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Optimizing treatment for odontoid fractures in the elderly: a balancing act with the patient at center stage

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Citation

Huybregts, J. G. J. (2025, November 21). *Optimizing treatment for odontoid fractures in the elderly: a balancing act with the patient at center stage*. Retrieved from <https://hdl.handle.net/1887/4283689>

Version: Publisher's Version

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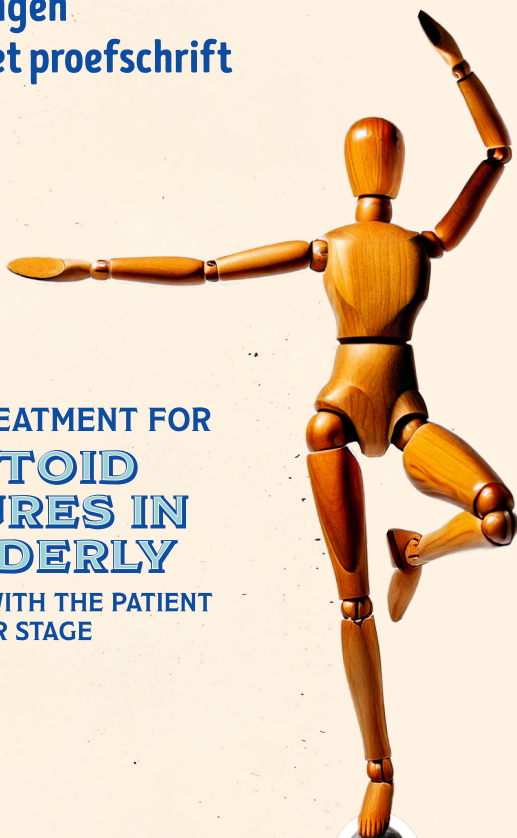
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Note: To cite this publication please use the final published version (if applicable).

**Stellingen
behorende bij het proefschrift**

**OPTIMIZING TREATMENT FOR
ODONTOID
FRACTURES IN
THE ELDERLY**

**A BALANCING ACT WITH THE PATIENT
AT CENTER STAGE**



1. **Acute surgical and initially conservative treatments for odontoid fractures in elderly patients lead to largely similar outcomes.**
- This thesis
2. **There appears to be no clear association between clinical outcome and fracture union after treatment for odontoid fractures in elderly patients.**
- This thesis
3. **Radiological outcomes do not clearly differ between “low-threshold” surgical and initially conservative treatment strategies for odontoid fractures in elderly patients.**
- This thesis
4. **Hounsfield units on baseline CT scans are not associated with fracture union after treatment for odontoid fractures in elderly patients.**
- This thesis
5. **Overly aggressive treatment for odontoid fractures in elderly patients may cause more harm than the injury itself.**
6. **Well-designed spinal studies often show that less aggressive treatments produce similar outcomes.**
7. **Clinicians may be critical of new developments but should avoid letting status quo bias hinder progress.**
8. **A well-executed multidisciplinary treatment benefits patients more than the sum of its individual interventions.**
9. **We possess an increasing abundance of information yet a persistent scarcity of wisdom.**
- Adapted from E.O. Wilson, 1999
10. **Resist being distracted by what you wish to believe.**
- Adapted from Bertrand Russell, 1959
11. **If we dwell on the quarrel between the past and present, we risk losing the future.**
- Adapted from Winston Churchill, 1940
12. **Do not go blindly where the path may lead, but venture where there is no path, and leave a trail.**
- Adapted from Muriel Strode, 1903