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Pharmacist-driven interventions in patients with chronic kidney disease and end-stage renal failure

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1. The nephrology pharmacist is indispensable in the care for patients with chronic kidney disease [this thesis]
2. The health literacy “universal precautions” should consistently be applied by all healthcare providers treating patients with chronic kidney disease, due to the high prevalence of suboptimal health literacy in these patients [this thesis]
3. It is impossible for patients on haemodialysis to be fully adherent to “the triple D”: diet, dialysis, and drugs [this thesis]
4. Pharmacists should learn to prescribe, and doctors to deprescribe [this thesis]
5. You can only solve the patient’s problem if it is clear what the problem is [this thesis]
6. The deployment of a nephrology pharmacist for haemodialysis patients reduces medication-related problems and healthcare costs, and improves clinical outcomes [Daifi Kidney Medicine 2021]
7. Clinical reasoning is essential for pharmacists to perform effective patient consultations and reduce medication-related problems [Mertens Currents in Pharmacy Teaching and Learning 2022]
8. If healthcare providers would approach medication adherence as thoroughly as setting a correct diagnosis, unnecessary treatment escalation could be prevented in a substantial part of patients [free to Chan British Journal of Clinical Pharmacology 2024]
9. Contrary to popular beliefs, an effective intervention does not implement itself [free to Bauer BMC Psychology 2015]
10. Flexibility of mind is quintessential to scientific progress: “Progress is impossible without change, and those who cannot change their minds cannot change anything” [George Bernard Shaw, 1944]