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Research paper

Implications of computed tomography reconstruction algorithms on coronary atheroma quantification: Comparison with intravascular ultrasound



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ABSTRACT

Background: Advances in coronary computed tomography angiography (CCTA) reconstruction algorithms are expected to enhance the accuracy of CCTA plaque quantification. We aim to evaluate different CCTA reconstruction approaches in assessing vessel characteristics in coronary atheroma using intravascular ultrasound (IVUS) as the reference standard.

Methods: Matched cross-sections ($n = 7241$) from 50 vessels in 15 participants with chronic coronary syndrome who prospectively underwent CCTA and 3-vessel near-infrared spectroscopy-IVUS were included. Twelve CCTA datasets per patient were reconstructed using two different kernels, two slice thicknesses (0.75 mm and 0.50 mm) and three different strengths of advanced model-based iterative reconstruction (IR) algorithms. Lumen and vessel wall borders were manually annotated in every IVUS and CCTA cross-section which were co-registered using dedicated software. Image quality was sub-optimal in the reconstructions with a sharper kernel, so these were excluded. Intraclass correlation coefficient (ICC) and repeatability coefficient (RC) were used to compare the estimations of the 6 CT reconstruction approaches with those derived by IVUS.

Results: Segment-level analysis showed good agreement between CCTA and IVUS for assessing atheroma volume with approach 0.50/5 (slice thickness 0.50 mm and highest strength 5 ADMIRE IR) being the best (total atheroma volume ICC: 0.91, RC: 0.67, $p < 0.001$ and percentage atheroma volume ICC: 0.64, RC: 14.06, $p < 0.001$). At lesion-level, there was no difference between the CCTA reconstructions for detecting plaques (accuracy range: 0.64–0.67; $p = 0.23$); however, approach 0.50/5 was superior in assessing IVUS-derived lesion characteristics associated with plaque vulnerability (minimum lumen area ICC: 0.64, RC: 1.31, $p < 0.001$ and plaque burden ICC: 0.45, RC: 32.0, $p < 0.001$).

Conclusion: CCTA reconstruction with thinner slice thickness, smooth kernel and highest strength advanced IR enabled more accurate quantification of the lumen and plaque at a segment-, and lesion-level analysis in coronary atheroma when validated against intravascular ultrasound. Clinicaltrials.gov (NCT03556644)

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Abbreviations

ADMIRE	Advanced modeled iterative reconstruction
CCTA	Coronary computed tomography angiography
ICC	Intraclass correlation coefficient
IR	Iterative reconstruction
IVUS	Intravascular ultrasound
MLA	Minimum lumen area
NIRS	Near-infrared spectroscopy
PAV	Percentage atheroma volume
PB	Plaque burden
TAV	Total atheroma volume

1. Introduction

Coronary computed tomography angiography (CCTA) is an established non-invasive imaging modality to detect coronary artery disease with good diagnostic accuracy and high negative predictive value.^{1,2} CCTA has been also proposed for quantifying and characterizing coronary atherosclerotic plaques and identifying patients who are at risk of future cardiovascular events.^{3–6} Despite the potential of this modality, it is today acknowledged that its efficacy in assessing plaque morphology and predicting adverse events is inferior to intravascular imaging which is regarded as the reference standard for evaluating plaque pathology.⁷

Several studies have compared CCTA against invasive imaging, and in particular intravascular ultrasound (IVUS) showing a weak but statistically significant correlation between the estimations of these two modalities.^{8,9} However, most of these studies focused on the comparison at a single cross-section and were performed using older generation CT scanners with outdated and fixed scanning parameters.⁹ Newer, 3rd generation CT scanners and advanced iterative reconstruction (IR) algorithms have been developed to reduce noise, improve image quality, and provide detailed evaluation of lumen and plaque pathology. The objective of the study is to prospectively examine the efficacy of different CCTA reconstruction algorithms in identifying atherosclerotic plaques and quantifying lumen and vessel wall dimensions and plaque burden (PB) in coronary atheroma when using high-resolution IVUS imaging as the reference standard.

2. Methods

2.1. Studied patients

Fifteen patients who were prospectively recruited to the “Evaluation of the efficacy of computed tomographic coronary angiography in assessing coronary artery morphology and physiology” study ([Clinicaltrials.gov NCT03556644](https://clinicaltrials.gov/ct2/show/study/NCT03556644)) were randomly selected and included in this analysis (Fig. 1). The study rationale and design have been published previously.¹⁰ In brief, 70 patients with a chronic coronary syndrome and obstructive coronary artery disease undergoing further assessment (pressure wire or intravascular imaging) or treatment with percutaneous coronary intervention were recruited in the study. All patients underwent coronary CT angiography followed by 3-vessel near infrared spectroscopy (NIRS)-IVUS imaging and functional assessment or treatment as per clinical indication. The study was conducted in accordance with the Declaration of Helsinki and the study protocol was approved by the local ethics committee (REC reference: 17/SC/0566). All patients provided written informed consent prior to study enrolment.

2.2. CCTA and NIRS-IVUS data acquisition

The study patients underwent CCTA using a 3rd generation dual-source CT scanner (Somatom Force, Siemens Healthineers). The scan parameters include prospective ECG-triggered sequential mode, gantry rotation time of 250 ms, $2 \times 128 \times 0.5$ mm collimation with z-flying focal spot for both detectors and tube current determined by the scanner. A minimum tube voltage of 100 kV was used for imaging defined by the CarekV algorithm for accurate assessment of the plaque pathology.

Prior to CCTA imaging, all patients received sublingual nitroglycerin (400mcg) and those with resting heart rate >70bpm, received intravenous metoprolol (up to a maximum dose of 40 mg), provided there was no contraindication. A small test bolus dose of iodinated contrast material (Omnipaque 350) was used to synchronize the image acquisition start of the CT scan. This was followed by a bolus of iodinated contrast material (Omnipaque 350) of 65 mls for patients with body mass index (BMI) < 25 kg/m² or 78 mls for those with BMI >25 kg/m² which was injected intravenously at a rate of 4–5 ml/s and followed by 32 mls of saline chaser given at the same rate. The CT primary-dose related parameters such as CTDIvol and DLP were recorded.

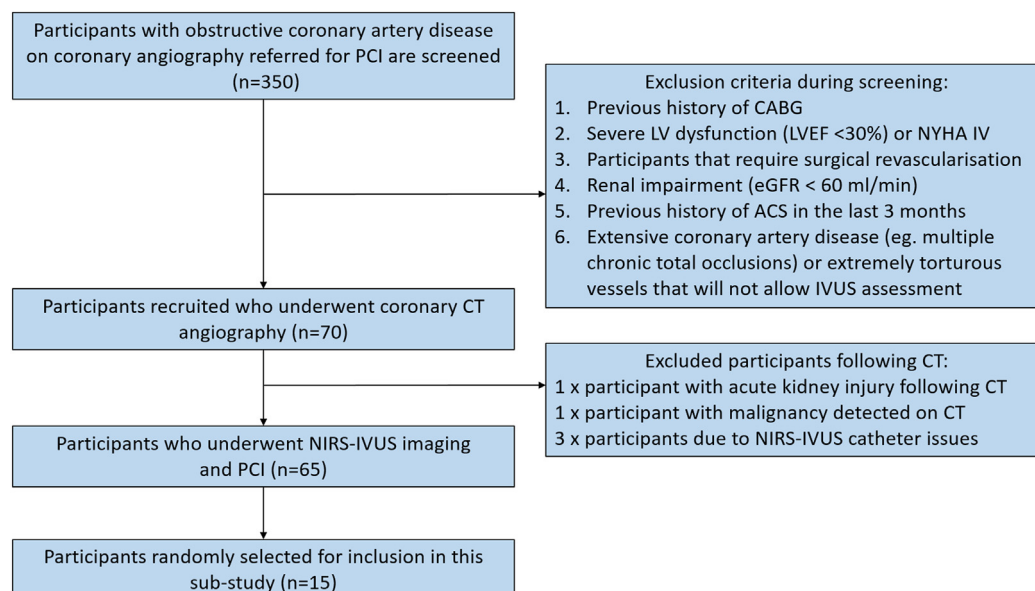


Fig. 1. Study flowchart.

Coronary angiography was performed according to the local protocol. Access site and choice of coronary equipments including guide catheters and guidewires were left to the operator's discretion. All patients received 400mcg of intracoronary nitrate prior to image acquisition. NIRS-IVUS was performed in all 3 major epicardial vessels and where possible, their major side branches with a diameter of more than 2 mm using the 2.4F, high-resolution (35–65 MHz) Makoto™ NIRS-IVUS Imaging System (Infraredx). The catheter was advanced approximately 5 mm distal to the most distal side branch visible in coronary angiography and then pulled back at a constant speed of 0.5 mm/s using an automated pullback device. The images were acquired at 30fps and digitally stored for offline analysis.

2.3. Data analysis

The collected raw CCTA data were reconstructed using 12 different reconstruction approaches that were selected following discussion with the vendor and included the reconstruction methodologies recommended for clinical use. Two different kernels, a medium smooth (b40f) and a sharper (b49f) kernel and two slice thicknesses of 0.75 mm, with a 0.4 mm increments, and of 0.5 mm, with a 0.3 mm increments, were chosen for data reconstruction. The advanced model-based IR (ADMIRE, Siemens Healthineers) was used for CCTA reconstruction whereby three adjustable strength levels were selected – ADMIRE strength 1, 2 and 5. The reconstruction approaches recommended for clinical reporting include both kernels (b40f and b49f), slice thicknesses of 0.75 mm and ADMIRE 2 IR.

The reconstructed CCTA data, the coronary angiography images and the NIRS-IVUS pullbacks were reviewed, anatomical landmarks were

identified and the most proximal and distal side branch that was visible in both NIRS-IVUS and CCTA were used to define the segment of interest. Stented segments were excluded from the analysis.

Quantitative coronary angiography (QCA) was performed in the segment of interest using dedicated software (QAngio XA, Medis Medical Imaging Systems, Leiden, The Netherlands). For each lesion – defined as a segment with a diameter stenosis $>20\%$ ¹¹ – the following metrics were obtained: lesion length, reference vessel diameter (RVD) estimated using an interpolated approach, minimum lumen diameter (MLD) and diameter stenosis (DS). Tandem lesions were considered lesions with a $DS > 20\%$ separated by a disease-free segment with length > 5 mm. In cases of multiple lesions in a segment of interest, the lesion with the maximum DS was used to define disease severity at a segment-level.

CCTA analysis was performed in the segment of interest, blinded to NIRS-IVUS analysis using dedicated software (QAngioCT Research Edition 3.1, Medis Medical Imaging). In this segment, the lumen and vessel wall borders were extracted, and each cross-section were manually corrected by an expert analyst. The reproducibility of the expert was examined in 20 vessels against a second analyst (analysis protocol and results are shown in the supplementary materials).

NIRS-IVUS segmentation was performed for the segment of interest blinded to the CCTA analysis using the QCU-CMS software (Version 4.69, Leiden, University Medical Center). The NIRS-IVUS end-diastolic frames were retrospectively detected using a deep learning-based algorithm and in each of these frames, the lumen and external elastic membrane (EEM) borders were manually drawn.¹¹

The CCTA and NIRS-IVUS images were co-registered using a dedicated in-house software (QAngioCT IVUS Matcher) developed by the Medis Medical Imaging (Fig. 2). This software enables simultaneous

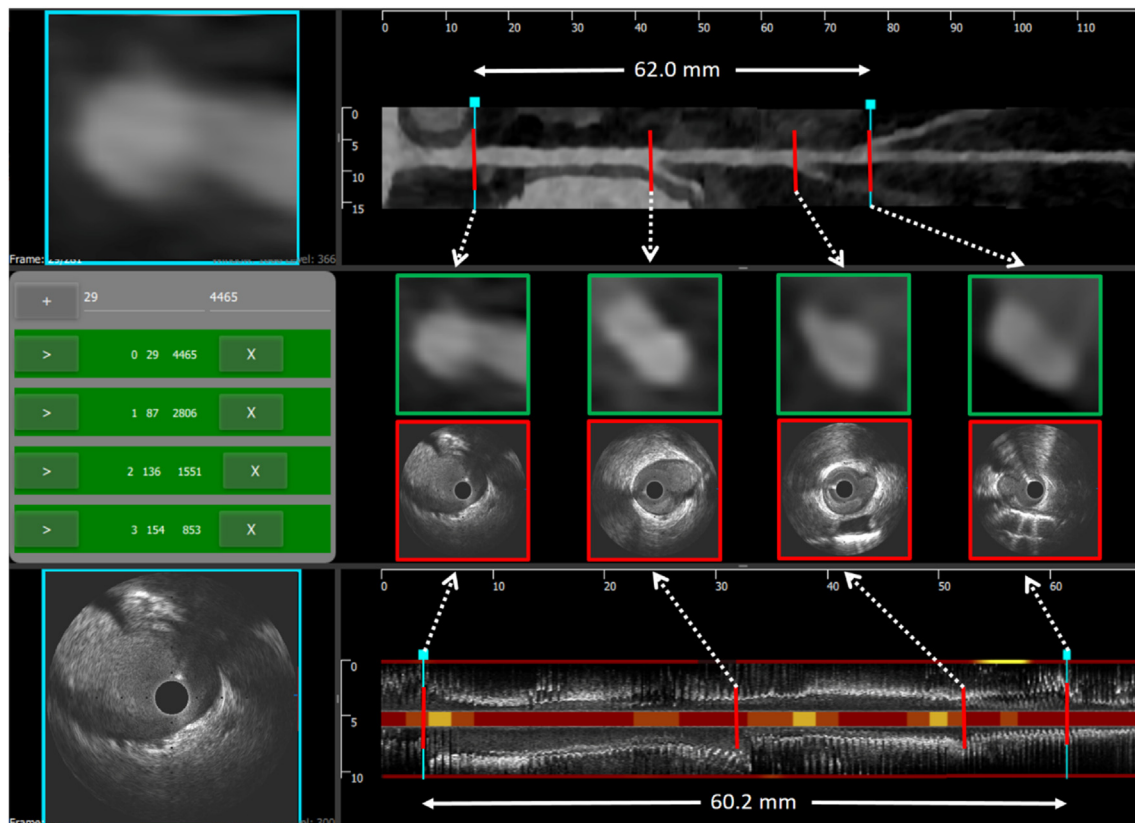


Fig. 2. Snapshot of the software for the co-registration of the IVUS and CCTA images. A longitudinal view of the IVUS pullback along with the annotated end-diastolic NIRS-IVUS frames are seen on the top panel (green) while the bottom panel shows the segment of interest in CCTA and corresponding cross-sectional images (red). The CCTA images are mapped onto the IVUS images along its centerline; anatomical landmarks such as side branches are identified on both modalities and used to identify corresponding frames/cross-section; the CCTA frames in between landmarks are interpolated. The software allows the corrected slice-by-slice comparison between IVUS and CCTA. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

visualization of the CCTA and NIRS-IVUS pullback and identification of corresponding cross-sections in these datasets using anatomical landmarks such as the coronary ostia and the origin of side branches that are seen in both CCTA and NIRS-IVUS. Linear interpolation was used to match images located between corresponding sections. In this way, for every annotated NIRS-IVUS frame, a corresponding CCTA cross-section was defined. This process was performed to identify matching between NIRS-IVUS and the 12 CCTA reconstruction approaches.

2.4. Comparison of CCTA and IVUS metrics

In each CCTA and NIRS-IVUS cross-section, the following metrics were obtained: lumen, vessel – or external elastic membrane (EEM) in the case of NIRS-IVUS – area, plaque area and PB. Three types of comparison were performed between CCTA and NIRS-IVUS:

- *A segment-level analysis:* For this analysis, the lumen, vessel, total atheroma volume (TAV) and the percent atheroma volume (PAV) were estimated for the segment of interest in NIRS-IVUS and CCTA data and were compared.
- *A lesion-level analysis:* In NIRS-IVUS, a lesion is defined as a segment with a minimum PB $\geq 40\%$ over three-consecutive end-diastolic frames. A lesion was considered separate from another if there was a segment of >5 mm with a PB $<40\%$.^{12,13} The same cut-off of 40% was also used to initially define a lesion in CCTA. For each lesion, its length, minimum lumen area (MLA), PB, and remodeling pattern were estimated and compared.¹⁴
- *A cross-sectional-level analysis:* This compared the estimations of NIRS-IVUS and CCTA for the lumen, vessel, plaque area and PB at every corresponding frame/cross-section.

2.5. Statistical analysis

Numerical values are presented as mean $\pm$ standard deviation while categorical variables as absolute values and percentages. Variables were log transformed where necessary to normalize distributions and reduce non-constant variation. Mixed effects models were used to account for clustering and to adjust for systematic bias between the different approaches. Bland-Altman, repeatability (RC) and intraclass correlation coefficient (ICC) were used to compare the agreement between NIRS-IVUS and CCTA estimations. The RC gives the interval within which 95% of test-retest measures lie with smaller values indicating better agreement. Confidence intervals for RC were obtained using bootstrap resampling.

In the segment-level analysis, the PAV and TAV were considered the most important metrics as these have been used as primary endpoints in studies examining the efficacy of novel pharmacotherapies in inhibiting atherosclerotic disease progression.^{15,16} For these, the agreement between the estimations of NIRS-IVUS and CCTA – derived by the ICC and RC were used to rank different approaches. Ranks were combined over metrics and measurement error indices using a multiplicative score function to define the best reconstruction approach. Each metric was assigned an equal weighting.

Similarly, for the lesion-level analysis the PB and MLA were considered as the most important metrics as these variables, in addition to lesion phenotype appear to define lesion vulnerability.^{12,17} The ICC and RC values between NIRS-IVUS and CCTA were computed for these two variables and used to define the best CCTA reconstruction approach for the lesion-level analysis. Finally, for the cross-sectional-level analysis, lumen, vessel, plaque area and PB were considered equally important. The agreement between CCTA and NIRS-IVUS derived by ICC and RC for these variables was used to identify the best CCTA reconstruction methodology for cross-sectional-level segmentation.

Receiver operating characteristics (ROC) curve analysis was used to examine the efficacy of different CCTA reconstruction approaches in detecting lesions identified by NIRS-IVUS and define the best PB cut-off

to detect these lesions using the Youden index. This cut-off was used to repeat the lesion-level analysis and examine the agreement between NIRS-IVUS and CCTA. Statistical analysis was performed using Stata version 16 (StataCorp); a P-value <0.05 was considered statistically significant.

3. Results

3.1. Participant characteristics

In total 350 participants were screened, of which 70 fulfilled the criteria and were included in the study and from these 15 participants were randomly selected and included in the present analysis (Fig. 1). The baseline characteristics of the included participants are summarized in Table 1. The mean age of studied participants was 61 ± 7 years old and the majority of participants were male (80%). Most of the participants had a family history of coronary artery disease and suffered from hypercholesterolemia. There was a balanced distribution of the studied vessels. The mean length of the studied segments on IVUS was 66.1 ± 28.3 mm and 69.9 ± 28.5 mm on CCTA. All participants were in sinus rhythm. The average heart rate during CCTA image acquisition was 61.2 ± 8.4 bpm. In total, 7241 end-diastolic IVUS frames (50 vessels from 15 participants) were analyzed and matched with the CCTA cross-sections.

3.2. Segment-level analysis

The results of the QCA analysis at a segment-level are shown in Supplementary Table 1. Overall, 61 lesions were identified in the studied segments; 8 segments had no lesions.

Of the 12 reconstruction approaches, only those that included a smooth medium b40f kernel were included in the final analysis (Fig. 3). The image quality in the 6 reconstructions with a sharper kernel (b49f) – that improves spatial resolution but considerably also increases noise – did not allow annotation of the lumen and especially, the vessel wall borders with confidence, so these reconstructions were excluded from the study (Supplementary Figure 1).

Table 1
Baseline demographics of the studied patients.

	(n = 15)
Age (years)	61 $\pm$ 7
Gender (male)	12 (80%)
Smoking history	6 (40%)
Family history of CAD	11 (73%)
Previous acute coronary syndrome	1 (7%)
Previous cerebrovascular event	1 (7%)
Co-morbidities	
Diabetes mellitus	3 (20%)
Hypertension	5 (33%)
Hypercholesterolemia	10 (67%)
Renal failure ^a	0 (0%)
Previous PCI	1 (7%)
LV function ^b	
Normal LV function	14 (93%)
Impaired LV function	1 (7%)
Studied vessels	(n = 50)
Left anterior descending artery	16 (32%)
Left circumflex artery	13 (26%)
Right coronary artery	15 (30%)
Intermediate ramus branch	1 (2%)
Diagonal branch	1 (2%)
Obtuse marginal branch	4 (8%)

CAD, coronary artery disease; LV, left ventricle; PCI, percutaneous coronary intervention.

^a Renal failure is defined as an estimated glomerular filtration rate of <60 ml/min/1.73 m².

^b Impaired LV function is defined as LV ejection fraction $<50\%$.

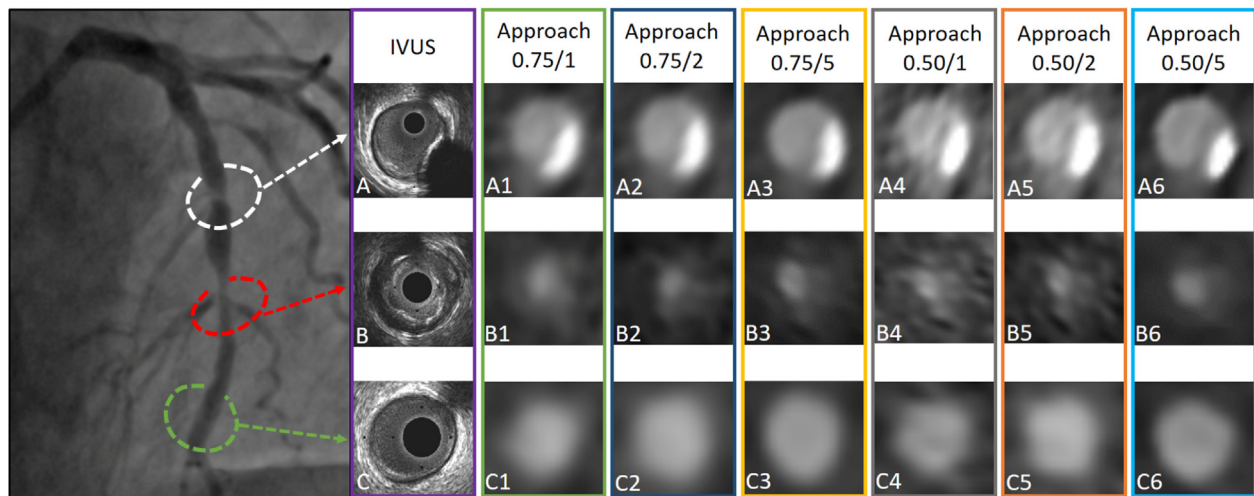


Fig. 3. Case example highlighting the effects of slice thickness and IR strengths on plaque visualization in CCTA. In all cases, CCTA reconstruction was performed using the medium smooth b40f kernel. On the top panel, there is a calcified plaque in the mid vessel of a left anterior descending artery (white dotted circle) with the corresponding IVUS (A) and CCTA reconstruction (Panel A1 to A6). In the middle panel, there is a large non-calcified plaque as seen on the coronary angiography (middle dotted circle). The corresponding IVUS frame (B) and CCTA reconstruction (Panel B1 to B6) are shown in panels B and B1-6 respectively. The bottom panel shows a relatively normal vessel (lower dotted circle) with corresponding IVUS (C) and CCTA reconstruction (Panel C1 to C6). (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

The mean lumen and vessel volume, TAV and PAV were underestimated by CCTA compared with NIRS-IVUS in all approaches; however, their ICC agreement was excellent with NIRS-IVUS for the above metrics. TAV estimations with approach 0.50/5 (slice thickness 0.50 mm and ADMIRE 5 IR) showed the best correlation compared with IVUS among all 6 approaches. A moderate correlation was observed for all 6 approaches for the PAV with approach 0.75/1 having the best correlation and approach 0.75/5 the smallest error among them. When combining the rankings for TAV and PAV, approach 0.50/5 provided the closest estimations to NIRS-IVUS (ICC: 0.91, RC: 0.67, $p < 0.001$ and ICC: 0.64, RC: 14.06, $p < 0.001$, respectively) indicating that this is the ideal method for segment-level analysis (Table 2 and Supplementary Table 2, Fig. 4).

Bland-Altman analysis of TAV and PAV estimations for all 6 approaches are shown in Supplementary Figure 2. Of note, the SD of the differences between IVUS and the estimations of approach 0.50/5 was 11% smaller than the SD reported for approach 0.75/2 – that is currently recommended by the vendor in clinical practice.

3.3. Lesion-level analysis

A total of 95 lesions were detected on NIRS-IVUS imaging in 50 vessels. Of these lesions, 55 were detected by QCA; all the lesions that were not detected by QCA had a PB < 60% on IVUS. In addition, QCA detected 5 lesions that were not seen by IVUS. The QCA analysis results at a lesion-level are presented in supplementary Table 1.

Two types of lesion-level analysis were performed. The first analysis used the standard NIRS-IVUS cut-off (PB $\geq 40\%$ over 3 consecutive end-diastolic frames) to define a lesion in CCTA. Using this cut-off, the accuracy of CCTA was moderate for detecting lesions using NIRS-IVUS as reference standard (Supplementary Table 3). CCTA underestimated lesion length and MLA but overestimated PB and remodeling index compared with NIRS-IVUS estimations (Supplementary Table 4).

ROC curve analysis was performed to define the best PB cut-off for each CCTA reconstruction approach that predicted a PB $\geq 40\%$ on NIRS-IVUS and this was used to identify lesions in CCTA in a repeat analysis (Fig. 5). Supplementary Table 3 summarizes the accuracy of all

Table 2

Comparison of TAV and PAV estimations between NIRS-IVUS and CCTA reconstruction approaches at a segment-level.

NIRS-IVUS and CT reconstructions	Absolute estimations	Mean $\pm$ SD of differences	ICC	P	RC	P	Overall rank ^a
TAV (mm³)							
NIRS-IVUS	409.2 $\pm$ 265.4						
CCTA Approach 0.75/1	177.6 $\pm$ 112.5	231.6 $\pm$ 189.4	0.89 (0.82–0.94)	<0.001	0.70 (0.59–0.82)	<0.001	4
CCTA Approach 0.75/2	178.7 $\pm$ 123.6	230.4 $\pm$ 191.3	0.88 (0.80–0.93)	<0.001	0.76 (0.65–0.88)	<0.001	6
CCTA Approach 0.75/5	142.1 $\pm$ 96.5	267.1 $\pm$ 199.9	0.90 (0.82–0.94)	<0.001	0.69 (0.55–0.82)	<0.001	3
CCTA Approach 0.50/1	190.7 $\pm$ 136.5	218.5 $\pm$ 170.2	0.90 (0.84–0.95)	<0.001	0.68 (0.56–0.80)	<0.001	2
CCTA Approach 0.50/2	176.7 $\pm$ 121.4	232.5 $\pm$ 180.8	0.88 (0.80–0.93)	<0.001	0.75 (0.61–0.89)	<0.001	5
CCTA Approach 0.50/5	155.5 $\pm$ 114.5	253.6 $\pm$ 177.9	0.91 (0.84–0.95)	<0.001	0.67 (0.52–0.83)	<0.001	1
PAV (%)							
NIRS-IVUS	43.40 $\pm$ 8.13						
CCTA Approach 0.75/1	29.54 $\pm$ 9.85	13.86 $\pm$ 7.31	0.67 (0.49–0.80)	<0.001	14.32 (12.06–16.59)	<0.001	2
CCTA Approach 0.75/2	28.47 $\pm$ 9.35	14.93 $\pm$ 7.53	0.63 (0.43–0.77)	<0.001	14.77 (12.74–16.80)	<0.001	4
CCTA Approach 0.75/5	25.65 $\pm$ 8.92	17.75 $\pm$ 7.14	0.65 (0.46–0.79)	<0.001	13.98 (11.46–16.51)	<0.001	1
CCTA Approach 0.50/1	30.26 $\pm$ 9.25	13.14 $\pm$ 7.62	0.62 (0.41–0.76)	<0.001	14.93 (12.30–17.56)	<0.001	5
CCTA Approach 0.50/2	29.46 $\pm$ 9.07	13.94 $\pm$ 7.74	0.61 (0.40–0.76)	<0.001	14.98 (12.60–17.35)	<0.001	6
CCTA Approach 0.50/5	26.30 $\pm$ 8.82	17.10 $\pm$ 7.18	0.64 (0.45–0.78)	<0.001	14.06 (11.20–16.92)	<0.001	3

ICC, intraclass correlation; PAV, percent atheroma volume; RC, repeatability coefficient; TAV, total atheroma volume.

Numbers in parentheses are 95% CIs.

^a The rank is based on the combination of ICC and RC which were used to compare IVUS and CCTA algorithms. Lower rank indicates a better accuracy against IVUS estimations (rank 1 = best and rank 5 = worst).

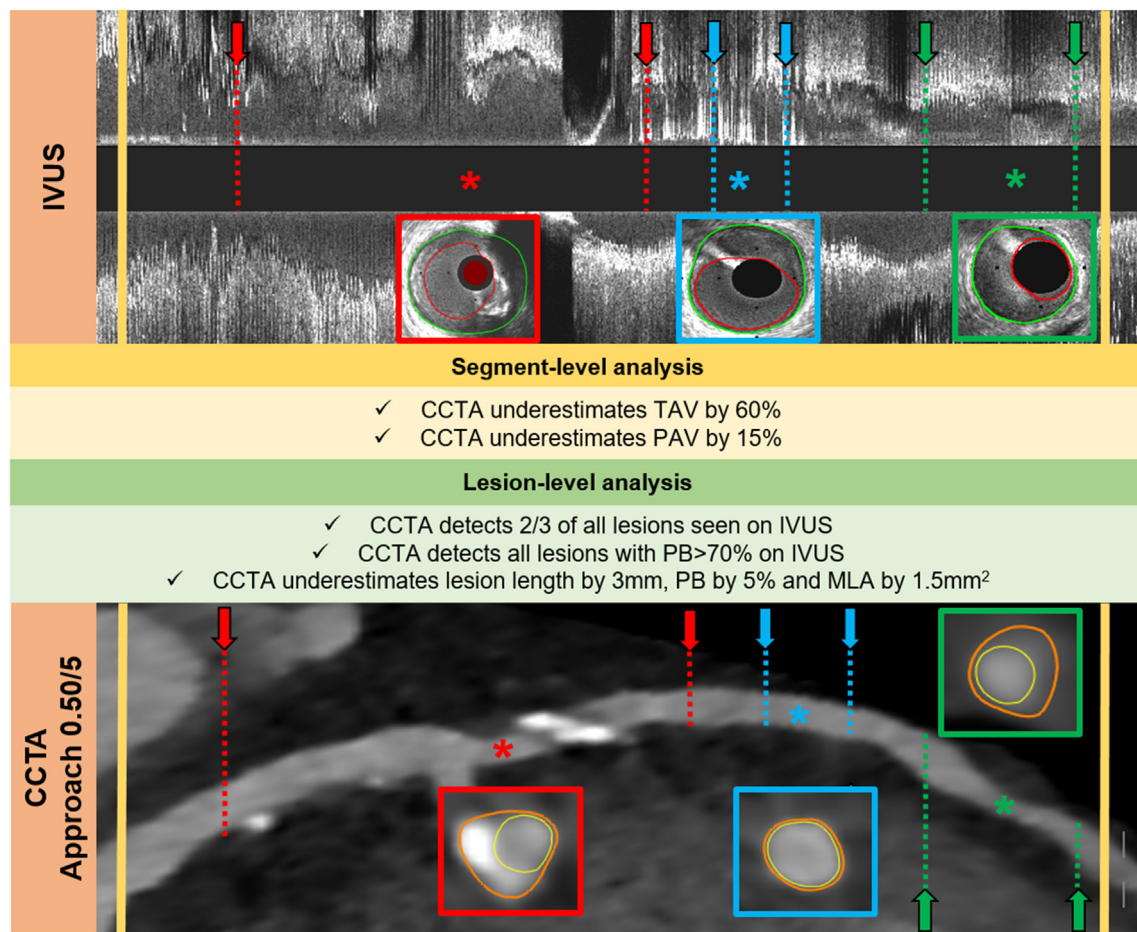


Fig. 4. IVUS and corresponding CCTA longitudinal and cross-sectional images reconstructed using the 0.50/5 approach. Overall CCTA considerably underestimates the PAV and TAV for the segment of interest (marked with a yellow vertical line in both modalities) and is capable to detect only 2 out of the 3 lesions detected on IVUS (the proximal and distal reference site of each lesion is located with vertical lines while the * indicate the location of the MLA shown in the IVUS and coronary CTCA cross-sectional images). CT angiography detected the calcified plaque (red square) and a large fibrotic plaque (green square) but missed the fibrotic plaque with smaller PB (blue square) compared to IVUS. CCTA underestimates lesion length, PB and MLA compared with IVUS.

6 CCTA approaches using the new cut-offs. Overall, there was no difference in the performance of the 6 approaches that had a moderate overall accuracy (range: 0.64–0.67, $p = 0.23$). The 6 CCTA approaches detected approximately two-thirds of the 95 lesions identified by IVUS (range: 63–75 lesions) with weak sensitivity but high specificity. CCTA underestimated lesion length, MLA and PB compared with IVUS (Table 3, Fig. 4). Approaches 0.50/5 and 0.75/2 were both the best reconstructions in assessing the MLA (ICC: 0.64, RC: 1.31, $p < 0.001$ and ICC: 0.62, RC: 1.42, $p < 0.001$, respectively) and PB (ICC: 0.45, RC: 32.0, $p < 0.001$ and ICC: 0.53, RC: 28.0, $p < 0.001$, respectively) at a lesion-level.

3.4. Cross-sectional-level analysis

The cross-sectional-level analysis showed similar results compared to the segment- and lesion-level analysis; approach 0.5/5 had the best agreement with NIRS-IVUS for assessing the lumen, vessel, plaque area and PB at a cross-sectional-level (Supplementary Table 5, Supplementary Figure 3).

4. Discussion

The present study evaluated the effects of different CCTA reconstruction algorithms for assessing lumen and vessel wall dimensions and

quantifying plaque using NIRS-IVUS as the reference standard. We have demonstrated that 1) slice thickness and iterative reconstruction (IR) strengths influence CCTA's ability to accurately assess coronary atheroma; 2) reconstruction approach 0.50/5 with thinner slice thickness and highest IR strength has the best correlation compared with IVUS for estimating TAV and PAV in a segment-level analysis, for quantifying the MLA and PB at a lesion-level and for assessing lumen, vessel wall and plaque area and PB at a cross-sectional-level.

Advances in CCTA acquisition and the development of efficient post-processing methodologies have improved image resolution and reduced radiation dose enabling its broad use in clinical practice to detect coronary artery disease. Several studies in recent years have investigated and highlighted the importance of the reconstruction parameters in CCTA volumetric analyses. Puchner et al. demonstrated that iterative CT angiography reconstruction is superior to filter back-projection and adaptive statistical modelling in quantifying PB¹⁸; Achenbach et al. showed that slice thickness and reconstruction kernels influence the attenuation of non-calcified plaques,¹⁹ while Qian et al. highlighted the role of slice thickness on the quantification of calcific burden.²⁰ Finally, Motoyama et al. compared ultra-high-resolution CT angiography (slice thickness = 0.25 mm) with conventional CT angiography (slice thickness = 0.50 mm) and showed that high-resolution CT angiography had an improved diagnostic accuracy for detecting >50% stenosis against coronary angiography (AUC 0.98 vs 0.80).²¹ However the optimal

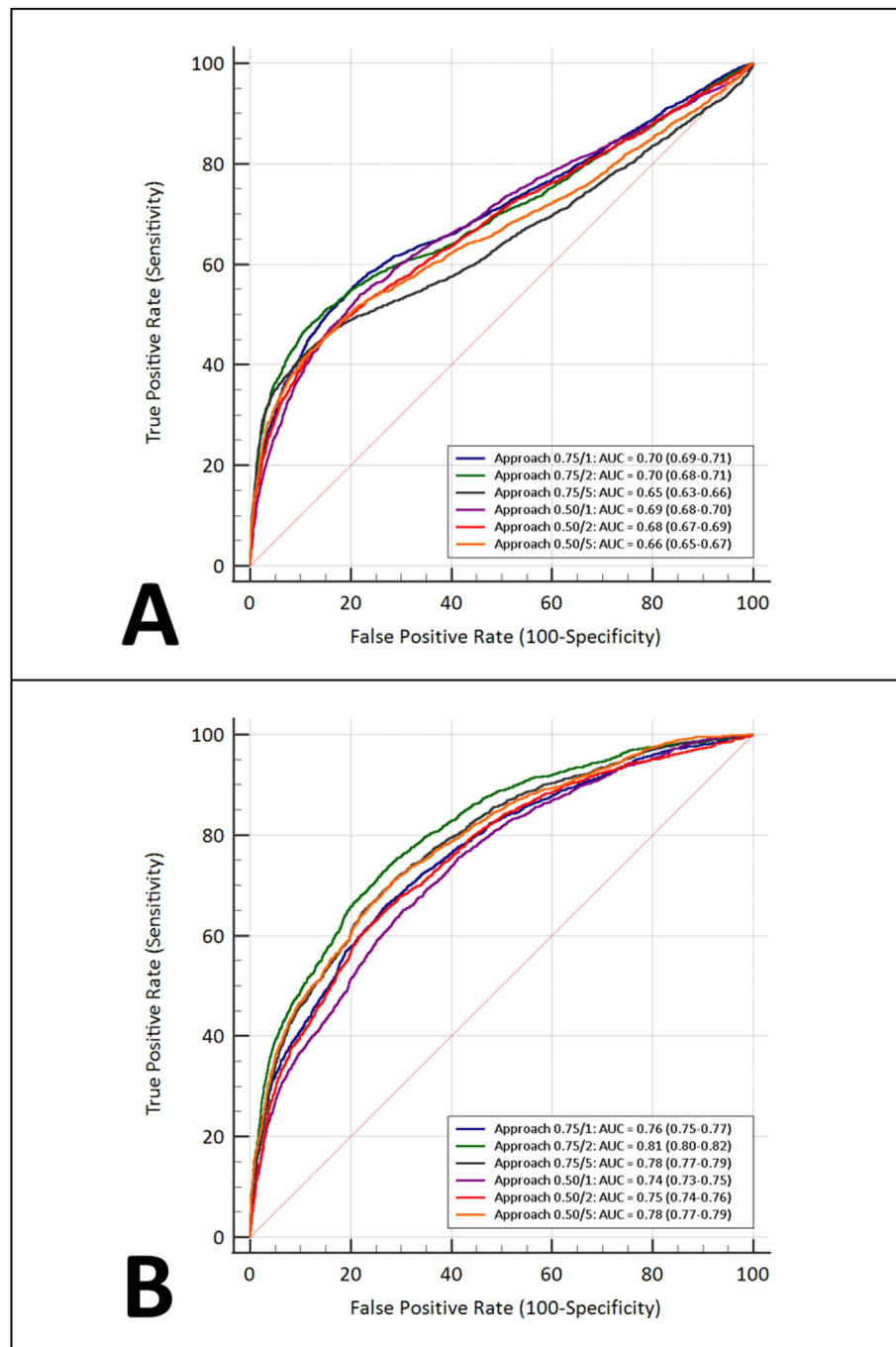


Fig. 5. Efficacy of the 6 CCTA reconstruction algorithms for detecting lesions using a PB cut-off of 40% (A) and using the best cut-off estimated for each approach (B).

reconstruction approach in 3rd generation CT scanners have not been previously well established in the literature.

Our study was designed to address this unmet need and identify the optimal reconstruction parameters for future CCTA studies of atherosclerosis.¹⁰ Its prospective design allowed us to pay attention to the fine details. Data acquisition was optimal and CCTA imaging was performed in all patients with a minimum tube voltage of 100 kV (13 participants had CCTA with 100 kV and the remaining two participants with 110 kV and 120 kV due to their increased body weight) as this can affect plaque attenuation and, potentially, PB quantification.²² In contrast to previous studies, which included patients who had IVUS for clinical reasons in a single vessel to assess disease severity or to guide revascularization,^{23–25} our analysis included prospective study participants with established obstructive coronary artery disease that underwent 3-vessel NIRS-IVUS

imaging in all the epicardial coronary arteries and their major sides branches irrespective of the presence of coronary artery disease in these segments. Moreover, it implemented a robust validation methodology to evaluate the performance of CT angiography at a segment-, lesion-, and cross-sectional-level and in contrast to previous reports, it introduced IVUS-specific criteria to define lesions.^{24,26} Finally, the present study used a dedicated software to identify matching between NIRS-IVUS and CCTA data and included all lesions and frames within the segments of interest for the lesion and cross-sectional level analysis, respectively. Therefore, this analysis overcome the bias introduced by other studies that focused on the comparison of the two modalities in the most diseased lesion,²⁴ at the MLA,²³ or selected cross-sections,²⁵ and enabled more thorough evaluation of the performance of CCTA and its limitations in assessing lumen and vessel wall dimensions and PB (Supplementary Figure 4).

Table 3

Accuracy of CCTA reconstruction algorithms for assessing lesion characteristics.

NIRS-IVUS and CT reconstructions	Absolute estimations	Mean $\pm$ SD of differences	ICC	P	RC	P	Overall Rank ^a
Lesion length (mm)							
NIRS-IVUS	21.05 $\pm$ 18.71						
CCTA Approach 0.75/1	22.40 $\pm$ 17.17	0.41 $\pm$ 19.49	0.41 (0.25–0.60)	<0.001	38.2 (32.1–44.4)	<0.001	5
CCTA Approach 0.75/2	16.86 $\pm$ 14.95	5.90 $\pm$ 12.59	0.73 (0.61–0.83)	<0.001	24.7 (18.8–30.6)	<0.001	1
CCTA Approach 0.75/5	16.69 $\pm$ 15.90	6.05 $\pm$ 17.46	0.51 (0.34–0.67)	<0.001	34.2 (26.6–41.8)	<0.001	4
CCTA Approach 0.50/1	20.54 $\pm$ 17.53	1.80 $\pm$ 16.96	0.56 (0.41–0.70)	<0.001	33.2 (26.7–39.7)	<0.001	2
CCTA Approach 0.50/2	15.86 $\pm$ 13.19	6.12 $\pm$ 16.76	0.48 (0.32–0.65)	<0.001	32.9 (26.5–39.2)	<0.001	3
CCTA Approach 0.50/5	16.19 $\pm$ 18.43	6.41 $\pm$ 19.89	0.43 (0.27–0.61)	<0.001	39.0 (30.6–47.3)	<0.001	6
MLA (mm²)							
NIRS-IVUS	4.84 $\pm$ 3.25						
CCTA Approach 0.75/1	3.18 $\pm$ 2.00	1.22 $\pm$ 2.05	0.64 (0.49–0.76)	<0.001	1.22 (1.00–1.45)	<0.001	1
CCTA Approach 0.75/2	3.83 $\pm$ 3.16	0.70 $\pm$ 2.44	0.62 (0.46–0.75)	<0.001	1.42 (0.82–2.02)	<0.001	2
CCTA Approach 0.75/5	3.23 $\pm$ 2.19	1.08 $\pm$ 2.25	0.54 (0.38–0.70)	<0.001	1.59 (1.13–2.04)	<0.001	4
CCTA Approach 0.50/1	2.87 $\pm$ 1.89	1.72 $\pm$ 2.53	0.54 (0.38–0.70)	<0.001	1.44 (1.02–1.86)	<0.001	5
CCTA Approach 0.50/2	2.95 $\pm$ 2.04	1.84 $\pm$ 2.80	0.65 (0.40–0.70)	<0.001	1.35 (0.97–1.74)	<0.001	5
CCTA Approach 0.50/5	3.45 $\pm$ 2.75	1.23 $\pm$ 2.42	0.64 (0.49–0.76)	<0.001	1.31 (0.94–1.67)	<0.001	2
PB (%)							
NIRS-IVUS	63.0 $\pm$ 13.0						
CCTA Approach 0.75/1	60.1 $\pm$ 19.8	4.20 $\pm$ 18.58	0.38 (0.20–0.56)	<0.001	36.4 (30.7–42.1)	<0.001	5
CCTA Approach 0.75/2	60.7 $\pm$ 17.0	5.14 $\pm$ 14.26	0.53 (0.37–0.70)	<0.001	28.0 (23.4–32.5)	<0.001	1
CCTA Approach 0.75/5	56.0 $\pm$ 21.9	9.48 $\pm$ 17.53	0.47 (0.32–0.61)	<0.001	34.4 (30.2–38.6)	<0.001	3
CCTA Approach 0.50/1	63.7 $\pm$ 17.9	0.33 $\pm$ 18.13	0.33 (0.14–0.53)	<0.001	35.5 (30.8–40.2)	<0.001	5
CCTA Approach 0.50/2	64.0 $\pm$ 16.6	−0.14 $\pm$ 16.36	0.41 (0.22–0.60)	<0.001	32.1 (27.5–36.6)	<0.001	4
CCTA Approach 0.50/5	57.2 $\pm$ 18.7	7.26 $\pm$ 16.32	0.45 (0.29–0.61)	<0.001	32.0 (28.0–35.9)	<0.001	2
Remodeling Index							
NIRS-IVUS	0.84 $\pm$ 0.22						
CCTA Approach 0.75/1	0.70 $\pm$ 0.46	−0.06 $\pm$ 0.32	0.37 (0.09–0.60)	0.005	0.63 (0.44–0.83)	<0.001	4
CCTA Approach 0.75/2	0.79 $\pm$ 0.41	−0.12 $\pm$ 0.30	0.44 (0.18–0.65)	<0.001	0.58 (0.43–0.73)	<0.001	1
CCTA Approach 0.75/5	0.79 $\pm$ 0.41	−0.08 $\pm$ 0.37	0.14 (0.00–0.41)	0.17	0.73 (0.54–0.91)	<0.001	6
CCTA Approach 0.50/1	0.72 $\pm$ 0.45	−0.09 $\pm$ 0.30	0.37 (0.11–0.58)	0.004	0.58 (0.40–0.75)	<0.001	2
CCTA Approach 0.50/2	0.81 $\pm$ 0.39	−0.12 $\pm$ 0.32	0.37 (0.11–0.58)	0.003	0.63 (0.49–0.76)	<0.001	3
CCTA Approach 0.50/5	0.93 $\pm$ 0.44	−0.13 $\pm$ 0.42	0.38 (0.12–0.59)	0.003	0.81 (0.54–1.09)	<0.001	5

ICC, intraclass correlation; MLA, minimum lumen area; PB, plaque burden; SD, standard deviation; RC, repeatability coefficient.

Numbers in parentheses are 95% CIs.

^a The rank is based on the combination of ICC and RC which were used to compare IVUS and CCTA algorithms. Lower rank indicates a better accuracy against IVUS estimations (rank 1 = best and rank 5 = worst).

We found that a combination of a medium smooth kernel, a thinner slice thickness and an increased strength IR reconstruction, that is not currently recommended by the vendor for clinical use, provides closer estimations to NIRS-IVUS compared with the other reconstruction approaches. This finding contradicts a previous study that showed a superior image quality using the medium strength older-SAFIRE 3 IR.²⁷ In that study, a higher strength IR resulted in a plastic like appearance of the lumen but had overall superior signal-to-noise and contrast-to-noise ratio than the other reconstruction algorithms. These features appear to allow advanced ADMIRE IR to better delineate anatomical borders and edges and in combination with a thinner slice thickness to enable more accurate assessment of lumen and vessel wall dimensions.²⁸ Therefore, this approach should be preferred in serial CCTA studies to assess the effect of novel pharmacotherapies on plaque evolution. In addition, this approach should be preferred for training artificial intelligence-based algorithms that will rely on the annotations of the expert analyst to rapidly and accurately segment CCTA imaging data.²⁹ Given the fact that MLA and PB are predictors of plaque vulnerability,^{30–32} we postulate that the use of the 0.5/5 reconstruction approach will allow more accurate detection of high-risk lesions and patients.

Our study had several limitations. 1) We evaluated CCTA reconstruction algorithm from a single vendor, thus it is unclear whether these findings can be generalized to other CCTA systems. However, we believe that this study is important as it underscores for the first time, the need to perform similar studies in different scanners and identify the optimal reconstruction methodology for each vendor, as optimal data reconstruction is likely to enable more accurate detection of high-risk lesions and precise assessment of the effects of novel pharmacotherapies on atheroma burden. 2) The number of the studied participants and

segments were relatively small; however, the analysis of a larger numbers of segments using 12 different reconstruction approaches would have been challenging as CCTA segmentation was performed manually at every cross-section. 3) We did not assess the effects of different reconstruction algorithms on plaque composition and on the identification of plaque features associated with increased vulnerability such as napkin ring sign, spotty calcification and attenuated plaques. However, atheroma burden is the most important predictor of cardiovascular events in imaging studies of atherosclerosis and the most established surrogate endpoint of assessing the implications of novel therapies on plaque evolution.^{12,33,34} Besides, the accurate delineation of plaque region is the first step for assessing its composition and morphological characteristics either by visual inspection or by performing radiomic analysis.³⁵ 4) Although approach 0.50/5 was consistently superior to the other reconstruction methods in assessing lumen and plaque dimensions, it unclear if this is clinically relevant in the context of the relative large inter- and intra-observer variability of CCTA.³⁶ However, this limitation is likely to be overcome in the future with the development of advanced methodologies for the fully automated segmentation of CCTA data. 5) The patients included in the present study had extensive coronary artery disease and increased PB; therefore, it is unclear whether the findings of our analysis are applicable to patients with less advanced atherosclerosis.

In conclusion, CCTA reconstruction with medium smooth kernel, thinner slice thickness and highest strength IR enabled accurate volumetric analyses at a segment-level and lesion-specific variable estimations in coronary atheroma when validated against NIRS-IVUS. Future CCTA studies evaluating the effects of novel pharmacotherapies on atheroma burden and detection of high-risk lesions may adopt this approach for accurate CCTA segmentation.

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Declaration of competing interest

All authors have no conflicts of interests to declare.

Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jcct.2022.09.004>.

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