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Navigating the complexity: unraveling the implementation of youth care guidelines

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NAVIGATING THE COMPLEXITY

UNRAVELING THE IMPLEMENTATION OF YOUTH CARE GUIDELINES

1. Implementation research that examines determinants individually misses the essence of complex real-world contexts (this thesis).
2. Perfect adherence to guidelines is a myth; optimal adherence balances core fidelity with context-driven flexibility (this thesis).
3. Implementation science is behavioral science, amplified by system and organizational determinants of behavior change (this thesis).
4. Effect measurements without mechanisms are like a diagnosis without a cause: seemingly useful, but fundamentally empty (this thesis).
5. The solution to implementation complexity is not simplification, but to embrace it and integrate systems thinking science to better understand, study, and improve implementation processes (adapted from Luke, Powell, and Paniagua-Avila, 2024).
6. Even the best procedural knowledge cannot ensure implementation success if professionals avoid difficult conversations (this thesis).
7. Implementation fails when evidence is imposed top-down or left to bottom-up efforts alone (this thesis).
8. Many guideline deviations are intentional and justifiable, and these deviations do not necessarily impact quality of care (Arts et al., 2016).
9. You're not helping the child if you scare the parent away (Helm et al., 2019).
10. Implementation science was born out of a desire to bridge the knowing-doing; it's a paradox if the knowledge produced in this field fails to reach the world of practice (Westerlund et al., 2019).
11. They say it's about the journey, not the destination. Yet in youth care, a strong roadmap is key; but it is the destination that truly defines its value.
12. Gestructureerde chaos is geen gebrek aan orde, maar een persoonlijke vorm van efficiëntie.