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The Netherlands

Maternal health in Namibia: Lessons learned from obstetric surveillance

Heemelaar, S.

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Stellingen behorende bij het proefschrift

Maternal health in Namibia

Lessons learned from obstetric surveillance

1. In Namibia, the two most important contributors to the high incidence of severe maternal outcome are poor quality of facility-based care and challenges in timely access to care for vulnerable women – this thesis
2. Maternal near-miss surveillance is a valuable addition to the Namibian obstetric surveillance system, in addition to confidential enquiry of maternal deaths - this thesis
3. Health workers need to be adequately supported, to be able to improve the quality of care they provide – this thesis
4. For successful implementation of an intervention, it is key that it addresses a local need in a context-specific manner - this thesis
5. In Namibia, the risk of poor maternal outcome mostly depends on the location of the crib of the woman herself at the time she was born - this thesis & adapted from a Dutch proverb
6. It is a human right of health workers to be equipped and trained to be able to look after the lives of the women and babies that are in their hands - Tarek Meguid, 2013
7. Health systems are complex, no simple recipe exists for success - Balabanova et al., Lancet 2013;381: 2118–33
8. In a business a customer is a king. Similarly, maternity wards in health facilities should be structured to serve queens - Ephrem Sheferaw 2021
9. Those who have the privilege to know, have the duty to act – Albert Einstein 1879 -1955
10. The time is going - Namlish proverb (a PhD journey always takes longer than initially planned)
11. Always aim high, you might be lucky (a helpful mindset for your PhD)