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'De Storm der Hartstogten Woedt': The works of Johannes Jelgerhuis Rienkszoon as a source of stagecraft for the historically informed performer

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Propositions

1. Jelgerhuis's treatise *Theoretische lessen* and his lesser-known writings must be considered as complementary sources.
2. Historical acting techniques based on Jelgerhuis's legacy can inspire contemporary performers to balance imagination, discipline, and expressivity in performance and practice.
3. In HIP, *welstand* is not merely ornamental grace, but includes the performer's ease of motion within the chosen acting style.
4. Jelgerhuis does not cover the expression of certain 'softer passions', yet roles that embody love, hope, longing, or desire are indispensable for the full scale of theatrical expression.
5. Attitudes, often thought of as merely empty poses, become meaningful tools of expression when animated by the performer's imagination.
6. There is no single 'correct' way of performing historical repertoire; historically informed performance benefits from diversity of styles and interpretations.
7. The scarcity of functioning historical stages worldwide compels historically informed practitioners into compromises and creative solutions when working in non-historical venues.
8. Theatres are spaces where performers and audiences can feel, learn, rehearse compassion, and balance the passions.
9. Attitudes are empowering and disempowering poses.
10. The disappearing ability to recognise a beloved person's handwriting is a potential consequence of our digital age.