 2019
Published Online First 26 June 2019



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To cite: Lemmers RJLF, van der Stoep N, Vliet PJv, et al. *J Med Genet* 2019;**56**:693–700.

ABSTRACT

Background Variants in the Structural Maintenance of Chromosomes flexible Hinge Domain-containing protein 1 (*SMCHD1*) can cause facioscapulohumeral muscular dystrophy type 2 (FSHD2) and the unrelated Bosma arhinia microphthalmia syndrome (BAMS). In FSHD2, pathogenic variants are found anywhere in *SMCHD1* while in BAMS, pathogenic variants are restricted to the extended ATPase domain. Irrespective of the phenotypic outcome, both FSHD2-associated and BAMS-associated *SMCHD1* variants result in quantifiable local DNA hypomethylation. We compared FSHD2, BAMS and non-pathogenic *SMCHD1* variants to derive genotype–phenotype relationships.

Methods Examination of *SMCHD1* variants and methylation of the *SMCHD1*-sensitive FSHD locus *DUX4* in 187 FSHD2 families, 41 patients with BAMS and in control individuals. Analysis of variants in a three-dimensional model of the ATPase domain of *SMCHD1*.

Results *DUX4* methylation analysis is essential to establish pathogenicity of *SMCHD1* variants. Although the FSHD2 mutation spectrum includes all types of variants covering the entire *SMCHD1* locus, missense variants are significantly enriched in the extended ATPase domain. Identification of recurrent variants suggests disease-specific residues for FSHD2 and in BAMS, consistent with a largely disease-specific localisation of variants in *SMCHD1*.

Conclusions The localisation of missense variants within the ATPase domain of *SMCHD1* may contribute to the differences in phenotypic outcome.

INTRODUCTION

Next generation sequencing (NGS) has revolutionised the diagnostic workup of genetic diseases.¹ One complicating factor of the use of NGS in diagnostics, however, is the interpretation of variants of uncertain significance (VUS).² One way to deal with these VUS is to combine clinical, family and

variant in silico prediction information with functional testing, if available. For epigenetic disorders, that is, disorders caused by defective chromatin modifiers, functional readouts may be readily available in the DNA itself through the appearance of aberrant epigenetic signatures. One such epigenetic disorder is facioscapulohumeral muscular dystrophy (FSHD), a myopathy with a prevalence of 1:8.500, clinically characterised by progressive and often asymmetric weakness and atrophy of the facial and upper extremity muscles.^{3–6} FSHD is caused by the misexpression of *DUX4*, a retrogene encoding for a germline and cleavage stage transcription factor.^{7–8} In FSHD, *DUX4* becomes transcriptionally derepressed in skeletal muscle and ectopic *DUX4* expression in myonuclei eventually leads to muscle cell death in vitro and in transgenic mice.^{9–11}

A complete copy of the *DUX4* retrogene is located in the distal end of the D4Z4 macrosatellite repeat on one of the two main variants of chromosome 4, 4qA. The D4Z4 repeat is polymorphic in size and normally varies between 8 and 100 units.¹² For most cases, *DUX4* derepression is caused by D4Z4 repeat contractions to a size of 1–10 repeat units (FSHD type 1; FSHD1; MIM 158900)¹³ Because of the repeat contraction in FSHD1, the D4Z4 chromatin structure relaxes and *DUX4* becomes transcriptionally derepressed in somatic cells.¹⁴ Two major allelic variants of the subtelomere of chromosome 4q have been described, 4qA and 4qB, and a highly homologous D4Z4 repeat is also present in the subtelomere of chromosome 10 (10q). However, only D4Z4 repeat contractions on 4qA chromosomes are pathogenic.¹⁵ The explanation for this observation is that the *DUX4* retrogene is incomplete on non-permissive chromosomes 4qB and 10q as they lack the most distal *DUX4* exon or the somatic *DUX4* polyadenylation signal, respectively.^{16 17}

FSHD type 2 (FSHD2; MIM 158901), the rarer subtype of this myopathy,¹⁸ has a digenic inheritance pattern as it requires a heterozygous pathogenic variant in the Structural Maintenance of Chromosomes flexible Hinge Domain-containing 1 gene (*SMCHD1*) on chromosome 18p and an intermediate size D4Z4 repeat (8–20 units) on a 4qA chromosome.^{19–20} Pathogenic *SMCHD1* variants are associated with DNA hypomethylation and other attributes of D4Z4 chromatin relaxation, resulting in somatic derepression of *DUX4*, like in FSHD1 (online supplementary figure 1). The *SMCHD1* pathogenic variant spectrum in FSHD2 includes nonsense, missense, insertion-deletion (indel) variants and variants that affect pre-mRNA splicing, with 10% of variants affecting the 3' splice site of exon 25 (online supplementary table 1).^{19–21–31} The pathogenicity of *SMCHD1* variants can be predicted by in silico programme, but the accuracy of these predictions is variable. Since *SMCHD1* is a chromatin modifier that affects DNA methylation, methylation analysis seems a more reliable tool to establish the functional effect of *SMCHD1* variants.

Several D4Z4 methylation analysis strategies have been developed based on DNA digestion with methylation-sensitive endonucleases or on bisulfite sequencing.^{18–19–32–35} At the FseI restriction site in D4Z4, an average methylation level of 46.8% (with a SD of 14.1%) is found for all D4Z4 repeats in control individuals. Patients with FSHD2 have been defined by having D4Z4 methylation <1.5 SD of the average methylation in controls (<25%; online supplementary figure 2).²⁴ As the methylation level at this site not only depends on variants in epigenetic modifiers of D4Z4 but also linearly correlates with the D4Z4 repeat size, the delta1 algorithm was developed to correct for the D4Z4 repeat size.²⁴ The delta1 score has an average in controls of –0.2% with a SD of 10.0%. As the delta1 score is more precise than the FseI methylation, the threshold for FSHD2 is stricter and is defined to be <2 SD below the control delta1 score, that is, lower than –20% (online supplementary figure 2). To compare the methylation defect of different *SMCHD1* variants, the delta2 score was created similarly for carriers of a pathogenic *SMCHD1* variant.²⁴

Pathogenic *SMCHD1* variants have also been reported in the clinically unrelated Bosma arhinia microphthalmia syndrome (BAMS).^{36–37} Patients with BAMS typically do not show FSHD-like features but instead have severe hypoplasia or absence of the external nose.³⁸ In contrast to FSHD2, all reported pathogenic BAMS variants are missense variants in the C-terminal extended ATPase domain of *SMCHD1*.^{36–37–39} Patients with BAMS typically have D4Z4 hypomethylation similar to FSHD2.³⁷

The cause of the different clinical outcomes of pathogenic *SMCHD1* variants is poorly understood. Some studies suggest that FSHD2 and BAMS variants have opposite functional effects on *SMCHD1* ATPase activity.^{36–39} However, family studies have identified one BAMS family in which one family member was identified with a muscle phenotype without BAMS features.³⁷ Moreover, identical pathogenic *SMCHD1* variants have been described in BAMS and FSHD2, but within these families such variant is exclusively associated with only one of the two possible clinical outcomes.²⁷

Our aim is to bring further clarity to the divergent clinical outcome of pathogenic *SMCHD1* variants. We therefore explored pathogenic and non-pathogenic variants identified in patients with FSHD2 and BAMS and control individuals identified by a review of all cases previously reported and newly diagnosed patients. We thus expand the *SMCHD1* mutation spectrum. Our hypothesis is that the location of specific variants determines the phenotype by affecting separate functions of the

protein and will assess this with use of a computational model of *SMCHD1*.

MATERIALS AND METHODS

Patients and controls

All participants provided written consent. We included 101 families from previous publications^{19–21–31} and 86 newly identified FSHD2 families. All families have one or more patients with an age-corrected severity score (ACSS)⁴⁰ ≥50 or a typical FSHD phenotype without documented ACSS. Altogether, we collected information on the *SMCHD1* variant and D4Z4 methylation from 229 affected and 37 unaffected *SMCHD1* mutation carriers from 187 different FSHD2 families. For BAMS, we collected information on *SMCHD1* variants and D4Z4 methylation from 41 families from previous publications.^{36–37} Non-pathogenic *SMCHD1* variants were identified in non-FSHD samples (unaffected controls, unaffected individuals and siblings/spouses of individuals with FSHD1 and individuals with a different established genetic condition). Non-pathogenicity was confirmed based on having normal D4Z4 methylation (<1 SD from the average FseI, or delta1 in controls, online supplementary figure 2) in blood-derived genomic DNA. For non-pathogenic variants, we established normal D4Z4 methylation in multiple carriers. In online supplementary figure 2, we used the methylation values of 89 unrelated patients with FSHD2 and 249 control individuals from a previous study.²⁰

Genetic analysis of D4Z4 repeats, *SMCHD1* sequencing and variant prediction and statistical analysis

These studies were done as described previously (online supplementary file 1).

Modelling of the *SMCHD1* ATPase domain

The ATPase domain of *SMCHD1* belongs to the protein family of GHKL ATPases that include proteins such as Gyrase B, Hsp90 and MutL. Sequence comparison of different family members showed closest sequence similarity to TRAP1, the mitochondrial paralog of Hsp90. The ATPase domain (residues 107–334) and downstream domain of *SMCHD1* (residues 335–465) were modelled on the crystal structure of TRAP1.⁴¹ For this, 25 non-redundant *SMCHD1* sequences (40%–95% sequence identity) were aligned with 25 non-redundant TRAP1 and Hsp90 sequences (38%–65% sequence identity) using MAFFT.⁴² Next, the aligned sequences of *SMCHD1* and TRAP1 were extracted and manually adjusted, aided by secondary structure predictions of *SMCHD1* calculated with the Quick2D tool in the MPI toolkit⁴³ and by secondary structure elements from the crystal structure of TRAP1. The model for *SMCHD1* ATPase domain was built using Modeller V.9.2⁴⁴ and manually inspected and adjusted in PyMOL (The PyMOL Molecular Graphics System, V.2.0 Schrödinger, LLC) and Coot⁴⁵ and the sequence alignment adjusted where necessary.

RESULTS

Variants in FSHD2

We collected data from 187 families with at least one clinically affected relative. In the Leiden University Medical Center, FSHD2 patient selection was based on: having a phenotype consistent with FSHD and having a delta1 score less than or equal to –20%, or, if unavailable, having FseI site D4Z4 methylation ≤25% (online supplementary figure 2). All patients with FSHD2 identified have at least one permissive 4qA allele with a D4Z4 repeat of 8–20 units or a duplicated 4qA-type D4Z4

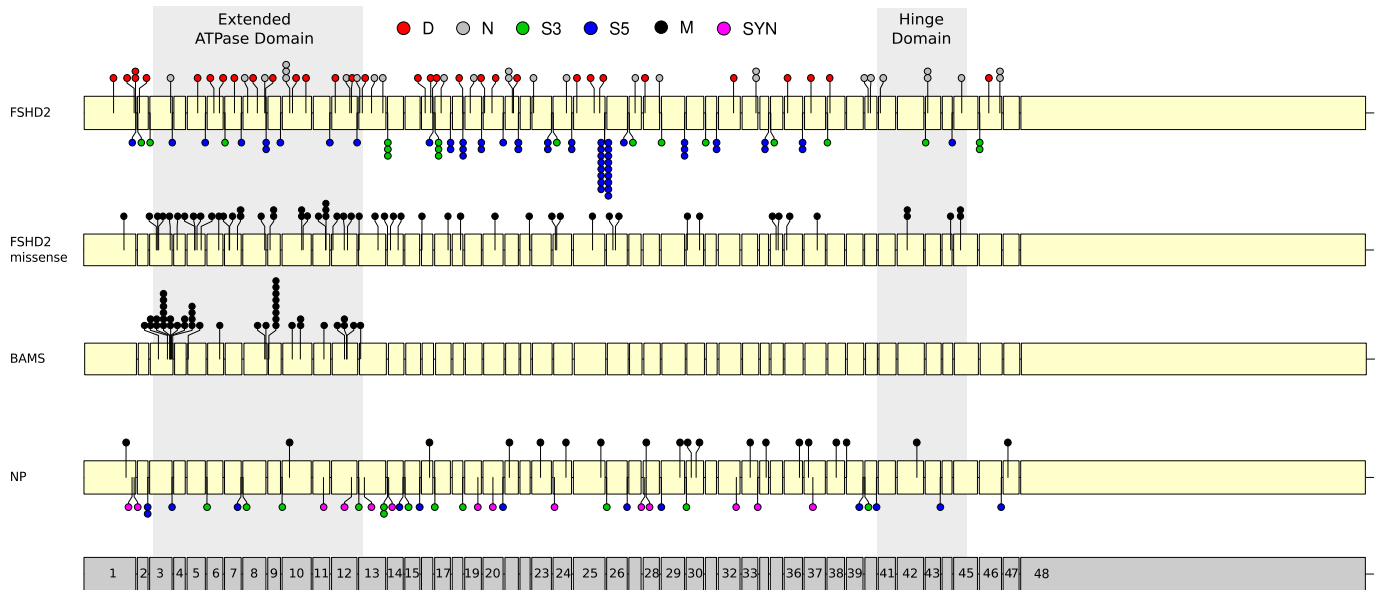


Figure 1 Distribution of *SMCHD1* variants in unrelated patients with FSHD2 and BAMS and in controls over the *SMCHD1* locus. The top locus representation shows all indels (D, red), nonsense (N, white) and splice site (S3, green and S5, blue) variants identified in FSHD2. The marks S3 and S5 refer to the position of the splice variants with respect to the 3' end or 5' end splice site, respectively. The second representation shows all the missense (M, black) variants identified in FSHD2. The third representation shows all missense variants identified in 41 unrelated patients with BAMS. The fourth representation shows the non-pathogenic (NP) missense, SYN (pink) variants identified in control individuals. The grey box indicates the extended ATPase domain (left, exon 3–12) and the Hinge domain (right, exon 41–45). Identical indel and nonsense variants, missense variants for the same residue and splice variants for the same intronic region (S3 or S5) are indicated by a stack of dots at the same position. Exon numbering is shown at the bottom of the figure. An excess of missense variants in the extended ATPase domain is observed in BAMS and in FSHD2 coinciding with a paucity of NP missense variants in this domain. BAMS, Bosma arhinia microphthalmia syndrome; FSHD2, facioscapulohumeral muscular dystrophy type 2; NP, non-pathogenic; *SMCHD1*, Structural Maintenance of Chromosomes flexible Hinge Domain-containing protein 1; SYN, splice site and synonymous.

repeat.²⁰ In 40 families, we included, next to the proband, other affected or unaffected carriers of the pathogenic *SMCHD1* variant. Unaffected *SMCHD1* variant carriers generally do not have a permissive 4qA allele or they have permissive alleles with a D4Z4 repeat >20 units. We also included *SMCHD1* variants identified from independent studies, based on having an FSHD phenotype and D4Z4 methylation below the FSHD2 threshold.

Currently, 101 pathogenic *SMCHD1* variants have been reported in unrelated patients with FSHD2 and listed in the Leiden Open variant Database (LOVD) (<https://www.lovd.nl/>) as queried in January 2019 (online supplementary table 1).^{19, 21–31} In this collaborative study, we identified 86 new FSHD2 causing variants, totaling 187 FSHD2 variants. This includes 28 nonsense, 35 indel and 54 missense variants (online supplementary table 2, 3). In three families, of which one has not been reported yet, one copy of the *SMCHD1* locus was deleted entirely.²⁵ The mutation spectrum further includes 70 variants that were shown or predicted to interfere with splicing, of which 52 are at the 5' splice site and 18 at the 3' splice site (online supplementary table 2, 3). Six of these splice-site variants are also predicted to cause an amino acid substitution. Consistent with previous studies,^{23, 24} the variants are distributed over the entire *SMCHD1* locus (figure 1). However, missense variants are significantly ($p=3.61E-06$) more often found in the extended ATPase domain than expected based on the size of this domain (figure 1, online supplementary table 4).

For 250 pathogenic variant carriers from 166 families, D4Z4 methylation data was available and for 156 carriers from 89 families full repeat size information was available facilitating the calculation of delta scores. In general, the delta scores are rather similar for carriers of the same variant within individual

families and between families, with some exceptions (online supplementary figure 3). As two outliers represented the oldest members of their respective families (Rf975 and Rf1034), we excluded gonosomal mosaicism⁴⁶ as possible explanation for the high D4Z4 methylation levels (data not shown). To compare the deleteriousness of variants, we selected one representative from each family, the proband or the oldest patient with FSHD2 with methylation information, for further analyses. The FseI methylation level in 89 independent *SMCHD1* pathogenic variant carriers is 10.9% ($\pm 5.4\%$), the average delta1 score is -31.6% ($\pm 5.6\%$) and the average delta2 score is -0.7% ($\pm 4.6\%$), which is consistent with our previous study.²⁴

Recurrent variants in *SMCHD1*

Some variants in unrelated families affect the same intron or the same residue: 9.1% (17/187) of variants were found in the mutation hotspot at the 5' splice site of exon 25.²⁴ Also, 14 other introns were affected in at least two unrelated families by variants in the same splice site consensus sequence and for four of these introns by an identical variant in unrelated families (figure 1). Similarly, one recurrent indel variant and five recurrent nonsense variants were found in 11 unrelated families. We identified three recurrent missense variants and three examples in which a different variant acted on the same amino acid. Interestingly, these missense variants are in the extended ATPase domain ($n=4$) and the Hinge domain ($n=2$) of *SMCHD1*.

Consequences of FSHD2-associated variants in *SMCHD1*

Pathogenic variants that preserve the open reading frame (ORF) of *SMCHD1* are associated with more profound D4Z4

hypomethylation than those that disrupt the ORF.²⁴ Analysis of nine splice site variants identified two outcomes: splice site variant resulted in a stable exon skip if this event did not disrupt the ORF while it resulted in RNA instability when the skipped exon causes a frame shift.²⁴ Based on this observation, we predicted the effect for all newly identified splice variants. This yielded 37 unrelated ORF-disrupting (D-ORF) and 52 ORF-preserving (P-ORF) variants. For all studied variants, we find a significant lower ($p=0.0037$; unpaired t-test) delta2 value, that is, more reduced D4Z4 methylation, for P-ORF variants (mean -1.8%) compared with D-ORF variants (mean $+0.9\%$) (online supplementary figure 4).

Based on the prediction tools Polyphen, SIFT and Align GVGD, 48/51 unique FSHD2 missense variants were predicted pathogenic in at least two prediction programmes and 3/51 were predicted non-pathogenic in at least two programmes (online supplementary table 2).

Non-pathogenic variants in SMCHD1

Non-pathogenic (benign or neutral) *SMCHD1* variants were identified through whole exome sequencing analysis in unrelated non-FSHD individuals. If possible, D4Z4 methylation levels were determined for these variants. We considered a variant non-pathogenic if the FseI methylation was within 1 SD from the average methylation in controls ($>32.7\%$) (online supplementary figure 2). For the delta1 score, we considered values normal if they were within 1.5 SD from the average in controls (above -15%). Based on these thresholds, we identified 58 different non-pathogenic variants: 19 missense, 25 intronic and 14 synonymous variants in unaffected control individuals (online supplementary table 2). Intronic variants were almost equally prevalent in the 5' and 3' splice sites and, for these variants, highly conserved nucleotides in the splice consensus sequences were never involved. Based on three prediction tools, 14/19 missense variants were predicted non-pathogenic in at least two programmes, and 5/19 were predicted pathogenic in at least two programmes (online supplementary table 2). Interestingly, while non-pathogenic splice site and synonymous variants are equally distributed over the *SMCHD1* locus, only a single missense variant (G396K) was found in the extended ATPase domain and this variant was predicted to be non-pathogenic by all prediction tools (figure 1).

SMCHD1 variants of uncertain significance

In two affected individuals, we identified potentially pathogenic *SMCHD1* variants associated with delta1 values above the established threshold for FSHD2. In an affected Asian woman (Rf653), we found missense variant E647K, which was predicted pathogenic in 2/3 prediction tools. She has a 10 D4Z4 units long 4qA allele with a delta1 score of -16% . The second patient is a European male (Rf668), who has a six D4Z4 units 4qA allele and a delta1 score of -11% . He also has an N-terminal *SMCHD1* missense variant (c.4G>C, A2P), which was predicted pathogenic in 2/3 prediction tools. The patient has two mildly affected daughters who both carry a familial 16 D4Z4 units 4qA allele. They have delta1 methylation scores of -15% and -13% , but only one daughter inherited the *SMCHD1* variant. Their mother is unaffected and has normal D4Z4 methylation (online supplementary figure 5).

Pathogenic SMCHD1 variants in BAMS versus FSHD2

Only missense variants in the extended ATPase domain of *SMCHD1* have been identified in BAMS (online supplementary

table 5). Remarkably, changes in only 20 different amino acids have been reported in 41 unrelated BAMS families, as nine amino acid positions are recurrently altered in unrelated patients (figure 1). As some of these amino acids were altered due to a different DNA variant and 15/25 carriers of an identical variant were de novo cases, accidental founder allele involvement is unlikely.^{36 37} A similar observation was made in FSHD2 for four amino acids in the extended ATPase domain that were recurrently altered. The nine recurrent BAMS variants were not overlapping with the 21 unique FSHD2 variants in the extended ATPase domain. Likewise, four recurrent FSHD2 missense variants in the extended ATPase domain did not overlap with the BAMS variants (figure 1 and online supplementary table 2). Although two variants (L107P and G137E) have been identified to cause BAMS and FSHD2, the high incidence of recurrent variants and the difference in mutation spectrum between both disorders suggests a variant-specific phenotype. This prompted us to study these variants in a three-dimensional model of the ATPase domain.

Modelling pathogenic variants in the ATPase domain of SMCHD1

The ATPase and C-terminally extended, or downstream domain (residues 111–365),^{36 39} of *SMCHD1* were modelled on the crystal structure of the GHKL ATPase TRAP1. The ATPase domain (residues 111–334) shows a strong degree of structural conservation between different members of the GHKL family, while the downstream domain (termed M-domain in TRAP1 or transducer domain in Gyrase B and MORC2) shows a much greater structural diversity (online supplementary figure 6). Therefore, variants were not mapped to this part of the model, and the extended domain is only shown to mark its position relative to the conserved ATPase domain. FSHD2 and BAMS variants that are located in the ATPase domain of *SMCHD1* were mapped onto the model (figure 2A). Remarkably, FSHD2 variants almost exclusively locate around the ATP-binding site (figure 2B), with the exception of lysine 204 (K204) that is located on a loop adjacent to the ATP-binding pocket. This loop is longer than its equivalent loop in TRAP1 and therefore the position of this loop, and K204 on it, is not well defined. Yet, its close vicinity to the ATP-binding pocket, as well as the close location of all other FSHD2 variants to this pocket, suggest it may be positioned closer to the nucleotide in the real structure of *SMCHD1*. Interestingly, variant Q193R, recently described in a patient with FSHD2 and published after we finished this study,⁴⁷ is also located around the ATP-binding site. In contrast to FSHD2 variants, the vast majority of BAMS variants localise to a loop that is positioned at the dimer interface (figure 2A). This loop is also involved in dimer contacts in other GHKL ATPases (online supplementary figure 6), suggesting that the BAMS variants may alter the dimerisation properties of *SMCHD1*.

DISCUSSION

FSHD2-associated variants

Adding to 101 known *SMCHD1* variants,^{19 21–31} we here introduce 86 new pathogenic variants totaling 187 FSHD2-causing *SMCHD1* variants. These variants are distributed over the *SMCHD1* locus and we note that the variant spectrum is comparable between the different studies (online supplementary table 3).

We confirm the mutation hotspot in the S5 splice site of exon 25 accounting for 17/187 variants. In this hotspot, we identified six unique variants, all shown or predicted to cause alternative

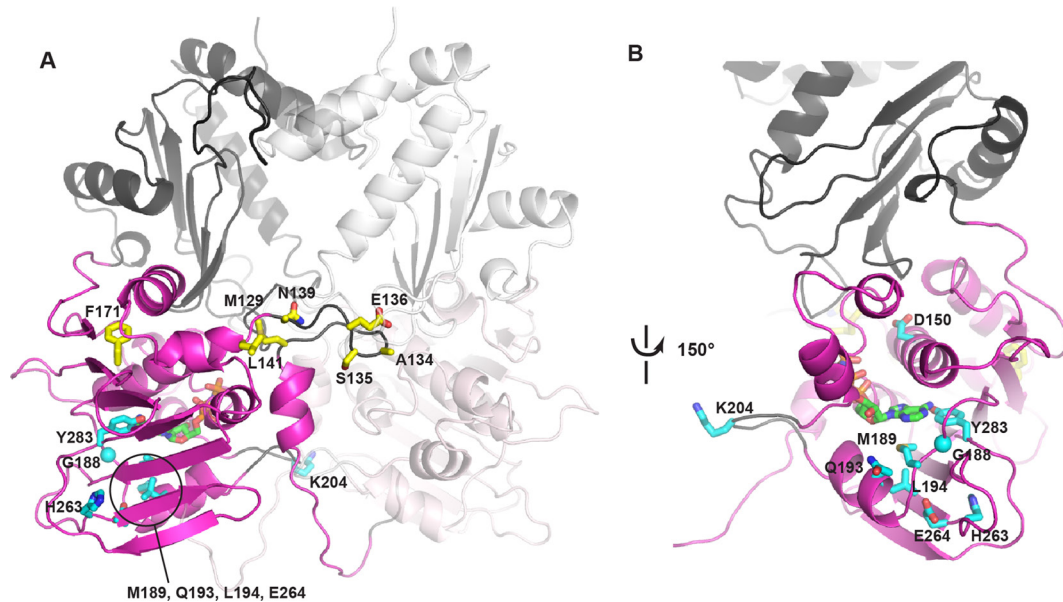


Figure 2 Computational model of the SMCHD1 extended ATPase domain. (A) Overview of the SMCHD1 dimer with conserved ATPase domain (residue 111–334) coloured in magenta and downstream domain in grey. Second monomer coloured in light magenta and light grey. FSHD2 variants in the ATPase domain (D150H, G188R, M189V, Q193P, L194F, K204E, H263D, E264K and Y283C) are shown in cyan sticks, BAMS variants (M129K/R, A134S, 135 C/N/I, E136G/D, N139H, L141F and F171V) in yellow sticks and ATP shown in green. Most BAMS variants are located at the dimer interface, while FSHD2 variants are primarily located around the ATP binding pocket. FSHD2 variants that are hidden behind the beta-sheet are highlighted in circle. (B) Close up of the nucleotide-binding site (rotated $\sim 150^\circ$ from the view in A). FSHD2 variants surround the ATP molecule. BAMS, Bosma arhinia microphthalmia syndrome; FSHD2, facioscapulohumeral muscular dystrophy type 2; SMCHD1, Structural Maintenance of Chromosomes flexible Hinge Domain-containing Protein 1.

splicing. Outside this hotspot, we also encountered one recurrent indel, five recurrent nonsense, three recurrent missense and 14 other recurrent splice site variants [figure 1](#) online supplementary table 3 (figure 1). These variants have either arisen multiple times or the carriers of these variants are distantly related. We not only identified three identical missense variants but also three different variants modifying the same residue. Four of these recurrent amino acid changes were found in the extended ATPase domain and two in the Hinge domain.

For some recurrent variants, we documented de novo appearance in one of the families, but for most cases we cannot determine the origin of the variant in the absence of family information. Due to the digenic inheritance in FSHD2, it is not unlikely that identical variants can be found in apparently unrelated individuals: the combination of a pathogenic *SMCHD1* variant and a permissive 4qA allele with a D4Z4 repeat of 8–20 units, or a permissive duplication allele, is rare as these permissive alleles have a prevalence of only 12% in the European population.²⁰ Thus, individuals may carry a pathogenic *SMCHD1* variant without developing FSHD, causing the segregation of pathogenic *SMCHD1* variants in the population. Indeed, we have identified unaffected carriers with non-pathogenic chromosome 4 configurations in 21/187 families.

Currently, the diagnosis of FSHD2 is considered confirmed when *SMCHD1* variants are associated with D4Z4 hypomethylation. Those that are not associated with D4Z4 hypomethylation are likely non-pathogenic. Pathogenicity prediction of *SMCHD1* variants by computer-based algorithms is problematic: we identified 5/19 (20%) missense variants in controls that were predicted pathogenic in 2/3 algorithms, but which were not associated with D4Z4 hypomethylation. Likewise, we identified 3/54 missense variants in patients with FSHD2, predicted non-pathogenic in at least two algorithms, which were associated with disease presentation and D4Z4 methylation below the FSHD2 threshold.

Often, FSHD2 is first diagnosed by D4Z4 methylation analysis, followed by *SMCHD1* sequence analysis. Some of these cases required extensive analysis and were shown to have far intronic *SMCHD1* variants, gene deletions or pathogenic heterozygous variants in *DNMT3B*.^{25–48} Alternatively, *SMCHD1* sequencing precedes methylation analysis. For these variants, we encountered quite some examples where the variant appeared not to be associated with D4Z4 hypomethylation. Most of these variants were also found in control individuals with normal D4Z4 methylation or in online databases of control populations and in silico analysis mostly predicted non-pathogenicity. All these cases were atypical FSHD and follow-up studies confirmed a different muscle disease. This observation indicates that *SMCHD1* sequencing and software-based prediction alone is often not sufficient, but that confirmation of the epigenetic signature created by pathogenic *SMCHD1* variants, D4Z4 hypomethylation, is required to establish variant pathogenicity.

SMCHD1 variants of uncertain significance

We identified 58 non-pathogenic *SMCHD1* variants with normal D4Z4 methylation. Forty-eight out of 58 variants were found in the Exome Aggregation Consortium (EXAC) database, of which 27/48 have a minor allele frequency >0.001 in either the European, African or Asian population. For 13/48 less common EXAC variants and for nine variants absent from the EXAC database, five were predicted pathogenic in at least two prediction programmes. These established non-pathogenic *SMCHD1* variants have now been added to the LOVD database to assist genetic counselling of FSHD2.

We also identified two variants in patients with FSHD which were predicted pathogenic in two prediction programmes, but for which the pathogenicity was not immediately clear. The Asian patient (Rf653) has a delta1 methylation score of -16% which

is between the thresholds of controls and patients with FSHD2. She has a repeat of 10 D4Z4 units, which is at the border of the FSHD1 threshold in patients with an European ancestry. However, in Asia, the D4Z4 repeat size range for FSHD1 seems to be shifted to 1–8 units.^{49–51} This suggests that the *SMCHD1* variant might have contributed to the clinical presentation in this individual. In a European family (Rf668), we identified an FSHD1 individual (six D4Z4 units) with two very mildly affected daughters who showed a rather low D4Z4 methylation, but still within the control range. In this family, the reduced D4Z4 methylation does not segregate with the *SMCHD1* variant, as it was absent in the youngest daughter. This suggests that the variant is non-pathogenic. These examples emphasise careful judgement for *SMCHD1* variants associated with methylation between thresholds of controls and FSHD2

BAMS, FSHD2 and non-pathogenic variants in *SMCHD1*

Pathogenic variants in the extended ATPase domain of *SMCHD1* associated with D4Z4 hypomethylation have been identified in 41 unrelated patients with BAMS. It is unknown why only missense variants in the extended ATPase domain have been found in BAMS. In FSHD2, we already showed that ORF-preserving variants, like missense variants, are generally more deleterious than those variants causing ORF disruption. It is striking that pathogenic missense variants in FSHD2 also occur significantly more often in the extended ATPase domain than elsewhere, while non-pathogenic missense variants are almost absent from this region [figure 1](#) online supplementary table 3 (figure 1). This suggests that in FSHD2, like in BAMS, variants in the extended ATPase domain are more pathogenic. As few extended ATPase domain pathogenic variants are common in both diseases, the position of the variant does not necessarily determine the phenotypic outcome.²⁷ One explanation could be that, like FSHD2, BAMS also has a digenic inheritance with another yet unknown locus being required to cause disease. However, 9 amino acid positions are recurrently affected in 30 unrelated BAMS families. These positions are non-overlapping with 21 unique ATPase missense variants in FSHD2. Similarly, we found four recurrent FSHD2 missense variants in the extended ATPase domain that are not found in BAMS. This suggests that the position of the disease variant in the extended ATPase domain is important for the phenotypic outcome.

Protein modelling indeed suggests a mostly disease-specific localisation in which FSHD2-specific variants are typically localised in the ATP binding pocket. In contrast, BAMS variants are most often positioned at the dimer interface, a region that might be important for the dimerisation of the ATPase domain. The different localisations of the FSHD2 and BAMS variants in the ATPase domain are remarkable and may provide an explanation for the different phenotypes observed in the two diseases. For example, variants in the nucleotide binding pocket could prevent ATP hydrolysis and keep the protein in a prolonged ATP-state, while the BAMS variants located at the dimer interface could interfere with the dynamics of the oligomer formation and its chromatin remodelling function.⁵² In support, for several variants the ATPase activity has been analysed showing a small but significant change compared with the rather low wild-type ATPase activity. Strikingly, all three analysed variants in the binding pocket (Q193P, L194F and H263D) showed a significant loss of ATPase activity, while 3/4 tested BAMS variants in the dimer interface (A134S, I35C and E136G) showed a significant gain of ATPase activity.^{36 39 47}

Nevertheless, three positions in the extended ATPase domain have been reported to be affected in both conditions. Variants L107P and G137E have been identified in BAMS and FSHD2, while A242T has been reported in FSHD2 and A242G in BAMS. While L107P and A242G were identified in extended FSHD2 families in which carriers did not show signs or symptoms characteristic for BAMS, for the BAMS variants very little inheritance information is available but A242T was reported to have occurred de novo. Thus, the true outcome of the FSHD2 and BAMS variants on the function of *SMCHD1* will require further structural and biochemical characterisation.

In summary, in this study, we highlight the utility of D4Z4 methylation analysis for the demonstration of variant pathogenicity in *SMCHD1*. As this can be directly tested in genomic DNA, it does not require elaborate functional tests and maximally takes advantage of an epigenetic signature that is left behind by a dysfunctional chromatin modifier. In addition, detailed analysis of the mutation spectrum provides a partial explanation for the different phenotypic outcomes of extended ATPase domain missense variants.

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Correction notice The article has been further corrected since the Online First version was amended. The affiliation of author NDS and details on her funding have been, respectively, corrected and added.

Acknowledgements The authors thank all FSHD families members for their participation. This work was financially supported by grants from the Iowa Wellstone Muscular Dystrophy Cooperative Research Center, U54, NS053672 (SAM), US National Institutes of Health (NIH) (National Institute of Neurological Disorders and Stroke (NINDS) P01NS069539 and National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS) R01AR045203) and Prinses Beatrix Spierfonds (W.OR12-20, W.OP14-01 and W.OB17-01).

Contributors RJLFL and SMvdM contributed to the study design and conception of study. RJLFL, NvdS, PjvdV, SAM, KJ, AT, VS, TE, TM, VK, NDS, RS, AF, NV, BvE, SS and RT contributed to the data collection and assembly. RJLFL, NvdS, PjvdV, SAM, DSLG, ML and SMM contributed to the data analysis and interpretation. RJLFL, ML and SMM contributed to the writing of manuscript. RJLFL, NvdS, PjvdV, SAM, NV, ML and SMvdM critical reviewed and revised the manuscript. RJLFL submitted the manuscript.

Funding This study was funded by Iowa Wellstone Muscular Dystrophy Cooperative Research Center, U54 (NS053672) and National Institute of Arthritis and Musculoskeletal and Skin Diseases (R01AR045203). For this work NDS was supported, in part, by the Intramural Research Program of the NIH, National Institute of Environmental Health Sciences (1ZIAES103327-02).

Competing interests None declared.

Patient consent for publication Not required.

Ethics approval This study was approved by the Medical Ethical Committee from the Leiden University Medical Center

Provenance and peer review Not commissioned; externally peer reviewed.

Data sharing statement Data are available in a public, open access repository. All data relevant to the study are included in the article or uploaded as supplementary information.

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