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Great expectations: inhibitory learning and change processes in exposure therapy for PTSD

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Curriculum Vitae



Marika Jolien Kooistra was born on the 6th of January 1994 in Amsterdam. She completed her secondary school education at the Berger Scholengemeenschap (BSG) in Bergen (Noord-Holland) in 2012. Marika obtained her Bachelor's degree in Psychology at Leiden University in 2016 (cum laude), combining it with the Honours Programme of the Faculty of Social and Behavioural Sciences. She obtained her Research Master's degree in Clinical and Health Psychology at Leiden University in 2020 (cum laude), during which she conducted a research internship at the Affect Regulation and Cognition Lab at Yale University and a clinical internship at PsyQ The Hague 'Angststoornissen'.

In January 2020, Marika started as a PhD candidate at the Department of Clinical Psychology, Leiden University, with an affiliation to PsyQ The Hague 'Psychotrauma', under the supervision of dr. Rianne de Kleine, prof. Maartje Schoorl, and prof. Willem van der Does. Her research focused on investigating mechanisms of change in exposure therapy for PTSD and on optimizing its effectiveness. Marika received training from the Dutch-Flemish postgraduate school for Experimental Psychopathology (EPP) and the Graduate School of Social and Behavioral Sciences of Leiden University. As part of her PhD trajectory, she was involved in teaching activities, including supervising Master thesis students and giving lectures in the in Clinical Psychology Master.

Marika currently works at Leiden University, combining research and clinical work at the Leids Universitair Behandel- en Expertise Centrum (LUBEC), where she started her postmaster training (GZ-opleiding) in January 2025.

List of publications



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