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## Rotator cuff calcific tendinitis: another entity of rotator cuff problems

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## Stellingen behorende bij het proefschrift

### **Rotator Cuff Calcific Tendinitis**

#### Another entity of rotator cuff problems

1. Approximately 75% of patients with rotator cuff calcific tendinitis will have complete relief of symptoms following needle aspiration of calcific deposits. However, one-third of patients will require multiple procedures – this thesis
2. A good initial response to needle aspiration of calcific deposits is one of the most important prognostic factors for a good clinical outcome – this thesis
3. Size matters, at least with respect to the size of calcific deposits in the rotator cuff and the outcome of its treatment – this thesis
4. Injection of platelet-rich plasma after needle aspiration of calcific deposits has a lower benefit – risk ratio compared to the injection of corticosteroids – this thesis
5. Large heterogeneity exists in blood components of platelet-rich plasma (PRP) produced by different PRP separation systems, making comparison between studies using platelet-rich plasma difficult – this thesis
6. Our clinical diagnosis is not always accurate enough to differentiate between origins of shoulder pathology, but relying on imaging as the holy grail for the diagnosis is too short sighted – de Witte et al., 2016
7. Whether the placebo effect exists or not is no longer a question, only its effect size remains unknown for most treatments – Colloca et al., 2020
8. Sensitization of the nervous system in patients with persistent tendon pain should be considered – Plinsinga et al., 2015
9. Further research on rotator cuff calcific tendinitis (RCCT) should focus on the cost-effectiveness of all treatment modalities used for RCCT, including the need for reinterventions as well as the burden to society
10. The most valuable player is the one who makes the most players valuable – Peyton Manning, 2015
11. One cannot expect a different result by doing the same thing over and over again
12. Turtles know more about the road than hares