



Dominance of toxigenic Clostridioides difficile strains and the appearance of the emerging PCR ribotype 955 in hospitals in Silesia, Poland

Szarek, K.; Frankowska, N.; Kabala, M.; Smits, W.K.; Wultanska, D.; Lalowski, P.; ... ; Wasik, T.J.

Citation

Szarek, K., Frankowska, N., Kabala, M., Smits, W. K., Wultanska, D., Lalowski, P., ... Wasik, T. J. (2025). Dominance of toxigenic Clostridioides difficile strains and the appearance of the emerging PCR ribotype 955 in hospitals in Silesia, Poland. *Frontiers In Microbiology*, 16. doi:10.3389/fmicb.2025.1644051

Version: Publisher's Version

License: [Creative Commons CC BY 4.0 license](https://creativecommons.org/licenses/by/4.0/)

Downloaded from: <https://hdl.handle.net/1887/4289669>

Note: To cite this publication please use the final published version (if applicable).



OPEN ACCESS

EDITED BY

Zhigang Qiu,
Tianjin Institute of Environmental and
Operational Medicine, China

REVIEWED BY

Fengxia Yang,
Agro-Environmental Protection Institute,
Ministry of Agriculture and Rural Affairs, China
Chengshi Ding,
Zaozhuang University, China
Marko Siroglavić,
University Hospital Centre Zagreb, Croatia

*CORRESPONDENCE

Monika Kabała
✉ mkabala@sum.edu.pl
Adam Iwanicki
✉ adam.iwanicki@biotech.ug.edu.pl

¹These authors have contributed equally to
this work

RECEIVED 11 June 2025

ACCEPTED 29 July 2025

PUBLISHED 11 August 2025

CITATION

Szarek K, Frankowska N, Kabała M, Smits WK, Wultańska D, Lalowski P, Pituch H, Iwanicki A, Hinc K, Harmanus C, Sanders IMJG, Wojtyczka R and Wąsik TJ (2025) Dominance of toxigenic *Clostridioides difficile* strains and the appearance of the emerging PCR ribotype 955 in hospitals in Silesia, Poland. *Front. Microbiol.* 16:1644051. doi: 10.3389/fmicb.2025.1644051

COPYRIGHT

© 2025 Szarek, Frankowska, Kabała, Smits, Wultańska, Lalowski, Pituch, Iwanicki, Hinc, Harmanus, Sanders, Wojtyczka and Wąsik. This is an open-access article distributed under the terms of the [Creative Commons Attribution License \(CC BY\)](#). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Dominance of toxigenic *Clostridioides difficile* strains and the appearance of the emerging PCR ribotype 955 in hospitals in Silesia, Poland

Klaudia Szarek^{1†}, Natalia Frankowska^{2,3†}, Monika Kabała^{1*}, Wiep Klaas Smits⁴, Dorota Wultańska⁵, Piotr Lalowski⁵, Hanna Pituch⁵, Adam Iwanicki^{2*}, Krzysztof Hinc², Céline Harmanus⁴, Ingrid M. J. G. Sanders⁴, Robert Wojtyczka⁶ and Tomasz J. Wąsik¹

¹Department of Medical Microbiology, Faculty of Medical Science in Katowice, Medical University of Silesia, Katowice, Poland, ²Division of Molecular Bacteriology, Medical University of Gdańsk, Gdańsk, Poland, ³Intercollegiate Faculty of Biotechnology, University of Gdańsk, Gdańsk, Poland, ⁴Leiden University Center for Infectious Diseases and Dutch National Expertise Center for Clostridioides difficile, Leiden University Medical Center, Leiden, Netherlands, ⁵Department of Medical Microbiology, Medical University of Warsaw, Warsaw, Poland, ⁶Department of Medical Microbiology, Faculty of Pharmaceutical Sciences in Sosnowiec, Medical University of Silesia, Katowice, Poland

Introduction: Toxigenic strains of *Clostridioides difficile* are the leading cause of healthcare-associated bacterial infections in Poland. In the Silesian Voivodeship, with 4.5 million inhabitants, the incidence of *C. difficile* infection (CDI) in 2023 reached 65.1/100,000, slightly down from 70.0/100,000 in 2022. This study aimed to investigate the occurrence of toxigenic *C. difficile* ribotypes in hospitalized patients in Silesia.

Materials and methods: A total of 130 stool samples from patients with confirmed antibiotic-associated diarrhea were tested. Multiplex PCR detected genes for GDH, toxins A/B, binary toxin CDT, and 16S rDNA. Ribotyping was performed by capillary PCR, and antibiotic susceptibility was tested with ETEST for 10 antibiotics.

Results: Multiplex PCR confirmed the presence of all toxins (A⁺B⁺CDT⁺) in 97 isolates. Six strains (6%) represented ribotype 955 (RT955), first reported in Poland in 2023. RT027 remained dominant (60%, *n* = 78). All isolates were susceptible to vancomycin, while 4% (5/130) showed metronidazole resistance.

Conclusion: RT027 remains prevalent among CDI cases in Silesia. The emergence of RT955, closely related to a UK epidemic strain, suggests a possible shared origin and epidemiological link.

KEYWORDS

Clostridioides difficile, toxigenic strains, ribotypes, *Clostridioides difficile* infection, hospital-acquired infection, health care-associated CDI

1 Introduction

Clostridioides difficile is a spore-forming, anaerobic bacterium capable of producing enterotoxin A (*tcdA*), cytotoxin B (*tcdB*), and - in certain strains - an ADP-ribosyltransferase binary toxin (CDT). *C. difficile* infection (CDI) symptoms range from mild antibiotic-associated diarrhea to severe pseudomembranous colitis, toxic megacolon, and sepsis (Hulme, 2024; Alam and Madan, 2024).

The pathogenesis of CDI is associated with the use of broad-spectrum antibiotics (such as fluoroquinolones, clindamycin, third generation cephalosporins, penicillin), age over 65 years and hospitalization (Aptekor et al., 2017). Spores of *C. difficile* are crucial for the transmission among hospitalized patients (Rawish and Muhammad, 2019; Barbanti and Spigaglia, 2016) remains the main cause of antibiotic-associated diarrhea in hospitalized patients worldwide (National Institute of Public Health, 2025; Mullish and Williams, 2018). *C. difficile* is currently the main factor responsible for outbreaks of bacterial infectious diseases in Polish hospitals (National Institute of Public Health, 2025). According to the reports of the Polish Chief Sanitary Inspectorate in 2023, *C. difficile* was responsible for 362 out of 895 reported outbreaks, while in 2022, *C. difficile* outbreaks accounted for 52% of all registered outbreaks in Poland (2021–53%, 2020–41%, 2019–30%) (National Institute of Public Health, 2025). The incidence of CDI per 100,000 cases in the population from 2021 to 2024 remained relatively constant 2021–55.14; 2022–57.00; 2023–56.06; and for 2024–55.10 (National Institute of Public Health, 2025).

Typing of *C. difficile* isolates by PCR ribotyping, a method based on the detection of heterogeneity in the ribosomal intergenic spacer region (Fawley et al., 2015; Janezic, 2016), indicated the dominance of PCR ribotype (RT) 027 (BI/NAP1/ST1) in Central-Eastern Europe in previous years (Aptekor et al., 2017; Kuijper et al., 2008). RT027 was first time reported in North America in 2005, and subsequently its spread was observed in Europe and the across the globe (McDonald et al., 2005; Di Bella et al., 2024; Loo et al., 2005). In the years 2008–2010, this type has been detected in 16 countries (Dubberke et al., 2010; National Antibiotic Program, 2025). The RT027 strain was described as capable of producing more toxin A, toxin B, and binary toxin than other strains (Kelly and LaMont, 2008; Curry et al., 2007) is resistant to fluoroquinolones, and is associated with a more severe course of infection (Rawish and Muhammad, 2019; National Antibiotic Program, 2025; He et al., 2013).

Our previous studies from 2017 and 2021 showed that *C. difficile* RT027 dominates in hospitalized patients with CDI in Silesia, Poland, but other ribotypes are also found (Aptekor et al., 2017; Kabała et al., 2021). Since then, the COVID-19 pandemic has swept the globe, potentially impacting healthcare-associated infections such as *C. difficile* (Rosińska et al., 2024), and several studies have indicated the emergence of new types of *C. difficile* – such as RT176 - in Central Europe (Plankaova et al., 2023; Krutova et al., 2025).

The Silesian Voivodeship in southern Poland, with approximately 4.5 million inhabitants and the highest population density in the country, is a highly urbanized and mobile region bordering the Czech Republic and Slovakia. In 2023, 2,822 cases of CDI were reported in the region, making it one of the most affected areas in Poland (National Institute of Public Health, 2025). Its cross-border movement and high patient flow may contribute to increased pathogen transmission, highlighting the importance of monitoring strain diversity in this setting (Morawiec et al., 2022).

Since data on circulating *C. difficile* ribotypes in Poland after 2021 are lacking, this study addresses an important gap by analyzing the occurrence and characteristics of toxigenic *C. difficile* strains among hospitalized patients in Silesia, a region with a high CDI burden. Understanding the current epidemiology is essential for monitoring the spread of epidemic strains, guiding infection control strategies, and optimizing antimicrobial therapy.

2 Materials and methods

One hundred thirty stool samples were collected between March 2023 and March 2024 from hospitalized patients with clinical signs of antibiotic-associated diarrhea. The stool samples were collected in a secondary and a tertiary care hospital localized in Silesia in Southern Poland. One hundred and six samples were obtained from the tertiary care hospital that has 681 beds, 20 wards hospital, and 24 samples were obtained from the secondary care hospital that has 384 beds and 14 wards.

The collected materials were tested for glutamate dehydrogenase (GDH) and *C. difficile* A/B toxins by TechLab C. diff Quick Check Complete (TechLab, Blacksburg, USA), according to a multistep algorithm (National Antibiotic Program, 2025). Samples positive for GDH and toxins were cultured on CDIF-chromID and CLO selective media (bioMérieux, Marcy L'Etoile, France), and the colonies were identified by a VITEK 2 Compact System (bioMérieux, Marcy L'Etoile, France).

Multiplex PCR (mPCR) was performed to detect genes encoding GDH (*gluD*), toxin A (*tcdA*), toxin B (*tcdB*), and bacterial 16S rDNA in *C. difficile* isolates (Person et al., 2008). Binary toxin (*cdtA/cdtB*) genes were detected following the method by Stubbs et al. (2000). The *ermB* gene, conferring MLS_B resistance in *C. difficile*, was identified as described earlier (Szarek et al., 2023). PCR products were detected in a 2% agarose gel stained with ethidium bromide (1 mg/L) and analyzed in UV light using the BOX Chemi XR5 (Syngene, UK).

Antibiotic susceptibility of the analyzed isolates was assessed by determining the minimum inhibitory concentration (MIC) of antibiotics using epsilometer tests (ETEST) (bioMérieux, 2025). After 24 h incubation, a few *C. difficile* colonies were suspended in the Schaedler Broth + vit K₃ to 1 McFarland, then inoculated onto a Brucella Blood Agar plate and ETEST strips were applied (bioMérieux, Marcy L'Etoile, France) for 10 antibiotics: metronidazole - MZ (range 0.016–256 µg/mL), vancomycin - Va (0.016–256 µg/mL), erythromycin - EM (0.016–256 µg/mL), clindamycin - CM (0.016–256 µg/mL), chloramphenicol - CL (0.016–256 µg/mL), moxifloxacin - MX (0.002–32 µg/mL), piperacillin/tazobactam - P/T (0.016–256 µg/mL), benzylpenicillin - PG (0.016–256 µg/mL), imipenem - IP (0.002–32 µg/mL), and rifampicin - RI (0.002–32 µg/mL). The plates were incubated at 37°C for 48 h in an anaerobic chamber (Whitley A35 Workstation, UK). Antibiotic susceptibility results were interpreted according to the EUCAST (European Committee on Antimicrobial Susceptibility Testing) guidelines, version 15.0, effective from January 1, 2025, for Gram-positive anaerobes and *C. difficile* (v.11; 2021) (EUCAST, 2021, 2025). For erythromycin resistance, we assumed a value of ≥ 256 µg/mL.

Ribotyping of *C. difficile* was conducted at Dutch National Expertise Center for *C. difficile* at Leiden University Medical Center

in the Netherlands, according to [Fawley et al. \(2015\)](#). Whole genome sequencing of RT955 isolates was performed on an Illumina platform, and analyzed using Seqsphere+ (Ridom) and CSIPhylogeny ([Kaas et al., 2014](#)). Whole genome sequence data is available from the sequence read archive via accession PRJNA1291796 with per sample accessions listed in [Supplementary Table S1](#).

3 Results

3.1 Patient characteristics

In this study, data from 129 patients were analyzed. However, one patient (coded as 20OCH and 24OCH) experienced a recurrence of CDI, confirmed by ribotyping and whole genome sequencing, within a 20-day interval. Consequently, the patient's readmission was considered a separate hospitalization ($n = 130$). Male patients accounted for 53.8% ($n = 70$). There were no statistical differences in age between male and female patients ($p > 0.05$). The characteristics of the study population are summarized in [Table 1](#).

The hospitals from which the samples were collected differed in both their profiles and the departments where the patients were treated. In 2023, the number of reported CDI cases was 94 in the tertiary care hospital and 76 in the secondary care hospital. The majority of patients at the secondary care hospital were hospitalized in the geriatric ward (8/24), while most patients at the tertiary care hospital were admitted to the Internal and Metabolic Medicine Ward (24/106). Most patients ($n = 85$; 65.4%) were admitted directly from home, while in 26 patients (30.6%), diarrhea was the primary reason for hospitalization, and stool samples were collected on the day of admission.

Comorbid conditions were present in 91% of patients (118/129), with most patients having more than one comorbidity ($n = 104$; 80.6%). In 11 patients, medical history could not be obtained due to their condition. The patient who was re-hospitalized within 20 days, with no new comorbidities reported, was counted only once. The most frequently reported comorbidities included hypertension ($n = 70$; 59.3%), heart conditions such as coronary artery disease and heart failure ($n = 63$; 53.4%), atherosclerosis ($n = 51$; 43.2%), and diabetes ($n = 47$; 39.8%). *Clostridioides difficile*-associated colitis and enteritis were reported in 4 patients (3.4%). Pseudomembranous colitis was diagnosed in 34 patients (26.2%) during hospitalization, with computed tomography being the primary diagnostic method in most cases (16/34; 47%).

White blood cell (WBC) count and serum creatinine levels were assessed in all patients ($n = 130$). The mean WBC count was $14.033 \times 10^9/L (\pm 12.231)$, and the mean serum creatinine level was $1.4 \text{ mg/dL} (\pm 1.17)$. In contrast, serum albumin concentration was measured in only 34 cases (26.2%), with a mean value of $24.07 \text{ g/L} (\pm 8.67)$ in this subgroup.

According to ECDC guidelines, *C. difficile* infections associated with healthcare (HA-CDI) are classified as cases in which symptoms appear more than 48 h after hospital admission or within 12 weeks after discharge from a healthcare facility ([ECDC, 2019](#)). Thus, prior hospitalization, surgical procedures, and antibiotic use related to comorbidities are all considered within this 12-week window. Antibiotics were administered to 92/130 patients (70.8%) during hospitalization or the 12 weeks preceding admission, while 6 patients

TABLE 1 Demographic, clinical, epidemiological and analytical data of patients with CDI.

Number of hospitalization	<i>N</i> = 130 (<i>N</i> =24 ^a , <i>N</i> =106 ^b)
Admission (<i>N</i> = 130)	<i>N</i> , %
from home	85; 65.4%
another ward or hospital	27; 20.8%
nursing home/senior care facility	10; 7.7%
from a hospice	1; 0.8%
no data	7; 5.4%
Previous hospitalization ^c	111; 85.40%
Previous surgical procedures ^c	57; 43.8%
Length of hospitalization ^d	13 days; [IQR: 8–27]
Time from hospital admission to stool sample collection ^d	4 days [IQR: 1–14]
Comorbidities (<i>N</i> = 118*)	<i>N</i> ; %
hypertension	70; 59.3%
coronary artery disease/ heart failure	63; 53.4%
atherosclerosis	51; 43.2%
diabetes	47; 39.8%
<i>C. difficile</i> -associated colitis and enteritis	4; 3.4%
Analytical Data ^e	
creatinine [mg/dL]	1.4 ± 1.17
WBC [$\times 10^9/L$]	14.033 ± 12.231
albumin ^f [g/L]	24.07 ± 8.67
Previous use of antibiotics	<i>N</i> ; %
use	92; 70.8%
cephalosporines	38; 41.3%
fluoroquinolones	18; 19.6%
penicillins with beta- lactamase inhibitors	13; 14.1%
no antibiotics	6; 4.6%
no data	32; 24.6%
Antibiotic used for CDI treatment	<i>N</i> ; %
use	80; 61.5%
vancomycin	55; 68.75%
metronidazole	10; 12.5%
both antibiotics	15; 18.75%
no data	50; 38.5%
Hospital discharge (<i>N</i> = 130)	<i>N</i> ; %
home	94; 72.3%
another ward/ healthcare facility	16; 12.3%
death	18; 13.8%
no data	2; 1.54%

*patients with obtained medical history, re-hospitalized patients were counted only once.

^aSecondary care hospital.

^bTertiary care hospital.

^cDuring a 12-week period.

^dMedian and interquartile range.

^eMeans \pm standard deviation.

^fAlbumin was measured in only 34 patients.

(4.6%) did not receive any antibiotics. The most commonly used antibiotics included cephalosporins ($n = 38$; 41.3%), especially third-generation cephalosporins ($n = 30$; 32.6%), fluoroquinolones ($n = 18$; 19.5%), and penicillins with beta-lactamase inhibitors ($n = 13$; 14.1%). Only two patients were treated with macrolides ($n = 2$; 2.2%), and three patients were treated with lincosamides ($n = 3$; 3.3%).

In the medical history, CDI treatment information was available for only 80 patients. Vancomycin was used in 55/80 (68.75%) cases, while 10/80 (12.5%) received metronidazole, and 15/80 (18.75%) were treated with both vancomycin and metronidazole.

According to the available data, 94 patients (72.3%) were discharged home, while 16 patients (12.3%) required continued care in another ward or healthcare facility. Additionally, 18 patients (13.8%) died, and for 2 patients, no data were available.

3.2 Microbiological characterization

All strains ($n = 130$) were susceptible to vancomycin but resistant to moxifloxacin (Table 2); resistance to metronidazole was noted in 5/130 (4%) isolates. Furthermore, 108/130 (83%) *C. difficile* isolates were resistant to benzylpenicillin; almost all strains were resistant to piperacillin-tazobactam (129/130; 99%), imipenem (129/130; 99%), and clindamycin (128/130; 98%). 87/130 of *C. difficile* strains had MIC ≥ 256 for erythromycin. All strains from the secondary hospital with the *ermB* gene were resistant to clindamycin and erythromycin. In the tertiary hospital, MLS_B resistance was observed in 41 strains which *ermB* was also detected. 83/130 (64%) isolates were resistant to rifampicin, and 17/130 (13%) to chloramphenicol. The antimicrobial resistance for all tested strains are shown in Supplementary Table S2.

Capillary PCR ribotyping demonstrated a dominance of RT027 ($n = 78$, 60%) (Figure 1), as has also been noted in previous studies in Poland (Aptekorz et al., 2017; He et al., 2013; Persson et al., 2008). Other ribotypes were detected at a 1/10 of this frequency or lower, with RT014 ($n = 8$, 6.2%) RT002 ($n = 7$, 5.4%) and RT023 ($n = 6$, 4.6%). Of note, we also found $n = 6$ isolates belonging to RT955, that has recently been associated with clusters in the United Kingdom (Puleston et al., 2024; South East London, 2024). The remainder of the PCR ribotypes belonged ($n \leq 3$ for each) to RT018, RT020, RT003, RT005, RT078, RT010, RT011, RT029, RT046, RT070, RT081, and RT430. In six cases, no ribotype could be assigned.

The multiplex PCR reaction demonstrated the A⁺B⁺CDT⁺ genotype in 97 (74.6%) *C. difficile* isolates. Thirty-one strains (23.8%) had the toxigenic profile A⁺B⁺CDT⁻, while the A⁻B⁻CDT⁻ profile was observed in only two strains: one with a ribotype that was not in the database used for identification and the other with ribotype 010. The *ermB* gene, resulting in inducible MLS_B type resistance, was detected by PCR in 65 strains (Supplementary Table S1; Figure 2).

Considering the recent interest in this PCR ribotype, the six *C. difficile* isolates identified as RT955 in our study were subjected to whole genome sequencing. They were assigned to multilocus sequence type (ST) 1 and clade 2, a lineage historically associated with the hypervirulent RT027. To evaluate the genetic relatedness to other clade 2 strains belonging to RT955 and RT027, a single nucleotide polymorphism (SNP)-based phylogenetic analysis was performed, using the historical RT027/ST1 reference strain CD196 (GenBank NC_013315) as the root. The resulting phylogenetic tree (Figure 2) includes the following representative isolates for comparison: R20291,

the epidemic RT027/ST1 strain associated with the Stoke-Mandeville hospital outbreak in the UK (GenBank NC_013316); a representative of the UK RT955 outbreak strains (GenBank ERR12670107); five unrelated RT955 isolates from Serbia, included from an independent study (Stojanovic et al., 2025); and a Canadian RT955 isolate [genome sequence kindly provided by Tim Du (PHAC/ASPC)]. The SNP analysis clearly demonstrates that the Polish RT955/ST1 isolates form a tight cluster closely related to the UK RT955 outbreak strain ERR12670107, suggesting common ancestry and a possible epidemiological link. Similar to the UK strains, the Polish isolates contain the *PnimbG* mutation, lack the metronidazole-resistance plasmid pCD-METRO, and contain the *gyrA*-p.T82I mutation associated with fluoroquinolone resistance (Plankaova et al., 2023). Moreover, all RT955 contained the *rpoB*-p.R505K mutation associated with rifampicin resistance (Supplemental Table S1; Figure 2). In contrast, the Serbian and Canadian RT955 isolates cluster separately, indicating that these strains are genetically distinct from both the UK outbreak and the Polish isolates, despite sharing the RT955 ribotype designation (Figure 2).

4 Discussion

Our study showed the dominance of toxigenic strains (97/130; 74.6%) in two hospitals in the Silesian region, many of which belong to ribotypes that have already been displaced in other European countries. This persistent dominance contrasts with a changing trend described in the ECDC report published in May 2024, which analyzed data from 2018 to 2020 across six European countries (Belgium, Estonia, Ireland, the Netherlands, Portugal, and Slovenia) and the UK. According to the report, ribotypes RT014/020, RT002, and RT078 were predominant, while the prevalence of RT027 had significantly declined (ECDC, 2024).

Among the strains analyzed in this study, the RT014 ribotype was recorded in 8/130 (6.2%) strains, while RT002 was present in 7 (5.4%). RT078, which is a ribotype that is also frequently found in animals and in community-associated cases of CDI in humans, was reported only in two cases. Our data show the dominance of ribotypes capable of producing binary toxin, particularly RT027 ($n = 70$; 60%), which was in 11th place among the most spread ribotypes in Europe. In our study, no strains closely related to RT027, with the exception of RT955 were reported, consistent with an assessment of the ECDC, that reports that RT027 is mainly found in Poland and neighboring countries (ECDC, 2024).

Interestingly, 6 out of 130 isolates were identified as belonging to the RT955 ribotype, which was detected in Poland for the first time in 2023, in entirely different hospitals across the country (ICDS, 2024; Zikova et al., 2025). One of the RT955 isolates originated from a secondary care hospital, while the remaining five came from a tertiary care hospital — including two isolates from the same patient with a recurrent infection. RT955 came to light in the UK in 2021 as the cause of two large hospital outbreaks (South East London, 2024). In our study, we demonstrated that the Polish RT955 isolates belong to ST1 and are genetically related to the UK strains, but distinct from the Serbian strains (Puleston et al., 2024). RT955 *C. difficile* has been described to be highly transmissible, can lead to severe disease, relapse and shows resistance to treatment with metronidazole commonly used in hospitals (South East London, 2024), but lack of access to

TABLE 2 MIC₅₀, MIC₉₀ of tested *C. difficile* strains.

Antibiotic	MIC ₅₀	MIC ₉₀	Strains resistant		Breakpoints used [mg/L]
			n = 130	%	
Metronidazole ^a	1	2	5	4	S ≤ 2, R > 2
Vancomycin ^a	0.38	0.5	0	0	S ≤ 2, R > 2
Erythromycin ^b	256	256	87	67	R > 256
Clindamycin ^d	8	256	128	98	S ≤ 0.25, R > 0.25
Moxifloxacin ^c	32	32	130	100	4
Rifampicin ^c	32	32	83	64	0.004
Piperacillin/Tazobactam ^d	3	6	129	99	S ≤ 0.5, R > 0.5
Imipenem ^d	32	32	129	99	S ≤ 0.5, R > 0.5
Benzylpenicillin ^d	1	2	108	83	S ≤ 0.5, R > 0.5
Chloramphenicol ^f	6	12	17	13	S ≤ 8, R > 8

^aResistance according to EUCAST (v.15 2024).

^bAssumed R > 256 mg/L.

^cECOFF for *C. difficile* was used.

^dMICs for *C. perfringens* according to EUCAST 2024.

^eMICs for Gram-positive anaerobes were used because lack of them according EUCAST (v.11).

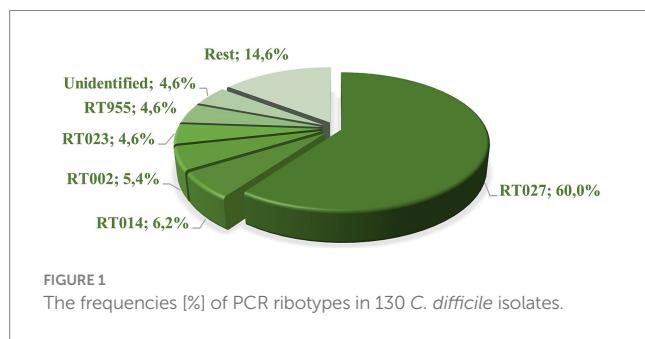


FIGURE 1
The frequencies [%] of PCR ribotypes in 130 *C. difficile* isolates.

clinical and demographic data in this study prevents us from confirming these associations in Poland.

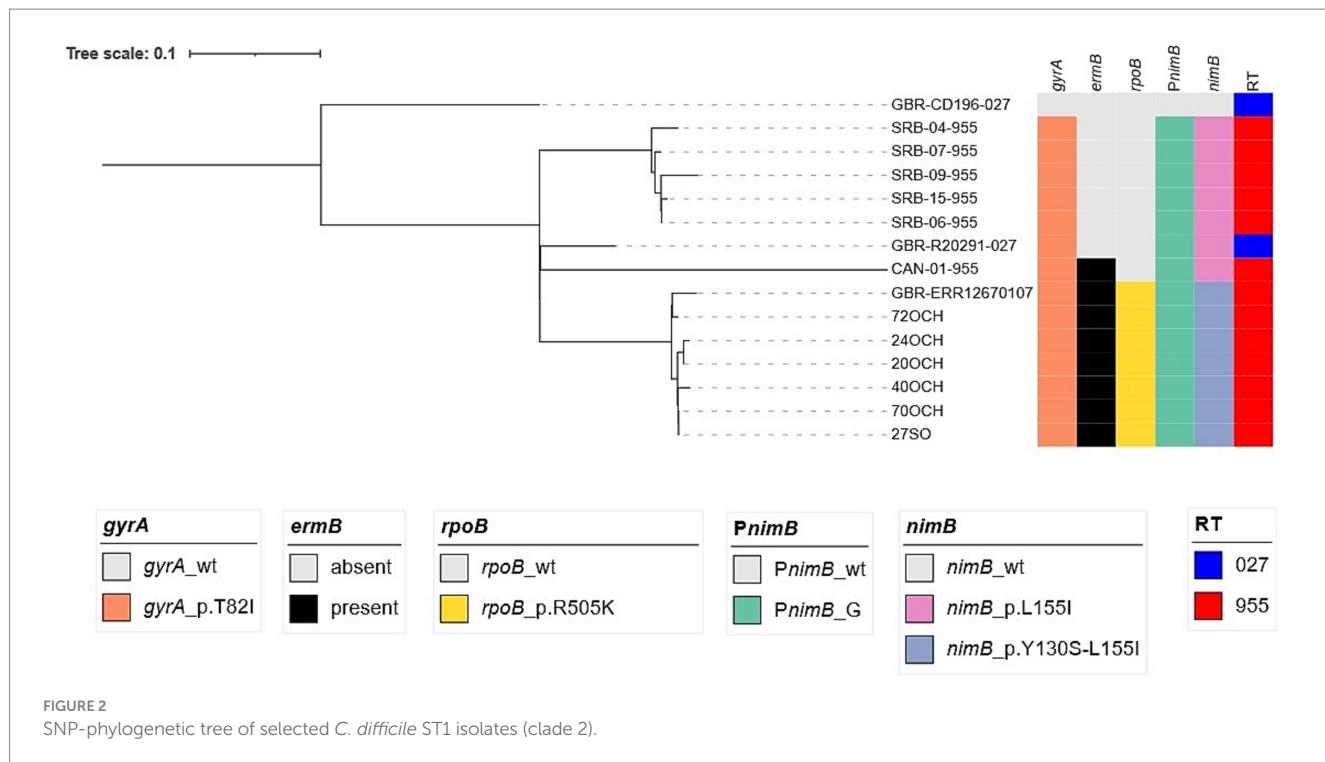
In Poland, fidaxomicin and vancomycin are considered the antibiotics of choice for CDI treatment according to latest recommendation for CDI treatment (National Antibiotic Program, 2025). Our data show that most patients included in our study were treated with vancomycin alone (55 cases) and in 15 cases a combination of vancomycin and metronidazole. However, metronidazole is still commonly used in clinical practice and was used as a single therapy in 10 cases. Fidaxomicin was not available in any of the hospitals included in our study — a limitation that reflects a nationwide issue, not only one specific to the Silesian region. For this reason, we did not assess fidaxomicin susceptibility.

Among the strains we examined, we did not find evidence for resistance to vancomycin, but report 5/130 (4%) strains resistant to metronidazole. Freeman et al. reported that subset of RT955 strains to be metronidazole-resistant when using Fastidious Anaerobe Agar supplemented with horse blood (FAA-HB) in agar dilution experiments (Freeman et al., 2025). In our study, 4/5 metronidazole resistant isolates belonged to RT027 and all RT955 were qualified as susceptible (MIC<4 mg/L). However, 4 out of 6 RT955 strains showed a clearly reduced susceptibility for metronidazole (MIC 2 mg/L). We note that susceptibility testing in our study was performed on BBA

medium, which might have led to an underestimation of resistance (Freeman et al., 2025) and on a different media the majority might have been qualified as resistant to metronidazole. On the basis of our whole genome sequence analysis, the reduced susceptibility of the RT955 might be attributable to a previously described mutation in the promoter region of the *nimb* gene (Olaitan et al., 2023). Both RT027 and RT955 represent significant epidemiological threats. In addition to producing all three toxins, they are resistant to fluoroquinolones, which facilitates their spread particularly in hospital settings where these antibiotics are commonly used (Krutova et al., 2014).

Poland is among the countries with the highest antibiotic consumption in Europe, with an average of 23.6 defined daily doses (DDD) per 1,000 inhabitants per day reported in 2022. In contrast, countries like the Netherlands report substantially lower usage, with only 9.1 DDD per 1,000 inhabitants per day (Krotoszyn District Sanitary and Epidemiological Station, 2025). The patients included in our study received broad-spectrum antibiotic therapy due to various comorbidities, as mentioned in the results. The most commonly used group of antibiotics were cephalosporins (38/92; 41.3%), particularly third-generation cephalosporins (30/92; 32.6%). Fluoroquinolones were the second most frequently used group, reported in 18 cases (19.6%). Both of these groups are associated with an increased risk of CDI (Aptekor et al., 2017).

The Polish law since 2008 regulates, among other things, the functioning of hospital infection control committees. The latest amendment, published on January 1, 2025, introduces requirements such as the implementation of training programs on antibiotic policy in hospital settings. However, our study indicates that despite ongoing efforts, these measures remain insufficient. Although epidemiological surveillance systems are in place, the problem of CDI caused by toxigenic strains appears to be steadily worsening and routine ribotyping and antimicrobial susceptibility testing of *C. difficile* isolates are not yet performed in Poland. As a result, awareness of the actual threat remains low and this may contribute to the emergence of novel PCR ribotypes of concern, such as RT955. Vigilance toward RT027 (in most countries) should



be extended to RT955, and in the case of Poland, both should be closely monitored.

5 Conclusion

Our study showed the presence of the emerging RT955 ribotype in the Silesia region. The dominance of the toxigenic strains as well as a significant proportion of resistance to metronidazole urgently indicate the necessity to broaden the research on the epidemiology of toxin-producing *C. difficile* strains, with particular focus on the appearance of new ribotypes. The presented data underscore the urgency to include the ribotyping and antimicrobial susceptibility testing of *C. difficile* isolates to the routine diagnostics.

Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/[Supplementary material](#).

Ethics statement

The studies involving humans were approved by opinion of the Bioethics Committee PCN/CBN/0052/KB/299/22/23. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study.

Author contributions

KS: Writing – original draft, Resources, Methodology, Formal analysis. NF: Writing – original draft, Methodology, Resources, Formal analysis. MK: Conceptualization, Formal analysis, Writing – review & editing. WS: Supervision, Investigation, Project administration, Writing – review & editing. DW: Conceptualization, Writing – review & editing, Formal analysis. PL: Methodology, Formal analysis, Resources, Writing – original draft. HP: Writing – review & editing, Supervision, Project administration. AI: Writing – review & editing, Formal analysis, Conceptualization. KH: Writing – review & editing, Project administration, Supervision, Funding acquisition. CH: Visualization, Writing – review & editing, Investigation, Methodology. IS: Methodology, Investigation, Writing – review & editing, Visualization. RW: Project administration, Writing – review & editing, Supervision. TW: Supervision, Funding acquisition, Writing – review & editing, Project administration.

Funding

The author(s) declare that financial support was received for the research and/or publication of this article. This research was funded by the Polish National Science Centre, project no 2021/43/B/NZ6/00461, and Medical University of Silesia Grant BNW-1-165/K/4/I.

Acknowledgments

We thank Tim Du (PHAC/ASPC) and CNISP (Canadian Nosocomial Infection Surveillance Program) for kindly providing the

genome sequence of the Canadian RT955 isolate, and Igor Sidorov (LUMC) for uploading the sequence data to the SRA.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Generative AI statement

The authors declare that no Gen AI was used in the creation of this manuscript.

References

Alam, M. Z., and Madan, R. (2024). *Clostridioides difficile* toxins: host cell interactions and their role in disease pathogenesis. *Toxins* 16:241. doi: 10.3390/toxins16060241

Aptekor, M., Szcześniak, A., Wiechula, B., Harmanus, C., Kuijper, E., and Martirosian, G. (2017). Occurrence of *Clostridium difficile* ribotype 027 in hospitals of Silesia, Poland. *Anaerobe* 45, 106–113. doi: 10.1016/j.anaerobe.2017.02.002

Barbanti, F., and Spigaglia, P. (2016). Characterization of *Clostridium difficile* PCR-ribotype 018: a problematic emerging type. *Anaerobe* 42, 123–129. doi: 10.1016/j.anaerobe.2016.10.003

bioMérieux. (2025) ETEST® application guide. Available online at: <https://www.biomerieux-jp.net/> (Accessed March 24, 2025).

Curry, S. R., Marsh, J. W., Muto, C. A., O'Leary, M. M., Pasculle, A. W., and Harrison, L. H. (2007). *tcdC* genotypes associated with severe *TcdC* truncation in an epidemic clone and other strains of *Clostridium difficile*. *J. Clin. Microbiol.* 45, 215–221. doi: 10.1128/JCM.01599-06

Di Bella, S., Sanson, G., Monticelli, J., Zerbato, V., Principe, L., Giuffrè, M., et al. (2024). *Clostridioides difficile* infection: history, epidemiology, risk factors, prevention, clinical manifestations, treatment, and future options. *Clin. Microbiol. Rev.* 37:e0013523. doi: 10.1128/cmr.00135-23

Dubberke, E. R., Butler, A. M., Yokoe, D. S., Mayer, J., Hota, B., Mangino, J. E., et al. (2010). A Multicenter study of *Clostridium difficile* infection rates from 2000–2006. *Infect. Control Hosp. Epidemiol.* 31, 1030–1037. doi: 10.1086/656245

ECDC. (2019) European surveillance of *Clostridioides difficile* infections – Protocol v2.4. Stockholm. Available online at: <https://www.ecdc.europa.eu/> (Accessed March 24, 2025).

ECDC. (2024). *Clostridioides difficile* infections – Annual epidemiological report 2018–2020. Stockholm: ECDC.

EUCAST. (2025) Clinical breakpoints – bacteria, v15.0. Available online at: <https://www.eucast.org> (Accessed March 24, 2025).

EUCAST. (2021) Clinical breakpoints – Bacteria, v11.0. Available online at: <https://www.eucast.org> (Accessed March 24, 2025).

Fawley, W. N., Knetsch, C. W., MacCannell, D. R., Harmanus, C., Du, T., Mulvey, M. R., et al. (2015). Development and validation of an internationally-standardized, high-resolution capillary gel-based electrophoresis PCR-ribotyping protocol for *Clostridium difficile*. *PLoS One* 10:e0118150. doi: 10.1371/journal.pone.0118150

Freeman, J., Sanders, I. M. J., Harmanus, C., Clark, E. V., Berry, A. M., and Smits, W. K. (2025). Antimicrobial susceptibility testing of *Clostridioides difficile*: dual-site study of three media and three therapeutics. *Clin. Microbiol. Infect.* 31, 1011–1017. doi: 10.1016/j.cmi.2025.01.028

He, M., Miyajima, F., Roberts, P., Ellison, L., Pickard, D. J., Martin, M. J., et al. (2013). Emergence and global spread of epidemic healthcare-associated *Clostridium difficile*. *Nat. Genet.* 45, 109–113. doi: 10.1038/ng.2478

Hulme, J. P. (2024). Emerging diagnostics in *Clostridioides difficile* infection. *Int. J. Mol. Sci.* 25:8672. doi: 10.3390/ijms25168672

ICDS. (2024). 8th International Clostridioides difficile Symposium Abstract book. Available: <https://2024-09-ICDS>. (Accessed March 24, 2025).

Janezic, S. (2016). Direct PCR-ribotyping of *Clostridium difficile*. *Methods Mol. Biol.* 1476, 15–21. doi: 10.1007/978-1-4939-6361-4_2

Kaas, R. S., Leekitcharoenphon, P., Aarestrup, F. M., and Lund, O. (2014). Solving the problem of comparing whole bacterial genomes across different sequencing platforms. *PLoS One* 9:e104984. doi: 10.1371/journal.pone.0104984

Kabała, M., Gofron, Z., Aptekor, M., Sacha, K., Harmanus, C., Kuijper, E., et al. (2021). *Clostridioides difficile* Ribotype 027 (RT027) outbreak investigation due to the emergence of rifampicin resistance using multilocus variable-number tandem repeat analysis (MLVA). *Infect Drug Resist.* 14, 3247–3254. doi: 10.2147/IDR.S324745

Kelly, C. P., and LaMont, J. T. (2008). *Clostridioides difficile*—more difficult than ever. *N. Engl. J. Med.* 359, 1932–1940. doi: 10.1056/NEJMra0707500

Krotoszyn District Sanitary and Epidemiological Station. (2025) European antibiotic awareness day & world antibiotic awareness week. Available online at: <https://www.gov.pl/web/pssse-krotoszyn/> (Accessed March, 24 2025).

Krutova, M., Brajerova, M., Capek, V., Balikova Novotna, G., Kinross, P., Skalova, J., et al. (2025). Genomic islands and molecular mechanisms relating to drug-resistance in *Clostridioides (clostridium) difficile* PCR ribotype 176. *Emerg. Microbes Infect.* 14:2482698. doi: 10.1080/2221751.2025.2482698

Krutova, M., Matejkova, J., and Nyc, O. (2014). *Clostridioides difficile* ribotype 027 or 176? *Folia Microbiol. (Praha)* 59, 523–526. doi: 10.1007/s12223-014-0323-5

Kuijper, E. J., Barbut, F., Brazier, J. S., Kleinkauf, N., Eckmanns, T., Lambert, M. L., et al. (2008). Update of *Clostridium difficile* infection due to PCR ribotype 027 in Europe, 2008. *Euro Surveill.* 13:18942. doi: 10.2807/ese.13.31.18942-en

Loo, V. G., Poirier, L., Miller, M. A., Oughton, M., Libman, M. D., Michaud, S., et al. (2005). A predominantly clonal multi-institutional outbreak of *Clostridium difficile*-associated diarrhea with high morbidity and mortality. *N. Engl. J. Med.* 353, 2442–2449. doi: 10.1056/NEJMoa051639

McDonald, L. C., Killgore, G. E., Thompson, A., Johnson, S., Owens, R. C. Jr., Kazakova, S. V., et al. (2005). An epidemic, toxin gene-variant strain of *Clostridium difficile*. *N. Engl. J. Med.* 353, 2433–2441. doi: 10.1056/NEJMoa051590

Morawiec, E., Miklasinska-Majdanik, M., Bratosiewicz-Wąsik, J., Wojtyczka, R. D., Swolana, D., Stolarek, I., et al. (2022). From alpha to Delta-genetic epidemiology of SARS-CoV-2 (hCoV-19) in southern Poland. *Pathogens* 11:780. doi: 10.3390/pathogens11070780

Mullish, B. H., and Williams, H. R. (2018). *Clostridium difficile* infection and antibiotic-associated diarrhoea. *Clin. Med.* 18, 237–241. doi: 10.7861/clinmedicine.18-3-237

National Antibiotic Program. (2025) Recommendations for diagnosis and treatment of *Clostridioides difficile*. Available online at: <https://www.pzh.gov.pl> (Accessed March 24, 2025).

National Institute of Public Health. (2025) National institute of hygiene. Available online at: <https://www.pzh.gov.pl> (Accessed March 24, 2025).

Olaitan, A. O., Dureja, C., Youngblom, M. A., Topf, M. A., Shen, W. J., Gonzales-Luna, A. J., et al. (2023). Decoding a cryptic mechanism of metronidazole resistance among globally disseminated fluoroquinolone-resistant *Clostridioides difficile*. *Nat. Commun.* 14:4130. doi: 10.1038/s41467-023-39429-x

Persson, S., Torpdahl, M., and Olsen, K. E. P. (2008). New multiplex PCR method for the detection of *Clostridium difficile* toxin a (tcdA) and toxin B (tcd B) and the binary toxin (cdtA/cdtB) genes applied to a Danish strain collection. *Clin. Microbiol. Infect.* 14, 1057–1064. doi: 10.1111/j.1469-0691.2008.02092.x

Plankaova, A., Brajerova, M., Capek, V., Balikova Novotna, G., Kinross, P., Skalova, J., et al. (2023). *Clostridioides difficile* infections were predominantly driven by fluoroquinolone-resistant *Clostridioides difficile* ribotypes 176 and 001 in Slovakia in 2018–2019. *Int. J. Antimicrob. Agents* 62:106824. doi: 10.1016/j.ijantimicag.2023.106824

Puleston, R., Roulston, K., Morgan, K., Hopkins, S., Wilcox, M. H., Fawley, W., et al. (2024). Emergence of ribotype 955 *Clostridioides difficile*. Barcelona: ESCMID Global.

Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

Supplementary material

The Supplementary material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fmicb.2025.1644051/full#supplementary-material>

Rawish, F., and Muhammad, A. (2019). The Hypervirulent strain of *Clostridium difficile*: NAP1/B1/027 - a brief overview. *Cureus* 11:e3977. doi: 10.7759/cureus.3977

Rosińska, M., Czarkowski, M. P., and Sadkowska-Todys, M. (2024). Infectious diseases in Poland in 2022: an epidemiological review. *Przegl. Epidemiol.* 78, 524–542. doi: 10.32394/pe/202170

South East London. (2024) *Clostridioides difficile* ribotype 955 – Update (briefing BN2024_003). Available online at: <https://www.selondonics.org/> (Accessed March 24, 2025).

Stojanovic, P., Kraakman, M., Notermans, D. W., Groot, J., Harmanus, C., van Prehn, J., et al. (2025) Emerging *Clostridioides difficile* strains belonging to PCR ribotype 955 in Serbia are distinct from metronidazole resistant RT955 outbreak isolates from the UK. Available online at: <https://www.medrxiv.org/content/10.1101/2025.05.0.25328623v1>. (Accessed June 04, 2025)

Stubbs, S., Rupnik, M., Gibert, M., Brazier, J., Duerden, B., and Popoff, M. (2000). Production of actin-specific ADP-ribosyltransferase (binary toxin) by strains of *Clostridium difficile*. *FEMS Microbiol. Lett.* 186, 307–312. doi: 10.1111/j.1574-6968.2000.tb09122.x

Szarek, K. T., Kabala, M. A., Sacha, K., Drzymala, F., Borek, A., Pomorska-Wesołowska, M., et al. (2023). Outbreak of *Clostridioides difficile* infection in a Silesian district hospital. *Ann. Acad. Med. Siles.* 77, 75–81. doi: 10.18794/aams/158921

Zikova, J., Szarek, K., Kabala, M., Wultańska, D., Frankowska, N., Iwanicki, A., et al. (2025). Newly emerging metronidazole-resistant *Clostridioides difficile* PCR ribotype 955 identified in Poland, 2021 to 2023 but not in Czechia, 2012 to 2023 and Slovakia, 2015 to 2023. *Euro Surveill.* 30:2400675. doi: 10.2807/1560-7917.ES.2025.30.21.2400675