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#### **RESEARCH ARTICLE**

## SURGICAL ONCOLOGY WILEY

# Primary mesenteric sarcomas: Collaborative experience from the Trans-Atlantic Australasian Retroperitoneal Sarcoma Working Group (TARPSWG)

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## Abstract

**Background:** Primary mesenteric soft tissue sarcomas (STS) are rare and limited evidence is available to inform management. Surgical resection is challenging due to the proximity of vital structures and a need to preserve enteric function.

**Objectives:** To determine the overall survival (OS) and recurrence-free survival (RFS) for patients undergoing primary resection for mesenteric STS.

**Methods:** The Trans-Atlantic Australasian Retroperitoneal Sarcoma Working Group (TARPSWG) is an intercontinental collaborative comprising specialist sarcoma centers. Data were collected retrospectively for all patients with mesenteric STS undergoing primary resection between 2000 and 2019.

**Results:** Fifty-six cases from 15 institutions were included. The spectrum of pathology was similar to the retroperitoneum, although of a higher grade. R0/R1 resection was achieved in 87%. Median OS was 56 months. OS was significantly shorter in higher-grade tumors (p = .018) and extensive resection (p < .001). No significant association between OS and resection margin or tumor size was detected. Rates of local recurrence (LR) and distant metastases (DM) at 5 years were 60% and 41%, respectively. Liver metastases were common (60%), reflecting portal drainage of the mesentery.

**Conclusion:** Primary mesenteric sarcoma is rare, with a modest survival rate. LR and DM are frequent events. Liver metastases are common, highlighting the need for surveillance imaging.

KEYWORDS mesenteric soft tissue sarcoma, sarcoma, surgery

## 1 | INTRODUCTION

The management of soft tissue sarcoma (STS) has evolved over the past 10 years with a major drive for centralization of services and production of international consensus guidelines.<sup>1-4</sup> STS of mesenteric origin is a peculiar entity and is therefore often excluded from comment, principally due to lack of evidence on which to base recommendations.<sup>1-4</sup>

The rarity of mesenteric sarcoma, combined with the difficulty in developing a standardized definition or description of the anatomical location, has greatly impeded understanding. Furthermore, the surgical management of mesenteric STS can be challenging with the risk of disruption to vital anatomical structures, potential for short bowel syndrome and anecdotal evidence of multifocality that can negatively impact surgical margins.

Evolution of the Trans-Atlantic Australasian Retroperitoneal Sarcoma Working Group (TARPSWG) presents an opportunity to condense the collective experience of intercontinental specialist sarcoma centers. This multicenter collaborative approach is important in the study of a rare disease, such as mesenteric STS.<sup>5</sup> The primary objective of this study was to determine overall survival (OS), recurrence-free survival (RFS), and rates of recurrence events (LR/DM) after primary resection of mesenteric STS. Secondary outcomes were to identify relevant clinicopathological factors, improve understanding of the natural history of the condition, and potentially develop management guidelines.

## 2 | MATERIALS AND METHODS

A total of 15 institutions across nine countries participated in the study (Table 1a). All patients with histologically confirmed mesenteric STS, who either received primary surgery at a specialist center or were referred for on-going management after undergoing resection at a nonspecialist center between 2000 and 2019, were included. Mesenteric STS was pragmatically defined by the TARPSWG research committee as a soft tissue sarcomatous mass clearly arising from the small bowel mesentery, mesocolon, gastro-colic, gastrohepatic ligaments or where the origin had a degree of uncertainty (abutting the bowel wall but not clearly arising from it). Sarcomas arising from the greater omentum were excluded. Patients less than 18 years at the time of resection, desmoid-type fibromatosis, gastrointestinal stromal tumor, embryonal and alveolar rhabdomyosarcoma, and epithelial or hematological malignancy were also excluded. Data were retrospectively collected according to a standardized protocol and subject to Regional Ethics/Institutional Review Board approval and Data Sharing Agreements.

Comorbidities were considered using the Charlson Comorbidity Index.<sup>6</sup> The extent of resection was classified as minor, moderate, or extensive. Minor was defined as resection of the tumor alone, and moderate as resection of the tumor and bowel. An extensive resection involved resection of the tumor, bowel, and one or more additional solid organs. Resected specimens were used to determine the size, histology, and French Fédération Nationale des Centres de Lutte Contre le Cancer (FNCLCC) grade.<sup>7</sup>

#### TABLE 1a1 Contributing centers

Number of cases (% <sup>a</sup> )
8 (14%)
8 (14%)
7 (13%)
6 (11%)
3 (5%)
3 (5%)
3 (5%)
3 (5%)
3 (5%)
3 (5%)
3 (5%)
2 (4%)
2 (4%)
1 (2%)
1 (2%)

<sup>a</sup>Proportion of the total cohort recruited by each center.

The primary outcome was OS, with follow-up commencing at the time of surgery and patients being censored at the date of last clinic attendance. RFS was also calculated from the time of surgery and censored at the date of the last follow-up. For RFS, the outcome was a composite of death or recurrence, with the latter comprising either local recurrence (LR) or distant metastases (DM), based on revised-RECIST criteria for identification of "new lesions."<sup>8</sup> Analysis of RFS excluded those patients with R2 resections or where the R-status was unknown. Rates of LR and DM were also assessed separately using a death-censored approach; those with R2 resections or unknown R-status were excluded from the analysis of LR.

## 2.1 | Statistical methods

OS and RFS were assessed using Kaplan-Meier curves. Deathcensored LR and DM rates were analyzed using the same approach. Associations between OS and both patient- and treatment-related factors were then analyzed. Continuous variables were divided into categories before analysis, whilst categories with small sample sizes were combined for nominal variables. Comparisons across factors were performed using log-rank tests. Cox regression models were **TABLE 1b2** Patient demographics

	N	Statistic
Patient Demographics		
Age at surgery, y Gender (% male) Ethnicity (% White)	56 56 56	59 (46–70) 34 (61%) 50 (89%)
Comorbidities		
Charlson Comorbidity Index <sup>a</sup> Second solid tumor Diabetes COPD	56 56 56 56	2 (0-4) 9 (16%) 8 (14%) 3 (5%)
Tumor details		
Location Gastric Small bowel Large bowel Small and large bowel	56	3 (5%) 31 (55%) 19 (34%) 3 (5%)
Histology <sup>b</sup> WDLPS DDLPS LMS	56	8 (14%) 27 (48%) 13 (23%)
Pleomorphic sarcoma Inflammatory myofibroblastic tumor Synovial sarcoma Solitary fibrous tumor Small round cell tumor		2 (3.6%) 2 (3.6%) 2 (3.6%) 1 (1.8%) 1 (1.8%)
FNCLCC Grade <sup>b</sup> 1 2 3	46	10 (22%) 17 (37%) 19 (41%)
Multi-focal disease	54	6 (11%)
Width (mm) <sup>b</sup>	47	160 (100-201)
Length (mm) <sup>b</sup>	45	140 (90-210)
Depth (mm) <sup>b</sup>	33	90 (51-108)
argest Measurement (mm) <sup>b</sup>	54	178 (100-230)

Note: Data are reported as N (%), or as median (interquartile range), as applicable.

<sup>a</sup>Includes chronic kidney disease (moderate-severe) (N = 2),

cerebrovascular disease (N = 2), connective tissue disease (N = 2), peptic ulcer disease (N = 2), liver disease (N = 1), leukemia/lymphoma (N = 1), AIDS (N = 1), congestive heart failure (N = 1), myocardial infarction (N = 1), peripheral vascular disease (N = 1), dementia (N = 0), hemiplegia (N = 0). <sup>b</sup>As assessed on final histology.

used to estimate hazard ratios (HRs) and the associated 95% confidence intervals (CIs).

All analyses were performed using IBM SPSS 22 (IBM Corp.), with p < .05 deemed to be indicative of statistical significance throughout.

#### TABLE 1c3 Treatment

	Ν	Statistic
Neoadjuvant treatment None Chemotherapy Radiotherapy	56	44 (79%) 8 (14%) 4 (7%)
Surgical Management at Reference Centre	56	49 (88%)
Surgery type (% open)	56	53 (95%)
Extent of resection Minor Moderate Extensive	40	1 (3%) 33 (83%) 6 (15%)
R-status R0/R1 R2	54	47 (87%) 7 (13%)
Adjuvant treatment None Chemotherapy Radiotherapy Chemotherapy + IMRT	56	47 (84%) 6 (11%) 2 (4%) 1 (2%)

Note: Data are reported as N (%).

## 3 | RESULTS

## 3.1 | Demographics

Data were available for a total of 56 patients from 15 centers, with a median of three (range: 1–8) cases per center (Table 1a). The median age at surgery was 59 years (interquartile range [IQR]: 46–70) and the majority of patients were male (61%). The median Charlson Comorbidity Index for the cohort was 2 (IQR: 0–4). The most common comorbidity was the presence of a second solid tumor (16%). De-differentiated liposarcoma (DDLPS) was the most common histology (48%), followed by leiomyosarcoma (LMS) (23%) and well-differentiated liposarcoma (WDLPS) (14%). Further demographics are reported in Table 1b.

The majority of the cohort underwent open surgery (95%), with most resections being of moderate extent (83%). Macroscopically clear margins (R0/R1) were achieved in 87% of cases, with incomplete (R2) resection performed in the remaining 13%. Neoadjuvant treatment was used in 21% of patients and adjuvant therapy in 16%, with chemotherapy being the most common modality in both cases (Table 1c). Neoadjuvant therapy was delivered as a combination regimen of either Doxorubicin and Ifosfamide or Gemcitabine and Docetaxel. Intensity-modulated radiation therapy (IMRT) was utilized in four cases where the resection margin against the superior mesenteric artery in the proximal mesentery was preoperatively considered to be at risk (delivered as 50.4–60 Gy to the proximal small bowel mesentery). Adjuvant chemotherapy was again administered as a multiagent regimen (Doxorubicin in combination with either Ifosfamide, Cisplatin, or Olaratumab) or single-agent

Pazopanib in one case of synovial sarcoma. IMRT was utilized in three highly selected cases (60–62 Gy), delivered to the root of the small bowel mesentery where the resection margin was compromised (R2). Major perioperative morbidity was low (5%) and related to three incidences of anastomotic leak (two small bowel and one large bowel anastomoses). No cases of perioperative mortality were encountered.

## 3.2 | Postsurgical outcomes

Patients were followed up for a median of 19 months (IQR: 11–46) from surgery, during which time there were 17 deaths; 88% (N = 15) of these were related to mesenteric STS. The median OS was 56 months from surgery with estimated survival rates of 88%, 70%, and 50% at 1, 3, and 5 years, respectively (Figure 1A). For analysis of RFS, those with R2 resections (N = 7) or unknown R-status (N = 2) were excluded. Of the remainder (N = 47), 27 developed recurrence and a further patient died without recurrence. This resulted in a median RFS of 20 months with estimated rates of 66%, 29%, and 21% at 1, 3, and 5 years, respectively (Figure 1A).

Recurrence was also analyzed separately for LR and DM using a death-censored approach. Analysis of LR only included those with R0/R1 resections (N = 47), of whom 19 developed LR, giving estimated rates of 21%, 55%, and 60% at 1, 3, and 5 years, respectively (Figure 1B). Treatment of LR was most commonly by surgery (42%, N = 8) with 37% (N = 7) treated with chemotherapy (single-agent Doxorubicin and in combination with Olaratumab in one patient). One patient received chemotherapy combined with highly selective IMRT to a bleeding intraperitoneal tumor deposit, and the remainder received the best supportive care (N = 3)or surveillance (N = 1). Analysis of DM included all 56 cases, of whom 16 developed DM; six also had prior or simultaneous LR. Estimated rates of DM were 19%, 30%, and 41% at 1, 3, and 5 years, respectively (Figure 1B). The most common location for DM was the liver (60%, N = 9), with the remainder in the peritoneum (N = 2), lung (N = 1), bone (N = 1), or multiple locations (N = 2). The approach to the treatment of DM was recorded for 13 cases, with the most common modalities being chemotherapy (46%, N = 6), best supportive care (23%, N = 3), or radiofrequency ablation (15%, N = 2).

## 3.3 | Postrecurrence outcomes

Forty-seven patients with R0/R1 resections were then assessed in further detail to classify outcomes after episodes of recurrence (Figure 2). Twenty of these patients (43%) remained disease-free during the follow-up period, of which one patient subsequently died 13 months postresection.

The first recurrence was LR in 16 patients (range: 4–68 months postresection), of whom three subsequently died (4, 11, 39 months postresection, respectively). Of the remainder, four patients subsequently developed a second episode of LR. One of

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**FIGURE 1** Kaplan-Meier curve of survival (A) and recurrence outcomes (B) \*Analysis of local/any recurrence excludes those with R2 resections or unknown R-status, hence is based on N = 47. \*\*Patients that did not develop recurrence were censored at death in (B) [Color figure can be viewed at wileyonlinelibrary.com]



**FIGURE 2** Swimmer plot of patient outcomes. Gray bars represent the follow-up periods for individual patients, with points representing the timing of recurrence/death. Only those with R0/1 resections were included in the plot (N = 47). Recurrence dates were not recorded for the second instances of recurrence in N = 4 cases; hence these were assumed to have occurred halfway between the previous recurrence and the end of follow-up [Color figure can be viewed at wileyonlinelibrary.com]

TABLE 2	(a) Associations	between	patient	factors	and	patient	survival

	Total N	Deaths	5 year*	HR (95% CI)	p Value
Age at surgery, y					.967
<50	16	5	39%	1	-
50-69	26	9	54%	0.97 (0.32-2.96)	.950
70+	14	3	59%	0.83 (0.20-3.49)	.802
Gender					.381
Male	34	10	49%	1	-
Female	22	7	52%	1.55 (0.58-4.20)	.381
Ethnicity					.239
White	50	17	47%	1	-
Non-White	6	0	100%	NC	NC
Surgical Management at Reference Centre					.216
No	7	1	67%	1	-
Yes	49	16	48%	3.35 (0.44-25.52)	.216
Diabetes					.337
No	48	16	50%	1	-
Yes	8	1	50%	0.38 (0.05–2.92)	.337
Second solid tumor					.253
No	47	16	44%	1	-
Yes	9	1	89%	0.33 (0.04-2.47)	.253
Charlson Comorbidity Index					.741
0-1	23	8	41%	1	-
2-3	16	5	56%	0.63 (0.19-2.11)	.456
4+	17	4	63%	0.77 (0.23-2.57)	.673
Location					.285
Small bowel	31	9	52%	1	-
Large bowel	19	6	48%	1.22 (0.42-3.52)	.715
Small and large bowel	3	2	33%	3.61 (0.75-17.31)	.108
Gastric	3	0	100%	NC	NC
Final histology					.148
DDLPS	27	8	58%	1	-
WDLPS	8	0	100%	NC	NC
LMS	13	5	38%	1.42 (0.45-4.50)	.552
Other	8	4	0%	1.98 (0.58-6.77)	.279
FNCLCC Grade					.018
1	10	0	100%	1	-
2	17	7	40%	NC	NC
3	19	8	0%	NC	NC
Multi-focal disease					.341
No	48	15	48%	1	-
Yes	6	1	80%	0.39 (0.05-2.95)	.341
Largest measurement (mm)					.955
<120	16	5	61%	1	-
120-199	17	5	47%	1.15 (0.33-4.00)	.825
200+	21	6	49%	0.96 (0.27-3.32)	.943

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(b) Associations between treatment-related factors and patient survival						
	Total N	Deaths	5 year*	HR (95% CI)	p Value	
Neoadjuvant treatment					.168	
No	44	12	56%	1	-	
Yes	12	5	29%	2.08 (0.72-6.04)	.168	
Surgery type					.606	
Open	53	16	46%	1	-	
Laparoscopic	3	1	67%	0.59 (0.08-4.53)	.610	
Extent of resection					<.001	
Minor-Moderate	34	9	56%	1	-	
Extensive	6	4	0%	13.32 (2.84–62.39)	<.001	
R-Status					.085	
R0/R1	47	12	58%	1	-	
R2	7	4	33%	2.85 (0.87-9.36)	.085	
Adjuvant treatment					.241	
No	47	12	52%	1	-	
Yes	9	5	40%	1.87 (0.65-5.39)	.241	

Note: Overall p values are from log-rank tests, whilst hazard ratios and pairwise p values are from Cox regression models. Bold p values are significant at p < 0.05

Abbreviation: NC, hazard ratio is not calculable since there are no events in one of the groups.

<sup>a</sup>Kaplan-Meier estimated 5-year survival.

these patients died at 139 months postresection, which was 31 months after their most recent LR diagnosis. A further three patients developed DM after an initial episode of LR. One of these (LR: 7 months, DM: 19 months) was alive at the end of follow-up. The other two patients developed a further episode of LR (i.e., LR, DM, and LR) and subsequently died at 15 and 56 months post-resection, respectively.

Two patients developed simultaneous LR and DM (liver) at 2 and 12 months post-resection, respectively, and subsequently died. A further patient developed simultaneous LR and DM (liver) at 4 months, followed by a second DM at 6 months and died 8 months post-resection. Of the eight patients that presented with DM as the first recurrence (range: 3–38 months post-resection), one subsequently died (18 months). Of the remainder, three developed a further DM, of whom one patient subsequently died (DMs at 20 months [liver] and 44 months [gluteus/chest wall], death at 56 months).

## 3.4 | Predictors of OS

Associations between OS and a range of patient and treatmentrelated factors are reported in Table 2a,b. Overall survival was found to differ significantly by tumor FNCLCC grade, with no deaths in the 10 patients with grade 1 tumors, compared with a 40% and 0% estimated 5-year survival rate in those with grades 2 and 3 tumors, respectively (p = .018, Figure 3A). In addition, OS was found to be significantly shorter in patients undergoing extensive resection with an estimated 5-year survival rate of 0%, compared with 56% in those with minor-moderate resections (p < .001, Figure 3B). OS was not found to differ significantly by R-status (p = .085, Figure 3C), although there was a tendency for shorter survival in R2 versus R0/R1 resections (40% vs. 52% at 5 years).

## 4 | DISCUSSION

Primary mesenteric STS is a rare entity, with a median caseload in specialist centers of three per center over a 19-year period. As a result of intercontinental collaboration, a large series of 56 cases of primary mesenteric STS is described.

The distribution of histology was found to be similar to that seen in retroperitoneal sarcoma (RPS) with a predominance of DDLPS followed by LMS and WDLPS.<sup>9,10</sup> However, the percentage of FNCLCC grade 3 STS was much higher (27% of RPS vs. 41% in mesenteric STS).<sup>11</sup> This may reflect a natural propensity toward higher-grade STS arising from the mesentery or greater tolerance for radiological monitoring of lower-grade STS because of anticipated surgical morbidity.<sup>11</sup> In line with the management of STS elsewhere, preoperative biopsy is mandatory if technically possible. Preoperative biopsy is particularly important as the treatment of mesenteric desmoid type fibromatosis is likely to have a different threshold for surgical resection.<sup>2,10</sup>



**FIGURE 3** (A) Kaplan-Meier curve of survival by FNCLCC grade. (B) Kaplan-Meier curve of survival by extent of resection. (C) Kaplan-Meier curve of survival by resection status (R-status) [Color figure can be viewed at wileyonlinelibrary.com]

Resection margin status was broadly in line with those achieved in RPS with a combined R0/R1 resection rate of 87% and R2 of 13%.<sup>9,11</sup> The distinction between R0 and R1 resection in mesenteric STS is impractical, given the likely exposure of the sarcoma surface to the peritoneal cavity. However, mesenteric STS are highly variable in size and location, with a distal location in the mesentery most likely to lend itself to R0/R1 resection, with a lower risk of significant disruption to the mesenteric vasculature and enteric function. Where R2 resections were performed, the retention of macroscopic disease was likely driven by the desire to preserve critical structures, such as the trunk of the superior mesenteric artery. In line with STS in other anatomical locations, a debulking surgery is generally to be avoided, although each case should be considered to achieve a balance between the benefit of organ preservation and the detrimental effect of residual disease.

Although there was a tendency for shorter OS after R2 resection, this difference was not found to be statistically significant (HR: 2.85, p = 0.085). However, this analysis was limited by low statistical power on account of the small number of R2 resections.

The extent of surgery was found to significantly influence OS, with those undergoing more extensive resections at risk of adverse long-term outcomes when compared to lesser resections. However, maximal tumor diameter, which is well known to influence the outcome in STS in other anatomical locations, did not significantly influence OS for mesenteric STS. This may imply that the extent of surgery is more associated with the proximity of the STS to named vascular structures within the mesentery and the subsequent impact on resection margin, rather than directly related to the dimension of the lesion.<sup>12-14</sup> Subanalysis to investigate this line of reasoning was precluded by small numbers.

The median follow-up time was 19 months (IQR: 11-46) with an estimated OS of 88%, 70%, and 50% at 1, 3, and 5 years postresection. These figures confer a slightly worse OS outcome compared with RPS, which has a 5-year OS of 67% in high-volume sarcoma centers.<sup>11</sup> This potentially reflects the higher percentage of high-grade STS excised from the mesentery.<sup>11-15</sup> The risk of LR and DM were also relatively high, with estimated 5-year (deathcensored) rates of 60% and 41%, respectively. DM disease occurred in the liver in 60% of cases and only a single patient developed DM in the lung. The high incidence of DM occurrence in the liver likely reflects the portal venous drainage of the mesentery, compared with systemic venous drainage of RPS, where DM disease of the lungs predominates.<sup>11</sup> This marked difference in the pattern of DM has potential implications for postoperative radiological surveillance, and further advocates for contrasted cross-sectional imaging, rather than simple plain chest radiograph.<sup>1-4</sup>

Histological subtype was not found to significantly influence OS. The limited number of cases precluded meaningful statistical subanalysis of histological-driven risk of LR and DM. Despite anecdotal evidence of the multi-focal nature of mesenteric STS, this was only seen in 11% of cases and did not appear to impact OS. The number of observed multi-focal STS cases is likely to have been heavily influenced by selection bias, with surgery offered to those with a favorable pathological distribution. The most common site for mesenteric STS was the small bowel mesentery, although the location was not found to significantly influence OS. The high incidence (16%) of secondary malignancy is suggestive of the coincidental manner in which some mesenteric STS are diagnosed with identification on staging imaging or surveillance.

The utility of neoadjuvant and adjuvant therapy is largely tailored to individual sarcoma center preferences and is not currently widely endorsed for other nonextremity sites of STS, beyond attempts at down-staging to assist the marginal clearance of the lesion against critical structures.<sup>1,16</sup> Administration of neoadjuvant or adjuvant therapies was not found to be significantly associated with OS in this study, although this may be subject to selection bias and lack of uniformity in choice of regimen.

The management of LR was characterized by active intervention, with 42% undergoing surgical resection and 37% treated with chemotherapy. One patient had highly selective targeted IMRT for a bleeding peritoneal deposit. Chemotherapy and best supportive care were the predominant treatment strategies for DM. Radiofrequency ablation was utilized in 15%, reflecting the high incidence of liver metastases. The majority of patients did not develop early relapse post-treatment and the majority remained disease-free during the subsequent follow-up period. Active intervention is therefore encouraged, although a complex pattern of further LR, DM, or synchronous LR and DM was observed. Evidence from the management of RPS suggests that the vast majority go on to develop the recurrent disease with prolonged follow-up.

This study had a number of limitations. The principal limitation was the relatively small sample size that resulted in low statistical power where only large effect sizes are detectable. The other main limitation was the considerable quantity of missing data for some factors of interest, which resulted from the retrospective nature of the data collection.

## 5 | CONCLUSIONS

Primary mesenteric STS is rare, with a relatively high incidence of high-grade tumors. The spectrum of pathology encountered mirrors that seen in the retroperitoneum. Preoperative biopsy is mandatory. Attainment of an RO/R1 resection margin is highly recommended. The requirement for extensive surgery negatively influences OS and is likely to reflect the disruption of major mesenteric vasculature to obtain a clear margin. OS is worse than that seen in RPS, and LR and DM are common features. The pattern of DM is different from STS in other locations, with a high incidence of liver metastases, reflecting the portal drainage of the mesentery and the requirement for crosssectional surveillance imaging postresection. Neoadjuvant and adjuvant therapies did not appear to influence OS. However, utilization of these modalities is to be considered on the basis of specific histology and potential for down-grading to facilitate resection. Active intervention for the management of relapse is recommended on the basis that early further recurrence was not a particular feature of mesenteric STS in this study.

#### CONFLICT OF INTERESTS

The authors declare that there are no conflict of interests.

#### DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

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