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Leiden  
The Netherlands

**Adductor co-contraction during abduction: a friend or foe**  
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**Citation**

Overbeek, C. L. (2022, December 8). *Adductor co-contraction during abduction: a friend or foe*. Retrieved from <https://hdl.handle.net/1887/3494274>

Version: Publisher's Version

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# **Adductor co-contraction during abduction: A Friend or Foe**

An electromyography assessment and analysis of factors that may determine adaptation in asymptomatic individuals and patients with Subacromial Pain Syndrome.

*Celeste Laurena Overbeek*

## **Colophon**

The work presented in this thesis is supported by a grant by Reumafonds Nederland.

Financial contributions to print and distribute this thesis were made by: AnnaFonds|NOREF, Nederlandse Orthopedische Vereniging, Universitaire Bibliotheken Leiden, Chipsoft, Alrijne Zorggroep.

ISBN: 978-94-6419-590-3

Cover design: Celeste L. Overbeek (illustration), Ilse Modder. (layout)

Layout: Ilse Modder ([www.ilsemodder.nl](http://www.ilsemodder.nl))

Printing: Gildeprint B.V., Enschede, Nederland

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# **Adductor co-contraction during abduction: A Friend or Foe**

An electromyography assessment and analysis of factors that may determine adaptation in asymptomatic individuals and patients with Subacromial Pain Syndrome.

## **Proefschrift**

ter verkrijging van  
de graad van doctor aan de Universiteit Leiden,  
op gezag van rector magnificus prof.dr.ir. H. Bijl,  
volgens besluit van het college voor promoties  
te verdedigen op donderdag 8 december 2022  
klokke 16:15 uur

door

Celeste Laurena Overbeek  
geboren te Nieuwegein  
in 1991

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**Leden promotiecommissie**

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