

Daily quantitative MRI for radiotherapy response monitoring

Kooreman, E.S.

Citation

Kooreman, E. S. (2023, June 13). *Daily quantitative MRI for radiotherapy response monitoring*. Retrieved from https://hdl.handle.net/1887/3620208

Version:	Publisher's Version
License:	<u>Licence agreement concerning inclusion of doctoral</u> <u>thesis in the Institutional Repository of the University</u> <u>of Leiden</u>
Downloaded from:	https://hdl.handle.net/1887/3620208

Note: To cite this publication please use the final published version (if applicable).

ADC MEASUREMENTS ON THE UNITY MR-LINAC – A RECOMMENDATION ON BEHALF OF THE ELEKTA UNITY MR-LINAC CONSORTIUM

Ernst S. Kooreman, Petra J. van Houdt, Rick Keesman, Floris J. Pos, Vivian W. J. van Pelt, Marlies E. Nowee, Andreas Wetscherek, Rob H. N. Tijssen, Marielle E. P. Philippens, Daniela Thorwarth, Jihong Wang, Amita Shukla-Dave, William A. Hall, Eric S. Paulson, Uulke A. van der Heide

Radiotherapy & Oncology 153, 106-113 (2020)

ABSTRACT

Background and purpose: Diffusion-weighted imaging (DWI) for treatment response monitoring is feasible on hybrid magnetic resonance linear accelerator (MR-linac) systems. The MRI scanner of the Elekta Unity system has an adjusted design compared to diagnostic scanners. We investigated its impact on measuring the DWI-derived apparent diffusion coefficient (ADC) regarding three aspects: the choice of b-values, the spatial variation of the ADC, and scanning during radiation treatment. The aim of this study is to give recommendations for accurate ADC measurements on Unity systems.

Materials and methods: Signal-to-noise ratio (SNR) measurements with increasing b-values were done to determine the highest b-value that can be measured reliably. The spatial variation of the ADC was assessed on six Unity systems with a cylindrical phantom of 40 cm diameter. The influence of gantry rotation and irradiation was investigated by acquiring DWI images before and during treatment of 11 prostate cancer patients.

Results: On the Unity system, a maximum b-value of 500 s/mm2 should be used for ADC quantification, as a trade-off between SNR and diffusion weighting. Accurate ADC values were obtained within 7 cm from the iso-center, while outside this region ADC values deviated more than 5%. The ADC was not influenced by the rotating linac or irradiation during treatment.

Conclusion: We provide Unity system specific recommendations for measuring the ADC. This will increase the consistency of ADC values acquired in different centers on the Unity system, enabling large cohort studies for biomarker discovery and treatment response monitoring.

INTRODUCTION

Imaging biomarkers are important in oncology as they non-invasively provide information about the tumor and can be used for treatment response monitoring [62]. Quantitative imaging biomarkers (QIBs), are of particular interest because they provide quantitative information about tissue characteristics [63]. Ideally, they facilitate the comparison across different vendors and centers. However, differences in system hardware, acquisition parameters, and image analysis techniques introduce variability of QIB values [12,14]. It is critical to understand these differences and to test and validate QIBs before they can be incorporated in clinical trials [64].

The introduction of hybrid systems, which integrate an MRI with a linear accelerator (MR-linac), presents a unique opportunity for QIB studies. MRI-guided treatments enable QIBs to be acquired daily, which is practically not feasible on diagnostic MRI systems and will provide valuable longitudinal information. However, to maximize the power of these QIB studies, it is critical to harmonize the acquisition protocols across centers.

The apparent diffusion coefficient (ADC), derived from diffusion-weighted imaging (DWI), has been shown to change during treatment with radiotherapy [17,36,65–68]. Recently, efforts were made to standardize DWI acquisition. Initiatives like the quantitative imaging biomarkers alliance (QIBA), and other working groups have led to consensus recommendations for DWI in multiple tumor sites based on existing literature [69–71]. However, these recommendations are specifically designed for diagnostic MRI systems, while MR-linacs may warrant additional considerations due to their adjusted design [1,2,38,39].

The Unity MR-linac system (Elekta AB, Stockholm, Sweden), based on a Philips 1.5 T Ingenia MRI, is a hybrid system that can be used for quantitative MRI [72]. To allow accurate radiation treatment, adjustments have been made to the MRI part of the system [1], which necessitate special considerations for DWI with the goal of ADC measurements when compared to diagnostic MRI systems. We have identified three main categories for these adjustments: the choice of b-values, the spatial dependence of the ADC for the Unity system, and the influence of the rotating gantry when acquiring data during patient irradiation.

The choice of b-values is influenced by the performance of the gradient system and the available receive coil. Diffusion weighting on the Unity system is performed using the Stejskal-Tanner pulsed gradient spin echo technique, where two balanced diffusion-sensitizing gradients are placed around a 180° refocusing pulse [4]. Either echo planar imaging (EPI), or turbo spin-echo (TSE) can be used for readout. The amount

of diffusion weighting depends on the strength, slew rate, and timing of the diffusion gradients and is usually represented by a scalar called the b-value (s/mm²). The higher the b-value, the stronger the diffusion weighting [4].

The time between the onset of the two diffusion gradients (Δ), sometimes called the diffusion time, is an important parameter for DWI because a longer Δ increases the chance that water molecules reach boundaries in a restricted (biological) environment. Therefore, in structured tissue, a different Δ can result in different ADC values even when the same b-values are used. Normally, Δ is kept as short as possible to minimize T2 decay and thereby maximizing the signal-to-noise ratio (SNR). Under clinical operation, the Unity system uses a maximum gradient strength of 15 mT/m and a slew rate of 65 T/m/s, which is lower compared to values typically used in diagnostic systems. Therefore, to achieve the same b-value on a Unity system, the diffusion gradients are prolonged which results in lower SNR and a longer Δ . Figure 3.1 shows the b-value that corresponds to a particular Δ for the Unity system and a Philips 1.5 T Ingenia scanner, both using the same acquisition settings (see Supplemental Table S3.1) and both employing their maximum gradient amplitude and slew rate. To achieve the same Δ , b-values need to be chosen on the Unity that are about half those of diagnostic 1.5 T systems.



Figure 3.1. Comparison between the Unity system and a 1.5 T Philips Ingenia of the time between the start of the two diffusion gradients (Δ). For example, a b-value of 1200 s/mm² at the diagnostic system has a Δ of 41 ms. For the Unity system, the b-value with the same Δ is less than half: 500 s/mm².

Another aspect influencing the choice of b-values is the 2 × 4 channel (four anterior, four posterior) receive coil array [16]. In combination with the gradient performance, this results in a lower SNR when compared to diagnostic systems. As a result of the Rician noise distribution of magnitude images [73], a positive bias is introduced to the measured signal intensities which results in an underestimation of the ADC. This effect becomes larger when the SNR is low warranting careful consideration of the choice of b-values.

The gradient coils of the Unity system are physically split, creating a 22 cm gap around the iso-center to allow passage of the treatment beam [74]. This is different from diagnostic systems and might pose problems for images in the iso-center, especially for DWI where large diffusion sensitizing gradients are used. For instance, present day gradient systems are actively shielded to reduce the generation of eddy currents in other conductive structures of the MRI. This works well over the area of the gradient coils, but at the edges there is leakage [75]. In diagnostic systems, these edges are away from the iso-center, but for the Unity system they are close to the iso-center due to its split gradient design. This might increase eddy currents which cause unwanted variation in the magnetic field [76]. For DWI, in addition to geometric distortions, this also affects the measured ADC value spatially. Besides eddy currents, there are other sources that can cause spatial variations of ADC values, such as concomitant fields and gradient non-linearity [58,77,78].

During patient irradiation, a gantry containing the linac rotates around the MRI of the Unity system. Previous studies have shown that the influence of this gantry on the B_0 field is small for both a static gantry at multiple angles [74] and a continuously rotating gantry [79]. It was shown that the inhomogeneities were < 500 nT (or < 0.3 ppm) but varied spatially with the gantry position. It should also be determined if DWI with an EPI readout can be performed during patient irradiation with gantry rotation.

This study is structured around the three categories (choice of b-values, spatial dependence of the ADC, and diffusion measurements during treatment) and the aim is to incorporate system specific considerations regarding these categories in a recommendation for accurate ADC measurement on the Unity system.

MATERIALS AND METHODS

Choice of b-values

Assuming a mono-exponential decay of the diffusion signal with increasing b-value, the ADC can be calculated using ADC = $\ln(S_{low}/S_{high})/(b_{high}-b_{low})$, where b_{low} and b_{high} are two b-values, with S_{low} and S_{high} as corresponding signal intensities. The highest SNR

would be obtained when $b_{low} = 0 \text{ s/mm}^2$ is used. However, besides diffusion, perfusion also attributes to the signal attenuation of DWI, especially at lower b-values [5]. When $b_{low} = 0 \text{ s/mm}^2$ is used for ADC calculation, the attenuation from perfusion is fully included in the ADC, resulting in an overestimation of the diffusion. Our recommendation focuses on the measurement of water mobility in the extravascular space, which implies that perfusion effects should be excluded from the ADC. To reduce this perfusion bias, a non-zero b_{low} should be used [69,80].

There is no straightforward way to determine the exact b_{low} that should be used, as this depends on the tissue properties that are measured. As an example here, we take prostate tissue and calculate the contribution of perfusion to the total signal for a set of b-values, using the intravoxel incoherent motion model and taking differences in tissue and blood relaxation parameters into account [81]. Tissue T_1 and T_2 were set to 1317 and 88 ms using the 1.5 T values reported in [56], and blood T_1 and T_2 were set to 1441 and 290 ms [81]. The ADC, pseudo-diffusion coefficient, and perfusion fraction were 1.34 × 10⁻³ mm²/s, 21.1 × 10⁻³ mm²/s, and 0.23 respectively [82]. The echo time (TE) and repetition time (TR) were taken from the Unity MR-linac, with the acquisition settings as shown in Supplemental Table S3.1. To maximize the gradient performance, a setting called 'gradient overplus', which employs the simultaneous application of multiple gradients for diffusion weighting, was used. From these simulations, we observed that at a b-value of 50 s/mm², perfusion constitutes 14% of the total signal, which went down to 5% at 100 s/mm² and 2% at 150 s/mm².

To illustrate how the SNR depends on the b-value on the Unity system, we measured a series of DWIs in a prostate cancer patient, where we increased the b-value from 50 to 1200 s/mm² in steps of 50 s/mm², while keeping the TE and TR to minimal values, reflecting clinical practice. The b-values were each measured once (no averages). Other imaging parameters can be found in Supplemental Table S3.1. A noise scan with identical imaging and reconstruction parameters as the scan with b = 500 s/mm², was acquired by turning the RF pulses off, which is an available research option. The SNR was calculated within the prostate for all b-values using SNR = S_b/S_n, where S_b is the mean signal in the prostate of the b-value images, and S_n is the mean in the prostate of the noise image.

Spatial dependence of the ADC

To assess the spatial dependence of the ADC, we acquired DWI data using a cylindrical phantom with a 40 cm diameter, containing a copper sulphate solution (Philips Healthcare, Best, The Netherlands) on six Unity systems, and one diagnostic 3T Philips Ingenia for comparison. DWIs were acquired with b-values of 0, 150, and 500 s/mm², using a turbo-spin echo (TSE) acquisition without averaging. The voxel size was $4 \times 4 \times 5$ mm³ and scans were made both with and without using gradient overplus

(Supplemental Table S3.2). ADC maps were calculated using the trace images of all b-values, but also from images acquired with employing a single gradient coil (x, y, or z). Here x denotes the left-right direction, y the anterior-posterior direction, and z the cranial-caudal direction for a patient in supine position. All b-values were used because these measurements are done on a phantom where perfusion is not present. To determine the extent to which gradient nonlinearities influence the spatial variation of diffusion weighting, we applied an offline correction using a spherical harmonics expansion that describes the gradients of the Unity system [78]. The scans were repeated with a smaller phantom (15 cm diameter) containing a copper sulphate solution on a single Unity system using the same EPI readout.

Diffusion measurements during treatment

To determine if acquiring a DWI during treatment influences the ADC values, we imaged 11 prostate cancer patients. On two consecutive treatment days, a T_2 -weighted anatomical image, a B_0 map, and two diffusion-weighted images were acquired, one before and one during irradiation (indicated as 'gantry off' and 'gantry on' below). Acquisition details can be found in Supplemental Table S3.3. For these specific measurements, the DWI acquisition time was kept below 3:30 minutes by reducing the number of averages, so each acquisition would fit within the irradiation time window. For the calculation of the ADC map, the b = 150 s/mm² and b = 500 s/mm² images were used.

The prostate and tumors were delineated on the T_2 -weighted image of the first fraction, and the tumor boundaries were checked by a radiation oncologist consulting clinical information including pre-treatment multi-parametric MRI. Some patients had multiple lesions, which were considered individually, giving a total of 11 prostates and 15 lesions. The b = 0 s/mm² images were registered rigidly to the T_2 -weighted images acquired during the same treatment fraction, and this registration was propagated to the ADC maps. Then, the T_2 -weighted image of the second fraction was registered deformably to the T_2 -weighted image of the first fraction. This registration was then propagated to the ADC maps of the second fraction. After registration, the delineations were propagated to all the separate images, and mean values were used for further analysis.

The mean ADC values of the ROIs were compared using Bland-Altman analysis for four situations: (a) fraction 1 – fraction 2 with gantry off, (b) fraction 1 – fraction 2 with gantry on, (c) gantry on – gantry off during fraction 1, and (d) gantry on – gantry off during fraction 2. The repeatability coefficient (RC) was calculated from the within-subject standard deviation of these four situations by multiplying it by 2.77 [19]. Confidence intervals for these repeatability coefficients were calculated using a χ^2 distribution with n(K-1) degrees of freedom, where n is the number of patients and K the number of measurements per patient, according to [83].

To determine the influence of the gantry on the accuracy of the ADC values, we scanned the QIBA recommended diffusion phantom (Diffusion Phantom Model 128, High Precision Devices, Inc, Boulder, Colorado) using acquisition parameters as described in the QIBA diffusion profile for measuring this phantom at 1.5 T [70]. The phantom was scanned three times, once with a static gantry, once while irradiating the phantom with an IMRT plan, and once while moving the gantry continuously. The median accuracy for these situations was calculated as the percent error compared to the known diffusion values of the phantom.

Patient example

As a patient example of DWI and ADC image quality on the Unity system, we acquired a DWI of a rectal cancer patient following the acquisition settings that are presented as a result of the current study. The acquisition voxel size was 4 × 4 × 5 mm³, and b-values of 150 and 500 s/mm² were used, with 4 and 16 averages respectively (Supplemental Table S3.4).

The patient studies were approved by the medical ethics committee of the Netherlands Cancer Institute and written informed consent was obtained.

RESULTS

Figure 3.2 shows *in vivo* results of the SNR measurement, including a plot of the SNR as a function of increasing b-value (and TE) in the prostate (Figure 3.2h). The SNR is 11.3 at $b = 50 \text{ s/mm}^2$ and decreases with an increasing b-value and TE. To illustrate, the SNR at $b=500 \text{ s/mm}^2$ is 4.3 and at $b=1000 \text{ s/mm}^2$ is 2.0. ADC values in the prostate, calculated from these scans using their corresponding $b = 0 \text{ s/mm}^2$ images (with the same TE) were 1.82 and 1.59 × 10⁻³ mm²/s.

A distinct spatial pattern appears in the ADC maps of the homogeneous diffusion phantom. Figure 3.3 a-c shows when individual gradient coils are used for diffusion weighting. The most severe increase in ADC was found when using only the y-direction coil (Figure 3.3b). No spatial pattern was present when only using the z-direction gradient coil for diffusion weighting (Figure 3.3c). For both the trace image with and without gradient overplus (Figure 3.3 d and e), the spatial pattern is present. In the most extreme case, the ADC value went up to 13×10^{-3} mm²/s, which is an increase of more than 600% compared to the mean ADC of a ROI in the iso-center. The extent of the spatial variation is slightly less when gradient overplus is not used. Similar results were found on all six Unity systems (Supplemental Figure S3.1). This spatial pattern was not present on the 3T Philips Ingenia system, which showed a much more homogeneous result, especially after the gradient nonlinearity correction (Supplemental Figure S3.2b)





Figure 3.2. In vivo data of the prostate cancer patient SNR measurement. (a) T_2 -weighted image, the yellow arrow indicates the location of the tumor. (b–f) DWI with an increasing b-value (100, 250, 500, 750, 1000 s/ mm²), acquired without averaging. The window/level of these images are decreased to facilitate the reduction in signal. Note that disappearance of surrounding structures with an increasing b-value, indicating a reduction in SNR. (g) Noise map of the patient. (h) SNR of the prostate ROI as a function of b-value (and TE).



Figure 3.3. ADC maps of a large cylindrical phantom, acquired with employing different gradient combinations. The phantom is placed axially and the slice in the iso-center (z = 0) is shown. (a-c) ADC maps obtained when using single gradient directions, x, y, and z, respectively. (d) Trace ADC map combining (a-c). (e) Trace ADC map acquired while using gradient overplus. (g) A smoothed average image of the acquisitions of all six MR-linacs, with gradient overplus. The contours represent the regions within which the ADC increase is less than 5 %, and less than 10 % when compared to the ADC value in the center. This results in a diamond shape with a diagonal length of ~20 cm for the 5 % contour. The circle in the middle has a radius of 7 cm. (f) 3D representation of the 5 % contour for multiple slices of the body phantom, showing a diamond centered at the isocenter, which increases in size when moving outwards in the z-direction.

Bland-Altman plots of the ADC measurements before and during irradiation are shown in Figure 3.4, where mean values from the prostate and lesion delineations are shown. Figure 3.4a indicates the day-to-day variability under normal conditions, with the gantry turned off. The repeatability coefficients for the four situations (Figure 3.4 a-d), including 95% confidence intervals were 0.09 (0.06–0.15), 0.07 (0.05–0.11), 0.08 (0.06–0.13), and 0.07 (0.05–0.11) × 10⁻³ mm²/s for the prostate, showing similar results for cases before and during treatment. For the tumors, the values were 0.37 (0.27–0.57), 0.31 (0.23–0.47), 0.34 (0.24–0.52), and 0.22 (0.16–0.35) × 10⁻³ mm²/s.



Figure 3.4. Bland-Altman plots of the four ADC measurements acquired on consecutive days and before and during treatment. (a) fraction 1 -fraction 2 gantry off, (b) fraction 1 -fraction 2 gantry on, (d) gantry on - gantry off fraction 1, (e) gantry on - gantry off fraction 2. The bias and limits of agreement of a-d are 0.02 (-0.27 to 0.31), 0.00 (-0.24 to 0.25), 0.02 (-0.25 to 0.28), and 0.00 (-0.18 to 0.18) × 10⁻³ mm²/s.

For the accuracy measurements with the diffusion phantom, the median accuracy with a static gantry was 1.1 %, while irradiating the phantom with an IMRT plan was 0.5

%, and with a continuously rotating gantry was 1.3 %. A Bland-Altman plot with the individual data points can be found in Supplemental Figure S3.4.

A representative example of images of a rectal cancer patient is shown in Figure 3.5, including an ADC map in Figure 3.5c.



Figure 3.5. Representative example of a rectal cancer patient. (a) T_2 -weighted image, (b) DWI b = 500 s/ mm² image, and (c) ADC map (scaled between 0 and 4 × 10⁻³ mm²/s). The large white arrows indicate the location of the tumor. On the DWI and ADC images, the tumor shape is slightly deformed due to the presence of air (small arrows).

DISCUSSION

The adjusted design of the Unity system results in differences in DWI compared to diagnostic MR scanners. For this, we identified three main categories: the choice of b-values, the spatial dependence of the ADC, and diffusion measurements during treatment. Based on our experiments, simulations, and existing literature, we give recommendations for the Unity system.

It is important to realize that the calculated ADC depends on the choice of b-values and therefore should be homogenized among centers to enable comparison. To exclude perfusion from the ADC, a b_{low} value of 100 – 150 s/mm² should be used, in line with what is recommended in [69]. Ideally this should be tailored to the tissue of interest. We show an example calculation to estimate the perfusion bias which could be used to guide the decision for the b_{low} when designing a trial.

The choice to limit the b_{high} value is mainly based on the difference in Δ as showed in Figure 1. To establish the ADC as a response biomarker, the reproducibility among different systems is important. A sequence with a different Δ leads to different ADC values in structured tissues even when the same b-values are used. Rather than measuring at the same b-value, one should make an effort to measure at a similar Δ . To facilitate the comparison among different systems, the Δ should be reported. Furthermore, trials to compare ADC values from MR-linacs to diagnostic systems should be performed.

Торіс	Recommendations for ADC measurements at the Unity system	Comments
Highest b-value	500 s/mm ²	
Spatial dependence of the ADC	< 7 cm of the iso-center in the x and y direction. Outside this volume the ADC depends heavily on position.	Only using the z-direction gradient coils can be considered when ROI is > 7 cm outside iso-center (axially).
Treatment delivery	ADC measurements can be done during treatment delivery	
	Example parameters that could serve as a starting point	
Acquisition Sequence	SS-EPI	SS-EPI should be used for its speed and SNR benefit.
Lipid Suppression	On	
Slice thickness (mm)	3-5	Ensure sufficient SNR in the b _{high} image.
Gap thickness (mm)	0-1	A gap thickness of 0 should only be used if slices are acquired in an interleaved fashion.
In plane resolution (mm)	1-5	
Phase encoding direction	Choose the direction which causes the least distortions to the tumor site.	
Bandwidth (Hz/pixel)	Max possible in phase encoding direction.	Can be increased by increasing the SENSE factor.
Lowest b-value (other than b=0 s/mm²)	100 – 150 s/mm²	Depending on target site. The $b = 0 \text{ s/}$ mm ² image should not be used for ADC calculation.
Number of signal averages	The highest b-value should be acquired 3-4 times as often as the lowest.	Based on [84-86].
Echo time	Shortest	Gradient overplus should be used to reduce the echo time.
SENSE	0 – 2.5x	Higher SENSE reduces geometric distortions, but also reduces SNR.
Partial Fourier (half-scan)	0.6 - 1	Using half-scan reduces SNR.

Table 3.1. Acquis	ition parameters fo	or ADC measurements	on the Unity s	vstem.
	neron paranticero ro		011 0110 01100 0	,

Other factors that limit the b_{max} are the reduced SNR, the gradient performance, and the available acquisition time. To reduce the bias in the ADC value caused by Rician noise, it is important to verify, for instance in a volunteer, that the b_{high} measurement has sufficient SNR. Note here that the SNR in the target area usually also depends on body size. If the SNR needs to be improved, one or a combination of the following parameters should be changed: increasing the acquisition voxel size, lowering the SENSE encoding factor or lowering the partial Fourier imaging factor. These latter two should be considered on a tissue basis as they increase the TE, potentially also decreasing the SNR due to T_2 -decay. While increasing the number of averages for the b-values yields a more homogeneous image by reducing random signal intensity fluctuations, the ADC bias will not be reduced [87]. The total number of averages that can be acquired depend on the total acquisition time that is available. Once the total number of averages is chosen, the b_{high} images should be acquired three to four times as often as the b_{how} images [84,86].

Taking the Δ and these other factors into consideration, we propose that a maximum b_{high} of 500 s/mm² should be used for ADC measurements on the Unity system. It is important to note that on the Unity system, the Δ of a specific DWI sequence depends on the highest b-value acquired in that sequence. Therefore, adding additional b-values above the recommended 500 s/mm² to the sequence will increase the Δ and result in a different ADC value even when the ADC is calculated from the b = 500 s/mm² image.

ADC maps on the Unity system contain severe spatial variations, even when homogeneous solutions are used for measurements. Although these variations are more present in the trace ADC map acquired with gradient overplus (compared to the trace ADC map without, Figure 3.4e and 3.4d, respectively), we recommend scanning with this setting for its benefit of reduced TE and therefore increased SNR. The spatial dependence of the diffusion weighting is well documented in diagnostic systems where it is largely explained by gradient nonlinearity (see Supplemental Figure S3.2b and S3.2d) [58]. However, applying the offline gradient nonlinearity correction only resulted in a negligible change of the spatial variation (compare Supplemental Figure S3.2a to S3.2c). We therefore hypothesize that on the Unity system, the spatial variation is caused by increased eddy currents resulting from the split gradient coil design. Accurate ADC determination is possible within a radius of 7 cm from the iso-center, depicted as the circle in Figure 3.3g. Further research is needed to investigate if corrections of the distortions away from the iso-center are feasible.

Eddy current distortions depend on the gradient coils that are used. As visible in Supplemental Figure S3.1, the y-direction gradient has the poorest characteristics for DWI. Also, when only using the z-direction gradient coil (Figure 3.4c, Supplemental Figure S3.1 row 3), no spatial variation was present. Using only this coil could be an option for acquiring DWIs in patients that have tumor sites far outside the iso-center (in the axial plane) and are therefore impacted by the spatial dependence present in the trace images. However, unless the measured diffusion is isotropic, the resulting ADC would differ from the trace ADC.

We were unable to scan the large body phantom with an EPI readout, because in order to position the phantom, the posterior coil must be removed. Therefore, parallel imaging was unavailable resulting in severe distortions due to a low bandwidth. We showed with

a smaller phantom that our recommendation to scan within 7 cm from the iso-center holds for EPI readouts.

Scanning DWI during gantry rotation did not affect the ADC values. The accuracy of the ADC values in the diffusion phantom was comparable between measuring with a static and with a rotating gantry. A similar RC was found when comparing scanning before and during treatment to day-to-day repeatability, and the bias in the Bland-Altman plots for cases c and d (comparing static to moving gantry) were 0.02 and 0.00 \times 10⁻³ mm²/s, respectively. Hence, DWI could be acquired at any available time during treatment to facilitate an optimal MRI protocol during each fraction.

In summary, our Unity system specific recommendations include limiting the b_{high} to 500 s/mm², scanning a target within 7 cm of the iso-center, and that measuring the ADC during treatment delivery is possible. Table 3.1 provides an overview of these recommendations, including example acquisition parameters to be used with the goal of measuring the ADC accurately.

The QIBA recommendations for DWI includes the need for test-retest studies in order to calculate the repeatability coefficient [19]. This should be used to establish clinical confidence in the ADC QIB and to help interpret the results from treatment response monitoring and outcome prediction studies. We also emphasize that test-retest studies should be the next step for DWI studies on Unity.

In conclusion, we provide recommendations for DWI on the Unity system, incorporating hardware specific considerations. These recommendations provide a basis for test-retest studies and, when used, will facilitate multi-center biomarker studies and future meta-analyses.

SUPPLEMENTARY MATERIAL

Table S3.1: Series of DWI measurements in prostate cancer patient. The b_{high} value is increased from 50 s/mm² to 1200 s/mm², with increments of 50 s/mm².

Parameter	DWI (SS-EPI)
Field of view (mm ³)	430 x 430 x 60
Acquired voxel size (mm ³)	4 x 4 x 4
TR (ms)	2396 - 3338
TE (ms)	57 - 100
Fat suppression	SPAIR
Phase encoding BW (Hz)	34.5
Parallel imaging factor	2.3
DELTA / delta (ms)	28.5 / 7.4 – 49.9 / 28.8
Acquisition time (mm:ss)	00:14 - 00:20
b-values (averages)	0 (1), 50 – 1200 (1)

Table S3.2: DWI acquisition of the Philips body phantom (cylindrical phantom with a diameter of 40 cm). The values in square brackets indicate parameters corresponding to the sequence with gradient overplus.

Parameter	DWI (TSE)
Field of view (mm ³)	448 x 448 x 125
Acquired voxel size (mm ³)	4 x 4 x 5
TR (ms)	7500
TE (ms)	106 [89]
DELTA / delta (ms)	31.6 / 24.4
Acquisition time (mm:ss)	02:00
b-values (averages)	0 (1), 150 (1), 500 (1)

Table S3.3: Scan parameters of DWI of patients before and during irradiation.

Parameter	T_2 -weighted (TSE)	B ₀ -map	DWI (EPI)
Field of view (mm ³)	400 x 448 x 250	430 x 430 x 60	430 x 430 x 60
Acquired voxel size (mm ³)	1.2 x 1.2 x 1.2	3 x 3 x 3	3 x 3 x 3
TR (ms)	1300	11	3831
TE (ms)	114	4.6	69
DELTA / delta (ms)	-	-	34.4 / 22.8
Fat suppression	-	-	SPAIR
Phase encoding BW (Hz)	-	-	20.2
Parallel imaging factor	3.5	-	2.3
Acquisition time (mm:ss)	06:25 (NSA = 2)	01:05	03:23
b-values (averages)	-	-	0 (4), 30 (4), 150 (4), 500 (8)

Chapter 3

Parameter	T ₂ -weighted (TSE)	DWI (EPI)
Field of view (mm ³)	400 x 448 x 250	430 x 430 x 100
Acquired voxel size (mm ³)	1.2 x 1.2 x 1.2	4 x 4 x 5
TR (ms)	1300	4082
TE (ms)	114	85
DELTA / delta (ms)	-	42.5 / 19.6
Fat suppression	-	SPAIR
Phase encoding BW (Hz)	-	29.2
Parallel imaging factor	3.5	2
Acquisition time (mm:ss)	06:25 (NSA = 2)	04:17
b-values (averages)	-	0 (1), 150 (4), 500 (16)

Table S3.4: Scan parameters of the rectal cancer patient scan.

Figure S3.1: ADC maps of a cylindrical phantom with a diameter of 40 cm. The slice in the iso-center is shown. The columns (a-f) correspond to unique Unity systems. The rows (1-5) are ordered by the gradient coils that are used for diffusion weighting. (1) x-gradient only, (2) y-gradient only, (3) z-gradient only, (4) trace of x, y, and z, (5) trace image obtained with gradient overplus. The color represents the ADC (mm²/s), scaled from 0 – 200% compared to the average ADC of a ROI in the center.



Figure S3.2: ADC maps of a cylindrical phantom with a diameter of 40 cm, acquired on the Unity MR-linac and on a 3T Philips Ingenia system. Trace images of x, y, and z-gradients are shown. The images are smoothed with a gaussian filter to provide smoother lines. (a, c) Images acquired on the Unity MR-linac. (b, d) Images acquired on the 3T system. C was obtained after applying an offline gradient nonlinearity correction on image a, and d was obtained after applying an offline gradient nonlinearity correction on image b. The ADC values within the black lines are within 5% of the average of a circular ROI with a diameter of 5 cm at the center of the image. The white lines encapsulate regions where the ADC increase is more than 10%.



Figure S3.3: Comparison of the ADC maps of a phantom with a diameter of 15 cm, imaged using an EPI readout, to the large body phantom imaged with a TSE readout. a) The large body phantom is the same average image as presented in Figure 3.3g. The yellow dashed line shows a circle with a diameter of 15 cm corresponding to the smaller phantom. b) The smaller phantom imaged with an EPI readout, without gradient overplus. c) The smaller phantom imaged with an EPI readout, with gradient overplus. The white lines show the contour where the ADC values are 95% of the average of a ROI in the middle of the slice, and the black lines show the contour where the ADC values are 105%.



Figure S3.4: Bland-Altman plot of the QIBA phantom with and without movement of the gantry. The reference values are taken from the QIBA phantom manual. The bias is 0.006×10^{-3} mm²/s, and the limits of agreement are -0.020 and 0.032×10^{-3} mm²/s.

