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Trading Responsibility: navigating national burdens in a globalized world

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Propositions accompanying the dissertation:

Trading Responsibility

Navigating national burdens in a globalized world

By Nicolas Navarre

1. Not only would more environmentally conscious food consumption reduce the anthropogenic pressures of the global food system, it could also help improve national food sovereignty. (**Chapter 2**, this thesis)
2. More sustainable food consumption patterns may exacerbate global food waste and global plastic waste generation, but the reduction in impacts from consuming less animal products far outweigh these drawbacks (**Chapters 2 & 3**, this thesis).
3. High-income countries play a significantly larger role in global marine plastic pollution than they expect (**Chapter 4 & 5**, this thesis).
4. There are clear pathways for high-income countries to reduce their plastic waste exports (**Chapter 5**, this thesis).
5. National recycling metrics should not include exported waste.
6. Macroplastic waste transport models should never be derived from upscaling microplastic transport data.
7. Global plastic waste trade can hinder plastic waste management in low- and middle- income countries by removing the need for plastic waste collection infrastructure in these countries.
8. International food trade has allowed for the proliferation and adoption of diets with high environmental impacts. Changing our food consumption patterns away from such diets is one of the most attainable ways to reduce our individual environmental impacts, and we, as individuals, have the agency to do so.

9. Lunch is scared, take the time to take the time.
10. Being a good scientist is just as much about the people in the scientist's life, as it is about the scientist themselves.

Nicolas Navarre

Leiden, 6 June, 2024