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# **In between looking and seeing: recognition, referral and assessment of children and adolescents' mental health problems at the interface of primary care and secondary mental healthcare**

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## Curriculum vitae

Semiha Aydın was born in Rotterdam on August 16<sup>th</sup>, 1992. She started studying Psychology at Leiden University after graduating from her secondary education at Libanon Lyceum in 2010. In 2012 she finished with pleasure her Bachelor thesis on the topic of math strategies in elementary education at the department of Methods and Statistics of Leiden University. When in the same year a work-group facilitator asked Semiha whether she would like to give workgroups, her interest in combining the roles of researcher, practitioner and teacher grew. After finishing her masters in Clinical Psychology, Health Psychology and courses on Clinical Neuropsychology in 2014, she started working in clinical practice and facilitating workgroups. Whilst working in clinical practice, she started also as a research assistant at the Institute of Pedagogical Sciences, Leiden University. In 2017 she started her multi-disciplinary PhD project at the Institute of Psychology (unit Developmental and Educational Psychology) of Leiden University, the departments of Public health and primary care, and Curium Child and adolescent psychiatry, Leiden University Medical Centre. Starting from 2018, Semiha also developed and implemented an ongoing programme for aspiring first generation students, aimed at easing the gap between pre-university education and the university. As of 2021, Semiha started working as a therapist again. After her PhD, she will continue her work as a postdoctoral researcher on her project on schema-therapy for adolescents and young adults with social anxiety disorder, as a therapist in practice, and by guiding students doing for example their clinical internship or writing their thesis.

## List of publications

- Aydin, S., Siebelink, B.M., Westenberg P.M., Vermeiren R.R.J.M. & Crone M.R. (2023), Optimal scoring methods for autism spectrum disorders in the strengths and difficulties questionnaire (SDQ). Manuscript in preparation.
- Kubicki, E., Grootendorst, N.H. & Aydin, S. (2023), Personality Traits and Mental Illness Exposure Among Volunteers in Mental Health and Sport Organisations. Manuscript in preparation.
- Aydin S., Siebelink B.M., Crone M.R., Ginkel J.R. van, Numans M.E., Vermeiren R.R.J.M. & Westenberg P.M. (2022), The diagnostic process from primary care to child and adolescent mental healthcare services: the incremental value of information conveyed through referral letters, screening questionnaires and structured multi-informant assessment, *British Journal of Psychiatry Open* 8(3): e81.
- Aydin S., Crone M.R., Siebelink B., Vermeiren R.R.J.M, Numans M.E. & Westenberg P.M. (2021), Angststoornissen bij jongeren herkennen, *Huisarts & Wetenschap* 64(9): 24–27.
- Aydin S., Crone M.R., Siebelink B.M., Numans M.E., Vermeiren R.R.J.M. & Westenberg P.M. (2021), Informative value of referral letters from general practice for child and adolescent mental healthcare, *European Child and Adolescent Psychiatry*, doi:10.1007/s00787-021-01859-7.
- Aydin S., Crone M.R., Siebelink B.M., Vermeiren R.R.J.M., Numans M.E. & Westenberg P.M. (2020), Recognition of anxiety disorders in children: A cross-sectional vignette-based survey among general practitioners, *BMJ open* 10(4): e035799.

