Quality of life, care dependency and Paracetamol in advanced Dementia: is paracetamol the panacea to improve quality of life?

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Stellingen behorende bij het proefschrift:

‘Quality of life, care dependency and Paracetamol In advanced Dementia’

1. The use of pain medication by persons with advanced dementia requires extensive monitoring of (side)effects by clinicians, both in terms of quality of life and in pain (This thesis)

2. Persons with advanced dementia that use pain medication have more pain and a lower quality of life compared to persons who do not use any pain medication (This thesis)

3. A crossover design is less suitable in a long-term care setting because of the heterogeneity and comorbidities of the population (This thesis)

4. Quality of life, discomfort, pain, neuropsychiatric symptoms, care dependency and daily functioning are not improved by paracetamol in persons with advanced dementia living in long-term care facilities (This thesis)

5. Care dependency and daily functioning can be improved by enhancing social relationships, even in the last stages of dementia. (This thesis)

6. Measuring quality of life and its associated factors in persons with dementia is not a ‘walk in the park’, but a walk in the park may help improve their quality of life.

7. Including sufficient participants in a study in persons with advanced dementia is a challenge, not an impossibility

8. Performing research is learning how to deal with disappointments

9. The years in life are less important than the life in your years (adapted from Edward J. Stieglitz, 1947)

10. Life is always in motion, like a process. When you improve the quality of this process, you improve the quality of life itself (adapted from Moshé Feldenkrais, 1973)

11. Having a creative mind helps when working with older persons, because the quality of life in our world does not depend on the conflicts that arise, but on our response to them (adapted from Widad Akrawi, 2017)

12. A person must always continue to wonder, as quality questions create a quality life (adapted from Tony Robbins, 2017)