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Contemplations into respiration: effects of breathing and meditative movement on body and mind

Gerritsen, R.J.S.

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Curriculum Vitae

Roderik Jan Sebastiaan Gerritsen was born on 14 June 1979 in Utrecht, the Netherlands. He finished VWO (pre-university) at the Werkplaats Kindergemeenschap, located in Bilthoven, in 1997. The candidate then proceeded to study psychology at Leiden University during the same year. He did his internship at the psychopharmacology department of Utrecht University in 2001. Roderik obtained the degree of Doctorandus in Experimental & Theoretical Psychology in 2004. In 2006 and 2007 he lived in Taiwan and worked as a research assistant at the electrophysiology lab of National Chung Cheng University. From 2008 till 2017 the candidate worked in the cultural sector: in public libraries. In 2013 he was admitted as an external PhD candidate to the graduate school of the Faculty of Social Sciences, department of Cognitive Psychology, at Leiden University. Since 2014 he has also been working at Leiden University as a (tenured) lecturer in cognitive and general psychology.