

Innovative (electro-driven) sample preparation tools for metabolomics study of muscle aging He, Y.

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PROPOSITIONS

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1. The goal of sample preparation is enrichment, cleanup, and signal enhancement. Sample preparation is often the bottleneck in analysis workflow, as they are often time- and labor-intensive.

Mitra, S. Sample preparation techniques in analytical chemistry. 2003.

- Fast, miniaturized, automated, high-throughput, low-energy, and operator-safe methods are preferred for greening sample preparation. *López-Lorente, et al. TrAC Trends in Analytical Chemistry 2022, 116530.*
- 3. Three-phase electro-extraction provides a fast, simple, and online sample preparation method with high enrichment for basic and acidic compounds in small volume and/or low concentration samples. *Chapter 2&3, this thesis*
- 4. A stable automated electro-extraction setup was developed with evaluation of machine vision for the acceptor droplet size and current monitoring during extraction process. *Phase 1 in Chapter 4, this thesis*
- The fully automated and high-throughput electro-extraction setup was successfully applied to human plasma samples and utilized for acylcarnitines analysis in progeroid (*Ercc1*^{Δ/-}) mice muscle tissues.
 Phase 2 in Chapter 4, this thesis
- Muscle mass usually starts to decline from about 30 years old, with on average 40% of muscle mass lost by the age of 80 years. Worldwide, 11–50% of those aged 80 or above suffer from sarcopenia, and this number is increasing with the linear rise of average life expectancy. *N. Garatachea, et al., Rejuvenation Res, 2015, (18), 57-89. S. von Haehling, et al., J Cachexia Sarcopenia Muscle, 2010 (1), 129-133.*
- 7. Dietary restriction delays accelerated aging and retards many symptoms of aging. *W. P. Vermeij, et al., Nature, 2016, 537(7620), 427-431.*
- Dietary restriction attenuates sarcopenia by downregulating oxidative stress-related and proinflammatory metabolites, upregulating several anti-inflammatory metabolites, improving energy generation and storage pathways, and increasing the consumption of energy source in progeroid mice. *Chapter 6, this thesis*
- 9. Keep it simple, stupid. (KISS principle) *Kelly Johnson*.
- 10. There have to be reasons that you get up in the morning and you want to live. *Elon Musk.*
- 11. This short life, we will eventually lose, you might as well be bold: Love a person, climb a mountain, chase a dream. *Big Fish & Begonia.*
- Most of time, it is because of a choice that there is an opportunity, and belief that there is possibility.
 Kazuo Inamori.