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Cis and trans modifiers in facioscapulohumeral muscular dystrophy

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CHAPTER 1

General Introduction

Epigenetic regulation of mammalian genome

The functional output of our genome at any given time is not only determined by the information encoded in its genetic layer, i.e. the DNA sequence itself, but also by different *epigenetic layers* which help in its interpretation. Epigenetic layers mean factors or modifications controlling the stability and inheritance of gene expression patterns across different cell divisions or generations which are not the result of changes in the DNA sequence itself. This genome-wide epigenetic information is known as the *epigenome*. A growing number of diseases stem from mutations that alter different parts of the epigenome. Such mutations can affect chromatin configuration *in cis* or alter either the abundance or activity of epigenetic modifiers leading to epigenetic changes *in trans*, ultimately affecting gene expression. This thesis focuses on one such disease called Facioscapulohumeral muscular dystrophy (FSHD), in which epigenetic deregulation of a specific macrosatellite repeat array favors the expression of its embedded gene. Therefore, the first part of the Introduction is devoted to describing different epigenetic mechanisms involved in transcriptional regulation of the genome, mainly focusing on the epigenetic silencing of repetitive elements. The second part of the Introduction will discuss the genetic and epigenetic etiology of FSHD.

DNA methylation

One of the epigenetic layers that regulates the genome is the direct modification of DNA bases. The most studied DNA modification in mammals is methylation of the 5th carbon of cytosine (5mC), generally referred to as DNA methylation. The existence of another form of methylation in genomic DNA, that of the 6th carbon of adenine (6mA), while being prevalent in prokaryotes¹, remains disputable in mammals². In the mouse and human genome, around 5% of all cytosines are methylated³ making 5mC a relatively abundant modification which is therefore sometimes referred to as the fifth DNA base (next to adenine, guanine, cytidine and thymine). The 5mC is usually found in a CpG dinucleotide context resulting in two 5mCs positioned diagonally to each other on opposite DNA strands⁴. The occurrence of 5mC in this symmetrical CpG context allows for faithful reproduction of the methylation information during DNA replication as a 5mC on the mother strand serves as a template for the methylation machinery to methylate the cytosine on a newly replicated daughter strand⁵. In most cell types, except for specific stages during embryogenesis⁶ and gametogenesis⁷, around 80% of CpGs are methylated⁸. These are typically isolated CpGs, while the remaining unmethylated CpGs are usually clustered in *CpG islands (CGIs)*, genomic regions which contain a higher density of CpGs than one would expect by chance⁹. These unmethylated CGIs are predominantly associated with promoters of active genes. The exceptions to this are promoter CGIs of three classes of genes for which life-long stable silencing mediated by promoter methylation in somatic tissues is crucial. These include genes on the inactive X chromosome¹⁰, imprinted genes¹¹ and germline genes¹². In addition, CGIs found within gene bodies (intragenic) or between genes (intergenic), collectively termed as 'orphan' CGIs, can also become methylated during development or are methylated in a tissue-specific manner¹³. Therefore, the lack of methylation at CGIs is often associated with active transcriptional start sites (TSSs) while their

methylation is associated with gene silencing¹⁴. In contrast to hypomethylated CGIs of active promoters, the bodies of actively transcribed genes are enriched with methylated CpGs which prevent spurious intragenic transcription initiation events^{15,16}. Interestingly, around 20% of gene-associated CGIs in the human genome are absent from the homologous mouse genes and further analysis suggested that both humans and mice are losing CGIs over evolutionary time¹⁷. This can be explained by the hypermutability of 5mC since it is prone to spontaneous deamination resulting in C to T transitions in the genome, therefore resulting in progressive loss of CpGs through acquired transitions^{18,1}.

The DNA methylation patterns are generally stably maintained in somatic cells. However, the somatic epigenome poses a major barrier to sexual reproduction and preparation for a next generation requires its resetting. The reconfiguration of genome-wide DNA methylation patterns happens in two steps during specific developmental time windows (reviewed here¹⁹). First, somatic methylation signatures are removed in the primordial germ cells (PGCs) and germ cell-specific as well as sex-specific signatures are established during later stages of germ cell development enabling meiotic maturation and subsequent fertilization²⁰. After fertilization, the epigenome of a newly formed zygote becomes reprogrammed during subsequent cell divisions to erase gamete-specific signatures inherited from the oocyte and the sperm^{21,22}. The DNA methylation erasure is completed at the pre-implantation blastocyst stage after which it is ready for the initiation of the embryonic developmental program and setting up lineage specific methylation profiles.

The life-cycle of DNA methylation is carried out by a collection of enzymes which can be considered based on their action either as the *writers* of this mark (DNA methyltransferases, DNMTs) or *erasers* (ten-eleven translocation enzymes, TETs). In mammals, writers belong to a family of DNMTs consisting of four catalytically active members (DNMT1, DNMT3A, DNMT3B and rodent-specific Dnmt3c) and one catalytically inactive member (DNMT3L), each of which evolved to perform largely non-overlapping functions^{23,2}.

DNMT1 was the first DNMT identified²⁴ and for a long time recognized as a canonical maintenance DNMT because of its high affinity for hemi-methylated DNA^{25,26} and its role in re-establishing CpG methylation patterns after DNA replication. However, this longstanding view has been challenged over time as some studies reported that it can also act *in vitro* on unmethylated DNA substrates, albeit with lower efficiency^{27,28} and its *de novo* methylation activity was reported in oocytes outside the context of DNA replication²⁹ as well as during replication-coupled methylation maintenance^{30,31}. Whether this *de novo* methylation

1 5mC does not exist in genomes of several widely used model organisms such as *Caenorhabditis elegans*, fission yeasts and bakers' yeasts and is found at very low levels only during early stages of embryonic development of *Drosophila*.

2 After identification of DNMT1, the second candidate mammalian DNMT gene was found which shared a sequence homology with DNMT1 and was named DNMT2³¹⁸. However, it turned out that it does not have properties that can be expected of a DNA methyltransferase as it has very low affinity towards double stranded DNA and it primarily localizes to the cytoplasm instead of the nucleus. Indeed, it was demonstrated that it is an RNA methyltransferase responsible for methylating the 38th cytosine residue in anticodon loop of certain tRNAs³¹⁹.

potential of DNMT1 is biologically relevant or creates only aberrant unspecific byproducts was addressed recently when it was demonstrated that murine Dnmt1 displays *de novo* methylation activity targeted at specific classes of retrotransposons³². Similarly, the strict classification of DNMT3A and DNMT3B as purely DNA methylation establishing DNMTs requires fine-tuning. Both DNMT3A and 3B are highly expressed during early embryonic development as well as in mouse embryonic stem cells. Upon differentiation, their expression dramatically declines which is in line with the assumption that they are then dispensable^{33–35}. Nevertheless, they are essential for the long-term maintenance of DNA methylation imprints at least in mouse embryonic stem cells³⁶ and somatic inactivating mutations in DNMT3A have been reported in hematologic malignancies³⁷. Moreover, DNMT3B isoforms without catalytic activity can act as accessory factors aiding DNMT1 activity in somatic cells³⁸. This suggests that DNMTs could indeed work cooperatively to maintain methylation fidelity and that both DNMT3A and DNMT3B are also important in (some) somatic cells.

Dnmt3c and Dnmt3l, the two most recent evolutionary additions to the family of DNMTs, are involved in mammalian reproduction. *Dnmt3c* arose through a tandem duplication of the *Dnmt3b* gene specifically in the *Muroidea* lineage and is expressed only in male germ cells where it selectively methylates the promoters of evolutionarily young transposable elements thus ensuring their repression. This specialized Dnmt3c activity is required for male fertility³⁹. Dnmt3l is a catalytically inactive cofactor that stimulates methyltransferase activities of Dnmt3a and Dnmt3b^{40,41}. Similarly to Dnmt3c, its loss leads to male sterility due to the reactivation of certain classes of retrotransposons⁴². In addition, it is also required for proper oogenesis by helping Dnmt3a to establish maternal methylation imprints⁴³.

As mentioned before, mammalian genomes undergo two rounds of epigenomic resetting during which the majority of 5mC marks are removed. This can be accomplished by passive loss of DNA methylation through replication⁴⁴ or by its active removal by the TET family of proteins^{45–47}. In mammals, the TET family consists of three members, TET1, TET2 and TET3, all of which catalyze the erasure of the 5mC modification in three sequential oxidation steps by generating 5-hydroxymethylcytosine (5hmC) which is further converted to 5-formylcytosine (5fC) and 5-carboxylcytosine (5caC)⁴⁷. The last two products can be excised from DNA by the base excision repair pathway thus re-installing in unmodified cytosine bases^{48,49}.

Post-translational modifications of core histone tails

Another epigenetic layer is achieved by organizing DNA into a higher order structure known as *chromatin* which, amongst others, serves as a docking platform for other regulatory molecules. The smallest unit of chromatin is the *nucleosome*, which consists of 147 base pairs of DNA wrapped around two copies of four different histone proteins, usually H2A, H2B, H3 and H4⁵⁰. Other chromosome region-specific histone subvariants may occur such as centromeric protein A (CENPA) which is a centromere-associated H3 histone variant required for kinetochore assembly and for proper chromosome segregation during cell

division⁵¹. The N-terminal tails of histones extrude from the nucleosome and can undergo a variety of reversible and dynamic post-translational modifications (PTMs), predominantly at lysine or arginine residues⁵². Specific modifications can either directly influence the chromatin accessibility by changing the local charge or serve to recruit chromatin factors that either condense (repress) or relax (activate) chromatin. Furthermore, the local chromatin composition is a major determinant of the transcriptional activity of a locus.

Chromatin was initially divided into euchromatin and heterochromatin based on a different cytological staining density during interphase, where less compact and brighter stained regions were termed euchromatin and more compact densely stained regions were termed heterochromatin⁵³. Nowadays, from a molecular perspective we recognize at least two types of heterochromatin, facultative and constitutive, which have distinct regulatory functions and are enriched for different proteins and protein modifications, but both result in transcriptional attenuation. Facultative heterochromatin is marked by Polycomb Group (PcG) proteins which exist in two separate protein complexes, PRC1 and PRC2, catalyzing monoubiquitination of lysine 119 on histone H2A (H2AK119Ub1)⁵⁴ or trimethylation of lysine 27 on histone H3 (H3K27me3)⁵⁵, respectively. In mammals, facultative heterochromatin regulates primarily the spatiotemporal expression of developmental genes^{56,57} and the formation of the inactive X chromosome in females^{58,59}. In contrast, constitutive heterochromatin is mainly formed at gene-poor and repeat-rich regions. A histone mark typical for constitutive heterochromatin is the trimethylation of lysine 9 on histone H3 (H3K9me3), which can be recognized by heterochromatin protein 1 (HP1) homologues promoting further chromatin compaction^{60,61}. In mammals, deposition of H3K9me is catalyzed by at least six (five in humans) different H3K9 lysine methyltransferases (KMT) forming three distinct enzymatic systems, namely Suv39h1/Suv39h2, Eset1/Eset2 (Eset1 corresponds to human SETDB1) and G9a/Glp (also known as Ehmt2 and Ehmt1, respectively). Each of them targets different genomic regions. Suv39h1 and Suv39h2 are functionally redundant and primarily responsible for the deposition of H3K9me3 at centromeric and pericentromeric repeats^{62,63}. Eset1 is important for silencing of endogenous and newly introduced retroviruses^{64,65} and for the establishment of X inactivation^{66,67}, while G9a/Glp are important for early lineage commitment and permanent silencing of genes driving pluripotency^{68–70}. Compound loss of all six H3K9 KMTs in mouse embryonic fibroblasts leads to complete dissolution of heterochromatin, transcriptional de-repression of nearly all families of repeat elements and genomic instability⁷¹, marking the importance of H3K9me3 for transcriptional silencing and maintaining genome integrity. On the other hand, euchromatin represents an accessible chromatin state and contains transcriptionally active genes together with their regulatory elements. Promoters of actively transcribed genes are typically enriched for trimethylated lysine 4 on histone H3 (H3K4me3), while the bodies of actively transcribed genes are enriched for trimethylated lysine 36 on histone H3 (H3K36me3)^{72,73}.

Crosstalk between DNA methylation and histone modifications

The existence of bidirectional crosstalk between histone modifications and DNA methylation was initially hypothesized based on the observation of genome-wide colocalization of particular histone modifications with DNA methylation⁷⁴. For example, DNA methylation is generally excluded from promoters of actively transcribed genes, whereas the bodies of actively transcribed genes are enriched for DNA methylation. These gene elements are also distinctly enriched for specific histone modifications such as H3K4me3 and H3K36me3, respectively. A mechanistic explanation was subsequently provided for these observations. Both DNMT3A and 3B enzymes contain apart from their methyltransferase domain also two chromatin reader domains, namely the ADD and PWWP domain, which allow for a direct readout of the H3 histone tail and thus help to regulate the deposition of DNA methylation in a chromatin state-aware manner. Specifically, the ADD domain recognizes unmodified H3K4 but is repelled by the increasing number of methyl moieties at K4^{75,76} and thus H3K4me3 acts as a shield against DNA methylation deposition. On the other hand, the PWWP domain directly binds to H3K36me3 and in this way the DNMT3 enzymes are targeted to the bodies of actively transcribed genes^{77,78}.

A peculiar example is the relationship between DNA methylation and H3K27me3. While they have been shown to co-occupy many CpG-poor regions, they are mutually exclusive at the CGI promoters of PcG target genes^{79,80}, whose promoters are co-marked by H4K4me3 and H3K27me3 in embryonic stem cells and at the E6.5 epiblast stage before lineage differentiation. This *bivalent* active/repressive state allows for these genes to be readily activated or repressed during lineage specification^{81,82}. Furthermore, DNA methylation was shown to interfere with the PRC2 recognition of unmodified as well as H3K27me3-modified nucleosomes *in vitro*⁸³. Consistent with this, the loss of DNA methylation results in genome-wide redistribution of H3K27me3 to regions which would be otherwise DNA methylated^{80,84}, while titrating it away from its native targets leading to their insufficient repression⁸⁴. However, the fact that some regions can adopt both DNA methylation and H3K27me3 suggests that their coexistence might be context-dependent and that under certain unknown circumstances, the avoidance behavior of PRC2 towards methylated DNA sites can be overcome.

Perhaps the tightest cooperative relationship is between DNA methylation and H3K9me3^{74,85}. Together, these modifications enforce a more stable silenced chromatin state and aid each other in its initial establishment and its mitotic propagation. For example, H3K9me3 controls the maintenance of DNA methylation. DNMT1 recognizes H3K9me3 both directly via its RFTS domain⁸⁶ as well as indirectly through cooperation with its interacting factor UHRF1^{87,88}. These additional mechanisms, next to hemimethylated DNA itself, boost the fidelity of maintaining DNA methylation patterns in the H3K9me3 context. In addition, DNA methylation at major satellites, which form pericentric heterochromatin in mouse embryonic stem cells, is dependent on Suv39h1/2-mediated deposition of H3K9me3, which is in turn recognized by HP1 proteins facilitating the recruitment of *Dnmt3b*⁸⁹. An earlier study using

immunofluorescence as a readout for H3K9me3 occupancy at major satellites claimed that H3K9me3 is retained at pericentric regions upon loss of DNA methylation in mouse embryonic stem cells lacking all three Dnmts (Dnmt1, Dnmt3a and Dnmt3b)⁹⁰. However, a later study discovered a significant reduction in H3K9me3 in the same cells using quantitative mass spectrometry⁹¹. The reliance of H3K9me3 on DNA methylation became even more apparent when studying cells lacking DNMT1 which show reduced levels of H3K9me3 at pericentric regions⁹². However, it should be noted that pericentric heterochromatin represents a specific example of crosstalk between H3K9me3 and DNA methylation which cannot be automatically translated to other heterochromatic regions co-enriched for these two marks.

Epigenetic regulation of repetitive elements

Repetitive elements, which comprise over half of the human genome⁹³, can have a profound effect on gene regulation^{94,95}, chromosome (in)stability (reviewed here⁹⁶), human health (reviewed here⁹⁷) and can even drive species-specific adaptations⁹⁸. Yet, their detailed annotation in human genome assemblies was lacking for a long time due to their repetitiveness. Recent advances in long-read sequencing technologies inspired a new consortium to follow in the footsteps of the Human Genome Project, which mission is to deliver gapless telomere-to-telomere chromosomes assemblies at base pair resolution (hence the name telomere-to-telomere or T2T consortium) and to generate the first complete assembly of the human genome since its first draft was published over 20 years ago^{99,100}. The majority of these gaps are comprised of repetitive elements and several pre-prints are already starting to appear delivering comprehensive genetic and epigenetic annotations of previously known as well as newly discovered repetitive elements^{93,101,102}.

Classification of repetitive elements in mammalian genome

Based on the genomic organization, eukaryotic repeats can be classified into two classes: interspersed repeats and tandem repeats.

Interspersed repeats typically comprise transposable elements (TE) which can be further subdivided based on their mode of moving in the genome. Class I elements or retrotransposons work in a “copy and paste” mechanism in which they replicate themselves by reverse transcription and insert a new copy at the target site. Therefore, their copy number amplifies over time. In contrast, class II elements work in a “cut and paste” mechanism when a specialized enzyme, a transposase or a recombinase usually encoded by the TE itself, mediates its excision from the current position followed by insertion into a new genomic location. Size-wise, TEs are relatively short sequences (50 bp to 12 kb), however, it is their sheer number that can in some extreme cases make up almost 85% of the genome such in the case of wheat ((IWGSC) et al., 2018).³ Although most TEs have lost their ability

³ One of the largest Class II TEs (up to 100 kb) was recently discovered in a model fungus *Podospira anserina*³²⁰. The authors whimsically name the new TE “Enterprise” as its transported “cargo” is a block of meiotic driver genes termed *Spoks* (*spore killing*).

to mobilize further, some of these elements are still capable of “hopping” around causing insertional mutagenesis which can yield a neutral, deleterious or even advantageous outcome (reviewed here ¹⁰⁴). However, there is growing evidence that their main function in the genome is rather their capacity to influence the expression of neighbouring genes. Such function might look selfish at the first glance, however, there are specific instances when the host took advantage of this phenomenon and co-opted it into its own gene regulatory network. One of the most studied occurrences of transposon-mediated regulation of gene expression is during a zygotic genome activation when the embryonic transcriptional program is kickstarted ¹⁰⁵. One particular type of TEs, the murine endogenous retrovirus with leucine tRNA primer (MERVL), has been discovered as being central to this process in mice ¹⁰⁶ with its human counterpart human ERVL (HERVL) serving the same function ^{107,108}.

In contrast to interspersed repeats, tandem repeats are comprised of repetitive units which are usually organized in head-to-tail orientation and include multi-copy gene families (such as ribosomal DNA) and satellite repeats.⁴ Depending on the length of the satellite unit, satellites can be classified in micro- (2-6 bp), mini- (10-100 bp) or macrosatellites (up to several kb). Tandem repeats often form structural elements of chromosomes which are important for genomic stability such as centromeric ¹⁰⁹ and telomeric regions ¹⁰⁹ or represent a boundary element driving higher-order chromosome architecture such as the DXZ4 macrosatellite repeat at the inactive X chromosome ^{110,111}. Furthermore, they show a high degree of polymorphism in their sequence, structure and their copy number ¹¹² all of which can contribute to inter- as well as intra-species phenotypic variation, especially when a tandem repeat in question is formed by gene duplications ^{113–115}. However, copy number variation of some tandem repeats can also negatively impact human health if they alter the coding region or influence gene expression *in cis*. The most notable examples are microsatellite expansion disorders, in which the microsatellite copy-number increases in successive generations and once it reaches a certain threshold becomes unstable. Over 50 genetic disorders have been linked so far to such repeat expansions (reviewed here ⁹⁷). In addition, a reduction in tandem repeat copy number can also be detrimental as is the case for Facioscapulohumeral muscular dystrophy ¹¹⁶ which will be further discussed in the second part of this Introduction.

Regulators of the repeats’ epigenetic state

Already in the early 90s, it was observed that integrating an increasing number of gene copies in tandem in plant genomes does not yield higher transcriptional output as compared to the single copy integration event ^{117,118}, a surprisingly counterintuitive result as one would expect. Moreover, multiple tandem insertions are associated with higher DNA methylation, a mark that was as capable of modulating gene expression ^{119,120}. This phenomenon, when

4 The term satellite DNA was first coined by Pech et al. ³²¹ and was referring to a DNA component that produces a specific *satellite* band that separates from the main DNA band during a caesium chloride density gradient centrifugation. As the density of DNA is a function of its base composition and highly homogeneous or repetitive sequences have this base ratio skewed, this will result in a different migration pattern along the density gradient compared to bulk DNA. The satellite DNA from the Pech paper was later confirmed to belong to centromeric AT-rich alpha satellites.

repetitive regions trigger *cis* heterochromatinization in a copy number-dependent manner, was termed *repeat-induced gene silencing* (RIGS) and was later also confirmed to operate in mammals¹¹². Initially, RIGS was proposed to evolve as a protective mechanism of eukaryotic genomes against integration-prone foreign DNA elements such as viruses or transposons¹²¹. However, RIGS was later also recognized as a natural mechanism for regulation of expression of nearby genes¹¹² thus representing a case of position effect variegation (PEV)¹²².

PEV refers to a phenomenon when a gene is placed (intentionally or by chance) in proximity to or within a heterochromatic region resulting in its stochastic transcriptional silencing (i.e. variegated expression) due to heterochromatin spreading into the juxtaposed locus. The pioneer of this field was Hermann Joseph Muller in the early 20th century who derived several *Drosophila* mutant lines with different variegated phenotypes due to X-ray induced chromosomal rearrangements¹²³. Muller's discovery of PEV kickstarted new studies focusing on how gene expression is influenced by its chromatin environment. Numerous studies revealed many trans-acting modifiers which influence the probability of heterochromatin spreading and thus gene silencing (reviewed here¹²⁴). Factors that increase the mutant phenotype were termed enhancers of variegation, while factors that decrease the mutant phenotype were coined suppressors of variegation. Later, these modifiers have been defined as either structural components of heterochromatin, enzymes that modify chromatin or as nuclear structural components and many of the identified factors were found to be conserved also in mammals¹²⁵.

Similarly to genetic screens to identify modifiers of PEV in *Drosophila*, analogous approaches were used to identify factors involved in RIGS in mammals using loci which show variegated phenotypes under genetic homogeneity thus allowing for uncovering factors whose mutation would skew the phenotypic spectrum one or the other way. Such loci, whose epigenetic state can intergenerationally switch from active to repressed, were termed *metastable epialleles* and were studied to capture both 1) the epigenetic basis of the phenotypes associated with these alleles and 2) the stochasticity of their epigenetic state.

The most relevant screen for this thesis is the one conducted in the Emma Whitelaw lab to search for modifiers of variegated multicopy transgene expression^{126,127}. This screen used a transgenic inbred mouse line (GFP1 line) carrying a random integration of a transgene array consisting of ~11 copies of a construct in which the α -globin promoter and enhancer drive expression of a GFP reporter resulting in its variegated expression in red blood cells. Importantly, the variegated expression of this transgene is stable throughout generations culminating at around 55% of red blood cells being GFP positive¹²⁸. A shift in the percentage of GFP-expressing red blood cells was used as a read-out in the offspring born to ENU-treated males and mutant alleles which showed enhanced or suppressed variegated expression were designated as *Modifiers of Murine Metastable Epialleles (Momes)*¹²⁶. This screen yielded more than 40 of such dominant mutant alleles (termed MommeDX or MDX, where "D" denotes a dominant screen and "X" a number referring to an allele in order

in which it was identified) and revealed previously known (e.g. *Dnmt1*, *Dnmt3b*, *Setdb1*, *Suv39h1*) as well as novel genes (e.g. *Smchd1*, *Rlf*, *D14Abb1e*, *Morc3*) and even genes (e.g. *Elf3h*, *Hbb*) without a clear link to epigenetic processes (full gene list reviewed here ¹²⁵). Therefore, the interpretation of the results should be carried out in light of confounding factors inherent to the screen design such as transgene integration site, tissue-specific phenotypic read-out (potential identification of genes affecting hematopoiesis in this case), the introduction of a foreign DNA sequence which potentially triggers similar host genome responses as retrotransposons or integration-prone viruses, genetic background (i.e. mouse strain) in which the screen was conducted, parent-of-origin effects (screening progenies of ENU-treated males) or the actual structure of the transgene (tandem repeat in this case).

Indeed, several commonalities between retrotransposon and transgene silencing were pointed out previously ^{129,130}. In line with that, several *MommeD* alleles were found to also modulate the Agouti viable yellow (*A^{vy}*) locus, in which a spontaneous insertion of an intracisternal A particle (IAP), belonging to a Class II endogenous retrovirus (ERV) family, was shown to modulate the expression of *in cis* *Agouti* gene responsible for, among others, coat colour ¹³¹. *Agouti* is normally expressed only transiently from a hair cycle-specific promoter and is responsible for the deposition of yellow and black pigment during mouse hair growth ¹³². The inserted IAP creates a cryptic promoter that drives continuous expression of *Agouti* leading to a completely yellow coat. However, partial or full silencing of this IAP by e.g. DNA methylation leads to mottled or wild-type-like brown fur color. Specifically, *Smchd1^{MD1}*, *Dnmt1^{MD2}*, *Trim28^{MD9}* and *Setdb1^{MD13}* alleles resulted in a shift to a yellow fur (i.e. failure to repress the IAP), while *Smarca5^{MD4}*, *Rlf^{MD8}* and *Wiz^{MD30}* alleles resulted in a shift to a brown fur ^{126,127,133}. Interestingly, the resulting phenotypic shifts in the coat color due to these alleles were concordant with their effect on GFP transgene expression suggesting that they play the same role, either repressing or activating, at these two loci. Furthermore, the phenotypic outcome of the coat color and thus *Agouti* gene expression reversely correlated with the DNA methylation status at the 5' long terminal repeat (5' LTR) of the inserted IAP ¹³⁴. Similar observation was made also for the methylation status and expression of the GFP transgene and when combined with concrete *MommeD* alleles, namely *Smchd1^{MD1}*, *Rlf^{MD8}*, *Dnmt3b^{MD14}*, *Dnmt1^{MD32}* and *Nrf1^{MD46}* ^{127,135–137}. However, some *MommeD* alleles such as *Hdac1^{MD5}*, *Baz1b^{MD10}*, *Wiz^{MD30}* and *Rif1^{MD18}* showed no changes in DNA methylation of the GFP transgene and yet showed changes in expression suggesting that these factors are involved in layers of epigenetic regulation unrelated to DNA methylation ^{127,136}.

Follow-up studies employing reverse genetics approaches uncovered that genes underlying *Momme* alleles are involved in epigenetic regulation of diverse endogenous loci including different types of repeats. For instance, *Dnmt3b* seems to be particularly specialized in the establishment of DNA methylation at pericentromeric ¹³⁸ and subtelomeric repetitive regions ¹³⁹ and is also responsible for silencing genes on the inactive X chromosome ¹⁴⁰. Similarly, *Suv39h1/Suv39h2* mediate deposition of H3K9me2/me3 at pericentromeric ^{63,141} and subtelomeric repeats ¹⁴². In contrast, a trio of *Mommies* (*Morc3*, *Trim28* and *Setdb1*) is involved in the repression of IAP elements ^{143–145}.

Mutations in *Momme* genes have also been linked to diverse human diseases and syndromes. The most worthy to mention in the context of this thesis are mutations in two genes, *DNMT3B* and *SMCHD1*, as their heterozygous mutations are associated with Facioscapulohumeral muscular dystrophy^{146,147}. In addition, biallelic mutations in *DNMT3B* cause the rare Immunodeficiency, Centromeric region instability and Facial anomalies type 1 (ICF1) syndrome¹⁴⁸. Similarly to *DNMT3B*, mutations in *SMCHD1* can also yield a pleiotropic phenotypic outcome since they are also causative of Bosma Arhinia Microphthalmia Syndrome (BAMS), a very rare condition, with less than 50 patients being reported, characterized by nasal, ocular and reproductive defects¹⁴⁹.

Facioscapulohumeral muscular dystrophy

The FSHD locus

The road to elucidating the root cause of the disease took over 100 years since its first description as a distinct disease entity as FSH type muscular dystrophy by the French physicians Louis Landouzy and Joseph Dejerine in 1884.⁵ Studies in the early 90s helped to narrow down the search for the FSHD locus by linking the disease to an *EcoRI* genomic fragment which was polymorphic in length and detected by a DNA probe (p13E-11) mapping to 4q35^{150–152}. Specifically, *EcoRI* fragments usually larger than 28 kb were detected in non-affected individuals, while shorter fragments between 14 – 28 kb co-segregated with FSHD¹⁵¹. Interestingly, even after 30 years, a slightly modified approach is being used to this day for routine FSHD diagnostics (Figure 1A)¹⁵³. Soon after, it was shown that the locus in question contains a tandemly repeated sequence dubbed D4Z4⁶ which consists of copies of a 3.3 kb repeat unit defined by a *KpnI* restriction site (Figure 1A). Similar repeat sequences map to other locations in the human genome^{154,155} with a highly homologous tandem repeat present at 10q26 that can vary between 1-100 units in the population^{156,157}. However, the reason why shortening of this particular repeat only on chromosome 4 causes FSHD remained elusive for a long time. The initial hypothesis to explain the chromosome 4 specificity of the disease was inspired by the PEV mechanism and proposed that longer D4Z4 repeats tend to adopt a more heterochromatic structure which would spread *in cis*. In FSHD, due to the reduced D4Z4 copy-number, this heterochromatinization would be partially lost leading to inappropriate expression of nearby gene(s)¹⁵⁴.

5 Initially, FSHD was referred to as Landouzy-Dejerine muscular dystrophy, however, some disputes were raised over who should be acknowledged for the priority of describing this disease as a separate clinical entity³²² as the very first description of the disease was done by the French neurologist Duchenne de Boulogne. The peculiar pattern of muscle weakness first affecting distal leg muscles while skipping proximal leg muscles was first recognized by German neurologist Wilhelm Heinrich Erb. However, it was Landouzy and Dejerine who ‘absorbed’ prior clinical descriptions of Duchenne and Erb together with observations from their casuistry into one FSH type of muscular dystrophy.

6 The name ‘D4Z4’ is derived from a nomenclature system which was used for DNA regions of unknown significance during the human genome project: D stands for DNA, 4 stands for chromosome 4, Z indicates a repetitive sequence and 4 is an assigned serial number based on the submission order. Hence, the homologous repeat on chromosome 10 cannot be truly termed D4Z4 and was unfortunately never assigned a D10Z serial number.

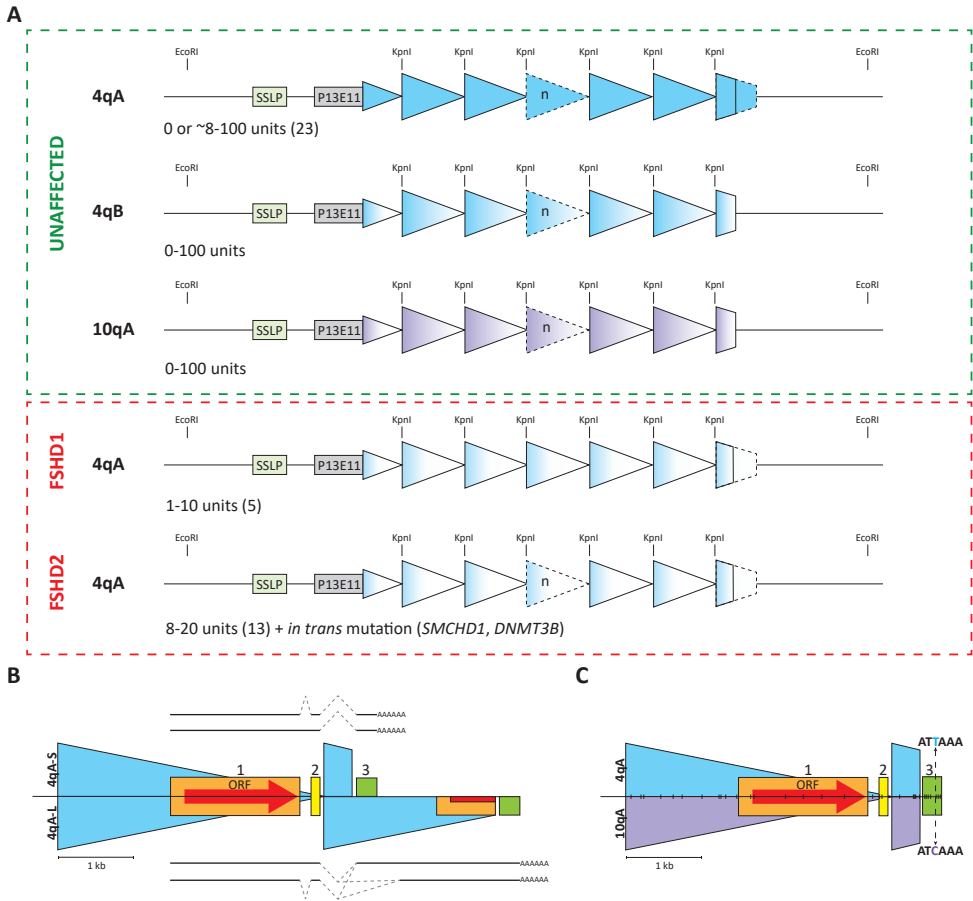


Figure 1. Genetics and epigenetics of D4Z4 in FSHD. A) Schematic representation of homologous D4Z4 repeats present on the long arms of chromosomes 4 and 10 as illustrated by blue (4q) and violet (10q) triangles organized in tandem. Each triangle represents one repeat unit as defined by a *KpnI* restriction site and the first and the last repeat units are incomplete. Proximal to the repeat are two sequence elements that are utilized for the assessment of D4Z4 haplotype (SSLP) and for the determination of copy-number by Southern blot (P13E11). The 4qA/B typing is performed with Southern blotting using probes that hybridize further downstream of the distal *EcoRI* site and are thus not depicted. Unaffected individuals either carry variably sized 4qB D4Z4 repeats, whose epigenetic state is not relevant for FSHD or D4Z4 repeats on the 4qA background whose length is sufficient for proper epigenetic silencing of the repeat (usually more than 8 units). Similarly to 4qB D4Z4 repeats, any copy-number and its associated epigenetic state of 10qA D4Z4 repeats is irrelevant for FSHD pathogenesis. Epigenetic dysregulation of 4qA D4Z4 repeats is caused either by its reduction in copy-number (FSHD1; 1-10 units) or by co-inheritance of intermediately-sized (8-20 units) repeat together with a mutation in (at least) one of its *trans* modifiers (FSHD2). Numbers in the brackets next to the designated repeat ranges refer to a median size of the repeat based on their prevalence in the European population. The color gradient of triangles represents varying levels of 4q/10q D4Z4 epigenetic repression found in healthy and FSHD individuals (the lighter the color the lower the DNA methylation levels and thus repression). **B)** Specifically the 4qA161 D4Z4 haplotype, which is the most frequent haplotype in FSHD individuals, can end in two different forms (4qA-S or 4qA-L) depending on the break-point in the most distal incomplete repeat unit. The two forms give rise to different *DUX4* mRNA isoforms differing in their 3'UTR. The *DUX4* mRNA isoforms are further diversified by the optional splicing of exon 2. Three *DUX4* exons are represented by brackets of different colors (orange, yellow and green) with the *DUX4* ORF being fully contained within exon 1. **C)**

1 is represented by the thick red arrow. **C)** Comparison of the terminal 4qA (blue) and 10qA (violet) repeat unit depicted as a mirror image. The position of the *DUX4* PAS in exon 3 is depicted by a dashed arrow line highlighting the 4qA/10qA SNP in the *DUX4* PAS. Other distinguishing SNPs between 4qA and 10qA D4Z4 are marked on the line that separates 4q from 10q.

In line with this hypothesis, it was shown that D4Z4 repeat contractions leads to DNA hypomethylation of this locus¹⁵⁸ which is accompanied by reduced levels of H3K9me3¹⁵⁹ and thus possibly affecting the regulation of several candidate FSHD genes proximal to 4q D4Z4 repeat, including *ANT1*, *FRG1*, *TUBB4Q* and *FRG2*^{160–163}. However, while one study documented upregulation of some candidate genes in FSHD muscle biopsies¹⁶⁰, other studies reported no changes in mRNA expression of these genes between FSHD and control cases arguing against the PEV hypothesis^{164–167}. Furthermore, it was shown that at least one D4Z4 unit is required for disease development¹⁶⁸ suggesting that FSHD is tightly associated with the D4Z4 repeat itself rather than its surrounding chromosomal region. Indeed, every D4Z4 unit was found to contain an open reading frame encoding for a putative double homeobox protein termed *DUX4*^{169–171}. Thus, another hypothesis was put forward suggesting that the epigenetic de-repression of contracted D4Z4 repeats leads to the expression of this repeat-encoded *DUX4* gene¹⁷¹. But it was not until 2010 that a unifying mechanism for FSHD-associated *DUX4* expression was presented, which confirmed the latter hypothesis (Figure 1B)¹⁷². Furthermore, the possible involvement of other candidate genes on chromosome 4 was challenged by describing FSHD individuals having atypical D4Z4 rearrangements. This includes cases with large proximal deletions occurring *in cis* to the contracted 4q D4Z4 repeat sometimes encompassing *FRG2* and *TUBB4Q*^{173,174}, as well as FSHD cases with interchromosomal rearrangements between 4q35 and 10q26 resulting in a hybrid, contracted D4Z4 repeat at 10q26 and leading to a physical separation of the contracted D4Z4 repeat partially of 4q origin and other 4q FSHD candidate genes¹⁷⁵.

Nowadays, two genetically distinct forms of FSHD are recognized, FSHD1 (OMIM #158900) and FSHD2 (OMIM #158901), however, both involve epigenetic de-repression of the 4q D4Z4 repeat associated with *DUX4* expression in skeletal muscle. They do, however, arise by distinct genetic mechanisms (Figure 1A). While in FSHD1 it is the contraction of the D4Z4 repeat that causes loss of its heterochromatinization, in FSHD2, it is mutation(s) *in trans* in genes which play a role in establishing or maintaining the heterochromatic state of D4Z4^{146,147,176}. Another notable difference is that in the latter case, the chromatin state of the 10q26 D4Z4 repeat is also affected whereas in FSHD1 the chromatin changes are constricted to the contracted 4q allele only^{158,177}.

Clinical presentation

FSHD is regarded one of the more common muscular dystrophies in adults with an estimated prevalence ranging between 0.8 and 4.6 per 100,000¹⁷⁸. From a clinical perspective, FSHD1 and FSHD2 cases are indistinguishable^{179,180}. Age at onset as well as clinical severity varies extensively from patient to patient with one-fifth of individuals with an FSHD-sized D4Z4

repeat within FSHD1 families remaining asymptomatic¹⁸¹. However, this number might be lower as an important factor for disease presentation is age. While FSHD affects both sexes, some FSHD1 family studies reported that females are more likely to be less severely affected or asymptomatic than males despite carrying an identical D4Z4 repeat array^{182–184}. Evidence for such sex bias in FSHD2 families is weaker, but this can be also due to the relatively small sample sizes as compared to studies in FSHD1 families^{179,180}. In “classical” FSHD cases, the first symptoms become apparent in the second decade. Being a slowly progressive disease, individuals are often diagnosed relatively late in life with a median age at diagnosis of around 40¹⁸⁵. Although FSHD patients typically have a normal life expectancy, their fitness decreases over time with almost one-fourth of cases requiring a wheelchair by the age of 50^{186,187}. In addition, there is an infantile form of the disease, representing around 4% of all FSHD cases, with more severe symptoms and faster progression^{188,189}.

The typical clinical presentation of FSHD includes early involvement of the muscles of the face, shoulder girdle, and upper arms, often in an asymmetric manner. As the disease progresses, lower extremities can also become affected, starting with the distal muscles and later involving more proximal leg muscles. Apart from muscle involvement, extramuscular manifestations have been reported in FSHD. These include ophthalmological abnormalities^{190,191}, high-frequency hearing loss^{192–194} and CNS abnormalities like epilepsy and mental retardation. These extramuscular manifestations are more prominent in the more severe infant onset form of the disease^{189,195,196}.

Cis modifiers in FSHD

FSHD1 is due to a contraction of at least one 4q D4Z4 repeat to a size of 1 – 10 units. However, for a 4q D4Z4 contraction to result in FSHD, it needs to occur on a specific 4q subtelomeric genetic background^{197,198}. Based on sequence variations immediately distal to D4Z4, 4q subtelomeres were initially subgrouped into two main allelic variants, 4qA and 4qB, which are equally common in the European population¹⁹⁹. Interestingly, contractions of D4Z4 on 4qB alleles have not been observed to cause FSHD suggesting that some 4qA-specific sequences underlie 4qA pathogenicity or that 4qB alleles contain protective genetic elements^{197,200}. The most noteworthy difference between 4qA and 4qB alleles is the presence of a 260 bp sequence immediately distal to D4Z4 on the 4qA background, termed pLAM which is followed by a β -satellite repeat²⁰⁰. Furthermore, the 10q subtelomere shows a high degree of sequence homology (98%) to 4qA¹⁹⁹ and thus is referred to as 10qA. Yet, D4Z4 contractions at 10qA are not pathogenic¹⁵⁶. In addition, even though all FSHD D4Z4 alleles are of the 4qA type, not all contracted 4qA D4Z4 alleles result in FSHD¹⁹⁸. A worldwide population study further revealed nine subtelomeric 4qA haplotypes based on several sequence polymorphisms found within and flanking the repeat²⁰¹. One of the main sequence features defining the haplotype is a simple sequence length polymorphism (SSLP) located approximately 3 kb proximal to both 4q and 10q D4Z4 repeats (Figure 1A). All haplotypes are thus defined by their chromosomal location (4 or 10), distal variant (A or B) and SSLP (between 157 and 182 bp). Out of nine defined 4qA haplotypes, only three (4A159, 4A161

and 4A168) have been indisputably associated with FSHD¹⁷², while the classification of 4A166 as FSHD-permissive haplotype remains inconclusive due to contradicting findings^{198,202,203}. The most predominant haplotype found in FSHD in Europe is unsurprisingly 4A161¹⁹⁸ as it is also the most frequent FSHD-permissive haplotype found in the control European population²⁰¹. In addition, this haplotype shows another degree of variability in its distal end. The most distal unit in 4qA haplotypes is incomplete and usually formed by a proximal 0.33 kb of the D4Z4 unit. However, the 4A161 haplotype can instead of this short (S) end, also terminate with a longer incomplete unit of 1.6 kb which is then referred to as the long (L) variant (Figure 1B)^{172,204}. Nevertheless, in regards to FSHD, contractions of either 4A161 variant (4A161S or 4A161L) are disease-causing^{172,204}. A near-perfect explanation for the 4qA linkage of FSHD came with a seminal study providing a functional explanation for the pathogenicity of certain 4qA haplotypes¹⁷². Two earlier studies already showed that it is almost exclusively the most distal full-length D4Z4 unit that can express fully processed and stabilized *DUX4* mRNA by using a polyadenylation signal (PAS) in the pLAM region (Figure 1B)^{165,205}. Extending on that, Lemmers et al. showed that the 10qA pLAM region contains a SNP in the sequence corresponding to the *DUX4* PAS sequence found on disease-permissive 4qA haplotypes (4qA: ATTAAA -> 10qA: ATCAAA) corrupting its functionality (Figure 1C)¹⁷². The only haplotype that currently remains unresolved is 4A166 as its disease association remains unclear. While it does contain a functional 4qA *DUX4* PAS sequence, the majority of other SNPs in its pLAM region are more 10qA-like¹⁷². Therefore, more exhaustive population studies, as well as functional dissection of the effects of 4qA/10qA sequence polymorphisms on *DUX4* expression, are required to further fine-tune our understanding of the genetic predisposition to FSHD.

One of the most important *cis* modifiers in FSHD is the D4Z4 copy number itself as even inheritance of a contracted allele on a disease-permissive haplotype is not 100% predictive of disease penetrance. This is a key aspect of FSHD, i.e. that the phenotypic outcome is on a continuous quantitative scale rather than categorized by simple binary qualitative groups (non-affected vs affected) as the clinical severity is often inversely correlated with D4Z4 copy-number^{206–210}. Individuals with shorter alleles typically have an early onset whereas carriers of FSHD alleles in the upper size range (7 – 10 units) present with milder symptoms or even remain life-long asymptomatic^{181,208}. The latter cases make prenatal diagnosis and genetic counselling challenging as it is associated with high levels of uncertainty²¹¹. Furthermore, differences have been observed in the D4Z4 length distribution in non-affected as well as in FSHD1 cohorts of ethnically different populations. Particularly, the median size of 4q D4Z4 repeats in unaffected Asian populations is smaller than in the Caucasian population²¹² and such difference in distribution is also observed for the size of the contracted allele in FSHD1 cohorts from Asia and Europe (median of 3 – 4 units vs 5 – 6 units, respectively)^{213–215}. Therefore, it seems that Asian populations are less permissive to FSHD. The factors behind this reduced permissiveness, either of environmental or genetic origin or both, remain to be elucidated but could be instrumental to our understanding of *DUX4* expression regulation. However, it should be noted that we only operate with the assumption that shorter D4Z4 alleles yield higher *DUX4* levels since no larger-scale correlative studies have been conducted regarding a relationship between D4Z4 copy-number and *DUX4* expression.

Other *cis* modifiers proximal to D4Z4 have been proposed to be involved in FSHD by influencing the muscle-specific phenotype²¹⁶ and D4Z4 de-repression²¹⁷. For example, two *DUX4* myogenic enhancers (DME1 and DME2) have been described upstream of D4Z4 which by looping to the *DUX4* promoter are supposed to enhance its expression specifically in skeletal muscle cells but not in skin fibroblasts²¹⁶. Another D4Z4 proximal genetic element was found to give rise to a long non-coding RNA (DBE-T) which was shown to be upregulated in FSHD and to be responsible for the recruitment of the Trithorax group protein ASH1L to the D4Z4 repeat causing chromatin remodeling with subsequent *DUX4* de-repression²¹⁷. However, the identification of individuals presenting with FSHD carrying proximally extended D4Z4 deletions encompassing aforementioned *cis* sequence elements challenged their relevance for FSHD pathology^{174,218–220}.

Trans modifiers in FSHD

The first indication about the existence of possible *trans* modifiers in FSHD came with the recognition that around 5% of FSHD cases do not carry a contracted D4Z4 allele and yet show DNA hypomethylation of the repeat^{158,177,179,221}. These cases were classified as contraction-independent type 2 FSHD (FSHD2). In these FSHD2 individuals, both 4q and 10q D4Z4 repeats were found to be hypomethylated as opposed to only the contracted repeat in FSHD1, suggestive of the involvement of a *trans* factor affecting D4Z4 methylation^{146,158}. The introduction of whole-exome sequencing (WES) into clinical genetics practice accelerated the identification of heterozygous mutations in the *SMCHD1* gene, which co-segregated with D4Z4 hypomethylation and, if combined with 4qA allele, resulted in FSHD¹⁴⁶. The spectrum of *SMCHD1* mutations identified in FSHD2 include nonsense, missense, splicing-affecting mutations and even larger genomic deletions encompassing the entire *SMCHD1* locus resulting in *SMCHD1* hemizyosity (detailed overview of *SMCHD1* mutations is reviewed here²²²). Therefore, the current consensus is that D4Z4 hypomethylation in FSHD2 is due to reduced amounts of functional *SMCHD1* protein. In addition, the nature of *SMCHD1* mutations correlates with residual DNA methylation level at D4Z4. Specifically, heterozygous *SMCHD1* mutations which preserve the open reading frame (usually missense mutations) show more pronounced D4Z4 hypomethylation and thus seem to be more deleterious than heterozygous *SMCHD1* mutations which disrupt the *SMCHD1* open reading frame and result in lower *SMCHD1* protein levels²²³. One possible explanation for this observation is that *SMCHD1* forms homodimers^{224,225} and thus haploinsufficiency of *SMCHD1* would reduce the number of functional WT *SMCHD1* homodimers to 50% as compared to the WT situation, while the dominant negative effect of missense mutations would lead to only 25% of WT functional *SMCHD1* homodimers if we assume that the mutant *SMCHD1* monomer can form heterodimers with WT *SMCHD1* monomer (25% WT:WT, 50% WT:MUT, 25% MUT:MUT). Furthermore, missense mutations positioned at the N-terminus of the protein were shown to have a greater effect on D4Z4 methylation than those at the C-terminus²²³. Similarly to the previously observed rough inverse correlation between the length of contracted D4Z4 repeat, its methylation and clinical severity in FSHD1 individuals, a significant correlation was also found for the length of the shortest 4qA D4Z4 allele and its DNA methylation in FSHD2

individuals²²³, suggesting that also in FSHD2 cases the repeat length plays a modifying role for its epigenetic state. This is further supported by the observation that the median size of a 4qA D4Z4 repeat in European FSHD2 individuals was found to be shorter (13 units) than the median size in the control European population (23 units)²²³, which would suggest that SMCHD1 mutation carriers with longer permissive alleles do not develop FSHD or its manifestation is very mild²²⁶, creating a reservoir of *SMCHD1* mutations in the population. At that time, an enigmatic exception was a group of FSHD2 individuals with longer 4qA D4Z4 repeats (up to 70 units). However, closer genetic examination revealed that the majority of these cases have a duplication allele consisting of the earlier diagnosed longer repeat array followed by a smaller FSHD-sized repeat array duplication that is likely permissive to *DUX4* expression²²⁷. Mutations in *SMCHD1* have been also reported to modify the disease penetrance as well as severity in FSHD1 cases^{180,226,228–230}. Interestingly, only individuals with upper-sized D4Z4 repeats (7 – 10 units) in combination with an *SMCHD1* mutation were described, which prompts the question if a combination of a shorter D4Z4 repeat with *SMCHD1* mutation is under negative selection pressure and incompatible with life, or that it is the sheer rareness of this combination that has prevented its reporting thus far. Alternatively, such bias in the findings could be due to the existing FSHD diagnostics practice, when cases suspected of FSHD are first undergoing D4Z4 sizing and if a contracted 4qA allele is identified no further screening for *SMCHD1* mutations is undertaken. On the other hand, enough comparative methylation studies between FSHD1 and FSHD2 were reported^{223,231,232} that would potentially reveal D4Z4 hypomethylation outliers in FSHD1 cohorts sparking the motivation for identifying possible *in trans* mutations in these individuals.

Even almost 10 years after the first description of the association of *SMCHD1* mutations with FSHD2, we still do not have a clear mechanistic explanation of how germline *SMCHD1* loss-of-function relates to the observed D4Z4 hypomethylation in somatic cells. *SMCHD1* is expressed in somatic cells where it binds to D4Z4 and its binding is reduced in somatic cells derived from FSHD2 individuals¹⁴⁶. Furthermore, depletion of *SMCHD1* either in FSHD1 or FSHD2 skeletal muscle cells leads to further *DUX4* transcriptional de-repression suggesting that it aids in D4Z4 silencing also in somatic cells with an already compromised D4Z4 chromatin state^{226,233}. In addition, increasing *SMCHD1* levels in FSHD1 and FSHD2 muscle cells, either by its overexpression or by its mutation correction in the case of FSHD2, was shown to result in significant *DUX4* downregulation^{230,233}. Although complete transcriptional repression of *DUX4* was not achieved, low levels of *DUX4* have been detected also in unaffected relatives of FSHD subjects²³⁴, thus absolute *DUX4* somatic silencing might not be necessary to achieve clinical benefit. Such observations inspired a discussion about the possibility of modulating *SMCHD1* levels as a general therapeutic strategy for FSHD.

SMCHD1 is encoded by 48 exons giving rise to a 2005 aa-long protein in humans whereas the mouse ortholog of *SMCHD1* is 2 aa longer. It contains two main functional domains: an N-terminal ATPase and a C-terminal hinge domain which are connected by a flexible linker²³⁵. Both the hinge domain as well as the ATPase domain are required for *SMCHD1* homodimerization^{224,236,237}. The hinge domain was further shown to interact with nucleic

acids^{236,238}. More recently, two extra domains flanking the ATPase module were characterized, namely the N-terminal ubiquitin-like (UBL) and transducer domains, which aid in ATPase dimer stabilization during ATP hydrolysis^{225,237}. Mouse *Smchd1* was initially identified, as mentioned before, in the dominant screen for modifiers of murine metastable epialleles and follow up studies showed that its homozygous loss-of-function results in female-specific embryonic lethality due to a failure in X inactivation²³⁵. In contrast to the active X (Xa), which is in its higher-order structure more similar to autosomes by being partitioned into smaller topologically associated domains (TADs), the inactive X (Xi) is folded into two megadomains with limited short-range intra-chromosomal interactions both in mouse and humans^{239–241}. *Smchd1* is a key factor in this folding process as its loss results in increased short-range interactions over the Xi due to enhanced CCCTC-binding factor (CTCF) binding leading to Xi decompaction^{242–244}. A similar gain of *Ctcf* has been observed also at clustered protocadherins and Hox gene cluster in the absence of *Smchd1*^{238,242}. Both clusters were already known to be transcriptionally sensitive to the loss of *Smchd1*^{238,245,246}. In addition, *Smchd1* has been shown to regulate the expression of monoallelically expressed genes such as selected genes within the *Snrpn* cluster^{238,245,246}. Furthermore, *Smchd1* was recently shown to act as a maternal effect gene in the mouse, when the maternal *Smchd1* allele is the only source for *Smchd1* production until at least the 32-cell stage and is required for the imprinted expression of 10 genes²⁴⁷. However, whether human *SMCHD1* expression is regulated similarly during human pre-implantation development remains to be elucidated. But even if so, it might be of little relevance for *SMCHD1*-mediated D4Z4 epigenetic regulation as both maternal and paternal transmission of an *SMCHD1* mutation has been documented in FSHD2 families with no apparent methylation or clinical differences between the sexes¹⁴⁶.

Nowadays, it is estimated that at least 85% of FSHD2 cases are explained by mutations in *SMCHD1*^{146,223}. This number is likely higher as mutations in cases suspected of FSHD2 are typically identified by WES or *SMCHD1* exon sequencing and thus potential deep intronic *SMCHD1* mutations go unnoticed. Indeed, one such FSHD2 family has been reported recently²³⁰. Nevertheless, further studies into other *trans* modifiers identified two families in which a heterozygous mutation in *DNMT3B* was co-segregating with D4Z4 hypomethylation and was shown to modify the disease penetrance in family members carrying a relatively short permissive D4Z4 repeat¹⁴⁷. Identifying *DNMT3B* mutations was not surprising as recessive mutations in *DNMT3B* were previously shown to cause ICF1 syndrome, in which the D4Z4 repeat is also hypomethylated²⁴⁸. Interestingly, despite *SMCHD1* and *DNMT3B* both converging at the epigenetic regulation of D4Z4, other repeats which are hypomethylated in ICF1 individuals, such as pericentromeric satellite repeat types II and III and the NBL2 macrosatellite repeat, are not hypomethylated in FSHD2 individuals with *SMCHD1* mutations²²¹ suggesting that these two factors do not always co-regulate the same genomic regions or alternatively, that aforementioned repeats are less sensitive to *SMCHD1* than to *DNMT3B* dysfunction.

The epigenetic makeup of D4Z4 in somatic cells consists of high levels of DNA methylation and H3K9me3 which both ensure *DUX4* repression as treating cells either with 5-aza-2'-

deoxycytidine (Aza), a deoxycytidine analogue which cannot be methylated by DNMTs, or chaetocin, a non-specific inhibitor of histone methyltransferases, results in *DUX4* transcriptional de-repression^{159,217,249,250}. Complementary experiments to reduce these marks by lowering the protein levels of both DNMT1 and DNMT3B or SUV39H1 confirmed their importance in somatic D4Z4 silencing^{250,251}. Furthermore, both DNA methylation and H3K9me3 are reduced at D4Z4 in FSHD1 and FSHD2 not only in skeletal muscle cells but also in cells of other tissues derived from different germ layers^{159,202,232,251,252}, suggesting that either the establishment of these repressive marks was impaired before the multi-lineage differentiation or the mechanism of their maintenance is impaired in all tissues. Apart from this, additional changes in histone marks have been documented such as increase in H3K4me2/3 in both FSHD1 and FSHD2^{253,254} and a specific increase in H3K27me3 in FSHD2 individuals with *SMCHD1* mutations²³³. In addition, several studies identified other factors of D4Z4 chromatin in somatic cells which contribute to the repression of this locus. First, HP1 γ (CBX3) and the cohesin complex were found to be associated with 4q and 10q D4Z4 repeats in control somatic cells and their recruitment was shown to be dependent on H3K9me3¹⁵⁹. A follow-up study also explored the heterochromatin state of D4Z4-like sequences which are present at other chromosomes, mainly at acrocentric chromosomes²⁵⁰. Interestingly, neither DNA methylation, H3K9me3, HP1 γ nor the cohesin complex was affected at those regions in both FSHD1 and FSHD2 cells with *SMCHD1* mutation. This prompts the question of why the function of *SMCHD1* is restricted to 4q and 10q D4Z4 repeats and to what degree D4Z4-like sequences on other chromosomes are different from 4q/10q D4Z4 repeats in their chromatin regulation²⁵⁰. Limited data is available on these sequences but one noticeable difference is that different from 4q and 10q, these repeat sequences do not seem to form homogeneous tandem repeat arrays¹⁵⁵. This also raises another concern regarding chromatin studies that employ PCR amplification to investigate the association of specific chromatin factors with D4Z4 as our findings and conclusions about FSHD-relevant chromatin changes are only as good as the specificity of the primers or probes we use.

Recently, an unbiased proteomic study identified 261 proteins as being enriched at D4Z4 in control myoblasts, including components of the NuRD and CAF1 complexes and interestingly also several *Momme* factors, namely PBRM1, RIF1, SMARCA4, SMARCA5, UHRF1, HDAC1, SETDB1 and TRIM28²⁵⁵. It remains to be investigated if all of these protein factors act in a parallel or redundant fashion, if and how they contribute to disease penetrance, and if any of these repressive components can be employed for future therapeutic strategies aiming at re-repression of D4Z4 in FSHD skeletal muscle cells.

Lastly, as mentioned earlier, the epigenetic changes to D4Z4 are not specific for skeletal muscles of FSHD individuals but are also present in other somatic tissues^{159,202,232,251,252}. Therefore, the apparent predominant muscle phenotype in FSHD raises the question why other tissues are not affected. Either other tissues are somehow resistant to *DUX4* toxicity or more likely, they do not even express *DUX4*. We know that for example cultured fibroblasts derived from skin biopsies of FSHD individuals do not express *DUX4* at all and that *DUX4*

expression can only be detected after their forced transdifferentiation into myotubes¹⁴⁷. In addition, neither *DUX4* nor its transcriptional signature was detected in the RNA-seq study of whole blood from FSHD individuals²⁵⁶, although EBV-transformed peripheral blood leucocytes derived from FSHD individuals do recapitulate both D4Z4 epigenetic as well as *DUX4* transcriptional changes of FSHD myoblasts^{202,254,257}. Even more peculiar are the inter-muscular differences as some muscle groups seem to be more prone to *DUX4* expression than others, which could explain their differential involvement in FSHD^{258,259}. Furthermore, as *DUX4* expression increases during myogenic differentiation²³³, it seems that the epigenetic changes at D4Z4 only create an environment permissive for *DUX4* expression and that muscle-specific factors or intracellular changes during myogenesis or EBV-transformation are required to initiate *DUX4* transcription. Previously, it has been shown that protein levels of SMCHD1 decrease during myogenic differentiation²³³ and therefore, one could hypothesize that reduced availability of some D4Z4 repressors might contribute to this muscle-restricted misexpression of *DUX4*.

Conservation of *DUX4* and consequences of its expression in skeletal muscle

DUX4 belongs to the *DUX* gene family, which includes among others also the intronless *Dux* gene present in the mouse genome²⁶⁰. Both *DUX4* and *Dux* are hypothesized to have arisen independently by a retrotransposition-related expansion of an ancestral *DUXC* gene and are organized in a tandem array, although not at a syntenic location. Furthermore, the single repeat unit of the *Dux*-forming macrosatellite is longer than that of D4Z4 (4.9 kb vs 3.3 kb)²⁶¹. *DUX4*, as well as *Dux*, contain two highly homologous N-terminal homeodomains as well as a conserved C-terminal transcriptional transactivation domain²⁶². Only recently it has been shown that they are indeed functional homologs by regulating the zygotic genome activation (ZGA), a process after fertilization during which the transcription of newly combined genetic material starts for the very first time^{107,108,263}. Expression of *DUX4* mRNA was shown to peak during the 4-cell cleavage stage, whereas *Dux* mRNA expression peaks already at the 2-cell stage, both corresponding to their species-specific ZGA timepoints^{107,108}. Both *Dux* and *DUX4* activate the transcription of ZGA genes by directly binding to their promoters through their homeodomains²⁶³. Furthermore, both proteins bind also to a specific family of retrotransposons (MERVL in mice and HERVL in humans), which serve as alternative promoters of some cleavage-specific genes during ZGA^{108,263}. However, how *Dux*/*DUX4* expression itself is so swiftly regulated during this short time window is still poorly understood. It is also not known whether a failure in *DUX4* silencing in FSHD individuals begins at this point (although it should be noted that it has not been established if the cleavage-specific *DUX4* transcripts are specifically of only 4q D4Z4 origin).

Interestingly, certain culturing conditions allow mESCs to fluctuate between pluripotent (ICM-like state of blastocyst) and totipotent state (2-cell blastomere-like cleavage stage) and at any given moment around 1% of the mESC population is in this 2-cell-like stage¹⁰⁶. These 2C-like cells recapitulate many attributes of the 2-cell stage blastomeres including their transcriptome which is characteristic of the ZGA phase^{106,264}, chromatin accessibility

landscape¹⁰⁸, high core histone mobility²⁶⁵ and the capacity to contribute to extra-embryonic tissues¹⁰⁶. The conversion of mESCs to 2C-like cells is regulated both by a variety of chromatin factors^{264,266–275}. Furthermore, induction of 2C-like cells was shown to strongly depend on *Dux* as ectopic expression of *Dux* forces mESCs into 2-cell like cells¹⁰⁸. In line with this, *Dux* knock-out prevents mESCs from their conversion to 2-cell like cells¹⁰⁷. However, follow up studies challenged the notion of *Dux* being an essential driver of ZGA, since *Dux* zygotic knock-out embryos can give rise to viable pups, albeit with decreased developmental potential due to delayed ZGA onset^{276–278}. Therefore, *Dux* seems to help in synchronizing the ZGA, but probably other yet unidentified factors in addition to *Dux* are involved in the onset and propagation of the ZGA process *in vivo*. In contrast, efficient silencing of *Dux* past the 2-cell stage seems to be of bigger importance for proper embryonic development as its sustained expression impedes the 2-cell exit and causes embryonic arrest^{272,279}. The emerging recent model suggests that *Dux* repression is achieved by tethering its genomic locus to the perinucleolar heterochromatin space by the LINE1/Nucleolin/Trim28 complex both in mESCs and early embryos^{272,280,281}. Nucleoli are membrane-less nuclear organelles, whose boundaries are thought to be defined by liquid-liquid phase separation and are a place for rRNA and ribosome biogenesis (reviewed here Lafontaine et al., 2020). Both 2C-like cells and 2-cell blastomeres possess yet immature more compact nucleoli sometimes referred to as nucleolar precursor bodies (NPBs) which exhibit low rRNA transcriptional output²⁸². Following fertilization, the rRNA levels sharply increase from the 2-cell stage onwards to the blastocyst stage to cope with the embryonic need for a sufficient amount of translational apparatuses²⁸⁰. This rRNA transcriptional change is associated with nucleolar maturation and with the formation of perinucleolar heterochromatin. Thus, it seems that the embryonic need for increased translational output and the termination of the ZGA phase were naturally co-opted into one regulatory mechanism during early genome spatial reorganization when activation of rRNA synthesis shuts down expression of *Dux* for cells to continue into the next cleavage stages. This also explains a prior counterintuitive observation that the LINE1/Nucleolin/Trim28 complex while positively regulating rRNA expression negatively regulates expression of *Dux*²⁷². It remains to be investigated if a similar mechanism also operates in *DUX4* silencing during human embryonic development. Interestingly, other D4Z4-like sequences are present on the short arms of acrocentric chromosomes^{155,250} which are responsible for the nucleolar organization (reviewed here McStay, 2016) and similarly, also the 4q D4Z4 repeat has been observed to preferentially localize either to the nuclear or nucleolar periphery in somatic cells^{284–286}. Despite that, the nuclear localization of contracted 4q D4Z4 was not changed in cells from FSHD1 individuals which could otherwise explain the sporadic transcriptional activation of *DUX4*.

Overexpression of *DUX4* in cultured myoblasts elicits a transcriptional response similar to what was identified during human ZGA, including upregulation of specific retroelements and cleavage-specific genes, which are also misexpressed in FSHD cultured muscle cells as well as in FSHD biopsies^{287–290}. Endogenous *DUX4* expression is a rather rare event in FSHD 2D muscle cell cultures, with only around 1:200-1000 of nuclei expressing *DUX4* at any

given moment, depending on the differentiation stage, culture conditions and donor ^{291–294}. However, since mononuclear muscle precursor cells fuse during myogenic differentiation to form multinucleated myofibers in which they eventually share their cytoplasmic space, even one nucleus expressing *DUX4* can “infect” its neighboring nuclei with *DUX4* protein upon its translation in the cytoplasm. This can be visualized by staining for *DUX4* protein in differentiated muscle cells, typically creating a *DUX4* staining gradient across clustered nuclei that is getting weaker with the distance of the acceptor nucleus from the donor *DUX4* expressing nucleus (Figure 2). Since *DUX4* is a transcription factor, the consequence of this is that even transcriptomes of nuclei that do not express *DUX4* themselves will be rewired by *DUX4*, thus explaining the observed easier mRNA detection of *DUX4* target genes than *DUX4* itself ²⁸⁹. This was also confirmed by single-nucleus RNA-seq (snRNA-seq), when many more nuclei show expression of *DUX4* target genes while *DUX4* mRNA itself is in majority of cases not detectable in them ²⁹⁵. For this reason, some of the *DUX4* target genes have been considered as potential biomarkers instead of direct detection of *DUX4* ²⁹⁶. Interestingly, during the course of differentiation, *DUX4* expression and expression of its target genes become discordant, when nuclei can remain expressing *DUX4* target genes even after the nucleus is no more *DUX4* protein positive ²⁹⁷. One plausible explanation for this phenomenon is that *DUX4* initiates expression of, among others, a cascade of transcription factors including its gene orthologue *DUXA*, which can then contribute to their perduring expression ^{295,297}. In addition, *DUX4* was shown to induce changes in the chromatin landscape of its target genes by at least two distinct mechanisms, which sensitize these genes for their re-activation or sustained expression. First, *DUX4* was shown to recruit the p300/CBP H3K27 acetyltransferase complex to its target DNA sites via its C-terminal transactivation domain, which helps chromatin opening of these loci for transcription ²⁹⁸. Indeed, treating *DUX4*-expressing cells with a selective p300 inhibitor was sufficient to attenuate transcriptomic changes known to be elicited by *DUX4* ²⁹⁹. Second, *DUX4* induces expression of two histone variants, namely H3.X and H3.Y, which get incorporated into gene bodies of *DUX4* target genes resulting in a more relaxed chromatin configuration ³⁰⁰. As some evidence suggests that endogenous *DUX4* expression occurs in bursts ²⁹², after initial *DUX4*-mediated re-setting of the chromatin, following bursts of *DUX4* expression can lead to enhanced activation of its target genes as their chromatin is already more accessible for transcription ³⁰⁰.

Apart from the *DUX4*-induced transcriptional changes, *DUX4* has been linked to other disruptive processes which might contribute to its myopathic effect. High levels of *DUX4* can cause apoptosis in skeletal muscle cells via distinct mechanisms including activation of caspase 3/7- ³⁰¹ and p53-mediated apoptotic pathways ³⁰², induction of hypoxia signaling ³⁰³, increasing sensitivity to oxidative stress ^{304,305}, upregulation of the pro-apoptotic factor MYC ³⁰⁶ and/or activation of the double-stranded RNA (dsRNA) response pathway ^{306,307}. On the other hand, low expression of *DUX4* in myogenic cells was shown to negatively affect their myogenic differentiation potential *in vitro* ³⁰⁸. Homeodomains of *DUX4* display high amino acid sequence homology to a homeodomain of the muscle specific transcription factor PAX7 ³⁰⁹. PAX7 is strictly expressed in myogenic precursor satellite cells and is required

for their proliferative capacity, thus ensuring a regenerative potential of skeletal muscle tissue^{310,311}. Because of this homology, it was hypothesized that DUX4 might interfere with the transcriptional program activated by PAX7 thus leading to impaired myogenesis³⁰⁹. In line with this competitive inhibition model, it was demonstrated that overexpression of Pax7 in murine C2C12 myogenic cells counteracts the DUX4-induced cytotoxic effect in a dose-dependent manner³¹². However, DUX4 and PAX7 have non-overlapping expression patterns during normal myogenic differentiation, which argues against this competitive model³¹³. Despite that, a recent analysis of different gene expression studies from muscle biopsies showed that PAX7 downstream genes (so-called PAX7 target gene score) are indeed repressed in FSHD samples compared to controls³¹⁴. Intriguingly, the PAX7 score was proposed to be a more robust discriminator of FSHD-affected muscles than the expression of *DUX4* or its target genes³¹⁵ and it was shown that this score is a good biomarker for FSHD progression over a period of at least 1 year³¹⁶, therefore offering a possibility of being utilized for monitoring of FSHD development in future clinical trials as a reliable biomarker is still missing. A more recent transcriptomic study conducted on FSHD muscle biopsies suggested that DUX4 and PAX7 expression signatures might rather mark different stages of the disease (van Den Heuvel et al., 2022).

Scope of the thesis

Research presented in this thesis focuses both on *cis* and *trans* contributors to Facioscapulohumeral muscular dystrophy. In **chapter 2**, we employ a genome editing tool termed adenine base editing to efficiently mutate the somatic polyadenylation signal of *DUX4*, an important *cis* modifier in FSHD to test this approach as a possible future FSHD gene therapy. In **chapter 3**, we describe a proband with clinical symptoms consistent with FSHD that carries a homozygous out-of-frame deletion in exon 2 of the *LRIF1* gene combined with a disease permissive D4Z4 allele of 13 units. We confirmed that the D4Z4 epigenetic profile in the proband's cells exhibits perturbations as described for FSHD2 cases and we detect also the expression of *DUX4* itself in the proband's cells, thus uncovering a novel *trans* modifier in FSHD. We further extend this finding in **chapter 4**, where we study the action of LRIF1 together with its interacting partner SMCHD1 in D4Z4 repression in human somatic cells with distinct D4Z4 chromatin contexts. And lastly, in **chapter 5**, we explore the role of all three FSHD2 genes by performing loss of function studies in mESCs and we uncover the assistance of Lrif1 in the repression of mouse *Dux*, which is a functional homologue of human *DUX4*.

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