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Mapping the unseen to uncover the unknown: spatial analysis of neuromuscular disorders

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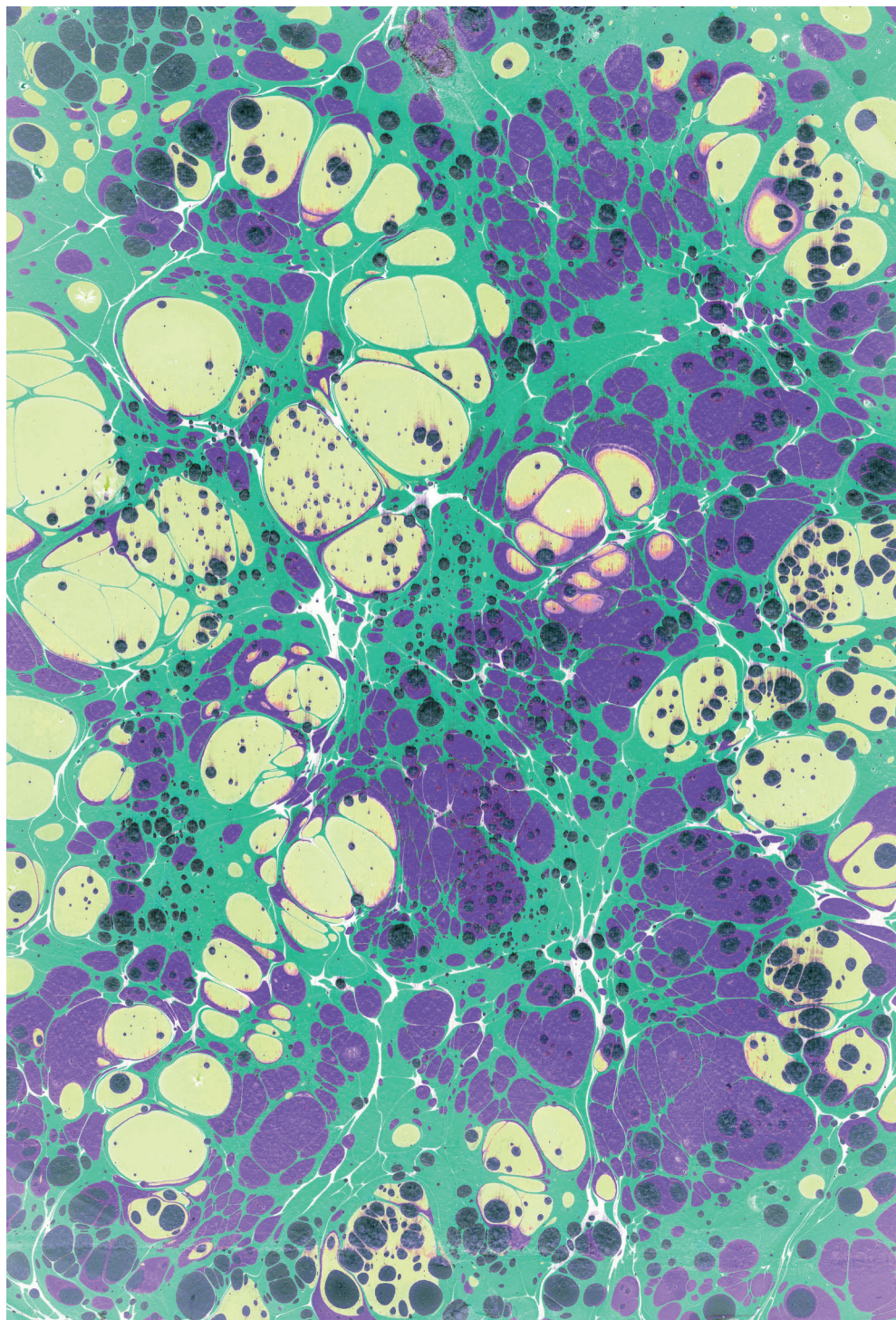
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Mapping the unseen to uncover the unknown:

spatial analysis of neuromuscular disorders

Laura Heezen



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Mapping the unseen to uncover the unknown: spatial analysis of neuromuscular disorders

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Cathartic Fall - Before the fall

Whitney Hanson

Yesterday,
I was asked to describe life in a single word.
And after a moment of contemplation,
the word that floated to the surface was persistent.
Because I have never known anything as certain as the fact that
life will go on.

Yesterday I woke to the sight of dust,
dancing in the sunlight cascading over my bed.
And like a sailor gazing at stars, I was suddenly certain of the journey ahead.
My future tied up neatly in flexes of sunlight before my eyes,
purpose tugging at my chest.
I was awake, I was alive.

Yesterday I woke up with a different person living in my skin.
Someone so confident that they could sway the ocean if they wished and so I did.
I did wish and the tide moved in harmony with me,
I was just as much myself as I was the earth and the sea.

Yesterday I saw the world in color,
in vibrant hues of blue and green,
gray skies of the past becoming a monochromatic memory.
I did not know misery and misery did not know me.

Yesterday I doubted my doubts more than I worshiped them.
I rejected my fear more than I followed it.
I abandoned my hesitation like a dirty pair of shoes that I've been wearing for too long
and I dressed myself in the purpose that was so tangible in my fingertips.
I ran my hands over my anxiety and decided it was no longer worth holding.
I traced the border of my pain, then let it dissipate into the sky.
I felt the weight of my sorrow, then let it escape the cage of my mind.

Yesterday I woke up with love inhabiting every space within me,
hate becoming a shadow that covered in the corner of my mind.
Life was in fact beautiful, and I did in fact have time.
You see, I've always been the kind of person who forgets that life exists on a pendulum
and yesterday I was swinging high.
And from above the trees, my shame became small.
From above the mountains there was nothing but sky,
nothing but hope, nothing but light.

Yesterday I did not care that the light can be as blinding as the darkness.
That life may be persistent but it isn't always kind.
That love has a way of making me disregard my fear of heights.
How can I think about the fall when I'm dancing in the sky,
how can I lower my head when there is helium in my mind.
I am floating among the clouds, I do not care about the rain.
I am on top of the world, I cannot think about pain
and so yesterday I was at the top of the mountain looking over it all,
yesterday, I was 3000 feet tall.

Yesterday, I forgot that the higher I climb,
the further I fall.

Today,
I was asked to describe life in a single word.
And after a moment of contemplation,
the word that floated to the surface was fragile.
Because, I have never known anything as certain as the fact that
life will end.

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