



Universiteit
Leiden
The Netherlands

Shared roads, shared risks: understanding the needs of youth with severe and enduring mental health problems

Soet, R. de

Citation

Soet, R. de. (2025, December 17). *Shared roads, shared risks: understanding the needs of youth with severe and enduring mental health problems*.

Retrieved from <https://hdl.handle.net/1887/4285646>

Version: Publisher's Version

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/4285646>

Note: To cite this publication please use the final published version (if applicable).

Shared Roads, Shared Risks

Understanding the needs of youth with severe
and enduring mental health problems

Rianne de Soet

Shared Roads, Shared Risks

Understanding the needs of youth with severe and enduring mental health problems

Provided by thesis specialist Ridderprint

Printing: Ridderprint, ridderprint.nl

Cover design by Rens Dekker, persoonlijkproefschrift.nl

Layout by Dennis Hendriks, persoonlijkproefschrift.nl

Studies in this thesis were funded by FNO Geestkracht, the Netherlands, Project No 103601.

© Rianne de Soet, 2025, the Netherlands

All rights reserved. No part of this thesis may be reproduced, stored in a retrieval system or transmitted in any way or by any means without the prior written permission of the author, or when applicable, of the publishers of the scientific papers.

Shared Roads, Shared Risks

Understanding the needs of youth with severe
and enduring mental health problems

Proefschrift

ter verkrijging van
de graad van doctor aan de Universiteit Leiden,
op gezag van rector magnificus prof.dr.ir. H. Bijl,
volgens besluit van het college voor promoties
te verdedigen op woensdag 17 december 2025
klokke 10.00 uur

door

Rianne de Soet
geboren te Naarden
in 1986

Promotor

Prof. dr. R.R.J.M. Vermeiren

Co-promotores

Dr. L.A. Nooteboom

Dr. L. Nijland

Promotiecommissie

Prof. dr. V.M. Hendriks

Prof. dr. R. Gilissen

Leiden University

Prof. dr. D.H.M. Creemers

Radboud University, GGZ Oost-Brabant

Prof. dr. W.G. Staal

Leiden University, Radboud University

Prof. dr. E.A. Mulder

University of Amsterdam, Amsterdam UMC

Contents

Chapter 1.	General introduction	9
Chapter 2.	Drop-out and ineffective treatment in youth with severe and enduring mental health problems: a systematic review	21
Chapter 3.	How to meet the needs of youth with severe and enduring mental health problems: a qualitative study to barriers and facilitators in treatment	55
Chapter 4.	Reconsidering treatment focus for youth with severe and enduring mental health problems: a mixed-method study	87
Chapter 5.	Balancing autonomy and safety in care for youth with severe and enduring mental health problems	121
Chapter 6.	General discussion	149
	References	168
	Nederlandse samenvatting	188
	Dankwoord	198
	Curriculum Vitae	201
	Publications	202

Laat me

Ik ben misschien te laat geboren,
Of in een land met ander licht.
Ik voel me altijd wat verloren,
Al toont de spiegel mijn gezicht.

Laat me, laat me,
Laat me mijn eigen gang maar gaan.
Laat me, laat me,
Ik heb het altijd zo gedaan.

(Uit 'Laat me' - Ramses Shaffy, 1978)