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Lived experience matters: on the healing power of peer support and mental health experiences of professionals

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The background is a stylized illustration of a mountain landscape. A winding path in shades of orange and red leads from the bottom left towards the right. A cyclist in a white shirt and blue pants is riding a bicycle on the path. In the foreground, a dark brown dog stands on the path, looking towards the right. The landscape is filled with green hills and numerous dark green evergreen trees. In the upper right, a bright yellow sun is partially obscured by a white cloud. The sky is a light blue with soft, white clouds.

LIVED EXPERIENCE MATTERS

ON THE HEALING POWER OF PEER
SUPPORT AND MENTAL HEALTH
EXPERIENCES OF PROFESSIONALS

CAROLIJN ROSELOT MARIANNE DE BEER

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