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## **How to Self-Organise? Insights from Workers at Albert Heijn (Ahold) and Unox (Unilever) in the Netherlands, 1960-2020**

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# HOW TO SELF- ORGANISE?

INSIGHTS *from* WORKERS at  
ALBERT HEYN (AHOLD) and UNOX (UNILEVER)  
*in* THE NETHERLANDS 1960-2020

ROSA KÖSTERS

