



Universiteit
Leiden
The Netherlands

Binge-eating disorder in the Arabic world and the Netherlands, assessment, etiology, efficacy, effectiveness and economic evaluation of psychological interventions

Melisse, B.

Citation

Melisse, B. (2023, September 13). *Binge-eating disorder in the Arabic world and the Netherlands, assessment, etiology, efficacy, effectiveness and economic evaluation of psychological interventions*.

Version: Publisher's Version

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from:

Note: To cite this publication please use the final published version (if applicable).

Binge- eating disorder in the Arabic world and the Netherlands, assessment, etiology,
efficacy, effectiveness and economic evaluation of psychological interventions

ter verkrijging van

de graad van doctor aan de Universiteit Leiden,

op gezag van rector magnificus prof.dr.ir. H. Bijl,
volgens besluit van het college voor promoties
te verdedigen op woensdag 13 september 2023

klokke 13.45 uur

door

Bernou Melisse
geboren te Heiloo

promotoren: Prof.dr. E. de Beurs
Prof.dr. E. van Furth

promotiecommissie:

Prof.dr. Andrea Evers (Wetenschappelijk Directeur Instituut
Psychogie/voorzitter)
Prof.dr. Anneke Goudriaan (Universiteit van Amsterdam)
Prof.dr. Glenn Waller (The University of Sheffield)
Prof.dr. Philip Spinhoven
Dr. Nadia Garnefski (secretaris)

Contents

Chapter 1	5
General introduction	
Part I	Assessment, etiology, and correlates of eating disorders
Chapter 2	26
Eating Disorder Examination Questionnaire (EDE-Q): Validity and Norms for Saudi nationals	
Chapter 3	59
The Saudi-Arabic adaptation of the Body Shape Questionnaire (BSQ34): Psychometrics and Norms of the full version and the short version (BSQ8C)	
Chapter 4	88
Eating Disorders in the Arab world: a literature review	
Chapter 5	137
Correlates of eating disorder pathology in Saudi Arabia: BMI and body dissatisfaction	
Part II	Treatment
Chapter 6	169
Comparing the effectiveness of Cognitive Behavioral Therapy-Enhanced between patients with various Eating Disorder classifications: a naturalistic study	
Chapter 7	200
Online Cognitive Behavioral Therapy Enhanced for Binge- Eating Disorder: Study Protocol for a Randomized Controlled Trial	
Chapter 8	229
Efficacy of Web-based Guided Self-help Cognitive Behavioral Therapy Enhanced for Binge- Eating Disorder: a Randomized Controlled Trial	
Chapter 9	268
Economic evaluation of Web-based Guided Self-help Cognitive Behavioral Therapy-Enhanced for Binge Eating Disorder: a Randomized Controlled Trial	
Chapter 10	302
General discussion	
Chapter 11	333
Summary	

Chapter 12	348
Nederlandse samenvatting	
Appendices	
Short Biography	365
Abbreviations	366
List of publications	368
Saudi-Arabia EDE-Q	369
Saudi-Arabia BSQ	372
Acknowledgements	375