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Urbanization in Indonesia and its impact on non-communicable diseases: a clinical, epidemiological, and immunological study

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CURRICULUM VITAE

Farid Kurniawan was born on the 6th of January 1984 in Sidoarjo, East Java, Indonesia, where he also completed his primary and secondary education. In 2001, he moved to Jakarta to start his university education and obtained his medical doctor (MD) degree in 2007 from the Faculty of Medicine, Universitas Indonesia (FKUI). In 2015, he completed his training as an internal medicine specialist at the same university. Afterward, he began working as academic medical staff in the Division of Endocrinology, Metabolism, and Diabetes, Department of Internal Medicine FKUI and Dr. Cipto Mangunkusumo National General Hospital.

In 2016, Farid received a six months Erasmus+ travel grant to join the Half minor program at Leiden University Medical Center (LUMC) in the Netherlands, followed by a research internship in the Department of Parasitology under the supervision of Prof. Maria Yazdanbakhsh, Dr. Erliyani Sartono, and Dr. Dicky L. Tahapary. During this period, he became interested in learning more about the impact of urbanization on metabolic health of Indonesians in relation to varying degrees of exposure to microorganisms and parasites.

After being appointed as one of the internal medicine doctors for the 2017 Indonesian Hajj Health Mission and becoming a civil servant in 2018 under the Ministry of Health Republic of Indonesia, Farid won a highly competitive scholarship from the Indonesian Endowment Funds for Education (Lembaga Pengelola Dana Pendidikan/LPDP) to start his PhD under the supervision of Prof. Maria Yazdanbakhsh, Dr. Erliyani Sartono, and Dr. Dicky L. Tahapary in April 2019. During his PhD, Farid concentrated on two research projects in Indonesia. First, a prospective cohort study in young Indonesian adults to evaluate the impact of urbanization on metabolic health and allergic diseases. Secondly, a longitudinal study incorporating clinical and immunological assessments to better understand the pathogenesis of COVID-19 in obesity and diabetes. He also collaborated with Dr. Renee de Mutsert from the Department of Clinical Epidemiology of LUMC on analyzing a large dataset from the Indonesian national health survey. During his PhD trajectory, he joined a four months clinical observership at the Department of Endocrinology LUMC under the supervision of Prof. Nienke R. Biermasz.



After finishing his PhD, Farid will return to FKUI and Dr. Cipto Mangunkusumo National General Hospital to complete his endocrinology subspecialty residency program, combined with clinical work and teaching. He will continue with his research activities in the Cluster of Metabolic Disorders, Cardiovascular, and Aging of the Indonesian Medical Education and Research Institute (IMERI)-FKUI. He intends to focus on the immunological and gut ecosystem aspects of diabetes, obesity, and endocrinology.

LIST OF PUBLICATIONS

In this thesis

Tahapary DL*, de Ruiter K*, **Kurniawan F***, Djuardi Y, Wang Y, Nurdin SME, Wang Y, Iskandar E, Minggu D, Yunir E, Guigas B, Supali T, Rensen PCN, Sartono E, Soewondo P, Harbuwono DS, Smit, JWA, Yazdanbakhsh M. Impact of rural-urban environment on metabolic profile and response to a 5-day high-fat diet. *Scientific Reports*. 2018; 8, 8149.

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