



Universiteit
Leiden
The Netherlands

Lifting the fog of neuropsychiatric lupus

Monahan, R.C.

Citation

Monahan, R. C. (2023, March 30). *Lifting the fog of neuropsychiatric lupus*. Retrieved from <https://hdl.handle.net/1887/3589784>

Version: Publisher's Version

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/3589784>

Note: To cite this publication please use the final published version (if applicable).

Stellingen behorende bij het proefschrift getiteld

LIFTING THE FOG OF NEUROPSYCHIATRIC LUPUS

1. Classification criteria have drawbacks in rare disease manifestations. (*this thesis*)
2. Symptomatic therapy suffices in the majority of patients with systemic lupus erythematosus presenting with neuropsychiatric symptoms. (*this thesis*)
3. Neuropsychiatric symptoms in patients with systemic lupus erythematosus lead to suffering, but not to death. (*this thesis*) (*this thesis*)
4. Improving quality of life in patients with systemic lupus erythematosus and neuropsychiatric symptoms must include focus on anxiety, mood and fatigue. (*this thesis*)
5. The ACR Nomenclature of neuropsychiatric systemic lupus erythematosus no longer holds.
6. The only way to lift the fog of neuropsychiatric systemic lupus erythematosus is multicenter collaboration.
7. The presence of white matter hyperintensities should be an active lead to consider treatment initiation in patients with systemic lupus erythematosus.
8. Effectiveness of interventions should primarily be based on outcomes relevant for patients.
9. The world is not black and white, but shades of gray that we try to color.
10. Research should only be conducted by those who are willing to accept all possible outcomes.
11. Communicating research findings is a balancing act of precision and persuasion.
12. Coping is the cure to everything.