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## **eHealth for all? Towards usable and effective ehealth services in different health care settings**

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# eHealth for all?

## Towards usable and effective eHealth services in different health care settings

1. An online triage tool is not consistently optimal to replace triage of GPs, but at least it is verifiable. *(this thesis)*
2. Implementing eHealth services takes time, effort, motivation from all users and requires believers who want to stand out and use the service. *(this thesis)*
3. A proper eHealth service requires co-creation with all stakeholders. *(this thesis)*
4. Patients prefer at home diagnostic tests compared to clinic-based testing. *(this thesis, chapter 2)*
5. An online support and information application for asthma and COPD patients leads to a moderate increase in medication adherence. *(this thesis, chapter 6)*
6. To successfully implement eHealth in primary care, context-specific implementation strategies are essential. *(Versluis A., et al. European Journal of General Practice 2020; 26(1): 140-145)*
7. The usability of eHealth goes beyond navigation, language, and error prevention. It also includes patient's perspectives and how eHealth supports them in health care. *(Broekhuis M., et al. JMIR Formative Research 2021; 5(7): e18198)*
8. Suitable research procedures need to be applied to study eHealth to keep up with the pace of technology. *(Bonten T.N., et al. JMIR 2020;22(8):e17774)*
9. It is important to account for differences in access and communication preferences when designing and implementing eHealth for a diverse population. *(Gordon N. P., & Hornbrook M. C. JMIR 2016; 18(3): e50)*
10. Vergeet nooit, dat alles ooit met een glimlach is begonnen. *(Monique Rijken (mama) & Walt Disney).*
11. You never know how strong you are until you dance all night on high heels.
12. Ik ben opgegroeid met bijzondere vrouwen om mij heen. Zij leren mij tot de dag van vandaag over kracht en waardigheid. *(geïnspireerd door Michelle Obama)*
13. When writing a PhD dissertation keep in mind: 'You might not write well every day, but you can always edit a bad page. You cannot edit a blank page.' *(naar Jodi Picoult)*