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**Maneuvering through a world of stressors: adolescents' experience of stress, the effectiveness of a psychoeducational program about stress, and the self-perceived need for additional support**

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**Citation**

Vogelaar, S. (2024, February 6). *Maneuvering through a world of stressors: adolescents' experience of stress, the effectiveness of a psychoeducational program about stress, and the self-perceived need for additional support.*

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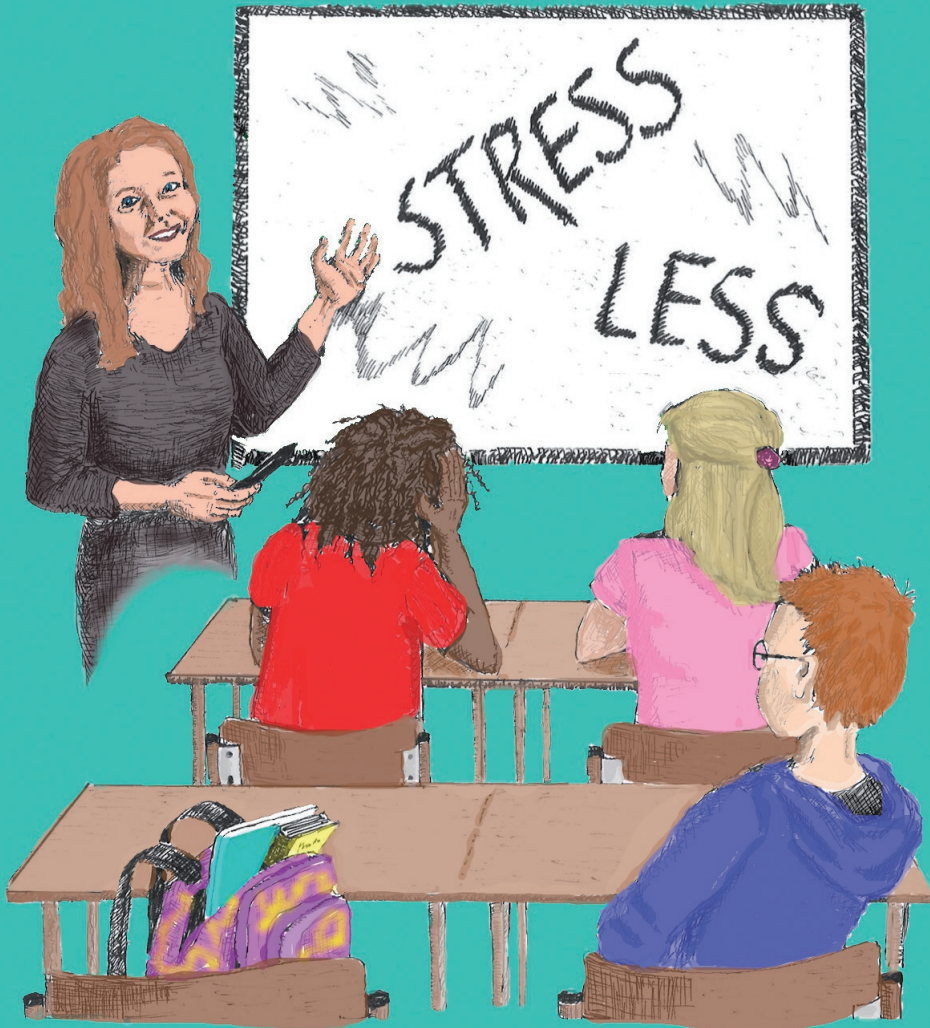
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# Maneuvering through a World of Stressors

Adolescents' Experience of Stress, the Effectiveness of a Psychoeducational Program about Stress, and the Self-perceived Need for Additional Support



Simone Vogelaar

