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Sexual health care in prostate cancer for men and their partners

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Stellingen behorend bij het proefschrift
Sexual health care in prostate cancer for men and their partners

1. Patients indicated that adequate information provision and satisfactory interaction with their healthcare providers helped them dealing with changes in their sexuality (dit proefschrift).
2. Prostate cancer has been described as a 'relationship disease' (dit proefschrift).
3. It may not be assumed that all healthcare professionals are able to practice sexual medicine. Establishing an adequate referral system in outpatient clinics should enable them to refer patients to specialized healthcare professionals (dit proefschrift).
4. Future research should ensure that the sample reflects the characteristics of our population, since traditional views on gender and sexual orientation were used (dit proefschrift).
5. 'A clinician-initiated discussion should be conducted with the patient and the partner (if partnered and culturally appropriate), about realistic expectations of the impact of prostate cancer therapy on the patient's sexual function, the partner's sexual experience, and the couples' sexual relationship.' (Wittmann et al. *J Sex Med.* 2022 Nov;19(11):1655-1669)
6. Accepteer dat seksualiteit en intimiteit anders is dan eerst; zoek naar andere mogelijkheden om dit te beleven (vrij naar Prostaatankerstichting.nl).
7. 'Of the side effects endured by prostate cancer survivors, issues relating to sexual function and intimacy are most commonly reported and are consistently considered among the most distressing unmet need in this patient population.' (Bossio et al. *Sex Med Rev.* 2019. Oct;7(4):627-635)
8. 'Sexual well-being in patients with cancer is often overlooked; the sexual well-being of partners of patients with cancer is similarly poorly understood and often neglected.' (Salter et al. *Urol Clin North Am.* 2021 Nov;48(4):591-602)
9. Tegenwind doet de vlieger stijgen (vrij naar Jean Antoine Petit-Senn, Franse dichter, 1792-1870).
10. De ziekte zelf is pijnloos; het is de genezing die pijn doet (vrij naar Katharine Whitehorn, Brits journalist en columnist, 1928-2021).
11. Het is veel belangrijker om te weten wat voor type patiënt de ziekte heeft dan wat voor type ziekte de patiënt heeft (vrij naar William Osler, Canadees arts, 1849-1919).
12. Er zijn maar twee taboes in de wereld: seks en de dood (vrij naar Bhagwan Shree Rajneesh, Indiase goeroe en spirituele leermeester, 1931-1990).