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## Will you look at me? Social anxiety, naturalistic social situations, and wearable eye-trackers

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## **Propositions**

Accompanying Jiemiao Chen's dissertation:

### **Will You Look at Me?**

#### *Social Anxiety, Naturalistic Social Situations and Wearable Eye-trackers*

1. The relationship between social anxiety and gaze avoidance depends on severity of symptoms, type of social situations, and age groups (this dissertation).
2. People with greater social anxiety from the general population tend to look less at other's faces in naturalistic social situations (this dissertation).
3. Patients with social anxiety disorder tend to avoid looking at other's faces across various social situations (this dissertation).
4. Gaze anxiety is moderately associated with actual gaze avoidance (this dissertation).
5. Situational factors play a substantial role in gaze behavior.
6. Recognition of gaze avoidance patterns supports early detection and prevention of social anxiety disorder.
7. Suitable exposure contexts in early intervention for socially anxious individuals should include varying demands for self-disclosure.
8. Social anxiety disorder should not be narrowed down to gaze avoidance.
9. To maximize the efficacy of advanced technologies, critically embracing these new opportunities is of paramount importance.
10. The sheer beauty of doing psychology research lies in complexity of the human world.