

Bitter Sweet Symphony: the impact of sugars on autoimmunity

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THE IMPACT OF SUGARS ON AUTOIMMUNITY

- 1. Autoantibodies a characteristic of Rheumatoid Arthritis (RA) patients are adjustable "Locks" encountering flexible "Keys". (this thesis)
- 2. N-linked glycosylation sites are introduced into the variable B-cell receptor regions in a "2nd" immunological "hit" following the help of T cells directed against citrullinated proteins presented by HLA-SE molecules. (this thesis)
- 3. The presence or absence of variable domain glycans can be predictive for the development of a chronic, persistent disease or the chance that RA patients achieve remission at a later time, respectively. (this thesis)
- 4. Glycans expressed in the variable domain of autoantibodies and B-cell receptors can impact antigen binding and set the threshold for B-cell activation. (this thesis)
- 5. Not only glycans attached to the fragment crystallizable (Fc) region can affect antibody effector functions, but also glycans attached to the antigen-binding domain. (this thesis)
- Cross-reactivity and variable domain glycosylation of B-cell receptors may help these B cells to survive and to escape the tight control mechanisms in our body that are usually in place to prevent the development of autoimmunity.
- 7. Obtaining knowledge on how variable domain glycans influence B-cell activation will allow us to find ways to inhibit the activation of these autoreactive B cells.
- 8. Interactions between Siglecs and B-cell receptor sialic acids may contribute to homing of B cells.
- 9. Let's cross that bridge when we come to it.
- 10. The best moments in research are the unforeseen ones.
- 11. When it comes to scientific work "be quick, but don't hurry"! John Wooden
- 12. "Es ist nicht genug zu wissen, man muss auch anwenden; es ist nicht genug zu wollen, man muss auch tun". Is it enough to know something, or is knowledge worthless if you don't put it into practice? *Johann Wolfgang von Goethe*