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In between and unseen: exploratory research into the characteristics of youth with severe and enduring mental health problems

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Curriculum Vitae

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Chanel Helena Bansema was born on August 4th, 1995, in Heerenveen, the Netherlands. She was raised in Groningen and completed her secondary education (VWO) at Zernike College in Haren. She finished her bachelor Philosophy and Psychology at the Rijksuniversiteit Groningen in 2018.

During her master Clinical Neuropsychology at Vrije Universiteit Amsterdam she did a research internship at Amsterdam Medical Center (department Psychiatry, transdiagnostic study) and a clinical internship at the Emma Children Hospital (Psychosocial department). She worked at Groei & Glunder Amsterdam providing ambulatory support for children and families with mental health problems. In addition, she worked as a research assistant at the Vrije Universiteit for the projects: Pain and cognition in Prader-Willi, Williams and Fragile X syndroms, and Reading with young children.

After obtaining her master's degree cum laude in 2020, she started as a PhD researcher at Leiden University Medical Center (LUMC) Curium (department child-and-adolescent psychiatry). During her PhD she also worked as a psychologist at LUMC Curium Oegstgeest and as a process supervisor at the Ketenbreed Leren project. In 2024, she worked as a psychologist at LUMC Curium Gouda. In the first half of 2025, she had a career break and moved to Stockholm Sweden. In the second half of 2025, she continued working at LUMC Curium as a psychologist and a senior researcher for the DREAMS Consortium.



Publications

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In this dissertation

Bansemá, C.H., Vermeiren, R.R.J.M., de Soet, R., van Ewijk, H., Nijland, L., & Nootboom, L.A. (2024). A systematic review exploring characteristics of youth with severe and enduring mental health problems (SEMHP). *European Child & Adolescent Psychiatry*, 33(5), 1313-1325.

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Other publications

De Soet, R., Vermeiren, R.R.J.M., Bansemá, C.H., Van Ewijk, H., Nijland, L., & Nootboom, L.A. (2024). Drop-out and ineffective treatment in youth with severe and enduring mental health problems: a systematic review. *European Child & Adolescent Psychiatry*, 33(10), 3305-3319.

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De Soet, R., Vermeiren, R.R.J.M., Bansemá, C.H., Van Ewijk, H., Nijland, L., Mulder, E.A. & Nootboom, L.A. (under review). Balancing Autonomy and Safety in Care for Youth with Severe and Enduring Mental Health Problems.

Spijk- de Jonge, M.J., Bansemá, C.H., Leloux-Opmeer, H., Vervoort-Schel, J., de Lange, M. (under review). Ketenbreed Lerén: aandacht gevraagd voor ingrijpende jeugdervaringen van uithuisgeplaatste jeugdigen en die van hun ouders.