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## The use of mobile health to evolve outpatient thoracic surgical care: a focus on implementation, patient engagement, arrhythmia detection and cardiovascular risk reduction

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# THE USE OF MOBILE HEALTH TO EVOLVE OUTPATIENT THORACIC SURGICAL CARE

A FOCUS ON IMPLEMENTATION, PATIENT ENGAGEMENT,  
ARRHYTHMIA DETECTION AND CARDIOVASCULAR RISK REDUCTION

TOM BIERSTEKER

## **Colofon**

The studies described in this thesis were performed at the department of Cardiology of the Leiden University Medical Hospital, Leiden, the Netherlands.

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# **The use of mobile health to evolve outpatient thoracic surgical care**

*A focus on implementation, patient engagement, arrhythmia detection  
and cardiovascular risk reduction*

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Voor mijn lieve moeder Marjolijn



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