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1 Clinical, Environmental, and Genetic Risk Factors for Substance Use Disorders:

2 Characterizing Combined Effects across Multiple Cohorts

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51 **ABSTRACT**

52 Substance use disorders (SUDs) incur serious social and personal costs. Risk for SUDs
53 is complex, ranging from social conditions to individual genetic variation. We examined whether
54 models that include a clinical/environmental risk index (CERI) and polygenic scores (PGS) are
55 able to identify individuals at increased risk of SUD in young adulthood across four longitudinal
56 cohorts for a combined sample of $N = 15,134$. Our analyses included participants of European
57 ($N_{EUR} = 12,659$) and African ($N_{AFR} = 2,475$) ancestries. SUD outcomes included: 1) alcohol
58 dependence, 2) nicotine dependence; 3) drug dependence, and 4) any substance dependence.
59 In the models containing the PGS and CERI, the CERI was associated with all three outcomes
60 (ORs = 1.37 – 1.67). PGS for problematic alcohol use, externalizing, and smoking quantity were
61 associated with alcohol dependence, drug dependence, and nicotine dependence, respectively
62 (OR = 1.11 – 1.33). PGS for problematic alcohol use and externalizing were also associated
63 with any substance dependence (ORs = 1.09 – 1.18). The full model explained 6% - 13% of the
64 variance in SUDs. Those in the top 10% of CERI and PGS had relative risk ratios of 3.86 - 8.04
65 for each SUD relative to the bottom 90%. Overall, the combined measures of clinical,
66 environmental, and genetic risk demonstrated modest ability to distinguish between affected
67 and unaffected individuals in young adulthood. PGS were significant but added little in addition
68 to the clinical/environmental risk index. Results from our analysis demonstrate there is still
69 considerable work to be done before tools such as these are ready for clinical applications.

70 INTRODUCTION

71 Substance use disorders (SUDs) are associated with substantial costs to affected
72 individuals, their families, and society. An estimated 107,000 Americans died as the result of an
73 overdose in 2021 ¹. In 2016, alcohol use contributed 4.2% to the global disease burden and
74 other drug use contributed 1.3% ². Excessive alcohol use and illicit drug use cost the United
75 States an annual \$250 billion ³ and \$190 billion ⁴ respectively. Given the substantial human and
76 economic costs of substance misuse and disorders, understanding the combined impact of
77 important risk factors across multiple levels of analysis has important public health implications.

78 Substance use disorders are complex phenomena, and the development of substance
79 related problems can be attributed to factors ranging from broader social and economic
80 conditions to individual genetic variation ⁵⁻¹⁰. Prior research using a multifactorial index of
81 clinical and environmental risk factors (e.g., childhood disadvantage, family history of SUD,
82 childhood conduct problems, childhood depression, early exposure to substances, frequent use
83 during adolescence) found it useful in identifying those with persistent SUDs ¹¹.

84 More recently, polygenic scores (PGS), which aggregate risk for a trait across the
85 genome using information from genome-wide association studies (GWAS), were robustly
86 associated with substance use ¹² and substance related problems ¹³ across adolescence and
87 into young adulthood. However, though robustly associated, current PGS do poorly in identifying
88 individuals affected by SUDs ¹⁴. To date, there is limited work on the combined impact of
89 genetic, environmental, and clinical risk factors for SUDs. Prior work combining individual
90 genetic variants and clinical features outperformed clinical features alone ¹⁵, but individual
91 variants have limited predictive power. In other medical conditions, such as melanoma ¹⁶ or
92 ischemic stroke ¹⁷, combining clinical and genetic risk factors showed improvement predicting
93 risk for a specific outcome over models using individual risk factors.

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94 In the current study, we examine the joint association of early life clinical/environmental
95 risk factors and PGS with SUDs in early adulthood across four longitudinal cohorts: the National
96 Longitudinal Study of Adolescent to Adult Health (Add Health); the Avon Longitudinal Study of
97 Parents and Children (ALSPAC); the Collaborative Study on the Genetics of Alcoholism
98 (COGA); and the youngest cohort of the Finnish Twin Cohort Study (FinnTwin12). These
99 samples include population-based cohorts from three countries (United States, England, and
100 Finland) and a predominantly high-risk sample. Two of the samples (COGA and Add Health) are
101 ancestrally diverse. We focus on early adulthood as this is a critical period for the development
102 and onset of SUDs¹⁸. Our research questions are guided by the understanding that risk factors
103 for SUDs range across multiple levels of analysis.

104 **METHODS**

105 *Samples*

106 *Add Health* is a nationally representative longitudinal study of adolescents followed into
107 adulthood in the United States¹⁹. Data have been collected from Wave I when respondents
108 were between 11-18 (1994-1995) to Wave V (2016-2018) when respondents were 35-42. The
109 current analysis uses data from Waves I, II, and Wave IV.

110 ALSPAC is an ongoing, longitudinal population-based study of a birth cohort in the
111 (former) Avon district of Southwest England²⁰⁻²³. Pregnant female residents with an expected
112 date of delivery between April 1, 1991 and December 31, 1992 were invited to participate (N =
113 14,541 pregnant women, 80% of those eligible). This analysis uses data up to the age 24
114 assessment (details of all the data that is available through a searchable, web-based tool:
115 <http://www.bristol.ac.uk/alspac/researchers/our-data/>).

116 COGA is a family-based sample consisting of alcohol dependent individuals (identified
117 through treatment centers across the United States), their extended families, and community

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118 controls (N ~16,000)^{24,25}. We use a prospective sample of offspring of the original COGA
119 participants (baseline ages 12-22, N = 3,573) that have been assessed biennially since
120 recruitment (2004-2019)²⁶.

121 *FinnTwin12* is a population-based study of Finnish twins born 1983–1987 identified
122 through Finland’s Central Population Registry. A total of 2,705 families (87% of all identified)
123 returned the initial family questionnaire late in the year in which twins reached age 11²⁷. Twins
124 were invited to participate in follow-up surveys when they were ages 14, 17, and approximately
125 22.

126 Each cohort includes a wide range of social, behavioral, and phenotypic data measured
127 across the life course. The SUD measures were derived from the corresponding young adult
128 phases of data collection in each cohort (mean ages ~ 22 - 28). A full description of each
129 sample is presented in the supplementary information (section 2).

130 *Measures*

131 *Lifetime Diagnosis of Substance Use Disorder*

132 We constructed measures of lifetime SUD diagnosis based on the data that were
133 available in each of the samples, defined as meeting criteria for four, non-mutually exclusive
134 categories of substance dependence: 1) alcohol dependence; 2) nicotine dependence; 3) drug
135 dependence (inclusive of drugs such as cannabis, cocaine, opioids, sedatives, etc.); and 4) any
136 substance dependence (alcohol, nicotine, or drug). Our analyses focused primarily on DSM-IV
137 as this diagnostic system was most consistently used across all samples. There was one
138 exception: in each of the samples, nicotine dependence was measured using a cutoff of 7 or
139 higher on the Fagerstrom Test for Nicotine Dependence (FTND)²⁸. Where possible, we drew
140 measures of substance dependence from data collected during young adulthood to try and
141 maintain temporal ordering between SUD diagnoses and measured risk factors.

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142 *Clinical/Environmental Risk Index*

143 We created a clinical/environmental risk index (CERI) considering a variety of
144 established risk factors for SUD (Table 1). The CERI included ten validated early life risk factors
145 associated with later development of SUDs, including: low childhood socioeconomic status
146 (SES), family history of SUD, early initiation of substance use, childhood internalizing problems,
147 childhood externalizing problems, frequent drinking in adolescence, frequent smoking in
148 adolescence, frequent cannabis use in adolescence, peer substance use, and exposure to
149 trauma/traumatic experiences^{11,29,30}. We dichotomized each risk factor (present vs not present)
150 and summed them into an index for each person ranging from 0 to 10, providing a single
151 measure of aggregate risk. Dichotomizing these items allowed us to harmonize measures
152 across each sample in an interpretable manner. A full list of how each measure is defined within
153 each of the samples is available in the supplementary information (section 3).

154 *Polygenic Scores*

155 We constructed polygenic scores (PGS), which are aggregate measures of the number
156 of risk alleles individuals carry weighted by effect sizes from GWAS summary statistics, from six
157 recent GWAS of SUDs and comorbid conditions including: 1) externalizing problems (EXT)³¹; 2)
158 major depressive disorder (MDD)³²; 3) problematic alcohol use³³ (ALCP); 4) alcohol
159 consumption (drinks per week, ALCC)^{34,35}; 5) cigarettes per day/FTND (CPD)^{34,36}; and 6)
160 schizophrenia (SCZ)^{37,38}. We focused on these PGS, specifically, because: 1) SUDs show
161 strong genetic overlap with other externalizing³⁹⁻⁴¹, internalizing^{32,42}, and psychotic disorders
162^{33,43,44}; 2) both shared and substance-specific genetic risk are associated with later SUDs⁴⁵⁻⁴⁷;
163 and 3) substance use and SUDs have only partial genetic overlap^{48,49}. Therefore, our PGS
164 cover a spectrum of genetic risk for SUDs, using the most current and well-powered results for
165 each of the listed domains (see supplementary information section 4 for a detailed description).

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166 GWAS have been overwhelmingly limited to individuals of European ancestries^{50,51}.
167 Importantly, PGS derived from GWAS of one ancestry do not always transport into other
168 ancestral populations^{52,53}. We therefore used PRS-CSx⁵⁴, a new method that combines
169 information from well-powered GWAS (typically of European ancestries) and ancestrally
170 matched GWAS to improve the predictive power of PGS in the African ancestry samples from
171 Add Health and COGA. PRS-CSx integrates GWAS summary statistics across multiple input
172 populations and employs a Bayesian approach to correct GWAS summary statistics for the non-
173 independence of SNPs in linkage disequilibrium (LD) with one another⁵⁴. For participants of
174 European ancestries, we used the EUR derived PRS-CSx results, while we used the EUR+AFR
175 meta-analyzed results for the African ancestry participants. See the supplementary information
176 (section 5) for details.

177 *Analytic Strategy*

178 We pooled all the data for analysis using a fixed effects integrative data analytic (IDA)
179 approach⁵⁵. The IDA approach is more powerful than traditional meta-analyses when one has
180 access to raw data for each of the contributing samples. Our approach to harmonization and
181 pooling was as follows. First, we defined the measures and cutoffs to be used in each of the
182 samples, creating the CERI, PGS, and SUD outcomes at the cohort level. Second, within each
183 cohort, we regressed each PGS on age, age², sex, sex*age, sex*age², and the first 10 ancestral
184 PCs (specific to each sample) to account for population stratification in the PGS. Next, we
185 pooled all the data for analysis. We included cohort as a fixed effect for each of the six cohorts
186 (4 samples, of which two were split by ancestry) in subsequent analyses. Additionally, we
187 included age of last observation and sex as covariates.

188 We estimated a series of nested logistic regression models with the pooled data: 1) a
189 baseline model (sex, age, and cohort), 2) a genetic risk model (baseline + PGS), 3) a

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190 clinical/environmental risk model (baseline + CERI), and 4) a combined risk model (baseline +
191 PGS + CERI). Because COGA and FT12 included a large number of related individuals, we
192 adjusted for familial clustering using cluster-robust standard errors⁵⁶. To assess the predictive
193 accuracy of each model, we took the difference in pseudo- R^2 ($\Delta Pseudo-R^2$)⁵⁷, between the
194 baseline and corresponding models. Finally, we calculated the discriminatory power of the
195 combined model using the area under the curve (AUC) from a receiver operating characteristic
196 (ROC) curve. We included a variety of robustness checks to ensure that no single cohort in the
197 IDA was unduly influencing the results. Our analytic strategy was preregistered on the Open
198 Science Framework (<https://osf.io/etbw8>). Deviations from the preregistration are described in
199 the supplementary information (section 6).

200 RESULTS

201 Table 2 contains the descriptive statistics for each of the cohorts and ancestries. Each
202 cohort had similar proportions of females (~51% - 56%). The mean ages ranged from ~22 to
203 ~29 years of age. The COGA cohorts (both European and African ancestries) reported the
204 highest rates of SUD, an expected finding given the nature of the sample (highly selected for
205 SUDs). Add Health participants generally had higher rates of SUD than ALSPAC or FinnTwin12,
206 but lower than COGA. Finally, ALSPAC and FinnTwin12 reported similar levels of alcohol,
207 nicotine, drug, and any substance dependence. COGA participants reported higher mean
208 values on the CERI. The remaining cohorts report relatively similar rates of risk factor exposure.

209 Table 3 presents the results from the *PGS only*, *CERI only*, and *combined* models for
210 each outcome. Three of the six PGS were associated with the SUD outcomes in the *PGS only*
211 model. EXT was associated with each of the SUD outcomes (EXT OR = 1.18 – 1.50); ALCP
212 was associated with alcohol dependence and any substance dependence (ALCP OR = 1.10 –
213 1.13); and CPD was associated with nicotine dependence (CPD OR = 1.33). In the *CERI only*

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214 models, the CERI was consistently associated across each of the SUD categories (ORs = 1.37
215 – 1.67). When we combined the PGS and CERI into the same model, the CERI remained
216 significant across SUDs and was largely unchanged (ORs = 1.35 – 1.65). EXT remained
217 associated with drug dependence (OR = 1.11) and nicotine dependence (OR = 1.33), ALCP
218 remained associated alcohol dependence (OR = 1.12), and CPD remained associated with
219 nicotine dependence (OR = 1.31). Both EXT and ALCP remained associated with any
220 substance dependence diagnosis (ORs = 1.09 – 1.18). Overall, the combined model explained
221 5.9%, 12.6%, 13.1%, and 12.8% of the variance in alcohol dependence, nicotine dependence,
222 drug dependence, and any substance dependence, respectively.

223 Figure 1 (Panel A) presents the raw prevalence for each outcome across counts of the
224 CERI. The proportion of those meeting criteria for SUDs among those reporting 3 or more, 5 or
225 more, and 7 or more risk factors surpassed lifetime prevalence estimates from nationally
226 representative samples for drug dependence, alcohol dependence, and nicotine dependence,
227 respectively⁵⁸. Panel B depicts the prevalence of each category of SUD across several mutually
228 exclusive categories: 1) those in the bottom 90% of both the CERI and all PGS (averaged
229 across the six scores); 2) those in the top 10% of the CERI but the bottom 90% of the PGS
230 distribution; 3) those in the top 10% of the PGS distribution and the bottom 90% of the CERI;
231 and 4) those in the top 10% of both PGS and the CERI. There is an increase in risk across
232 those with elevated genetic risk, clinical/environmental risk, and both. Those in the top 10% of
233 both PGS and CERI had the highest prevalence of each of the SUDs, though the error bars
234 overlap with the estimates from those in the top 10% of the risk index, alone. Compared to
235 those in the bottom 90% on both, those in the to the top 10% of both have a relative risk of 3.86
236 (95% CI = 3.20, 4.65) for alcohol dependence, 6.11 (95% CI = 4.84, 7.72) for nicotine
237 dependence, 8.04 (95% CI = 6.92, 9.36) for drug dependence, and 4.05 (95% CI = 3.64, 4.51)
238 for any substance dependence.

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239 Finally, we considered the AUC for the combined model for each of the SUD categories.
240 Figure 2 presents the ROC curves for the full (CERI and PGS) and baseline (covariates only)
241 models for each SUD category. The AUC for each combined model was 0.74 for alcohol
242 dependence, 0.82 for nicotine dependence, 0.86 for drug dependence, and 0.78 for any
243 substance dependence. The overall change in AUC (from the baseline to the full model) that we
244 achieve when adding the CERI and PGS was modest ($\Delta\text{AUC} = 0.05 - 0.10$), and this
245 improvement was due in large part to the explanatory power of the CERI. ROC curves for the
246 CERI only and PGS only models are presented in Supplemental Figure 6.

247 *Sensitivity Analyses*

248 We performed a variety of sensitivity analyses. Results from leave-one-out (LOO) and
249 sex-stratified analyses were largely similar to those from the main results. In ancestry stratified
250 analyses, results in the cohorts of European ancestries largely mirrored the main results. None
251 of the PGS were associated with SUDs in the cohorts of African ancestries. Effect sizes for the
252 CERI were largely similar across European and African ancestries (see Supplemental Tables
253 S1-S3) and were mostly stable when removing individual risk factors (supplemental information
254 section 7).

255 We also tested for interactions between the PGS and CERI and cohort (Add Health
256 EUR as the reference group). There were few significant interactions and no consistent patterns
257 in variation for PGS, though the CERI did show considerable variation across cohort
258 (Supplemental Table S4). Finally, we fit complimentary models using a random effects
259 approach, allowing the slopes for the PGS and CERI to vary randomly across cohort. Random
260 slopes for PGS did not consistently improve model fit, though a random slope for the CERI
261 consistently improved model fit (Supplemental Table S5). We compared the parameter

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262 estimates from the random effect models to the main analyses and results were largely
263 consistent (Supplemental Table S6).

264 **DISCUSSION**

265 Substance use disorders remain a serious threat to public health⁵⁹. In the current
266 analysis, we examined the combination of clinical, environmental, and genetic risk factors for
267 determining who is more likely to develop a SUD in early adulthood. We used previously
268 validated measures of environmental and clinical risk^{11,29,30} and polygenic scores for
269 externalizing problems³¹, major depressive disorder³², problematic alcohol use^{33,35}, alcohol
270 consumption^{34,35}, cigarettes per day/nicotine dependence^{34,36}, and schizophrenia^{37,38}. The
271 combination of genetic and social-environmental measures was significantly associated with the
272 development of SUDs. The overall association was strongest for drug dependence, followed by
273 any substance dependence, nicotine dependence, and alcohol dependence.

274 The CERI was the strongest association with each outcome. The proportion of those
275 meeting criteria for each SUD surpassed lifetime estimates in persons with 3 or more, 5 or
276 more, and 7 or more risk factors for drug dependence, alcohol dependence, and nicotine
277 dependence, respectively. The discriminatory power of the combined model (AUC = .74 - .86)
278 was similar to AUC estimates published in the original paper from which many of the risk index
279 items were derived (AUC ~ 0.80)¹¹. Interestingly, this risk index was originally developed for
280 identifying persons with persistent SUD through early mid-life (~age 40). In the current analysis
281 we demonstrated that the CERI in conjunction with demographic covariates and PGS does
282 equally well for those who meet criteria for any SUD by young adulthood.

283 The overall predictive power of the PGS alone was in the range of 1.1 – 3.7%. Only the
284 PGS for externalizing problems, problematic alcohol use, and cigarettes per day were
285 consistently associated with SUD outcomes. The PGS for externalizing problems was

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286 associated with drug dependence and nicotine dependence, the PGS for problematic alcohol
287 use PGS was associated with alcohol dependence, and both were associated with any
288 substance dependence. The PGS for cigarettes per day was only associated with nicotine
289 dependence. Overall, these results support prior evidence that genetic risk for SUDs consists of
290 a both shared and substance-specific variance^{31,41,47}.

291 Interestingly, even though the effect sizes were attenuated in the model, the PGS for
292 externalizing problems, problematic alcohol use, and cigarettes per day remained significantly
293 associated when we included the CERI, though the additional information the PGS provided
294 was minimal. Since the CERI also included many of the phenotypes each of the PGS measured
295 (e.g., childhood conduct disorder for externalizing, childhood depression for major depressive
296 disorder; and frequent alcohol use for alcohol consumption), part of this attenuation is likely due
297 to the inclusion of the actual phenotypes through which risk for some of these disorders is
298 expressed. PGS are also confounded by environmental variance⁵⁹ and the reduction in effect
299 sizes could be accounting for some of that confounding. PGS may add information beyond well-
300 known risk factors, which could prove useful when information on certain exposures or
301 behaviors is unavailable.

302 Further refinement of risk measures may improve our ability to develop screening
303 protocols for those at greater risk of developing substance-related problems. Early detection has
304 the potential to improve prevention efforts, as prior work suggests that those at highest risk of
305 substance misuse stand to benefit the most from prevention efforts⁶⁰. Ideally, screening tools
306 for SUD risk would include measures of social, clinical, and genetic risk factors, as each impacts
307 the development of SUDs^{5-7,61,62}. In the push for precision medicine, very often the focus is on
308 biological information, but social determinants of health are also critically important.

309 Currently, these tools are not ready for clinical use. If we reach the point where social,
310 clinical, and genetic information become sufficiently powerful, we must recognize that identifying
311 persons for early intervention carries a significant risk. Screening for social determinants has the

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312 potential for unintended consequences, including further stigmatization⁶³. Genetic information
313 has even more potential for abuse and stigmatization. Policy makers must ensure that there is
314 comprehensive legal protection against discrimination using any form of information.
315 Additionally, any attempt to use social, clinical, or genetic information for targeted intervention or
316 identification in a clinical setting must be done so in a patient-centered approach, rather than
317 any “one-size fits all” that exclude patients from their own healthcare decisions⁶⁴.

318 Our analysis has several important limitations. First, although we included individuals of
319 diverse ancestries, the PGS for our samples of African ancestries were severely underpowered
320 due to the small size of the discovery sample. Large-scale GWAS in diverse cohorts are vital to
321 ensuring that any benefit of precision medicine is shared equitably across the population⁶⁵.
322 Second, while distinct, ancestry is related to race-ethnicity, and with it, racism and racial
323 discrimination, some of the most profound social determinants of health⁶⁶. Our measure of
324 environmental risk was crude and may not fully capture risk factors that contribute to SUDs in
325 populations beyond non-Hispanic Whites. Future studies should include racially relevant
326 measures of risk (e.g., experiences of interpersonal racism/discrimination, racial residential
327 segregation) as well as other social and environmental measures that are known risk factors for
328 SUDs (e.g., neighborhood social conditions, alcohol outlet density). Further refinement of known
329 risk factors may allow for better prediction of those at risk of developing an SUD. We did
330 observe variation in the predictive ability of the CERI across cohorts, suggesting the observed
331 effect may differ in magnitude across populations. We therefore urge caution in overinterpreting
332 study results. Finally, while we tried to ensure time order between risk factors and onset of
333 disorder, some risk factors (particularly adolescent substance use) could have occurred
334 concurrently with diagnosis. Future work in samples with risk factors measured before the
335 initiation of substance use (such as the Adolescent Brain Cognitive Development Study) will be
336 important for replication efforts.

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337 Recognizing that multiple social, clinical, and genetic factors contribute to risk for SUDs
338 is important as we move towards the goal precision medicine that benefits all segments of the
339 population. There is still much work to be done before tools such as these are useful in a clinical
340 setting. However, the results of this integrative data analysis provide initial evidence *all* of these
341 risk factors contribute unique information to SUDs in early adulthood. Expanding our sources of
342 information (such as electronic health records, census data from home of record) and making
343 use of increasingly well-powered PGS will continue to improve our ability to understand how
344 SUDs develop.

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413 **ETHICS DECLARATIONS**

414 The authors have no conflicts of interest to declare.

415

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587

588 DATA AVAILABILITY

589 All data sources are described in the manuscript and supplemental information. No new
590 data were collected. Only data from existing studies or study cohorts were analyzed, some of
591 which have restricted access to protect the privacy of the study participants. Add Health genetic

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592 data obtained through dbGaP (Study Accession: phs001367.v1.p1). Instructions on gaining
593 access to Add Health restricted use data can be found at:
594 <https://data.cpc.unc.edu/projects/2/view>. COGA genetic data available through dbGaP (Study
595 Accession: phs000763.v1.p1). Instructions for access to ALSPAC data available at:
596 <http://www.bristol.ac.uk/alspac/researchers/access/>. The process for obtaining the GWAS
597 summary statistics used in these analyses are described in the corresponding original GWAS
598 publications.

599 **CODE AVAILABILITY**

600 No custom algorithms or software was developed in this study. All code is available by
601 request from the corresponding author. Polygenic scores generated using PRS-CSx
602 (<https://github.com/getian107/PRScsx>). All primary analyses completed in R 4.1.0 using the
603 *data.table* (1.14.0), *pROC* (1.18.0), *lme4* (1.1-27.1), and base packages.

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Table 1: Items included in the Clinical/Environmental Risk Index (CERI)

Measure	Definition
1) Low childhood SES	Parent(s) report having less than basic level of education [culturally dependent]; having a low-skill or menial occupation; income at or below the poverty line; or receipt of government assistance.
2) Family history of SUD	Biological parent self-reports history of SUD for themselves or other biological parent or meets criteria for SUD from clinical interview/AUDIT threshold of 8 or higher.
3) Childhood externalizing problems	Respondent meets criteria for conduct disorder or oppositional defiant disorder from a clinical interview or computer-based prediction; or has a behavior problems score at or above the 90th percentile at 15 or younger.
4) Childhood internalizing problems	Respondent reports diagnosis of depression/anxiety or panic disorder; meets criteria for internalizing disorder in clinical interview/computer-based prediction; or has a CES-D score above a threshold of 16 at 15 or younger.
5) Early initiation of substance use	Respondent reports age of first whole alcoholic drink, smoked whole cigarette, or tried cannabis before the age of 15.
6) Adolescent alcohol use	Frequency of self-reported use 5 or more days per week at age 18 and below.
7) Adolescent tobacco use	Frequency of self-reported use at daily use at age 18 and below.
8) Adolescent cannabis use	Frequency of self-reported use 5 or more days per week at age 18 and below.
9) Peer substance use	Respondent reports the majority of their best friends use alcohol/tobacco/cannabis; their three best friends smoke daily/drink once a month/use cannabis once a month; or more than one friend smokes/drinks alcohol/has tried other drugs.
10) Traumatic events	Respondent reports exposure to any traumatic event.

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Full description of sample specific definitions available in the supplementary information.

Table 2: Prevalence of SUDs and CERI by Cohort

	<i>Add Health</i> AFR (N = 1,605)*		<i>Add Health</i> EUR (N = 4,855)*		<i>ALSPAC</i> EUR (N = 4,733)*		<i>COGA</i> AFR (N = 870)*		<i>COGA</i> EUR (N = 1,878)*		<i>FinnTwin12</i> EUR (N = 1,193)*	
	<u>Mean (SD)/%</u>		<u>Mean (SD)/%</u>		<u>Mean (SD)/%</u>		<u>Mean (SD)/%</u>		<u>Mean (SD)/%</u>		<u>Mean (SD)/%</u>	
Female	55.26%	-	53.59%	-	56.71%	-	51.38%	-	51.33%	-	53.73%	-
Age (at last observation)	28.89	(1.69)	28.84	(1.70)	22.47	(2.20)	24.13	(5.12)	24.24	(5.26)	22.44	(0.72)
Alcohol dependence	3.93%	-	12.75%	-	5.92%	-	11.49%	-	21.14%	-	8.55%	-
Nicotine dependence	2.74%	-	10.28%	-	1.54%	-	3.91%	-	7.83%	-	2.26%	-
Drug dependence	6.73%	-	10.79%	-	0.78%	-	26.44%	-	23.59%	-	1.34%	-
Any substance dependence [†]	11.21%	-	25.81%	-	8.87%	-	30.69%	-	34.66%	-	10.98%	-
CERI	1.95	(1.48)	2.07	(1.65)	2.08	(1.19)	3.98	(2.24)	3.65	(2.38)	2.62	(1.27)

* Available samples with genotypic, phenotypic, and environmental risk data

[†] Any substance dependence includes those who meet criteria for alcohol, nicotine, or drug dependence.
AFR = African ancestries; EUR = European ancestries; CERI = clinical/environmental risk index

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Table 3: Estimates for PGS Only, CERI Only, and Combined Models

		Alcohol Dependence			Nicotine Dependence			Drug Dependence			Any substance dependence		
		OR	95% CI	CI	OR	95% CI	CI	OR	95% CI	CI	OR	95% CI	CI
PGS Only Model*	ALCC PGS	1.05	(0.99, 1.11)		0.96	(0.89, 1.04)		1.05	(0.98, 1.12)		1.00	(0.96, 1.05)	
	ALCP PGS	1.13	(1.06, 1.20)		1.01	(0.93, 1.10)		1.07	(1.00, 1.15)		1.10	(1.05, 1.16)	
	EXT PGS	1.18	(1.11, 1.26)		1.50	(1.38, 1.63)		1.27	(1.19, 1.36)		1.31	(1.25, 1.38)	
	MDD PGS	1.00	(0.94, 1.06)		1.06	(0.98, 1.15)		1.08	(1.02, 1.15)		1.02	(0.98, 1.07)	
	SCZ PGS	1.04	(0.97, 1.10)		0.98	(0.90, 1.06)		1.03	(0.96, 1.11)		1.00	(0.96, 1.05)	
	CPD PGS	1.00	(0.94, 1.06)		1.33	(1.24, 1.43)		1.01	(0.95, 1.08)		1.08	(1.03, 1.13)	
	$\Delta Pseudo-R^2$			0.011			0.037			0.014			0.022
CERI Only Model*	CERI	1.37	(1.33, 1.41)		1.63	(1.57, 1.70)		1.67	(1.61, 1.72)		1.58	(1.54, 1.63)	
$\Delta Pseudo-R^2$			0.054			0.107			0.129			0.120	
Combined Model*	CERI	1.35	(1.31, 1.40)		1.58	(1.52, 1.65)		1.65	(1.59, 1.70)		1.55	(1.51, 1.60)	
	ALCC PGS	1.04	(0.97, 1.10)		0.94	(0.87, 1.03)		1.03	(0.96, 1.11)		0.99	(0.94, 1.04)	
	ALCP PGS	1.12	(1.05, 1.19)		0.99	(0.91, 1.08)		1.06	(0.98, 1.14)		1.09	(1.04, 1.15)	
	EXT PGS	1.08	(1.01, 1.15)		1.33	(1.22, 1.45)		1.11	(1.03, 1.20)		1.18	(1.12, 1.24)	
	MDD PGS	0.97	(0.91, 1.03)		1.02	(0.94, 1.10)		1.03	(0.96, 1.10)		0.98	(0.93, 1.03)	
	SCZ PGS	1.03	(0.97, 1.10)		0.96	(0.88, 1.05)		1.01	(0.94, 1.08)		1.00	(0.95, 1.05)	
	CPD PGS	0.98	(0.92, 1.04)		1.31	(1.22, 1.42)		0.98	(0.92, 1.04)		1.06	(1.01, 1.11)	
$\Delta Pseudo-R^2$			0.059			0.126			0.131			0.128	

* All models included age, sex, and cohort as covariates. See Supplementary Table 7 for all parameter estimates. PGS residualized on age, sex, and first 10 ancestral principal components.

Bolded estimates = $p < .05$ after correction for multiple testing ($p < .05/4 = 0.0125$)

$\Delta Pseudo-R^2$ denotes pseudo- R^2 above model including age, sex, and cohort. CI = confidence interval; PGS = polygenic score; CERI = clinical/environmental risk index

610 **FIGURE CAPTIONS**

611 *Figure 1: SUD Prevalence Across Genetic and Environmental Risk Factors*

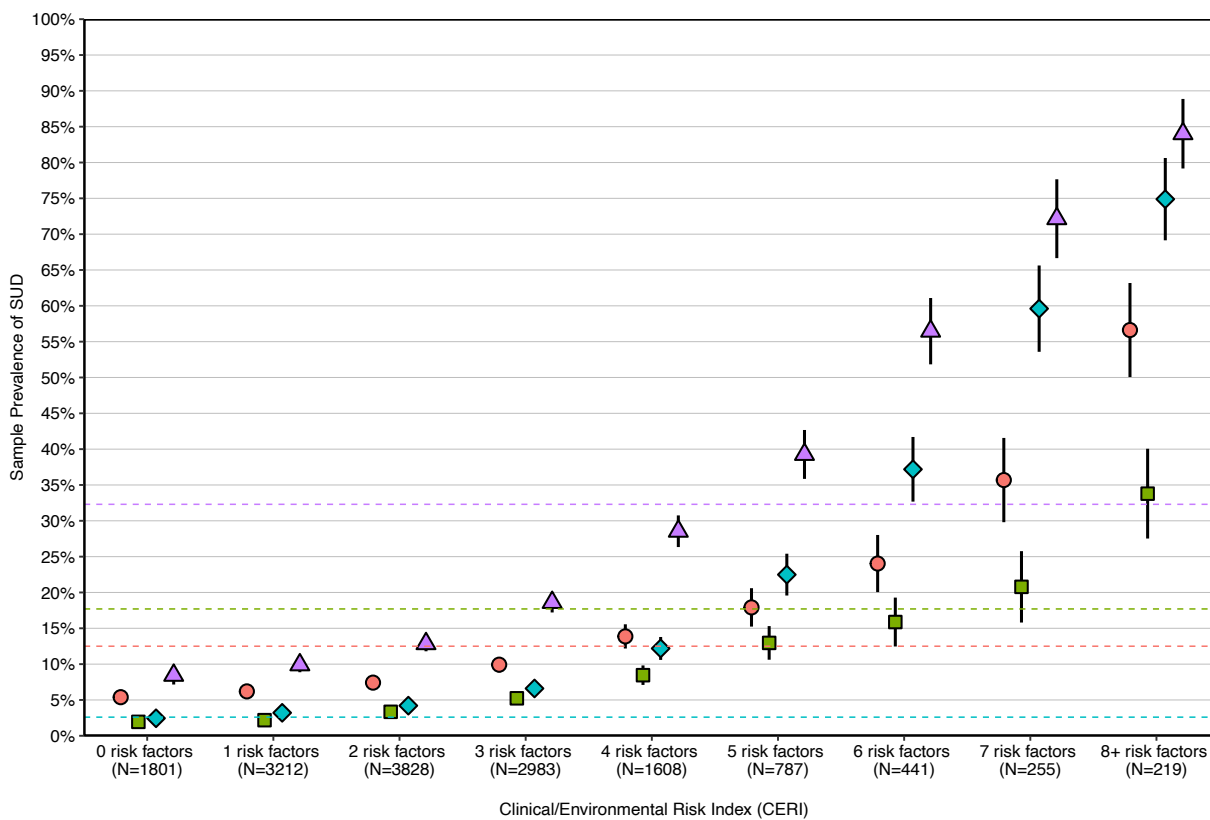
612 Panel A: Prevalence (and 95% confidence intervals) of those who meet criteria for alcohol,
613 nicotine, drug, or any substance dependence across counts for items in the risk index. Panel B:
614 Prevalence (and 95% confidence intervals) of those who meet criteria for alcohol, nicotine, drug,
615 or any substance dependence across four categories: 1) those below the 90th percentile for all
616 PGS and the CERI; 2) those at or above the 90th percentile for the CERI; 3) those at or above
617 the 90th percentile for all PGS; and 4) those at or above the 90th percentile for both the CERI
618 and PGS. PGS and risk index were first residualized on sex, age, age², cohort, sex*age,
619 sex*age², sex*cohort, cohort*age, cohort*age², sex*cohort*age, and sex*cohort*age². Dotted
620 colored lines represent corresponding lifetime prevalence estimates for alcohol dependence
621 (red), nicotine dependence (green), drug dependence (blue), and any substance use disorder
622 (purple) from nationally representative data⁵⁸.

623

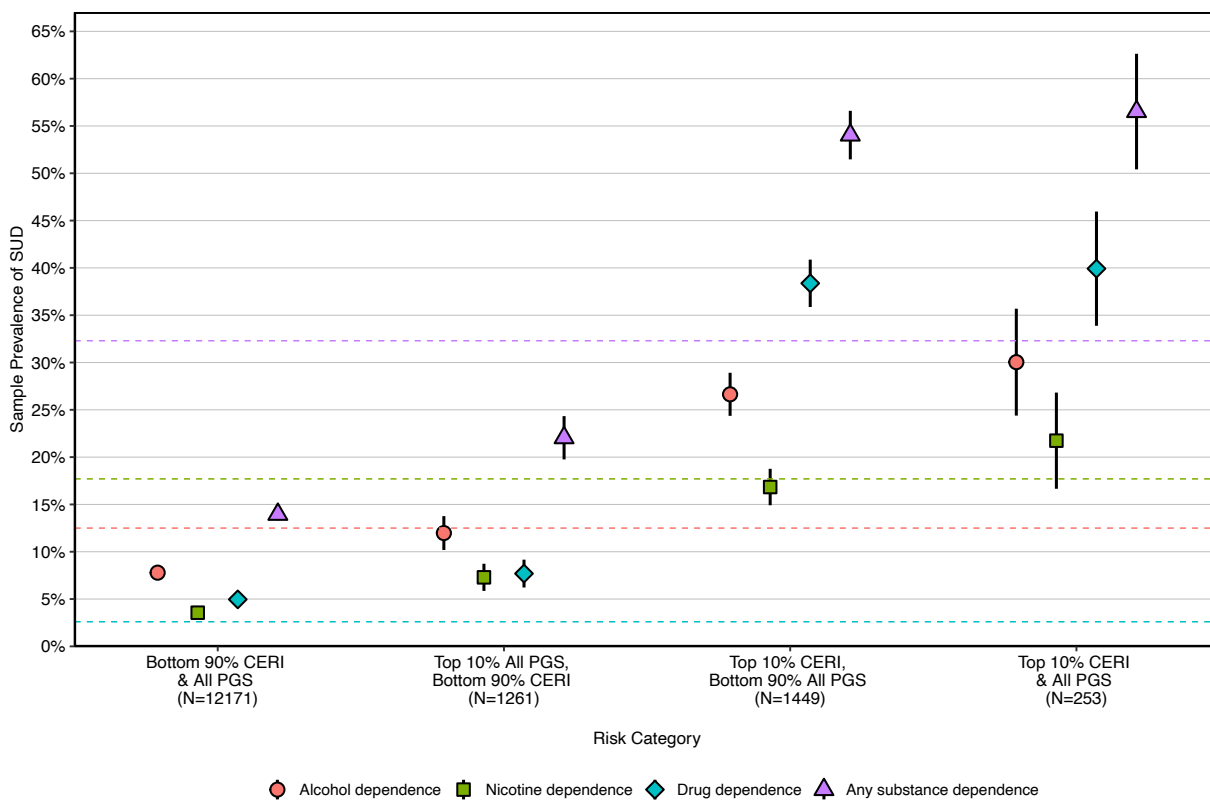
624 *Figure 2: ROC Curves for Combined and Baseline Models*

625 Receiver operating characteristic (ROC) curves for baseline models (red line, covariates only)
626 and the full models (blue line, PGS + CERI + covariates) for each substance use disorder. Area
627 under the curve (AUC) is presented for the PGS model in each cell. Change in AUC represents
628 value of the difference between AUC from the full model and AUC from the base model.

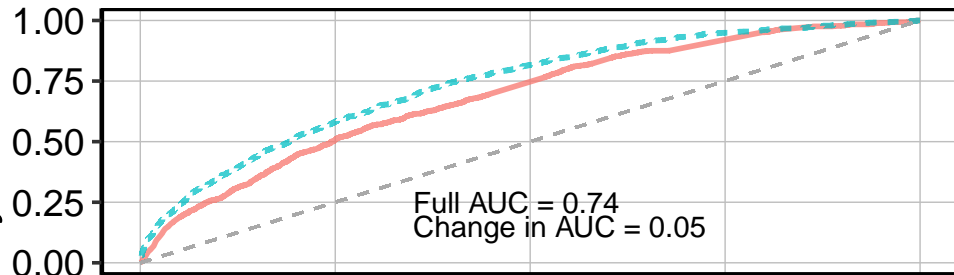
A



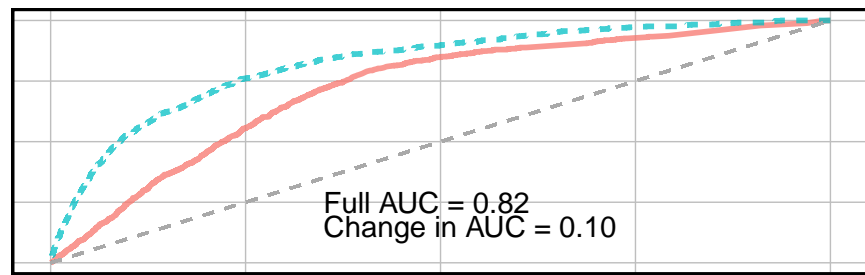
B



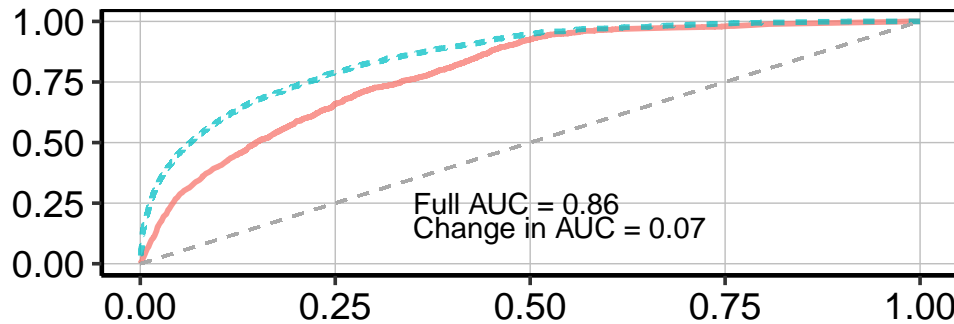
Alcohol Dependence



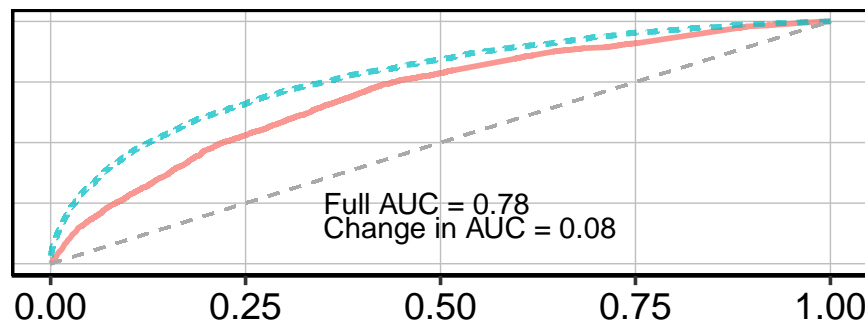
Nicotine Dependence



Drug Dependence



Any Substance Dependence



1 - Specificity

Model — Base - - Full