

Participatory sense-making in physical play and dance improvisation: drawing meaningful connections between self, others and world Hermans, C.

Citation

Hermans, C. (2022, December 1). *Participatory sense-making in physical play and dance improvisation: drawing meaningful connections between self, others and world*. Retrieved from https://hdl.handle.net/1887/3492231

Version: Publisher's Version

License: License agreement concerning inclusion of doctoral thesis in the

Institutional Repository of the University of Leiden

Downloaded from: https://hdl.handle.net/1887/3492231

Note: To cite this publication please use the final published version (if applicable).

Propositions to Carolien Hermans' dissertation 'Participatory Sense-making in Physical Play and Dance Improvisation: Drawing Meaningful Connections Between Self, Others and World'

- 1. Not agency, nor action or embodiment, but movement itself lies at the heart of all participatory sense-making processes.
- 2. New values in participatory sense-making processes arise through rhythmic patterns of repetition and variation.
- 3. Physical play and dance improvisation are both embodied activities where the self becomes fluid and otherness is invited in.
- 4. Sense-making in physical play and dance improvisation is a process where one participates in the concrete physical as well as in the imaginary realm.
- 5. Fun in the flesh should not be considered as a pleasant side-effect but as a vital source for creative movement exploration.
- 6. Improvisation is ubiquitous to life: Practice-led research into the improvisational nature of play and dance improvisation can provide rich insights on how we improvise in daily life and thereby enrich theories on embodied cognition.
- 7. Artistic research is more concerned with not-yet knowing than with knowing.
- 8. Photography and re-enactments are valid research tools to explore cultures and cultural productions.
- 9. Touch is a vital aspect of our human condition: in these changing times we should invest in a culture of touch, one that is safe and intimate at once.
- 10. To move is to learn. We should therefore put more emphasis on the role of the body and movement in our educational systems.
- 11. Being a good stone skipper, or impressive cannonball jumper, or a hilarious Donald Duck imitator, is just as important for a child as being good in reading or maths.