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## Perspective on shared decision-making for depression and anxiety disorders in clinical practice: a qualitative and quantitative exploration

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# **Perspectives on shared decision-making for depression and anxiety disorders in clinical practice: a qualitative and quantitative exploration**

*a matter of choice*

**Sumayah Rodenburg-Vandenbussche**

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S. Rodenburg-Vandenbussche

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# **Perspectives on shared decision-making for depression and anxiety disorders in clinical practice: a qualitative and quantitative exploration**

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**To be, or not to be**

To be, or not to be; that is the question;  
Whether 't is nobler in the mind to suffer  
The slings and arrows of outrageous fortune,  
Or to take arms against a sea of troubles,  
And by opposing, end them. To die, to sleep –

*BY WILLIAM SHAKESPEARE (HAMLET)*



## Table of Contents

<b>Chapter 1</b>	General introduction	9
<b>Chapter 2</b>	Clinical and sociodemographic associations with treatment selection in Major Depression	23
<b>Chapter 3</b>	Treatment decision-making for Depression, Anxiety disorders, and Obsessive-Compulsive disorder in specialized psychiatric care: Patients' and clinicians' perspectives on treatment preferences, treatment decisions and influencing factors.	43
<b>Chapter 4</b>	Patients' and clinicians' perspectives on shared decision-making regarding treatment decisions for Depression, Anxiety disorders, and Obsessive-Compulsive disorder in specialized psychiatric care.	75
<b>Chapter 5</b>	Decision-making and the role of preferences in the treatment of Depression and Anxiety disorders: A cross-sectional survey in specialized psychiatric care	103
<b>Chapter 6</b>	Dutch translation and psychometric testing of the 9-Item Shared Decision Making Questionnaire (SDM-Q-9) and Shared Decision Making Questionnaire-Physician Version (SDM-Q-Doc) in primary and secondary Care	131
<b>Chapter 7</b>	Summary and general discussion	153
<b>Addendum</b>		179
Nederlandse samenvatting		180
Curriculum vitae		186
List of publications		188
Dankwoord		190