



Universiteit
Leiden
The Netherlands

Self-directed language learning using mobile technology in higher education

Lai, Y.

Citation

Lai, Y. (2024, July 3). *Self-directed language learning using mobile technology in higher education*. ICLON PhD Dissertation Series.
Retrieved from <https://hdl.handle.net/1887/3766290>

Version: Publisher's Version

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/3766290>

Note: To cite this publication please use the final published version (if applicable).

Propositions

Associated with this dissertation

Self-directed language learning using mobile technology in higher education

Yuzhi Lai

1. The use of mobile technology are essential for self-directed learners to enhance and expand their learning process (this dissertation).
2. To ensure effective self-directed learning, preparation is imperative before embarking on learning endeavors (this dissertation).
3. Self-directed learners can also include seeking help from others when necessary (this dissertation).
4. Learners' self-regulation skills are needed in self-directed learning using mobile technology (this dissertation).
5. Success in self-directed learning through mobile technology in higher education requires self-directed learners' mobile readiness (this dissertation).
6. Self-directed learning is an indispensable component of lifelong learning.
7. Peer interaction plays a crucial role in assessing self-directed learning process in higher education.
8. Generative artificial intelligence can be considered as a virtual tutor that facilitates self-directed learning.
9. Research should focus on nurturing learners' abilities in self-directed learning.
10. Trajectory of PhD is about exploring the potential of the self, finding the light through darkness, and living with braveness and resilience.