



Universiteit
Leiden
The Netherlands

In between and unseen: exploratory research into the characteristics of youth with severe and enduring mental health problems

Bansema, C.H.

Citation

Bansema, C. H. (2025, November 14). *In between and unseen: exploratory research into the characteristics of youth with severe and enduring mental health problems*. Retrieved from <https://hdl.handle.net/1887/4283102>

Version: Publisher's Version

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/4283102>

Note: To cite this publication please use the final published version (if applicable).



Reference list

•

- Aas I. H. (2011). Guidelines for rating Global Assessment of Functioning (GAF). *Annals of general psychiatry*, 10, 2. <https://doi.org/10.1186/1744-859X-10-2>
- Afi, M. (2007). Gender differences in mental health. *Singapore Medical Journal*, 48(5), 385–391, ISSN: 00375675.
- Aftab, A., Joshi, Y., & Sewell, D. (2020). Conceptualizations of Mental Disorder at a US Academic Medical Center. *The Journal of nervous and mental disease*, 208(11), 848–856. <https://doi.org/10.1097/NMD.0000000000001227>
- Ahmed, S. K. (2024). The pillars of trustworthiness in qualitative research. *Journal of Medicine, Surgery, and Public Health*, 2. <https://doi.org/10.1016/j.glmedi.2024.100051>
- Algemene Rekenkamer. (2020). *Geen plek voor grote problemen*. Retrieved February 26, 2025, from <https://www.rekenkamer.nl/publicaties/rapporten/2020/06/25/geen-plek-voor-grote-problemen>
- American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders: DSM-5™ (5th ed.)*. American Psychiatric Publishing. <https://doi.org/10.1176/appi.books.9780890425596>
- Andrews, A., McCabe, M., & Wideman-Johnston, T. (2014). Mental health issues in the schools: are educators prepared?. *The Journal of Mental Health Training, Education and Practice*, 9(4), 261-272. <https://doi.org/10.1108/JMHTEP-11-2013-0034>
- Angold, A., & Costello, J.E. (2009). Nosology and measurement in child and adolescent psychiatry. *Journal of Child Psychology and Psychiatry*, 50(1-2), 9-15. <https://doi.org/10.1111/j.1469-7610.2008.01981.x>
- Anstey, K.J., & Hofer, S.M. (2004). Longitudinal Designs, Methods and Analysis in Psychiatric Research. *Australian & New Zealand Journal of Psychiatry*, 38(3), 93-104. <https://doi.org/10.1080/j.14401614.2004.01343.x>
- Aspers, P., & Corte, U. (2021). What is qualitative in research. *Qualitative Sociology*, 1-10. <https://doi.org/10.1007/s11133-021-09497-w>
- Association for Psychological Science (2024). Dueling diagnoses: When Mental health diagnoses clash. *APS Observer*. Retrieved January 21, 2025, from <https://www.psychologicalscience.org/observer/dueling-diagnoses>
- ATLAS.ti 9. (n.d.) *Qualitative data analysis software*. ATLAS.ti <https://atlasti.com>
- Baarda, B., Bakker, E., Fischer, T., Julsing, M., Peters, V., van der Velden, T., & de Goede, M. (2013). *Basisboek kwalitatief onderzoek: Handleiding voor het opzetten en uitvoeren van kwalitatief onderzoek*. Noordhoff Uitgevers. ISBN: 9789001807702
- Bansema, C. H., Vermeiren, R., de Soet, R., van Ewijk, H., Nijland, L., & Nootboom, L. A. (2024a). A systematic review exploring characteristics of youth with severe and enduring mental health problems (SEMHP). *European Child & Adolescent Psychiatry*, 33, 1313-1325. <https://doi.org/10.1007/s00787-023-02216-6>
- Bansema, C. H., Vermeiren, R. R. J. M., Nijland, L., de Soet, R., Roeleveld, J., van Ewijk, H., & Nootboom, L. A. (2024b). Towards identifying the characteristics of youth with severe and enduring mental health problems in practice: a qualitative study. *European Child & Adolescent Psychiatry*, 33, 2365-2375. <https://doi.org/10.1007/s00787-023-02325-2>
- Bartoli, F., Cavaleri, D., Moretti, F., Bachi, B., Calabrese, A., Callovi, T., Cioni, R. M., Riboldi, I., Naciovich, R., Crocamo, C., & Carrà, G. (2020). Pre-Discharge Predictors of 1-Year Rehospitalization in Adolescents and Young Adults with Severe Mental Disorders: A

- Retrospective Cohort Study. *Medicina*, 56(11), 613.
<https://doi.org/10.3390/medicina56110613>
- Baumeister, R. F. (1997). Esteem Threat, Self-Regulatory Breakdown, and Emotional Distress as Factors in Self-Defeating Behavior. *Review of General Psychology*, 1(2), 145-174.
<https://doi.org/10.1037/1089-2680.1.2.145>
- Bear, H. A., Dalzell, K., Edbrooke-Childs, J., Garland, L., & Wolpert, M. (2022). How to manage endings in unsuccessful therapy: A qualitative comparison of youth and clinician perspectives. *Psychotherapy research*, 32(2), 249-262. <https://doi.org/10.1080/10503307.2021.1921304>
- van Beek, A. (2013). Eigen Kracht-conferenties. *Tijdschrift voor praktijkondersteuning*, 8(6), 183-183.
<http://dx.doi.org/10.1007%2Fs12503-013-0105-6>
- de Beer, C.R., Van Domburg, L., Vermeieren, R.R., De Vreugd, M., & Nootboom, L.A. (2023). Improving collaboration between youth peer support workers and non-peer colleagues in child and adolescent mental health services. *Administration and Policy in Mental Health and Mental Health Services Research*, 50(5), 824-833.
<https://doi.org/10.1007/s10488-023-01286-4>
- de Beer, C. R. M., Nootboom, L. A., van Domburgh, L., de Vreugd, M., Schoones, J. W., & Vermeiren, R. R. J. M. (2024). Correction to: A systematic review exploring youth peer support for young people with mental health problems. *European Child & Adolescent Psychiatry*, 33(4), 1233. <https://doi.org/10.1007/s00787-023-02163-2>
- Becker-Weidman, E. G., Reinecke, M. A., Jacobs, R. H., Martinovich, Z., Silva, S. G., & March, J. S. (2009). Predictors of hopelessness among clinically depressed youth. *Behavioural and cognitive psychotherapy*, 37(3), 267-291. <https://doi.org/10.1017/S1352465809005207>
- Being. (n.d.). Mapping youth mental health landscapes: Local insights from 13 countries. Being Initiative. Retrieved June 24, 2025, from <https://being-initiative.org/reports/mapping-youth-mental-health-landscapes-local-insights-from-13-countries/>
- Bell, I. H., Nicholas, J., Broomhall, A., Bailey, E., Bendall, S., Boland, A., Robinson, J., Adams, S., McGorry, P., & Thompson, A. (2023). The impact of COVID-19 on youth mental health: A mixed methods survey. *Psychiatry Research*, 321.
<https://doi.org/10.1016/j.psychres.2023.115082>
- Benjamini, Y., & Hochberg, Y. (1995). Controlling the False Discovery Rate: A Practical and Powerful Approach to Multiple Testing. *Journal of Royal Statistical Society Series*, 57(1), 289-300.
<https://doi.org/10.1111/j.2517-6161.1995.tb02031.x>
- van den Berg, D., de Boer, F., Bos, J. H., Driessen, J., Glas, G., Goekoop, R., Mulder, A., Nahon, Z., Ogier, F., Verhaar, M., Velders, E., & Voerman, S. (2024). *Patterns of life* (Version 1.1). Parnassia Groep, Mark van der Gaag Research Centre (MRC), TOP GGZ EDIT, VU Amsterdam, TU Delft & Redesigning Psychiatry. Retrieved March 31, 2025, from <http://www.patternsoflife.nl>
- Berona, J., Horwitz, A. G., Czyz, E. K., & King, C. A. (2017). Psychopathology profiles of acutely suicidal adolescents: Associations with post-discharge suicide attempts and rehospitalization, *Journal of affective disorders*, 209, 97-104. <https://doi.org/10.1016/j.jad.2016.10.036>
- Bevington, D., Fuggle, P., & Fonagy, P. (2015). Applying attachment theory to effective practice with hard-to-reach youth: the AMBIT approach. *Attachment & Human Development*, 17(2), 157-174. <https://doi.org/10.1080/14616734.2015.1006385>
- Bielas, H., Barra, S., Skrivanek, C., Aebi, M., Steinhausen, H. C., Bessler, C., & Plattner, B. (2016). The

•

- associations of cumulative adverse childhood experiences and irritability with mental disorders in detained male adolescent offenders. *Child and Adolescent Psychiatry and Mental Health*, 10, 34. <https://doi.org/10.1186/s13034-016-0122-7>
- Biesta, G. J., & van Braak, M. (2023). Beyond the medical model: thinking differently about medical education and medical education research. *Helping a Field See Itself*, CRC Press, 9-16.
- Birt, L., Scott, S., Cavers, D., Campbell, C., & Walter, F. (2016). Member checking: a tool to enhance trustworthiness or merely a nod to validation?. *Qualitative health research*, 26(13), 1802-1811. <https://doi.org/10.1177/1049732316654870>
- Bjønness, S., Grønnestad, T., & Storm, M. (2020). I'm not a diagnosis: Adolescents' perspectives on User participation and shared decision-making in mental healthcare. *Scandinavian Journal of Child and Adolescent Psychiatry and Psychology*, 8, 139–148. <https://doi.org/10.21307/sjcapp-2020-014>
- Bolton, D., & Gillett, G. (2019). *The Biopsychosocial Model of Health and Disease: New Philosophical and Scientific Developments*. Palgrave Pivot. https://doi.org/10.1007/978-3-030-11899-0_1
- Bonnie, R. J., Backes, E. P., Alegria, M., Diaz, A., & Brindis, C. D. (2019). Fulfilling the Promise of Adolescence: Realizing Opportunity for All Youth. *The Journal of adolescent health*, 65(4), 440–442. <https://doi.org/10.1016/j.jadohealth.2019.07.018>
- van Bon-Martens, M., Kleinjan, M., Hipple Walters, B., Shields-Zeeman, L., & Van den Brink, C. (2022). [Factsheet]. Trimbos Instituut. Retrieved February 26, 2025, from <https://www.trimbos.nl/aanbod.webwinkel/af1979-delphistudie-definitie-mentale-gezondheid/>
- Boszormenyi-Nagy, I., & Ulrich, D. (1981). Contextual family therapy. In A. S. Gurman & D. P. Kniskern (Eds.), *Handbook of family therapy*, 159–187.
- Boszormenyi-Nagy, I., & Spark, G. M. (1984). *Invisible loyalties: Reciprocity in intergenerational family therapy*.
- Bradbury-Jones, C., Sambrook, S., & Irvine, F. (2009). The phenomenological focus group: an oxymoron?. *Journal of advanced nursing*, 65(3), 663-671. <https://doi.org/10.1111/j.1365-2648.2008.04922.x>
- Braun, V., & Clarke, V. (2006). Using thematic analysis in psychology. *Qualitative Research in Psychology*, 3(2), 77–101. <https://doi.org/10.1191/1478088706qp063oa>
- Braun, V., & Clarke, V. (2019). Reflecting on reflexive thematic analysis. *Qualitative research in sport, exercise and health*, 11(4), 589-597. <https://doi.org/10.1080/2159676X.2019.1628806>
- Braun, V., & Clarke, V. (2020). One size fits all? What counts as quality practice in (reflexive) thematic analysis?. *Qualitative Research in Psychology*, 18(3), 328–352. <https://doi.org/10.1080/14780887.2020.1769238>
- Brenner, M., Kidston, C., Hilliard, C., Coyne, I., Eustace-Cook, J., Doyle, C., & Barrett, M. J. (2018). Children's complex care needs: a systematic concept analysis of multidisciplinary language. *European Journal of Pediatrics*, 177, 1641-1652. <https://doi.org/10.1007/s00431-018-3216-9>
- Broersen, M., Frieswijk, N., Kroon, H., Vermulst, A. A., & Creemers, D.H.M. (2020). Young Patients With Persistent and Complex Care Needs Require an Integrated Care Approach: Baseline Findings From the Multicenter Youth Flexible ACT Study. *Frontiers in Psychiatry*, 11. <https://doi.org/10.3389/fpsy.2020.609120>
- Bronfenbrenner, U. (1979). *The ecology of human development: Experiments by nature and design*.

- Harvard University Press.
- Bronfenbrenner, U. (1994). Ecological models of human development. *International Encyclopedia of Education*. 3. Elsevier.
- Bronfenbrenner, U., & Morris, P.A. (1998). The ecology of developmental processes. In W. Damon & R.M. Lerner (Eds.), *Handbook of child psychology, 1. Theoretical models of human development* (5th ed., pp. 993-1028). John Wiley & Sons.
- Burger, T.J., van Eck, R.M., Lachmeijer, M., de Wilde-Schutten, K.R.G., Lansen, M., van Alphen, C., van Haasteren, Groen, K., Schirmbeck, F., Veilinga, A., Kikkert, M.J., Dekker, J., de Haan, L., & de Koning, M.B. (2024). Perspective matters in recovery: the views of persons with severe mental illness, family and mental health professionals on collaboration during recovery, a qualitative study. *BMC Psychiatry*. 24, 802. <https://doi.org/10.1186/s12888-024-06198-w>
- Bussemaker, J., Bogaerts, G., Dannenberg, E., van Eijck, J., Scheepers, F., Hilhorst, P., Ismaili M'hamdi, H., Kraaij-Dirkzwager, M., Ouwehand, A., van der Steen, M., & Driessen, S. (2023). *Reform agenda youth 2023-2028. Raad voor Volksgezondheid & Samenleving*. Retrieved January 28, 2025, from <https://www.raadrsv.nl>
- Byrne, D. (2022). A worked example of Braun and Clarke's approach to reflexive thematic analysis. *Qualitative Quantity*, 56(5), 1391–1412. <https://doi.org/10.1007/s11135-021-01182-y>
- Bühren, K., Schwarte, R., Fluck, F., Timmesfeld, N., Krei, M., Egberts, K., Pfeiffer, E., Fleischhaker, C., Wewetzer, C., & Herpertz-Dahlmann, B. (2014). Comorbid psychiatric disorders in female adolescents with first-onset anorexia nervosa. *European eating disorders review*, 22(1), 39–44. <https://doi.org/10.1002/erv.2254>
- Canada, V.A. (2021). New MHA report calls attention to youth MH crisis in schools, *Mental Health Weekly*, 31(30), 3-4. <https://doi.org/10.1002/mhw.32891>
- Carminati, L. (2018). Generalizability in Qualitative Research: A Tale of Two Traditions, *Qualitative health research*, 28(13), 2094–2101. <https://doi.org/10.1177/1049732318788379>
- Carter, N., Bryant-Lukosius, D., DiCenso, A., Blythe, J., & Neville, A.J. (2014). The use of triangulation in qualitative research. *Oncology nursing forum*, 41(5), 545–547. <https://doi.org/10.1188/14.ONF.545-547>
- Caspi, A., Houts, R.M., Belsky, D.W., Goldman-Mellor, S. J., Harrington, H., Israel, S., Meier, M. H., Ramrakha, S., Shalev, I., Poulton, R., & Moffitt, T.E. (2014). The p Factor: One General Psychopathology Factor in the Structure of Psychiatric Disorders?. *Clinical psychological science*, 2(2), 119–137. <https://doi.org/10.1177/2167702613497473>
- Caspi, A., & Moffitt, T.E. (2018). All for One and One for All: Mental Disorders in One Dimension. *The American journal of psychiatry*, 175(9), 831–844. <https://doi.org/10.1176/appi.ajp.2018.17121383>
- Castle, D.D., Hawke, L., Henderson, J., Husain, M.O., Lusicic, A., Szatmari, P. (2022). Complex Interventions For Youth Mental Health: A way Forward. *The Canadian Journal of Psychiatry*. 67(10):755-757. <https://doi.org/10.1177/07067437221093396>
- Castor EDC. (2022). Castor electronic data capture (EDC) software [software]. Amsterdam: Castor.
- Casula, M., Rangarajan, N. & Shields, P. (2021). The potential of working hypotheses for deductive exploratory research. *Quality & Quantity*, 55, 1703–1725. <https://doi.org/10.1007/s11135-020-01072-9>
- Chadda R.K. (2018). Youth & mental health: Challenges ahead. *The Indian journal of medical research*, 148(4), 359–361. https://doi.org/10.4103/ijmr.IJMR_1585_18
- Chan, Y.F., Dennis, M.L., & Funk, R.R. (2008). Prevalence and comorbidity of major internalizing and

•

- externalizing problems among adolescents and adults presenting to substance abuse treatment. *Journal of substance abuse treatment*, 34(1), 14–24.
<https://doi.org/10.1016/j.jsat.2006.12.031>
- Chang, H., Huang, K., & Wu, C. (2006). Determination of sample size in using central limit theorem for weibull distribution. *International journal of information and management sciences*, 17, 31–46.
- Chao, Y. S., Wu, H.T., Scutari, M., Chen, T.S., Wu, C. J., Durand, M., & Boivin, A. (2017). A network perspective on patient experiences and health status: the Medical Expenditure Panel Survey 2004 to 2011. *BMC Health Services Research*, 17(1), 579.
<https://doi.org/10.1186/s12913-017-2496-5>
- Chao, Y.S., Wu, C.J., Lai, Y. C., Hsu, H.T., Cheng, Y.P., Wu, H.C., Huang, S.Y., & Chen, W.C. (2022). Why Mental Illness Diagnoses Are Wrong: A Pilot Study on the Perspectives of the Public. *Frontiers in Psychiatry*, 13, 860487. <https://doi.org/10.3389/fpsyt.2022.860487>
- Chapman, L. (2020). “Don’t treat autistic people like they’re the problem, because we’re not!”: An exploration of what underpins the relationship between masking and mental health for autistic teenagers [dissertation]. University College London
- Charlton, J.I. (1998). *Nothing about us without us: Disability oppression and empowerment*. University of California Press.
- Choy, L. T. (2014). The strengths and weaknesses of research methodology: Comparison and complimentary between qualitative and quantitative approaches. *IOSR journal of humanities and social science*, 19(4), 99-104. <http://dx.doi.org/10.9790/0837-194399104>
- Ciao, A.C., Accurso, E. C., Fitzsimmons-Craft, E.E., Lock, J., & Le Grange, D. (2015). Family functioning in two treatments for adolescent anorexia nervosa. *The International journal of eating disorders*, 48(1), 81–90. <https://doi.org/10.1002/eat.22314>
- Cirasola, A., Szegedi, D., Fonagy, P., & Midgley, N. (2024). “You can’t really have a relationship with them because they just ask you questions”: understanding adolescent dropout—an empirical single case study. *Frontiers in Psychology*, 15, 1381901.
<https://doi.org/10.3389/fpsyg.2024.1381901>
- Clark, L. A., Cuthbert, B., Lewis-Fernández, R., Narrow, W.E., & Reed, G.M. (2017). Three Approaches to Understanding and Classifying Mental Disorder: ICD-11, DSM-5, and the National Institute of Mental Health's Research Domain Criteria (RDoC). *Psychological Science in the Public Interest*, 18(2), 72–145. <https://doi.org/10.1177/1529100617727266>
- Clarke, V., Braun, V., Adams, J., Callaghan, J.E.M., LaMarre, A., & Semlyen, J. (2025). “Being really wrong”: Qualitative researchers’ experiences of methodologically incongruent peer review feedback. *Qualitative Psychology*, 12(1), 7–24. <https://doi.org/10.1037/qup0000322>
- Coffey, C., Veit, F., Wolfe, R., Cini, E., & Patton, G.C. (2003). Mortality in young offenders: retrospective cohort study. *BMJ (Clinical research ed.)*, 326(7398), 1064.
<https://doi.org/10.1136/bmj.326.7398.1064>
- Colizzi, M., Lasalvia, A., & Ruggeri, M. (2020). Prevention and early intervention in youth mental health: is it time for a multidisciplinary and trans-diagnostic model for care?. *International journal of mental health systems*, 14, 23. <https://doi.org/10.1186/s13033-020-00356-9>
- Concannon, T. W., Grant, S., Welch, V., Petkovic, J., Selby, J., Crowe, S., Synnot, A., Greer-Smith, R., Mayo Wilson, E., Tambor, E., Tugwell, P., & Multi Stakeholder Engagement (MuSE) Consortium (2019). Practical Guidance for Involving Stakeholders in Health Research. *Journal of general internal medicine*, 34(3), 458–463. <https://doi.org/10.1007/s11606-018-4738-6>

- Conway, K. P., Swendsen, J., Husky, M.M., He, J.P., & Merikangas, K.R. (2016). Association of Lifetime Mental Disorders and Subsequent Alcohol and Illicit Drug Use: Results From the National Comorbidity Survey-Adolescent Supplement. *Journal of the American Academy of Child and Adolescent Psychiatry*, 55(4), 280–288.
<https://doi.org/10.1016/j.jaac.2016.01.006>
- Coppock, V. (2005). Chapter 16: ‘Mad’, ‘bad’ or misunderstood?”. In *Child welfare and social policy* (pp.233-250). Policy Press. <https://doi.org/10.51952/9781447342410.ch016>
- Cornish, F., Breton, N., Moreno-Tabarez, U., Delgado, J., Rua, M., de-Graft Aikins, A., & Hodgetts, D. (2023). Participatory action research. *Nature Reviews*, 3(1), 34.
<https://doi.org/10.1038/s43586-023-00214-1>
- Craddock, N., & Mynors-Wallis, L. (2014). Psychiatric diagnosis: impersonal, imperfect and important. *The British Journal of Psychiatry*, 204(2), 93–95.
<https://doi.org/10.1192/bjp.bp.113.133090>
- Creswell, J. W., Plano Clark, V. L. (2017). *Designing and conducting mixed methods research*, SAGE Publications.
- Critical Appraisal Skills Programme (2022). CASP (Randomised Controlled Trial) Checklist. [online]
- Critical Appraisal Skills Programme (2022). CASP (Case Control Study) Checklist. [online]
- Crockett, E. E., Pollmann, M. M., & Olvera, A. P. (2022). You just don’t get it: The impact of misunderstanding on psychological and physiological health. *Journal of Social and Personal Relationships*, 39(9), 2847-2868. <https://doi.org/10.1177/02654075221089903>
- Croskerry, P. (2003). The Importance of Cognitive Errors in Diagnosis and Strategies to Minimize Them. *Academic Medicine*, 78(8), 775-780. Retrieved April 17, 2023, from https://journals.lww.com/academicmedicine/Fulltext/2003/08000/The_Importance_of_Cognitive_Errors_in_Diagnosis.3.aspx
- Cullen, M., & Brennan, N. (2021). Grounded Theory: Description, Divergences and Application. *Accounting, Finance, & Governance Review*, 27. <https://doi.org/10.52399/001c.22173>
- Cunningham, E., Jamieson-MacKenzie, I., McMellon, C., McCallin, M., Eltraifi, M., Smith, L., & Hepburn, K. (2024). “Don’t tell me how to tell my story”: Exploring young people’s perceptions around what it means to ‘feel (mis) understood’ by adults in supporting roles. *Children and Youth Services Review*, 156, 107361.
<https://doi.org/10.1016/j.childyouth.2023.107361>
- Danielson, M., Månsdotter, A., Fransson, E., Dalsgaard, S., & Larsson, J.O. (2019). Clinicians’ attitudes toward standardized assessment and diagnosis within child and adolescent psychiatry. *Child and adolescent psychiatry and mental health*, 13, 1-13.
<https://doi.org/10.1186/s13034-019-0269-0>
- Darcy, L., Råberus, A., & Sundler, A.J. (2024). A qualitative analysis of child and family complaints related to child mental health services. *Journal of Child and Adolescent Psychiatric Nursing*, 37(1). <https://doi.org/10.1111/jcap.12436>
- Darling Rasmussen, P. (2023). 'I was never broken-I just don't fit in this world.' A case report series of misdiagnosed women with higher functioning ASD. *Nordic Journal of Psychiatry*, 77(4), 352–359. <https://doi.org/10.1080/08039488.2022.2112973>
- Davis, M. (2003). Addressing the needs of youth in transition to adulthood. *Administration and Policy in Mental Health and Mental Health Services Research*, 30, 495-509.
<https://doi.org/10.1023/A:1025027117827>
- De Carvalho, J., & Chima, F.O. (2014). Applications of structural equation modeling in social sciences

•

- research. *American International Journal of Contemporary Research*, 4(1), 6-11.
<https://doi.org/10.1108/jamr-05-2015-0037>
- Decoene, S., Danckaerts, M., Vandevelde, S., & Vanderplasschen, W. (2018). *GEBLOKKEERDE ONTWIKKELINGSTRAJECTEN BIJ JONGEREN: BEHEERSEN, INTERVENIËREN, VOORKOMEN: Verbeternota 14 juli 2018*. Retrieved March 28, 2023, from https://jongerenwelzijn.be/professionelen/assets/docs/jeugdhulpaanbieders/publicaties/rapport_geblokkeerde_ontwikkelingstrajecten_geredigeerd.pdf
- Delespaul, P. H., & de consensusgroep EPA (2013). Consensus over de definitie van mensen met een ernstige psychische aandoening (EPA) en hun aantal in Nederland [Consensus regarding the definition of persons with severe mental illness and the number of such persons in the Netherlands]. *Tijdschrift voor psychiatrie*, 55(6), 427–438.
- Delespaul, P. H. (2019). Graag meer onderzoek naar ernstige psychische aandoeningen. *Tijdschrift voor Psychiatrie*, 443-444.
- Delgadillo, J., Saxon, D., & Barkham, M. (2018). Associations between therapists' occupational burnout and their patients' depression and anxiety treatment outcomes. *Depression and Anxiety*, 35(9), 844-850. <https://doi.org/10.1002/da.22766>
- De Los Reyes, A., Talbott, E., Power, T. J., Michel, J.J., Cook, C.R., Racz, S.J., & Fitzpatrick, O. (2022). The Needs-to-Goals Gap: How informant discrepancies in youth mental health assessments impact service delivery. *Clinical Psychology Review*, 92.
<https://doi.org/10.1016/j.cpr.2022.102114>
- Dimitrova, R., Chasiotis, A., & van de Vijver, F. (2016). Adjustment outcomes of immigrant children and youth in Europe: A meta-analysis. *European Psychologist*, 21(2), 150–162.
<https://doi.org/10.1027/1016-9040/a000246>
- van Dorsselaer, I., Ackaert, L., Cnudde, H., Schoevaerts, I., van Rumst, S., & Vrijens, C. (2021). Gewoon Complex. Jongeren met complexe problematiek en hun ouders en professionals aan het woord. *Kinderrechtencommissariaat*. Retrieved March 28, 2023, from <https://www.vlaanderen.be/publicaties/gewoon-complex-jongeren-met-complexe-problematieken-en-hun-ouders-en-professionals-aan-het-woord#:~:text=zoeken-,Gewoon%20complex.%20Jongeren%20met%20complexe%20problematieken%20en%20hun%20ouders%20en%20professionals%20aan%20het%20woord,-Gedaan%20met%20laden>
- DREAMS (n.d.) *DREAMS study*. Retrieved January 28, 2025, from <https://www.dreams-study.nl/>
- Ehrenreich, J. T., Santucci, L. C., & Weiner, C.L. (2008). Separation anxiety disorder in youth: phenomenology, assessment, and treatment. *Behavioral Psychology/Psychologia Conductual*, 16(3), 389–412. <https://doi.org/10.1901/jaba.2008.16-389>
- Engel G. L. (1977). The need for a new medical model: a challenge for biomedicine. *Science*, 196(4286), 129–136. <https://doi.org/10.1126/science.847460>
- Erikson, E. (1959). *Identity and the life cycle*. International Universities Press.
- Esposito, C., Spirito, A., Boergers, J., & Donaldson, D. (2003). Affective, behavioral, and cognitive functioning in adolescents with multiple suicide attempts. *Suicide & life-threatening behavior*, 33(4), 389–399. <https://doi.org/10.1521/suli.33.4.389.25231>
- Finlay, L. (2014). Five lenses for the reflexive interviewer. In *The SAGE handbook of interview research: The complexity of the craft* (pp.377-391). SAGE publications, Inc.
- Fischer, K., Tieskens, J.M., Luijten, M.A.J., Zijlmans, J., van Oers, H.A., de Groot, R., van der Doelen, D., van Ewijk, H., Klip, H., van der Lans, R.M., De Meyer, R., van der Mheen, M., van Muilekom, M.M., Hyun Ruisch, I., Teela, L., van den Berg, G., Bruining, H., van der Rijken, R.,

- Buitelaar, J., Hoekstra, P. J., & Popma, A. (2023). Internalizing problems before and during the COVID-19 pandemic in independent samples of Dutch children and adolescents with and without pre-existing mental health problems. *European Child & Adolescent Psychiatry*, 32(10), 1873–1883. <https://doi.org/10.1007/s00787-022-01991-y>
- Fleet, D., Burton, A., Reeves, A., & DasGupta, M.P. (2016). A case for taking the dual role of Counsellor researcher in qualitative research. *Qualitative Research in Psychology*, 13(4), 328–346. <https://doi.org/10.1080/14780887.2016.1205694>
- Fonagy, P., & Allison, E. (2014). The role of mentalizing and epistemic trust in the therapeutic relationship. *Psychotherapy*, 51(3), 372–380. <https://doi.org/10.1037/a0036505>
- Fonagy, P., Campbell, C., Constantinou, M., Higgitt, A., Allison, E., & Luyten, P. (2022). Culture and psychopathology: An attempt at reconsidering the role of social learning. *Development and psychopathology*, 34(4), 1205–1220. <https://doi.org/10.1017/S0954579421000092>
- Forkmann, T., Glaesmer, H., Paashaus, L., Rath, D., Schönfelder, A., Stengler, K., Juckel, G., Assion, H. J., & Teismann, T. (2020). Interpersonal theory of suicide: prospective examination. *BJPsychology open*, 6(5), 113. <https://doi.org/10.1192/bjo.2020.93>
- Fosbenner, S., & Al-Mateen, C. (2019). Challenges faced by transitional-age youth with mental health concerns. *American Psychiatric Association*. Retrieved December 1, 2024, from <https://www.psychiatry.org/news-room/apa-blogs/challenges-transitional-age-youth-with-mh-concerns>
- Friedman, B., & Allen, K. (2014). *Systems theory* (pp. 3–20). In B. Friedman & K. Allen (Eds.). <https://doi.org/10.13140/2.1.1132.9281>
- Furukawa, T. A., Noma, H., Caldwell, D. M., Honyashiki, M., Shinohara, K., Imai, H., Chen, P., Hunot, V., & Churchill, R. (2014). Waiting list may be a placebo condition in psychotherapy trials: a contribution from network meta-analysis. *Acta Psychiatrica Scandinavica*, 130(3), 181–192. <https://doi.org/10.1111/acps.12275>
- Gallant, C., & Good, D. (2023). Mental health complexity among children and youth: Current conceptualizations and future directions. *Canadian Journal of Community Mental Health*, 42(3), 1–12.
- Gao, C. X., Telford, N., Fila, K. M., Mensink, J. M., Albrecht, S., McGorry, P. D., Hamilton, M., Wang, M., Gan, D., Dwyer, D., Prober, S., Zbukvic, I., Ziou, M., Cotton, S. M., & Rickwood, D. J. (2024). Capturing the clinical complexity in young people presenting to primary mental health services: a data-driven approach. *Epidemiology and Psychiatric Sciences*. 33. <https://doi.org/10.1017/S2045796024000386>
- Garand, L., Lingler, J. H., Conner, K. O., & Dew, M. A. (2009). Diagnostic labels, stigma, and participation in research related to dementia and mild cognitive impairment. *Research in Gerontological Nursing*, 2(2), 112–121. <https://doi.org/10.3928/19404921-20090401-04>
- Gattamorta, K. A., Mena, M. P., Ainsley, J. B., & Santisteban, D. A. (2017). The Comorbidity of Psychiatric and Substance Use Disorders Among Hispanic Adolescents. *Journal of dual diagnosis*, 13(4), 254–263. <https://doi.org/10.1080/15504263.2017.1343965>
- Geertz, C. (2008). Thick description: Toward an interpretive theory of culture. In *The cultural geography reader*. 41–51. Routledge. eISBN: 9780203931950
- Georgiades, K., Paksarian, D., Rudolph, K.E., & Merikangas, K.R. (2018). Prevalence of Mental Disorder and Service Use by Immigrant Generation and Race/Ethnicity Among U.S. Adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 57(4), 280–287.e2. <https://doi.org/10.1016/j.jaac.2018.01.020>
- Gerdner, A., & Håkansson, A. (2022). Prevalence and comorbidity in a Swedish adolescent

- community sample - gambling, gaming, substance use, and other psychiatric disorders. *BMC psychiatry*, 22(1), 594. <https://doi.org/10.1186/s12888-022-04218-1>
- Gershoff, E.T. (2002). Corporal punishment by parents and associated child behaviors and experiences: a meta-analytic and theoretical review. *Psychological Bulletin*, 128(4), 539–579. <https://doi.org/10.1037/0033-2909.128.4.539>
- GGD GHOR. (2021, September 7). Ruim helpt jongvolwassenen ervaart psychische klachten. *GGD GHOR Nederland*. Retrieved December 1, 2024, from <https://ggdghor.nl/actueel-bericht/ruim-helpt-jongvolwassenen-ervaart-psychische-klachten/>
- Gilboa-Schechtman E. (2024). Case Conceptualization in Clinical Practice and Training. *Clinical psychology in Europe*, 6. <https://doi.org/10.32872/cpe.12103>
- de Girolamo, G., Dagani, J., Purcell, R., Cocchi, A., & McGorry, P. D. (2012). Age of onset of mental disorders and use of mental health services: needs, opportunities and obstacles. *Epidemiology and Psychiatric Sciences*, 21(1), 47–57. <https://doi.org/10.1017/S2045796011000746>
- Glaser, B.G., & Strauss, A.L. (1994). Grounded Theory Methodology: An Overview. *Handbook of Qualitative Research London, Sage Publications*, 237–285.
- Glaser, B.G., & Strauss, A.L. (2017). *Discovery of Grounded Theory: Strategies for Qualitative Research*. Routledge. <https://doi.org/10.4324/9780203793206>
- Goldberg, D.P., & Huxley, P. (1992). *Common mental disorders: A bio-social Model*. Tavistock/Routledge.
- Goncalves, R., Marques, M., Cartaxo, T., & Santos, V. (2020). Hard routes of mental health in Portugal: what can we offer to an adolescent with serious mental illness and multiple social risk factors?. *BMJ case reports*, 13(4). <https://doi.org/10.1136/bcr-2018-229120>
- Green, L.W. (2008). Making research relevant: if it is an evidence-based practice, where's the practice-based evidence?. *Family Practice*, 25(1). <https://doi.org/10.1093/fampra/cmn055>
- Gross, V., & Goldin, J. (2008). Dynamics and dilemmas in working with families in Inpatient CAMH Services. *Clinical Child Psychology and Psychiatry*, 13(3), 449–461. <https://doi.org/10.1177/1359104507088350>
- Göbel, K., Ortelbach, N., Cöhrdes, C., Baumgarten, F., Meyrose, A. K., Ravens-Sieberger, U., & Scheithauer, H. (2022). Co-occurrence, stability and manifestation of child and adolescent mental health problems: a latent transition analysis. *BMC psychology*, 10(1), 267. <https://doi.org/10.1186/s40359-022-00969-4>
- Haine-Schlagel, R., & Walsh, N.E. (2015). A review of parent participation engagement in child and family mental health treatment. *Clinical child and family psychology review*, 18(2), 133–150. <https://doi.org/10.1007/s10567-015-0182-x>
- Hall R. C. (1995). Global assessment of functioning. A modified scale. *Psychosomatics*, 36(3), 267–275. [https://doi.org/10.1016/S0033-3182\(95\)71666-8](https://doi.org/10.1016/S0033-3182(95)71666-8)
- Haley, W.E., & Elayoubi, J. (2024). Family caregiving as a global and lifespan public health issue. *The Lancet Public Health*, 9 (1). [https://doi.org/10.1016/S2466-2667\(23\)00302-5](https://doi.org/10.1016/S2466-2667(23)00302-5)
- Harris, K.M., & McDade, T.W. (2018). The Biosocial Approach to Human Development, Behavior, and Health Across the Life Course. *The Russell Sage Foundation journal of the social sciences*, 4(4), 2–26. <https://doi.org/10.7758/RSF.2018.4.4.01>
- Hawley, K. M., & Weisz, J. R. (2003). Child, parent, and therapist (dis)agreement on target problems in outpatient therapy: the therapist's dilemma and its implications. *Journal of Consulting and Clinical Psychology*, 71(1), 62–70. <https://doi.org/10.1037//0022-006x.71.1.62>

- Hayden, N., Bradshaw, J., Hayward, S., Murphy, J., Boa, S., Eden, V., Alm, N., Pampoulou, E., & Mischo, S. (2024). A narrative review on analysing and reporting research conducted using Talking Mats®, an inclusive communication tool. *Technology and Disability*, 36(3), 69-84. <https://doi.org/10.3233/TAD-230024>
- van der Heijden, P.T., Hendriks, M.P.H., Witteman, C.L.M. & Egger, J.I.M. (2020). Transdiagnostische modellen voor de diagnostiek van psychische stoornissen: implicaties voor de psychologen opleiding. *De Psycholoog*, 55, 10-22.
- Hengeveld, M.W., & Schudel, W.J. (2003). *Het psychiatrisch onderzoek* (3th ed.). De Tijdstroom.
- Hennink, M., & Kaiser, B.N. (2022). Sample sizes for saturation in qualitative research: A systematic review of empirical tests. *Social science & medicine*, 292, 114523.
- Hermann, V., Durbeek, N., Karlsson, A., & Sarkadi, A. (2022). Feeling mentally unwell is the “new normal”. A qualitative study on adolescents’ views of mental health problems and related stigma. *Children Youth Services Review*, 143. <https://doi.org/10.1016/j.childyouth.2022.106660>
- Herpers, P., Neumann, J., & Staal, W. (2020). Suicidality in adolescents with therapy refractory internalising behaviour, *Tijdschrift voor psychiatrie*, 62(4), 283. PMID: 32388850
- Hilderink, H.B.M., & Verschuuren, M. (2018). Volksgezondheid Toekomst Verkenning 2018: Een gezond vooruitzicht, *Synthese*.
- Hirota, T., Paksarian, D., He, J.P., Inoue, S., Stapp, E.K., Van Meter, A., & Merikangas, K.R. (2022). Associations of Social Capital with Mental Disorder Prevalence, Severity, and Comorbidity among U.S. Adolescents, *Journal of clinical child and adolescent psychology, American Psychological Association*, 51(6), 970–981. <https://doi.org/10.1080/15374416.2021.1875326>
- Hoagwood, K., Burns, B. J., Kiser, L., Ringeisen, H., & Schoenwald, S.K. (2001). Evidence-based practice in child and adolescent mental health services. *Psychiatric services*, 52(9), 1179-1189. <https://doi.org/10.1176/appi.ps.52.9.1179>
- Hoeve, M., McReynolds, L. S., & Wasserman, G. A. (2015). Comorbid internalizing and disruptive behavior disorder in adolescents: Offending, trauma, and clinical characteristics. *Criminal Justice and Behavior*, 42(8), 840–855. <https://doi.org/10.1177/0093854814560766>
- Huda, A. S. (2021). The medical model and its application in mental health. *International Review of Psychiatry*, 33(5), 463–470. <https://doi.org/10.1080/09540261.2020.1845125>
- van Hulst, B. M., Groen-Blokhuis, M. M., de Ridder, B., & Dekkers, T. J. (2025). Commentary: Are we over pathologising young people's mental health? Locked inside our own building - on disorderism and the need to deflate our language. *Child and Adolescent Mental Health*, online publication. <https://doi.org/10.1111/camh.70028>
- Häberling, I., Baumgartner, N., Emery, S., Keller, P., Strumberger, M., Nalani, K., Schmeck, K., Erb, S., Bachmann, S., Wöckel, L., Müller-Knapp, U., Contin-Waldvogel, B., Rhiner, B., Walitza, S., & Berger, G. (2019). Anxious depression as a clinically relevant subtype of pediatric major depressive disorder. *Journal of neural transmission*, 126(9), 1217–1230. <https://doi.org/10.1007/s00702-019-02069-x>
- IBM Corp. (2022). IBM SPSS Statistics for Windows, Version 29.0 [Computer software]. IBM Corp.
- Insel T. R. (2009). Translating scientific opportunity into public health impact: a strategic plan for research on mental illness. *Archives of general psychiatry*, 66(2), 128–133. <https://doi.org/10.1001/archgenpsychiatry.2008.540>
- Inspectie Gezondheidszorg en Jeugd (IGJ). (2021). *Onvoldoende tijdige hulp voor jongeren*

- met ernstige psychiatrische problemen. Retrieved December 1, 2024, from [https://www.igj.nl/publicaties/2021/03/15/\[specifieke-pagina\]](https://www.igj.nl/publicaties/2021/03/15/[specifieke-pagina])
- Inspectie Gezondheidszorg en Jeugd. (2021). Onvoldoende, tijdige en juiste hulp voor jongeren met ernstige psychische problemen [Factsheet]. Inspectie Gezondheidszorg en Jeugd. Retrieved February 26, 2025, from <https://www.igj.nl/publicaties/publicaties/2021/03/15/factsheet-onvoldoende-tijdige-en-juiste-hulp-voor-jongeren-met-ernstige-psychische-problemen>
- Jamie, K., & Rathbone, A. P. (2022). Using theory and reflexivity to preserve methodological rigour of Data collection in qualitative research. *Research Methods in Medicine & Health Sciences*, 3(1), 11-21.
- Javadi, M., & Zarea, K. (2016). Understanding thematic analysis and its pitfall. *Journal of client care*, 1(1), 33-39. <http://dx.doi.org/10.15412/J.JCC.02010107>
- Joanna Briggs Institute (2020) The Joanna Briggs Institute Critical Appraisal tools for use in JBI Systematic Reviews, Checklist. [online]
- Johansson, A., Andershed, B., & Anderzen-Carlsson, A. (2014). Conceptions of mental health care from the perspective of parents' of adult children suffering from mental illness. *Scandinavian journal of caring sciences*, 28(3), 496-504. <https://doi.org/10.1111/scs.12074>
- Johnson, J. G., Cohen, P., Kasen, S., Smailes, E., & Brook, J. S. (2001). Association of maladaptive parental behavior with psychiatric disorder among parents and their offspring. *Archives of General Psychiatry*, 58(5), 453-460. <https://doi.org/10.1001/archpsyc.58.5.453>
- Jones, L. (2002). An individual case formulation approach to the assessment of motivation. *Motivating offenders to change: A guide to enhancing engagement in therapy*, 31-54. <http://dx.doi.org/10.1002/9780470713471.ch3>
- Jones, N., Gius, B. K., Shields, M., Collings, S., Rosen, C., & Munson, M. (2021). Investigating the impact of involuntary psychiatric hospitalization on youth and young adult trust and help-seeking in pathways to care. *Social Psychiatry and Psychiatric Epidemiology*, 1-11. <https://doi.org/10.1007/s00127-021-02048-2>
- Kaijadoo, S.P.T., Klip, H., de Weerd, A., van Arragon, E.A., Nijhof, K.S., Popma, A., & Scholte, R.H.J. (2023). How do group workers respond to suicidal behaviour? Experiences and perceptions of suicidal female adolescents residing in secure residential youth care in the Netherlands. *PloS one*, 18(3). <https://doi.org/10.1371/journal.pone.0283744>
- Kenniscentrum Revalidatiegeneeskunde Utrecht (2017). De Participatiematrix. UMC Utrecht Hersencentrum en de Hoogstraat Revalidatie in samenwerking met de BOSK. Retrieved March 8, 2025, from <https://www.participatiematrix.nl>.
- Khan, K. S., Kunz, R., Kleijnen, J., & Antes, G. (2003). Five steps to conducting a systematic Review. *Journal of the Royal Society of Medicine*, 96(3), 118-121. <https://doi.org/10.1177/014107680309600304>
- Kieling, C., Baker-Henningham, H., Belfer, M., Conti, G., Ertem, I., Omigbodun, O., Rohde, L. A., Srinath, S., Ulkuer, N., & Rahman, A. (2011). Child and adolescent mental health worldwide: evidence for action. *Lancet*, 378(9801), 1515-1525. [https://doi.org/10.1016/S0140-6736\(11\)60827-1](https://doi.org/10.1016/S0140-6736(11)60827-1)
- King, C. A., Knox, M. S., Henninger, N., Nguyen, T. A., Ghaziuddin, N., Maker, A., & Hanna, G.L. (2006). Major depressive disorder in adolescents: family psychiatric history predicts severe behavioral disinhibition. *Journal of affective disorders*, 90(2-3), 111-121. <https://doi.org/10.1016/j.jad.2005.09.011>

- Koning, N. R., Büchner, F. L., Verbiest, M. E. A., Vermeiren, R. R. J. M., Numans, M. E., & Crone, M. R. (2019). Factors associated with the identification of child mental health problems in primary care—a systematic review. *European Journal of General Practice*, 25(3), 116–127. <https://doi.org/10.1080/13814788.2019.1623199>
- Kostova, I. (2017). Thick description. *The Wiley-Blackwell encyclopedia of social theory*, 1–2. <https://doi.org/10.1002/9781118430873.est0774>
- Kotov, R., Krueger, R.F., Watson, D., Achenbach, T.M., Althoff, R.R., Bagby, R. M., Brown, T.A., Carpenter, W.T., Caspi, A., Clark, L.A., Eaton, N.R., Forbes, M.K., Forbush, K.T., Goldberg, D., Hasin, D., Hyman, S.E., Ivanova, M.Y., Lynam, D.R., Markon, K., Miller, J.D., & Zimmerman, M. (2017). The Hierarchical Taxonomy of Psychopathology (HiTOP): A dimensional alternative to traditional nosologies. *Journal of abnormal psychology*, 126(4), 454–477. <https://doi.org/10.1037/abn0000258>
- Kraak, A. (2021). Jongeren en hun mentale gezondheid: wat proberen ze ons te vertellen? Retrieved February 26, 2025, from <https://sociaalweb.nl/nieuws/jongeren-en-hun-mentale-gezondheid-wat-proberen-ze-ons-te-vertellen/>
- Kraak, A., & Rietbergen, M. (2022). Samen bereiken wat niemand alleen lukt. Nederlands Jeugdinstituut in samenwerking met Design Innovation Group. Retrieved February 26, 2025, from <https://www.nji.nl/uploads/2022-11/Samen-bereiken-wat-niemand-alleen-lukt.pdf>
- Kriegler, S., & Bester, S. (2014). A critical engagement with the DSM-5 and psychiatric diagnosis. *Journal of Psychology in Africa*, 24, 393–401. <https://doi.org/10.1080/14330237.2014.980629>
- Krippendorff, K. (2018). *Content analysis: An introduction to its methodology*. Sage publications. ISBN: 9781506395678.
- Krishnan, N.R., & Kasthuri, A.S. (2005). Iatrogenic Disorders. *Medical journal, Armed Forces India*, 61(1), 2–6. [https://doi.org/10.1016/S0377-1237\(05\)80107-8](https://doi.org/10.1016/S0377-1237(05)80107-8)
- Krueger, R.A., & Casey, M.A. (2002). *Designing and conducting focus group Interviews*, 18.
- Lahey, B.B., Applegate, B., Hakes, J.K., Zald, D. H., Hariri, A.R., & Rathouz, P.J. (2012). Is there a general factor of prevalent psychopathology during adulthood?. *Journal of abnormal psychology*, 121(4), 971–977. <https://doi.org/10.1037/a0028355>
- Lamers, A., & Vermeiren, R. R. (2015). Assessment of the therapeutic alliance of youth and parents with team members in youth residential psychiatry. *Clinical Child Psychology and Psychiatry*, 20(4), 640–656. <https://doi.org/10.1177/1359104514542304>
- van Lanen, M. (2010). Inductief én deductief analyseren bij kwalitatief onderzoek: het geheel is meer dan de delen. *Kwalon*, 15(1). <https://doi.org/10.5117/2010.015.001.008>
- Larsen, J. K., Vermulst, A. A., Eisinga, R., English, T., Gross, J. J., Hofman, E., Scholte, R. H., & Engels, R.C. (2012). Social coping by masking? Parental support and peer victimization as mediators of the relationship between depressive symptoms and expressive suppression in adolescents. *Journal of Youth and Adolescence*, 41(12), 1628–1642. <https://doi.org/10.1007/s10964-012-9782-7>
- Lasalvia, A., Boggian, I., Bonetto, C., Saggioro, V., Piccione, G., Zanoni, C., Cristofalo, D., & Lamonaca, D. (2012). Multiple perspectives on mental health outcome: needs for care and service satisfaction assessed by staff, patients and family members. *Social Psychiatry and Psychiatric Epidemiology*, 47(7), 1035–1045. <https://doi.org/10.1007/s00127-011-0418-0>

-
- Laursen, B., & Veenstra, R. (2021). Toward understanding the functions of peer influence: A summary and synthesis of recent empirical research. *Journal of research on adolescence, 31*(4), 889–907. <https://doi.org/10.1111/jora.12606>
- Leger, P., Caldas, V., Festa, C., Hutchinson, T., & Jordan, S. (2023). Translating theory into clinical practice: a qualitative study of clinician perspectives implementing whole person care, *BMJ open quality, 12*(3). <https://doi.org/10.1136/bmj-2022-002164>;12
- Lehto-Salo, P., Närhi, V., Ahonen, T., & Marttunen, M. (2009). Psychiatric comorbidity more common among adolescent females with CD/ODD than among males. *Nordic journal of psychiatry, 63*(4), 308–315. <https://doi.org/10.1080/08039480902730615>
- Lev-Wiesel, R., Massrawa, N., & Binson, B. (2019). Parents' and childrens' perceptions of child maltreatment. *Journal of Social Work, 20*(4), 395-410. <https://doi.org/10.1177/146017319831364>
- Lewinsohn, P. M., Roberts, R.E., Seeley, J. R., Rohde, P., Gotlib, I. H., & Hops, H. (1994). Adolescent psychopathology: II. Psychosocial risk factors for depression. *Journal of abnormal psychology, 103*(2), 302–315. <https://doi.org/10.1037//0021-843x.103.2.302>
- Libby, A. M., Orton, H.D., Stover, S. K., & Riggs, P.D. (2005). What came first, major depression or substance use disorder? Clinical characteristics and substance use comparing teens in a treatment cohort. *Addictive behaviors, 30*(9), 1649–1662. <https://doi.org/10.1016/j.addbeh.2005.07.012>
- Lim, W. M. (2024). What Is Qualitative Research? An Overview and Guidelines. *Australasian Marketing Journal, 33*(2), 199-229. <https://doi.org/10.1177/14413582241264619>
- Linderborg, C., Grant, A., Weimand, B. M., Falkov, A.F., & Östman, M. (2024). Experiences of clinicians and managers in the implementation of a family focused model in child and adult psychiatry. *Frontiers in psychiatry, 15*, 1360375. <https://doi.org/10.3389/fpsy.2024.1360375>
- Lochner, L. (2008). Intergenerational transmission. *The new Palgrave dictionary of economics, 2*. https://doi.org/10.1057/978-1-349-95121-5_2786-1
- Lynch, L., Moorhead, A., Long, M., & Hawthorne-Steele, I. (2021). What Type of Helping Relationship Do Young People Need? Engaging and Maintaining Young People in Mental healthcare - A Narrative Review. *Youth & Society, 53*(8), 1376-1399. <https://doi.org/10.1177/0044118X20902786>
- Mack, D. (2023). Holistic approach to pediatric care: integrating physical, emotional, and mental wellbeing. *Journal of Pregnancy and Neonatal Medicine, 7*(4), 155.
- Manning, C., & Gregoire, A. (2006). Effects of parental mental illness on children. *Psychiatry, 5*, 10-12. <https://doi.org/10.1383/psyt.2006.5.1.10>
- Masten, A. S., Lucke, C. M., Nelson, K. M., & Stallworthy, I. C. (2021). Resilience in Development and Psychopathology: Multisystem Perspectives. *Annual Review of Clinical Psychology, 17*, 521–549. <https://doi.org/10.1146/annurev-clinpsy-081219-120307>
- McCarty, C. A., Russo, J., Grossman, D. C., Katon, W., Rockhill, C., McCauley, E., Richards, J., & Richardson, L. (2011). Adolescents with suicidal ideation: health care use and functioning. *Academic pediatrics, 11*(5), 422–426. <https://doi.org/10.1016/j.acap.2011.01.004>
- McDougall, T. (2011). Mental health problems in childhood and adolescence. *Nursing Standard, 26*(14), 48-60. <https://doi.org/10.7748/ns2011.12.26.14.48.c8857>
- McGorry, P., Gunasiri, H., Mei, C., Rice, S., & Gao, C. X. (2025). The youth mental health crisis:

- Analysis and solutions. *Frontiers in Psychiatry*, 15.
<https://doi.org/10.3389/fpsyt.2024.1517533>
- McTavish, J.R., McHolm, A., Niec, A., Pietrantonio, A.M., McKee, C., & MacMillan, H.L. (2024). Case conceptualization in child welfare: an underused resource to improve child, family, and provider outcomes. *Frontiers in Psychiatry*, 14. <https://doi.org/10.3389/fpsyt.2023.1292690>
- van der Meijden, J., Noordegraaf, M., & van Ewijk, H. (2018). Applying the Paradigm of Relational Ethics into Contextual Therapy. Analyzing the practice of Ivan Boszormenyi-Nagy. *Journal of marital and family therapy*, 44(3), 499–511. <https://doi.org/10.1111/jmft.12262>
- Mekori, E., Halevy, L., Ziv, S. I., Moreno, A., Enoch-Levy, A., Weizman, A., & Stein, D. (2017). Predictors of short-term outcome variables in hospitalised female adolescents with eating disorders. *International journal of psychiatry in clinical practice*, 21(1), 41–49.
<https://doi.org/10.1080/13651501.2016.1229794>
- Mentimeter. (n.d.) *Interactive presentation software*. <https://www.mentimeter.com>
- Merikangas, K.R., He, J. P., Burstein, M., Swanson, S. A., Avenevoli, S., Cui, L., Benjet, C., Georgiades, K., & Swendsen, J. (2010). Lifetime prevalence of mental disorders in U.S. adolescents: results from the National Comorbidity Survey Replication--Adolescent Supplement (NCS-A). *Journal of the American Academy of Child and Adolescent Psychiatry*, 49(10), 980–989.
<https://doi.org/10.1016/j.jaac.2010.05.017>
- Merikangas, K.R., He, J.P., Burstein, M., Swendsen, J., Avenevoli, S., Case, B., Georgiades, K., Heaton, L., Swanson, S., & Olsson, M. (2011). Service utilization for lifetime mental disorders in U.S. adolescents: results of the National Comorbidity Survey-Adolescent Supplement (NCS-A). *Journal of the American Academy of Child and Adolescent Psychiatry*, 50(1), 32–45.
<https://doi.org/10.1016/j.jaac.2010.10.006>
- Merten, E.C., Cwik, J. C., Margraf, J., & Schneider, S. (2017). Overdiagnosis of mental disorders in Children and adolescents (in developed countries). *Child and adolescent psychiatry and mental health*, 11, 1-11. <https://doi.org/10.1186/s13034-016-0140-5>
- Microsoft Teams. (n.d.). *Microsoft 365*. Microsoft
<https://www.microsoft.com/microsoft365/microsoftteams/group-chat-software>
- Miller, K., Sukhera, J., Lynch, J., & Wardrop, N. (2018). Voices Unheard: Exploring the Caregiver Experience for Caregivers of Emerging Adults with Mental Illness. *Families in Society*, 98(4), 310-318. <https://doi.org/10.1606/1044-3894.2017.98.36>
- Mills, I. J. (2017). A person-centred approach to holistic assessment. *Primary dental journal*, 6(3), 18-23. <https://doi.org/10.1308/205016817821931006>
- Ministerie van Volksgezondheid, Welzijn en Sport. (2024, March 31). *Hey het is oké: Jongeren jaarrapportage 2023-2024*. Dienst Publiek en Communicatie. Retrieved February 26, 2025, from <https://www.rijksoverheid.nl/documenten/rapporten/2024/03/31/campagne-effectonderzoek-hey-het-is-oke-jongeren>
- Montori, V. M., Ruissen, M. M., Hargraves, I. G., Brito, J. P., & Kunneman, M. (2023). Shared decision making as a method of care. *BMJ evidence-based medicine*, 28(4), 213–217.
<https://doi.org/10.1136/bmjebm-2022-112068>
- Morgan, D. L. (1993). Qualitative content analysis: a guide to paths not taken. *Qualitative health research*, 3(1), 112-121. <https://doi.org/10.1177/104973239300300107>
- Morningstar, M., Grannis, C., Mattson, W. I., & Nelson, E.E. (2019). Associations between

•

- adolescents' social re-orientation toward peers over caregivers and neural response to teenage faces. *Frontiers in behavioral neuroscience*, 13, 108.
<https://doi.org/10.3389/fnbeh.2019/00108>
- Moses, T. (2010). Being treated differently: Stigma experiences with family, peers, and school staff among adolescents with mental health disorders. *Social Science & Medicine*, 70(7), 985-993.
<https://doi.org/10.1016/j.socscimed.2009.12.022>
- Moses, T. (2011). Parents' conceptualization of adolescents' mental health problems: who adopts a psychiatric perspective and does it make a difference?. *Community Mental Health Journal*, 47(1), 67-81. <https://doi.org/10.1007/s10597-009-9256-x>
- Mueser, K.T., & Taub, J. (2008). Trauma and PTSD among adolescents with severe emotional disorders involved in multiple service systems. *Psychiatric services*, 59(6), 627-634.
<https://doi.org/10.1176/ps.2008.59.6.627>
- Mweshi, G.K., & Sakyi, K. (2020). Application of sampling methods for the research design. *Archives of Business Review*, 8(11). <https://doi.org/10.14738/abr.811.9042>
- Nederlandse Zorgautoriteit. (n.d.). Nieuwe bekostiging ggz. *Nederlandse Zorgautoriteit*. Retrieved November 12, 2024, from <https://www.nza.nl/zorgsectoren/geestelijke-gezondheidszorg-ggz-en-forensische-zorg-fz/nieuwe-bekostiging-ggz>
- Newson, J.J., Pastukh, V., & Thiagarajan, T. C. (2021). Poor Separation of Clinical Symptom Profiles by DSM-5 Disorder Criteria. *Frontiers in psychiatry*, 12, 775762.
<https://doi.org/10.3389/fpsy.2021.775762>
- Niederberger, M. & Spranger, J. (2020). Delphi Technique in Health Sciences: A Map, *Frontiers in Public Health*, 8, 457. <https://doi.org/10.3389/fpubh.2020.00457>
- NJR Hoofdzaken, & Kenniscentrum Kinder- en Jeugdpsychiatrie. (n.d.). *De Vraagbaak over: Het diagnosticeringsproces*. NJR. Retrieved January 27, 2025, from https://njr-production.s3.amazonaws.com/media/documents/De_Vraagbaak_slider.pdf
- Nock, M.K., Green, J.G., Hwang, I., McLaughlin, K. A., Sampson, N.A., Zaslavsky, A.M., & Kessler, R. C. (2013). Prevalence, correlates, and treatment of lifetime suicidal behavior among adolescents: results from the National Comorbidity Survey Replication Adolescent Supplement. *JAMA Psychiatry*, 70(3), 300-310.
<https://doi.org/10.1001/2013.jamapsychiatry.55>
- Nooteboom, L. A., Mulder, E. A., Kuiper, C. H. Z., Colins, O. F., & Vermeiren, R. R. J. M. (2021). Towards Integrated Youth Care: A Systematic Review of Facilitators and Barriers for Professionals. *Administration and policy in mental health*, 48(1), 88-105.
<https://doi.org/10.1007/s10488-020-01049-8>
- Norman, G. (2010). Likert scales, levels of measurement and the "laws" of statistics, *Advances in Health Science Education*, 15(5), 625-632. <https://doi.org/10.1007/s10459-010-9222-y>
- O'Connell, M. E., Boat, T., & Warner, K. E. (2009). *Preventing Mental, Emotional, and Behavioral Disorders Among Young People: Progress and Possibilities*. Using a developmental framework to guide prevention and promotion. National Academies Press (US).
<https://doi.org/10.17226/12480>
- O'Keeffe, S., Martin, P., & Midgley, N. (2020). When adolescents stop psychological therapy: Rupture repair in the therapeutic alliance and association with therapy ending. *Psychotherapy*, 57(4), 471-490. <https://doi.org/10.1037/pst0000279>
- Olejnik, S., & Algina, J. (2003). Generalized eta and omega squared statistics: measures of effect size for some common research designs. *Psychology methods*, 8(4), 434-447.

- <https://doi.org/10.1037/1082-989X.8.4.434>
- Olfson, M., Gameroff, M. J., Marcus, S.C., Greenberg, T., & Shaffer, D. (2005). National trends in hospitalization of youth with intentional self-inflicted injuries. *The American Journal of Psychiatry*, 162 7, 1328-1335. <https://doi.org/10.1176/appi.ajp.162.7.1328>
- Olmos-Vega, F. M., Stalmeijer, R. E., Varpio, L., & Kahlke, R. (2022). A practical guide to reflexivity in qualitative research: AMEE Guide No. 149, *Medical Teacher*, 1-11. <https://doi.org/10.1080/0142159X.2022.2057287>
- Olola, T.M., Asukwo, AU-A., & Odufuwa, F. (2023) Investigation of the psychological effects of social Media use among students in Minnesota, United State America. *Matondang Journal*, 2(1), 11–19. <https://doi.org/10.33258/matondang.v2i1.804>
- Oplatka, I. (2021). Eleven pitfalls in qualitative research: Some perils every emerging scholar and doctoral student should be aware of. *The Qualitative Report*, 26(6), 1881-1890. <https://doi.org/10.46743/2160-3715/2021.4783>
- Oransky, M., Hahn, H., Stover, C. S. (2013). Caregiver and youth agreement regarding youths' trauma histories: implications for youths' functioning after exposure to trauma, *Journal of Youth and Adolescence*, 42(10), 1528–1542. <https://doi.org/10.1007/s10964-013-9947-z>
- Oruche, U.M., Gerkensmeyer, J., Stephan, L., Wheeler, C.A., & Hanna, K.M. (2012). The described experience of primary caregivers of children with mental health needs. *Archives of Pediatric Nursing*, 26(5), 382-391. <https://doi.org/1016.j.apnu.2011.12.006>
- O'Reilly, M., Levine, D., Donoso, V., Voice, L., Hughes, J., & Dogra, N. (2023). Exploring the potentially positive interaction between social media and mental health; the perspectives of adolescents. *Clinical Child Psychology and Psychiatry*, 28(2), 668-682. <https://doi.org/10.1177/13591045221106573>
- Page, M. J., McKenzie, J.E., Bossuyt, P.M., Boutron, I., Hoffmann, T.C., Mulrow, C.D., Shamseer, L., Tetzlaff, J.M., Akl, E A., Brennan, S.E., Chou, R., Glanville, J., Grimshaw, J.M., Hróbjartsson, A., Lalu, M. M., Li, T., Loder, E. W., Mayo-Wilson, E., McDonald, S., McGuinness, L.A., Moher, D. (2021). The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *Systematic reviews*, 10(1), 89. <https://doi.org/10.1186/s13643-021-01626-4>
- Palinkas, L. A. (2014). Qualitative and mixed methods in mental health services and implementation Research. *Journal of Clinical Child and Adolescent Psychology*. 43(6), 851-861. <https://doi.org/10.1080/15374416.2014.910791>
- Pannucci, C. J., & Wilkins, E. G. (2010). Identifying and avoiding bias in research. *Plastic and reconstructive surgery*, 126(2), 619–625. <https://doi.org/10.1097/PRS.0b013e3181de24bc>
- Patalay, P., Fonagy, P., Deighton, J., Belsky, J., Vostanis, P., & Wolpert, M. (2015). A general psychopathology factor in early adolescence. *The British journal of psychiatry : the journal of mental science*, 207(1), 15–22. <https://doi.org/10.1192/bjp.bp.114.149591>
- Patalay, P., & Gage, S.H. (2019). Changes in millennial adolescent mental health and health-related behaviours over 10 years: a population cohort comparison study. *International journal of epidemiology*, 48(5), 1650–1664. <https://doi.org/10.1093/ije/dyz006>
- Patel, M. X., Doku, V., & Tennakoon, L. (2003). Challenges in recruitment of research participants. *Advances in Psychiatric Treatment*, 3, 229–238. <https://doi.org/10.1192/apt.9.3.229>
- Patton, G.C., & Viner, R. (2007). Pubertal transitions in health. *Lancet*, 369(9567), 1130–1139. [https://doi.org/10.1016/S0140-6736\(07\)60366-3](https://doi.org/10.1016/S0140-6736(07)60366-3)
- Peyre, H., Hoertel, N., Stordeur, C., Lebeau, G., Blanco, C., McMahon, K., Basmaci, R., Lemogne, C.,

•

- Limosin, F., & Delorme, R. (2017). Contributing Factors and Mental Health Outcomes of First Suicide Attempt During Childhood and Adolescence: Results From a Nationally Representative Study. *The Journal of clinical psychiatry*, 78(6), e622–e630.
<https://doi.org/10.4088/JCP.16m10876>
- Pierre, J.M. (2010). The Borders of Mental Disorder in Psychiatry and the DSM: Past, Present, and Future. *Journal of Psychiatric Practice*, 16(6), 375-386.
<https://doi.org/10.1097/01.pra.0000390756.37754.68>
- Place, V., Nabb, B., Gubi, E., Assel, K., Åhlén, J., Hagström, A., Bäärnhielm, S., Dalman, C., & Hollander, A.C. (2021). Perceived barriers to care for migrant children and young people with mental health problems and/or neurodevelopmental differences in high-income countries: a meta-ethnography. *BMJ open*, 11(9). <https://doi.org/10.1136/bmjopen-2020-045923>
- Poitras, M.E., Poirier, M.D., Bosma, R., Vaillancourt, V., Deom Tardif, A., Beaulieu, C., Baron, M. H., Manolescu, D. C., & LeBlanc, A. (2024). Integration of patient-oriented research principles in health institutions: a scoping review protocol. *BMJ*, 14(12).
<https://doi.org/10.1136/bmjopen-2023-082729>
- Polit, D. F., & Beck, C.T. (2010). Generalization in quantitative and qualitative research: myths and Strategies. *International Journal of Nurse Studies*, 47(11), 1451-1458.
<https://doi.org/10.1016/j.ijnurstu.2010.06.004>
- Pope, C., & Mays, N. (1995). Reaching the parts other methods cannot reach: an introduction to qualitative methods in health and health services research. *BMJ*, 311(6996), 42–45.
<https://doi.org/10.1136/bmj.311.6996.42>
- Powers, J.L., & Tiffany, J.S. (2006). Engaging youth in participatory research and evaluation. *Journal of Public Health Management and Practice*, 12, S79-S87.
<https://doi.org/10.1097/00124784-200611001-00015>
- Pronin, E. (2007). Perception and misperception of bias in human judgment. *Trends in cognitive sciences*, 11(1), 37-43. <https://doi.org/10.1016/j.tics.2006.11.001>
- Proudfoot, K. (2022). Inductive/Deductive Hybrid Thematic Analysis in Mixed Methods Research. *Journal of Mixed Methods Research*, 17(3), 308-326.
<https://doi.org/10.1177/15586898221126816>
- van der Put, C.E., Assink, M., & Gubbels, J. (2020). Differences in Risk Factors for Violent, Nonviolent, and Sexual Offending. *Journal of Forensic Psychology Research and Practice*, 20(4), 341–361.
<https://doi.org/10.1080/24732850.2020.1735248>
- Rapp, C.A., & Goscha, R.J. (2011). *The strengths model: A recovery-oriented approach to mental health services*. Oxford University Press.
- Rees C. (2012). Iatrogenic psychological harm. *Archives of disease in childhood*, 97(5), 440–446.
<https://doi.org/10.1136/archdischild-2011-300362>
- Regier, D.A., Kuhl, E.A., & Kupfer, D.J. (2013). The DSM-5: Classification and criteria Changes, *World psychiatry*. 12(2), 92–98. <https://doi.org/10.1002/wps.20050>
- Reinhard, M.A., Dewald-Kaufmann, J., Wüstenberg, T., Musil, R., Barton, B.B., Jobst, A., & Padberg, F. (2020). The vicious circle of social exclusion and psychopathology: a systematic review of experimental ostracism research in psychiatric disorders. *European archives of psychiatry and clinical neuroscience*, 270(5), 521-532. <https://doi.org/10.1007/s00406-019-01074-1>
- Reis, H.T., Lemay, E. P., Jr., & Finkenauer, C. (2017). Toward understanding understanding: The Importance of feeling understood in relationships. *Social and Personality Psychology Compass*, 11(3). <https://doi.org/10.1111/spc3.12308>

- Reiss, F., Meyrose, A.K., Otto, C., Lampert, T., Klasen, F., & Ravens-Sieberer, U. (2019). Socioeconomic status, stressful life situations and mental health problems in children and adolescents: Results of the German BELLA cohort-study. *PLoS one*, 14(3), e0213700. <https://doi.org/10.1371/journal.pone.0213700>
- Rice, S.M., Simmons, M.B., Bailey, A.P., Parker, A.G., Hetrick, S.E., Davey, C.G., Phelan, M., Blaikie, S., & Edwards, J. (2014). Development of practice principles for the management of ongoing suicidal ideation in young people diagnosed with major depressive disorder. *SAGE open medicine*, 2. <https://doi.org/10.1177/2050312114559574>
- de Ridder, B., & van Hulst, B. M. (2023). Stoornisme: wat het is en waarom het een probleem is [Disorderism: what it is and why it's a problem]. *Tijdschrift voor Psychiatrie*, 65(3), 163–166.
- Rijksinstituut voor Volksgezondheid en Milieu (RIVM). (2023). Aantal jongeren met suïcidale gedachten onverminderd hoog. RIVM. Retrieved March 31, 2025, from <https://www.rivm.nl/nieuws/aantal-jongeren-met-suïcidale-gedachten-onverminderd-hoog%20daalde%20dit%20percentage%20nauwelijks>
- Ritchie, J., Lewis, J., Nicholls, C.M., & Ormston, R. (2013). *Qualitative research practice: A guide for social science students and researchers*, SAGE Publishing Ltd. ISBN: 9781446209127.
- Roso, M.C., van Veen, D., & van der Velpen, P. (2021). Jeugd-geestelijke gezondheidszorg en het onderwijs. Retrieved April 17, 2023, from <https://www.ncoj.nl/downloads/NCOJ-DfC-Samenvatting-Jeugd-geestelijke-gezondheidszorg.pdf>
- Rowe, C.L., Liddle, H.A., Greenbaum, P.E., & Henderson, C.E. (2004). Impact of psychiatric comorbidity on treatment of adolescent drug abusers. *Journal of substance abuse treatment*, 26(2), 129–140. [https://doi.org/10.1016/S0740-5472\(03\)00166-1](https://doi.org/10.1016/S0740-5472(03)00166-1)
- van Roy, B., Groholt, B., Heyerdahl, S., & Clench-Aas, J. (2010). Understanding discrepancies in parent-child reporting of emotional and behavioural problems: Effects of relational and socio-demographic factors. *BMC Psychiatry*, 10, 56. <https://doi.org/10.1186/1471-244X-10-56>
- RStudio Team. (2020). RStudio: Integrated development for R Version 3.1.3 and 4.3.2 [Software]. RStudio, PBC.
- Rugh, W.J. (1981). *Nonlinear system theory* (pp. 12-90). Johns Hopkins University Press.
- Ruijsenaars, A., & De Bruyn, E. (2015). *De diagnostische cyclus in de praktijk: Casuïstiek, achtergronden, beschouwingen en context*. Boom Uitgevers.
- Ruissen, A.M. (2014). Diagnostiek en classificatie scheiden in de psychiatrie. Hoe de DSM-5 zinvol ingezet kan worden voor het vak. *Tijdschrift voor Psychiatrie*, 56(8), 523-530.
- Ryan, R., & Hill S. (2016). How to GRADE the quality of the evidence. Cochrane Consumers and Communication Group Version 3.0. Retrieved January 20, 2022, from <http://cccr.cochrane.org/author-resources>
- Sadath, A., Troya, M. I., Nicholson, S., Cully, G., Leahy, D., Ramos Costa, A. P., Benson, R., Corcoran, P., Griffin, E., Phillip, E., Cassidy, E., Jeffers, A., Shiely, F., Alberdi-Páramo, Í., Kavalidou, K., & Arensman, E. (2023). Physical and mental illness comorbidity among individuals with frequent self-harm episodes: A mixed-methods study. *Frontiers in Psychiatry*, 14. <https://doi.org/10.3389/fpsy.2023.1121313>
- Sadock, B.J., Sadock, V.A., & Kaplan, H.I. (2009). *Kaplan and Sadock's concise textbook of child and adolescent psychiatry*. Lippincott Williams & Wilkins.
- Saldaña, J. (2021). The coding manual for qualitative researchers. *The coding manual for qualitative researchers*, 1-440. ISBN: 1847875483, 9781847875488

-
- Saunders, B., Sim, J., Kingstone, T., Baker, S., Waterfield, J., Bartlam, B., & Jinks, C. (2018). Saturation In qualitative research: exploring its conceptualization and operationalization. *Quality & quantity*, 52(4), 1893-1907. <https://doi.org/10.1007/s11135-017-0574-8>
- Scheepers, F. (2021). *Mensen zijn ingewikkeld: een pleidooi voor acceptatie van de werkelijkheid en het loslaten van modeldenken*. Singel Uitgeverijen. ISBN: 9789029541756
- Scheuplein, M., Ahmed, S. P., Foulkes, L., Griffin, C., Chierchia, G., & Blakemore, S.J. (2023). Perspective Taking and Memory for Self- and Town-Related Information in Male Adolescents and Young Adults. *Cognitive Development*, 67. <https://doi.org/10.1016/j.cogdev.2023.101356>
- Schley, C., Ryall, V., Crothers, L., Radovini, S., Fletcher, K., Marriage, K., & Yuen, H. P. (2008). Early intervention with difficult to engage, 'high-risk' youth: evaluating an intensive outreach approach in youth mental health. *Early Intervention in Psychiatry*, 2(3), 195-200. <https://doi.org/10.1111/j.1751-7893.2008.00079.x>
- Schley, C., Radovini, A., Halperin, S., & Fletcher, K. (2011). Intensive outreach in youth mental health: Description of a service model for young people who are difficult-to-engage and 'high-risk'. *Children and Youth Services Review*, 33(9), 1506-1514.
- Scott, K., Lewis, C.C., & Marti, C.N. (2019). Trajectories of Symptom Change in the Treatment for Adolescents With Depression Study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 58(3), 319–328. <https://doi.org/10.1016/j.jaac.2018.07.908>
- Seiffge-Krenke, I. (2019). *Adolescents' Health: A developmental perspective*. Psychology Press.
- Shah, J. L., Scott, J., McGorry, P. D., Cross, S. P. M., Keshavan, M. S., Nelson, B., Wood, S. J., Marwaha, S., Yung, A. R., Scott, E. M., Öngür, D., Conus, P., Henry, C., Hickie, I. B., & International Working Group on Transdiagnostic Clinical Staging in Youth Mental Health (2020). Transdiagnostic clinical staging in youth mental health: a first international consensus statement. *WPA*. 19(2), 233–242. <https://doi.org/10.1002/wps.20745>
- Shelemy, L., Harvey, K., & Waite, P. (2019). Supporting students' mental health in schools: what do teachers want and need? *Emotional and behavioural difficulties*. 24(1), 100-116. <https://doi.org/10.1080/13632752.2019.1582742>
- Snowden, L. R., Yamada, A.M. (2005). Cultural differences in access to care. *Annual Review of Clinical Psychology*, 1, 143–166. <https://doi.org/10.1146/annurev.clinpsy.1.102803.143846>
- Snyder, M. (2015). Changing the tide: stigma, school youth, and mental illness. *NASN School Nurse*, 30(2), 130–132. <https://doi.org/10.1177/1942602X14553307>
- de Soet, R., Nootboom, L.A., Bansema, C.H., Van Ewijk, H., Nijland, L., & Vermeiren, R.R.J.M. (2023). How to meet the needs of youth with severe and enduring mental health problems: A qualitative study of barriers and facilitators in treatment. *Children and Youth Services Review*, 155, 107155. <https://doi.org/10.1016/j.childyouth.2023.107155>
- de Soet, R., Vermeiren, R. R. J. M., Bansema, C. H., van Ewijk, H., Nijland, L., & Nootboom, L. A. (2024). Drop-out and ineffective treatment in youth with severe and enduring mental health problems: a systematic review. *European child & adolescent psychiatry*, 33(10), 3305–3319. <https://doi.org/10.1007/s00787-023-02182-z>
- Solmi, M., Radua, J., Olivola, M., Croce, E., Soardo, L., Salazar de Pablo, G., Il Shin, J., Kirkbride, J. B., Jones, P., Kim, J. H., Kim, J. Y., Carvalho, A. F., Seeman, M. V., Correll, C. U., & Fusar-Poli, P. (2022). Age at onset of mental disorders worldwide: large-scale meta-analysis of 192

- epidemiological studies. *Molecular psychiatry*, 27(1), 281–295.
<https://doi.org/10.1038/s41380-021-01161-7>
- van Sonsbeek, M., & Oosterling, A. (2020). De FACT-jeugdpopulaties in Nederland: overeenkomsten en verschillen [The FACT youth populations in the Netherlands: similarities and differences]. *Tijdschrift voor Psychiatrie*, 62(10), 845–852.
- Sonuga-Barke, E.J.S. (2009). Editorial: Gained in translation: How can we facilitate science-driven innovations in child mental health therapeutics? *Journal of Child Psychology and Psychiatry*, 50, 655–656.
- Sonuga-Barke, E.J.S. (2024). Editorial: Qualitative contributions to translational science - Practical pointers towards methodological pluralism in child psychology and psychiatry. *Journal of Child Psychology and Psychiatry, and Allied Disciplines*, 65(10), 1255–1257.
<https://doi.org/10.1111/jcpp.14049>
- Spijk-de Jonge, M., de Lange, M., Serra, M., van der Steege, M., Dijkshoorn, P., Wammes, A., & Nieuman, S. (2022, November 14). Betrek mij gewoon: Op zoek naar verbeterkansen voor de jeugdhulp in het casusonderzoek ketenbreed leren. Retrieved January 27, 2025, from <https://www.rijksoverheid.nl/documenten/rapporten/2022/11/14/betrek-mij-gewoon-op-zoek-naar-verbeterkansen-voor-de-jeugdhulp-in-het-casusonderzoek-ketenbreed-leren>
- van Staa, A., & de Vries, K. (2014). Directed content analysis: een meer deductieve dan inductieve aanpak bij kwalitatieve analyse. *Kwalon*, 19(3). <https://doi.org/10.5117/2014.019.003.046>
- Stam, A. (2023). *HiTOP als alternatief voor de DSM, de nieuwe gouden standaard?* Pearsonclinical.nl. Pearson Benelux B.V.
- van den Steene, H., van West, D., & Glazemakers, I. (2019). Towards a definition of multiple and complex needs in children and youth: Delphi study in Flanders and international survey. *Scandinavian Journal of Child and Adolescent Psychiatry and Psychology*, 7, 60–67.
<https://doi.org/10.21307/sjcapp-2019-009>
- Stenfors, T., Kajamaa, A., & Bennett, D. (2020). How to assess the quality of qualitative research. *The Clinical Teacher*, 17(6), 596–599. <https://doi.org/10.1111/tct.13242>
- Stevens, G. W., & Vollebergh, W.A. (2008). Mental health in migrant children. *Journal of Child Psychology and Psychiatry*, 49(3), 276–294.
<https://doi.org/10.1111/j.1469-7610.2007.01848.x>
- Stover, C. S., Hahn, H., Im, J.J., & Berkowitz, S. (2010). Agreement of Parent and Child Reports of Trauma Exposure and Symptoms in the Peritraumatic Period, *Psychology Trauma: Theory, Research, Practice and Policy*, 2(3), 159–168a. <https://doi.org/10.1037/a0019156>
- Stowkowy, J., Goldstein, B.I., MacQueen, G., Wang, J., Kennedy, S.H., Bray, S., Lebel, C., & Addington, J. (2020). Trauma in Youth At-Risk for Serious Mental Illness. *The Journal of nervous and mental disease*, 208(1), 70–76. <https://doi.org/10.1097/NMD.0000000000001069>
- Stratton S.J. (2021). Population Research: Convenience Sampling Strategies, Prehospital and disaster medicine, 36(4), 373–374. <https://doi.org/10.1017/S1049023X21000649>
- Sullivan, H.S. (1953). *The interpersonal theory of psychiatry*. W.W. Norton and Co.
<https://doi.org/10.4324/9781315014029>
- Sullivan, G.M., & Artino, A.R., Jr (2013). Analyzing and interpreting data from likert-type scales. *Journal of Graduate Medical Education*, 5(4), 541–542.
<https://doi.org/10.4300/JGME-5-4-18>
- Sussex, S.E. (2021) *Using strengths-based approaches with people experiencing Multiple*

•

- and Complex Needs. BHT. Retrieved March 31, 2025, from <https://www.bht.org.uk/wp-content/uploads/2022/02/Asset-based-Working-Research-Report.pdf>
- Swadi, H., & Bobier, C. (2003). Substance use disorder comorbidity among inpatient youths with psychiatric disorder. *The Australian and New Zealand journal of psychiatry*, 37(3), 294–298. <https://doi.org/10.1046/j.1440-1614.2003.01180.x>
- Systema, S., Gunther, N., Reelick, F., Drukker, M., Pijl, B., & van't Land, H. (2006). Verkenningen in de kinder- en Jeugdpsychiatrie. *Trimbos-instituut*. ISBN: 9052535604
- Søvold, L.E., Naslund, J.A., Kousoulis, A.A., Saxena, S., Qoronfleh, M.W., Grobler, C., & Münster, L. (2021). Prioritizing the mental health and well-being of healthcare workers: an urgent global public health priority. *Frontiers in Public Health*, 9. <https://doi.org/10.3389/fpubh.2021.679397>
- Tackett, J.L., & Hallquist, M. (2022). The need to grow: Developmental considerations and challenges for modern psychiatric taxonomies. *Journal of psychopathology and clinical science*, 131(6), 660–663. <https://doi.org/10.1037/abn0000751>
- Taillieu, T.L., Brownridge, D.A., Sareen, J., & Afifi, T. O. (2016). Childhood emotional maltreatment and mental disorders: Results from a nationally representative adult sample from the United States. *Child Abuse & Neglect*, 59, 1–12. <https://doi.org/10.1016/j.chiabu.2016.07.005>
- Tempel, H., & Vissenberg, T. (2018). Een gat tussen wetenschap en praktijk: een explorerend onderzoek naar de wijze waarop behandeling in de residentiële zorg wordt vormgegeven. *Tijdschrift voor Orthopedagogiek*, 57(11&12), 22-28.
- Tempel, H., van Dijk, A., & de Castro, B.O. (2022). Eerst begrijpen, dan (be) handelen: Het belang van de verklarende analyse [First understand, then act: The importance of explanatory analysis]. *Kind & Adolescent Praktijk*, 21(3), 6-12..
- Thapar, A., & Riglin, L. (2020). The importance of a developmental perspective in Psychiatry: what do recent genetic-epidemiological findings show?. *Molecular Psychiatry*, 25(8), 1631–1639. <https://doi.org/10.1038/s41380-020-0648-1>
- Thatte, S., Makinen, J. A., Nguyen, H.N.T., Hill, E.M., & Flament, M.F. (2013). Partial Hospitalization for Youth With Psychiatric Disorders: Treatment Outcomes and 3-Month Follow-up. *The Journal of Nervous and Mental Disease*, 201(5), 429-434. <https://doi.org/10.1097/NMD.0b013e31828e1141>
- Thieme, A., Wallace, J., Meyer, T.D., & Olivier, P. (2015). Designing for mental wellbeing: towards a more holistic approach in the treatment and prevention of mental illness. *ACM Digital Library. British HCI'15: Proceedings of the 2015 British HC Conference*. <https://doi.org/10.1145/2783446.2783586>
- Thombs, B., Turner, K.A., & Shrier, I. (2019). Defining and evaluating overdiagnosis in mental health: meta-research review. *Psychotherapy and psychosomatics*, 88(4), 193-202. <https://doi.org/10.1159/000501647>
- Tie, Y.C., Birks, M., & Francis, K. (2019). Grounded theory research: A design framework for novice researchers. *SAGE open medicine*, 7. <https://doi.org/10.1177/2050312118822927>
- Tomova, L., Andrews, J.L., & Blakemore, S.J. (2021). The importance of belonging and the avoidance of social risk taking in adolescence. *Developmental Review*, 61. <https://doi.org/10.1016/j.dr.2021.100981>
- Tong, A., Sainsbury, P., & Craig, J. (2007). Consolidated criteria for reporting qualitative research

- (COREQ): a 32-item checklist for interviews and focus groups. *International journal for quality in health care : journal of the International Society for Quality in Health Care*, 19(6), 349–357. <https://doi.org/10.1093/intqhc/mzm042>
- Tonkuş, M.B., Çalışkan, B.B., & Alagöz, E. (2022). The relationship between suicide and hopelessness in young adults aged 18-30: A systematic review. *Journal of Psychiatric Nursing/Psikiyatri Hemsireleri Dernegi*, 13(3). <https://doi.org/10.14744/phd.2022.76993>
- Treasure, J., Crane, A., McKnight, R., Buchanan, E., & Wolfe, M. (2011). First do no harm: iatrogenic maintaining factors in anorexia nervosa. *European Eating Disorders Review*, 19(4), 296–302. <https://doi.org/10.1002/erv.1056>
- Tse, J. S. Y., & Haslam, N. (2023). What is a mental disorder? Evaluating the lay concept of Mental Ill Health in the United States. *BMC psychiatry*, 23(1), 224. <https://doi.org/10.1186/s12888-023-04680-5>
- Turner, C., & Astin, F. (2021). Grounded theory: what makes a grounded theory study?. *European journal of cardiovascular nursing*, 20(3), 285–289. <https://doi.org/10.1093/eurjcn/zvaa034>
- Uhlhaas, P.J., Davey, C.G., Mehta, U.M., Shah, J., Torous, J., Allen, N.B., Avenevoli, S., Bella Awusah, T., Chanen, A., Chen, E.Y.H., Correll, C.U., Do, K.Q., Fisher, H.L., Frangou, S., Hickie, I. B., Keshavan, M.S., Konrad, K., Lee, F.S., Liu, C.H., Luna, B., McGorry, P.D., Meyer-Lindenberg, A., Nordentoft, M., Öngür, D., Patton, G.C., Paus, T., Reinighaus, U., Sawa, A., Schoenbaum, M., Schumann, G., Srihari, V.H., Susser, E., Verman, S.K., Woo, T.W., Yang, L.H., Yung, A.R., & Wood, S.J. (2023). Towards a youth mental health paradigm: a perspective and roadmap. *Molecular psychiatry*, 28(8), 3171–3181. <https://doi.org/10.1038/s41380-023-02202-z>
- Ungar, M., Liebenberg, L., Landry, N., & Ikeda, J. (2012). Caregivers, young people with complex needs, and multiple service providers: A study of triangulated relationships. *Family process*, 51(2), 193-206. <https://doi.org/10.1111/j.1545-5300.2012.01395.x>
- Vaismoradi, M., Turunen, H., & Bondas, T. (2013). Content analysis and thematic analysis: Implications for conducting a qualitative descriptive study. *Nursing & health sciences*, 15(3), 398–405. <https://doi.org/10.1111/nhs.12048>
- VGCT. (z.j.). Factsheet – *Holistische theorie*. VGCT Kennisnet. Retrieved August 2, 2025, from <https://kennisnet.vgct.nl/flipbook/factsheet-holistische-theorie/>
- Walker, J. S., Coleman, D., Lee, J., Squire, P. N., & Friesen, B. J. (2008). Children's stigmatization of childhood depression and ADHD: Magnitude and demographic variation in a national sample. *Journal of the American Academy of Child & Adolescent Psychiatry*, 47(8), 912-920. <https://doi.org/10.1097/CHI.0b013e318179961a>
- Wang, Q., & Jeon, H. J. (2020). Bias in bias recognition: People view others but not themselves as biased by preexisting beliefs and social stigmas. *PLoS one*, 15(10). <https://doi.org/10.1371/journal.pone.0240232>
- Watson, R., Burgess, L., Sellars, E., Crooks, J., McGowan, R., Diffey, J., Naughton, G., Carrington, R., Lovelock, C., Temple, R., Creswell, C., & McMellon, C. (2023). A qualitative study exploring the benefits of involving young people in mental health research. *Health expectations*, 26(4), 1491–1504. <https://doi.org/10.1111/hex.13722>
- Wentz, E., Gillberg, C., Gillberg, I. C., & Råstam, M. (2001). Ten-year follow-up of adolescent-onset

•

- anorexia nervosa: psychiatric disorders and overall functioning scales. *Journal of child psychology and psychiatry, and allied disciplines*, 42(5), 613–622.
<https://doi.org/10.1111/1469-7610.00757>
- Werkhoven, S., Anderson, J.H., & Robeyns, I.A.M. (2022). Who benefits from diagnostic labels for developmental disorders?. *Developmental medicine and child neurology*, 64(8), 944–949.
<https://doi.org/10.1111/dmcn.15177>
- Wienen, B. (2021). *Nieuw kinderrecht: het recht om te falen*. Mulock Houwer-lezing, Leiden/Utrecht: NJi. <https://www.nji.nl/over-het-nji/mulock-houwer-lezing>
- Wilkinson, C., & Wilkinson, S. (2024). Principles of participatory research. In: *Being Participatory: Researching with Children and Young People: Co-constructing Knowledge Using Creative, Digital and Innovative Techniques*, 15-37, Springer. ISBN 978-3-319-71227-7
- Winstone, L., Mars, B., Haworth, C.M.A., & Kidger, J. (2023). Types of Social Media Use and Digital Stress in Early Adolescence. *The Journal of Early Adolescence*, 43(3), 294-319.
<https://doi.org/10.1177/02724316221105560>
- Wisniewski, P.J., Vitak, J., & Hartikainen, H. (2022). Privacy in Adolescence. In: *Knijnenburg, B.P., Page, X., Wisniewski, P., Lipford, H.R., Proferes, N., Romano, J. (eds) Modern Socio-Technical Perspectives on Privacy*. Springer. https://doi.org/10.1007/978-3-030-82786-1_14
- Witt, K., Milner, A., Spittal, M.J., Hetrick, S., Robinson, J., Pirkis, J., & Carter, G. (2019). Population attributable risk of factors associated with the repetition of self-harm behaviour in young people presenting to clinical services: a systematic review and meta-analysis. *European Child & Adolescent Psychiatry*, 28(1), 5–18. <https://doi.org/10.1007/s00787-018-1111-6>
- Wittchen, H.U., Nelson, C.B., & Lachner, G. (1998). Prevalence of mental disorders and psychosocial impairments in adolescents and young adults. *Psychological medicine*, 28(1), 109–126.
<https://doi.org/10.1017/s0033291797005928>
- Wong, A., Chan, I., Tsang, C.H.C., Chan, A.Y.F., Shum, A.K.Y., Lai, E.S.Y., & Yip, P. (2021). A Local Review on the Use of a Bio-Psycho-Social Model in School-Based Mental Health Promotion. *Frontiers in psychiatry*, 12, 691815. <https://doi.org/10.3389/fpsyt.2021.691815>
- Woody, C., Baxter, A., Wright, E., Gossip, K., Leitch, E., Whiteford, H., & Scott, J.G. (2019). Review of services to inform clinical frameworks for adolescents and young adults with severe, persistent and complex mental illness. *Clinical child psychology and psychiatry*, 24(3), 503-528. <https://doi.org/10.1177/1359104519827631>
- World Health Organization. (2018). International classification of diseases for mortality and morbidity statistics (11th ed.). *World Health Organization*. Retrieved October 27, 2024, from <https://www.who.int/classifications/icd/en/>
- World Health Organization. (2019). *International classification of diseases for mortality and morbidity statistics* (11th Revision.) <https://icd.who.int/>
- World Health Organization. (2021). Guidance on community mental health services: promoting person-centred and rights-based approaches. World Health Organization.
- World Health Organization. (2024). Adolescent mental health. *World Health Organization*. Retrieved October 27, 2024, from <https://www.who.int/news-room/fact-sheets/detail/adolescent-mental-health>
- Worthman, C.M., & Trang, K. (2018). Dynamics of body time, social time and life history at adolescence. *Nature*, 554(7693), 451–457. <https://doi.org/10.1038/nature25750>
- Wu, A., Roemer, E.C., Kent, K B., Ballard, D. W., & Goetzal, R.Z. (2021). Organizational Best

- Practices Supporting Mental Health in the Workplace. *Journal of Occupational and Environmental Medicine*, 63(12), 925–931.
<https://doi.org/10.1097/JOM.0000000000002407>
- Wunderlich, U., Bronisch, T., & Wittchen, H.U. (1998). Comorbidity patterns in adolescents and young adults with suicide attempts. *European archives of psychiatry and clinical neuroscience*, 248(2), 87–95. <https://doi.org/10.1007/s004060050023>
- Xie H. (2013). Strengths-based approach for mental health recovery. *Iranian journal of psychiatry and behavioural sciences*, 7(2), 5–10. PMID: 24644504
- Yoo, A., Kim, M., Ross, M.M., Vaughn-Lee, A., Butler, B., & dosReis, S. (2018). Engaging caregivers in the treatment of youth with complex developmental and mental health needs. *The Journal of Behavioral Health Services & Research*, 45, 440-453.
<https://doi.org/10.1007/s11414-018-9604-0>
- Young, G. (2016). DSM-5: basics and critics. In *Unifying Causality and Psychology*, 565-590. Springer. https://doi.org/10.1007/978-3-319-24094-7_22
- Yurgelun-Todd, D. (2007). Emotional and cognitive changes during adolescence. *Current Opinion in Neurobiology*, 17(2), 251–257. <https://doi.org/10.1016/j.conb.2007.03.009>
- Zabek, F., Lyons, M.D., Alwani, N., Taylor, J.V., Brown-Meredith, E., Cruz, M.A., & Southall, V.H. (2023). Roles and functions of school mental health professionals within comprehensive school mental health systems. *School Mental Health*, 15(1), 1-18.
<https://doi.org/10.1007/s12310-022-09535-0>
- Zhang, Y., & Qin, P. (2023). Comprehensive review: Understanding adolescent identity. *Studies in Psychological Science*, 1(2), 17-31. <https://doi.org/10.56397/SPS.2023.09.02>
- Zimmerman, M., Martinez, J.H., Friedman, M., Boerescu, D.A., Attiullah, N., & Toba, C. (2012). How can we use depression severity to guide treatment selection when measures of depression categorize patients differently?. *The Journal of clinical psychiatry*, 73(10), 1287–1291.
<https://doi.org/10.4088/JCP.12m07775>
- Zimmerman, M., Morgan, T.A., & Stanton, K. (2018). The severity of psychiatric disorders. *World psychiatry*, 17(3), 258–275. <https://doi.org/10.1002/wps.20569>
- ZonMw. (n.d.). *Jouw verhaal nu centraal*. ZonMw. Retrieved February 26, 2025, from <https://projecten.zonmw.nl/nl/project/jouw-verhaal-nu-centraal>
- Zubrick, S.R., Hafekost, J., Johnson, S.E., Lawrence, D., Saw, S., Sawyer, M., Ainley, J., & Buckingham, W.J. (2016). Suicidal behaviours: Prevalence estimates from the second Australian Child and Adolescent Survey of Mental Health and Wellbeing. *The Australian and New Zealand journal of psychiatry*, 50(9), 899–910. <https://doi.org/10.1177/0004867415622563>



Dankwoord

•

Dit proefschrift maakt deel uit van het project DevelopRoad, dat onder de paraplu valt van ANYROAD, geïnitieerd door prof. dr. Robert Vermeiren en anderen die zich inzetten voor jongeren die in het huidige zorgsysteem vaak tussen wal en schip vallen. De basis van dit proefschrift wordt gevormd door de ervaringen van jongeren, opvoeders en behandelaren. Daarom gaat mijn eerste en grootste dank uit naar alle deelnemers aan het DevelopRoad-project.

Daarnaast wil ik ook de projectgroepsleden van DevelopRoad bedanken, waaronder mijn promotors, mijn co-promovendus, de ervaringsdeskundigen en andere betrokkenen. Jullie inzet, ideeën en betrokkenheid hebben dit onderzoek niet alleen mogelijk gemaakt, maar ook verrijkt.

Robert, ontzettend bedankt voor de kansen en het vertrouwen die je mij hebt gegeven. Dankzij jou kan ik al mijn ambities nastreven, met veel vrijheid om mezelf te ontwikkelen, en met humor die het werkplezier vergrootte.

Laura, ik heb ontzettend veel van je geleerd. Je wist me te stimuleren om het beste uit mezelf te halen, ook op momenten dat ik het zelf even niet zag. Jouw betrokkenheid en vertrouwen hebben voor mij het verschil gemaakt in dit traject.

Lian, heel erg bedankt voor jouw steun en het vertalen van mijn emoties wanneer het promovendi-traject af en toe overweldigend werd. Daarnaast waardeer ik hoe jij de brug sloeg naar de klinische praktijk in dit project.

Rianne, bedankt voor onze bijzondere samenwerking. Van jou heb ik ontzettend veel geleerd, niet alleen als onderzoeker, maar ook als mens. Ik heb je zien groeien, en dankzij jou ben ik ook zelf gegroeid.

Lieve Jantine, Vivian, Noortje en Kaylee, heel veel dank voor het delen van jullie waardevolle ervaringskennis. Jullie brengen ieder iets unieks mee: jong en ouder, analytisch en kritisch, maar altijd met zachtheid. Ik heb veel van jullie geleerd.

Graag wil ik FNO Geestkracht en de NJR bedanken voor het vertrouwen en de fijne samenwerking. Aanvullend veel dank aan de jongeren van de NJR: jullie verhalen hebben ons project écht tot leven gebracht.

Daarnaast wil ik een aantal onderzoekers bedanken voor de inspiratie, hun expertise en relevante bijdragen: Hanneke van Ewijk, Branko van Hulst, Eva van Well, Cyril Boonmann, Jacintha Tieskens, Arne Popma, Wouter Staal en Carlijn Welten. Ook wil ik de onderzoekers van Ketenbreed Leren bedanken, en specifiek Mariska van der Steege.

Lieve paranimfen, Eva en Rianne. Rianne, ik noem je nog een keer, want dat is meer dan verdiend. We begonnen zo dicht bij elkaar, binnen een straal van slechts één kilometer, en thuiswerken in Amsterdam werd zo ineens een groot plezier. Ik ben ontzettend dankbaar dat jullie niet alleen collega's, maar ook zulke dierbare vriendinnen van me zijn geworden. Bedankt voor de perfecte mix van hard werken en gezellig borrelen, en vooral dat ik altijd bij jullie terecht kon.

Onderzoekcollega's en lieve vrienden: Laura, Carolijn, Emma, Eline, Anne-Marie, Kyra, Bertine, Tim, Paul, en Maxine. In de loop der tijd zijn we uitgegroeid tot een hechte groep die altijd voor elkaar klaarstond. We hebben samen ontzettend veel gelachen, theaterstukken bezocht, geborrelt en ik ben dankbaar voor onze samenwerking. Door jullie heb ik mijn PhD nooit als een eenzaam traject ervaren. En Leonie bedankt voor alle goede zorg!

Collega's uit de klinische praktijk: Kore, Kernteam 2 en Gouda. Lieve Kore, bedankt voor je eindeloze vertrouwen, steun, begeleiding en humor in mijn eerste jaren als psycholoog. Kernteam 2, bedankt dat jullie me zo hartelijk hebben opgenomen in jullie fijne en grappige team. Aan alle collega's in Gouda: dank voor het warme welkom, de humor en alle leerzame momenten.

Lieve vriendinnen: Vivian, Amy, Esther, Roos, Willeke, Katrijn, Feng, Sam, Puck, Nina, Sanne, Emmily en Hester. Dit onderzoek heeft me opnieuw doen beseffen hoeveel geluk ik heb met zo'n hechte groep vriendinnen die er altijd voor me waren, en nog steeds zijn. Dank jullie wel dat ik altijd mezelf kan zijn bij jullie en dat ik altijd op jullie kan rekenen.

Lieve Mam, Henk, Roxane, Kevin, Dyon, Peter, Radost en Marc. Jullie hebben me altijd aangemoedigd om mijn ambities na te jagen. Jullie stonden aan mijn zijde in de drukke tijden, luisterden mee, vierden successen, en gaven me soms precies het zetje dat ik nodig had. En ja... ik ben nu dan eindelijk afgestudeerd.

Lieve schoonfamilie: Fronique, Jaap, Filou, Huub, Mathilde, Fido, Hester, Marcella, Theo, Bert en Dol, dank jullie wel voor jullie eindeloze steun tijdens mijn promotieonderzoek. Jullie hebben met me meegeleefd bij elke stap. Fronique en Hester, dank voor het meelesen en jullie wetenschappelijke én taalkundige precisie.

Allerliefste Thiebald, jij bent mijn rots in de branding en mijn grootste cheerleader. Je hebt eindeloos, en zonder ooit te klagen, geluisterd naar mijn verhalen over het promotieonderzoek. Soms denk ik zelfs dat jij het inmiddels nog beter kan uitleggen dan ikzelf. Jouw creativiteit heeft dit proefschrift een extra dimensie gegeven, en jouw steun betekent voor mij meer dan woorden kunnen uitdrukken.



Curriculum Vitae

•

Chanel Helena Bansema was born on August 4th, 1995, in Heerenveen, the Netherlands. She was raised in Groningen and completed her secondary education (VWO) at Zernike College in Haren. She finished her bachelor Philosophy and Psychology at the Rijksuniversiteit Groningen in 2018.

During her master Clinical Neuropsychology at Vrije Universiteit Amsterdam she did a research internship at Amsterdam Medical Center (department Psychiatry, transdiagnostic study) and a clinical internship at the Emma Children Hospital (Psychosocial department). She worked at Groei & Glunder Amsterdam providing ambulatory support for children and families with mental health problems. In addition, she worked as a research assistant at the Vrije Universiteit for the projects: Pain and cognition in Prader-Willi, Williams and Fragile X syndroms, and Reading with young children.

After obtaining her master's degree cum laude in 2020, she started as a PhD researcher at Leiden University Medical Center (LUMC) Curium (department child-and-adolescent psychiatry). During her PhD she also worked as a psychologist at LUMC Curium Oegstgeest and as a process supervisor at the Ketenbreed Leren project. In 2024, she worked as a psychologist at LUMC Curium Gouda. In the first half of 2025, she had a career break and moved to Stockholm Sweden. In the second half of 2025, she continued working at LUMC Curium as a psychologist and a senior researcher for the DREAMS Consortium.



Publications

•

In this dissertation

Bansemá, C.H., Vermeiren, R.R.J.M., de Soet, R., van Ewijk, H., Nijland, L., & Nootboom, L.A. (2024). A systematic review exploring characteristics of youth with severe and enduring mental health problems (SEMHP). *European Child & Adolescent Psychiatry*, 33(5), 1313-1325.

Bansemá, C. H., Vermeiren, R.R.J.M., Nijland, L., de Soet, R., Roeleveld, J., van Ewijk, H., & Nootboom, L.A. (2024). Towards identifying the characteristics of youth with severe and enduring mental health problems in practice: a qualitative study. *European Child & Adolescent Psychiatry*, 33(7), 2365-2375.

Bansemá, C.H., Nootboom, L.A., Tieskens, J.M., Nijland, L., de Soet, R., Giltay, E., Staal, W.G., & Vermeiren, R.R.J.M. (accepted). Beyond Symptoms: a multi-perspective study on youth with severe and enduring mental health problems.

Bansemá, C.H., Nootboom, L.A., Nijland, L., de Soet, R., van Hulst, B.M., & Vermeiren, R.R.J.M. (under review). What is Asked, but Not Heard? Assessing Characteristics of Youth with Severe and Enduring Mental Health Problems During Diagnostics in Child Psychiatry.

Other publications

De Soet, R., Vermeiren, R.R.J.M., Bansemá, C.H., Van Ewijk, H., Nijland, L., & Nootboom, L.A. (2024). Drop-out and ineffective treatment in youth with severe and enduring mental health problems: a systematic review. *European Child & Adolescent Psychiatry*, 33(10), 3305-3319.

De Soet, R., Nootboom, L.A., Bansemá, C.H., Van Ewijk, H., Nijland, L., & Vermeiren, R.R.J.M. (2024). How to meet the needs of youth with severe and enduring mental health problems: A qualitative study to barriers and facilitators in treatment. *Children and Youth Services Review*, 155, 107155.

De Soet, R., Vermeiren, R.R.J.M., Bansemá, C.H., Nijland, L., Tieskens, J.M., & Nootboom, L.A. (under review). Reconsidering treatment focus for youth with severe and enduring mental health problems: a mixed method study.

De Soet, R., Vermeiren, R.R.J.M., Bansemá, C.H., Van Ewijk, H., Nijland, L., Mulder, E.A. & Nootboom, L.A. (under review). Balancing Autonomy and Safety in Care for Youth with Severe and Enduring Mental Health Problems.

Spijk- de Jonge, M.J., Bansemá, C.H., Leloux-Opmeer, H., Vervoort-Schel, J., de Lange, M. (under review). Ketenbreed Lerén: aandacht gevraagd voor ingrijpende jeugdervaringen van uithuisgeplaatste jeugdigen en die van hun ouders.