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Maneuvering through a world of stressors: adolescents' experience of stress, the effectiveness of a psychoeducational program about stress, and the self-perceived need for additional support

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Maneuvering through a World of Stressors

Adolescents' Experience of Stress, the Effectiveness of a Psychoeducational Program about
Stress, and the Self-perceived Need for Additional Support

Simone Vogelaar

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