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Leiden  
The Netherlands

## **Lived experience matters: on the healing power of peer support and mental health experiences of professionals**

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### **Citation**

Beer, C. R. M. de. (2026, January 29). *Lived experience matters: on the healing power of peer support and mental health experiences of professionals*. Retrieved from <https://hdl.handle.net/1887/4288285>

Version: Publisher's Version

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**Note:** To cite this publication please use the final published version (if applicable).

The background is a stylized illustration of a mountain landscape. A winding path in shades of orange and red leads from the bottom left towards the right. On the left side of the path, there are several dark green evergreen trees. In the foreground, a brown dog is standing on the path, looking towards the right. In the background, a large green hill or mountain rises, and a bright yellow sun is visible in the sky. The sky is a light blue with some white clouds.

# LIVED EXPERIENCE MATTERS

ON THE HEALING POWER OF PEER  
SUPPORT AND MENTAL HEALTH  
EXPERIENCES OF PROFESSIONALS

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SUPPORT AND MENTAL HEALTH EXPERIENCES OF PROFESSIONALS

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