

**In vitro models of bone-forming tumours: from target to treatment** Franceschini, N.

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# **Chapter 2**

# What's new in bone forming tumours of the skeleton?

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# **Abstract**

Bone tumours are difficult to diagnose and treat, as they are rare and over 60 different subtypes are recognized. The emergence of next-generation sequencing has partly elucidated the molecular mechanisms behind these tumours, including the group of bone forming tumours (osteoma, osteoid osteoma, osteoblastoma and osteosarcoma). Increased knowledge on the molecular mechanism could help to identify novel diagnostic markers and/or treatment options.

Osteoid osteoma and osteoblastoma are bone forming tumours without malignant potential that have overlapping morphology. They were recently shown to carry *FOS* and – to a lesser extent - *FOSB* rearrangements suggesting that these tumours are closely related. The presence of these rearrangements could help discriminate these entities from other lesions with woven bone deposition. Osteosarcoma is a malignant bone forming tumour for which different histological subtypes are recognized. High grade osteosarcoma is the prototype of a complex karyotype tumour, and extensive research exploring its molecular background has identified phenomena like chromothripsis and kataegis, and some recurrent alterations. Due to lack of specificity, this has not led to a valuable novel diagnostic marker so far. Nevertheless, these studies have also pointed towards potential targetable drivers of which the therapeutic merit remains to be further explored.

### **Introduction**

Bone tumours are rare and therefore considered difficult to diagnose and treat. They comprise a heterogeneous group of tumours, where most subtypes have a distinct clinical and histological presentation.

Histologically, over 60 different bone tumours are recognized. Some are difficult to separate as there can be extensive morphological and even immunohistochemical overlap. Distinction is important as these tumours differ in clinical behaviour and thus in required treatment. In recent years, many papers have been published unravelling the molecular background of several bone tumours, mostly using deep sequencing techniques. From the molecular point of view, these tumours can be roughly divided in two main groups, as a conceptual framework (1): tumours can either have a simple or complex karyotype. The group of tumours with a simple karyotype are usually monomorphic, and driven by a specific mutation or translocation. The tumours with complex karyotype are more often pleomorphic, show aneuploidy, with many copy number alterations and (random) translocations and mutations. The group of skeletal tumours that are characterized by bone deposition contains osteoma, osteoid osteoma, osteoblastoma and osteosarcoma (**Table 1**). Osteoma is benign and composed of mature lamellar bone, has a simple karyotype, occurs in patients with Gardner's syndrome and as a consequence is caused by a germline mutation in the *APC* gene. Osteoid osteoma and osteoblastoma are histologically identical, have a simple karyotype and deep sequencing studies have recently unravelled a recurrent translocation (2). This is in contrast with high grade osteosarcoma, for which a complex karyotype showing aneuploidy, multiple copy number alterations, (random) translocations and mutations is the hallmark (3). This review will focus on osteoid osteoma/osteoblastoma and high grade osteosarcoma, as examples for simple karyotype, translocation driven, versus complex karyotype tumours, respectively.

#### **Osteoid osteoma and osteoblastoma**

Novel *FOS* and *FOSB* rearrangements were recently found in osteoid osteoma and osteoblastoma (2). These tumours account for 3% and 1% of all primary bone tumours, respectively (4). These two entities are histologically similar, and only slightly differ in their clinical presentation. At present they are arbitrarily divided by tumour size below or above 2 cm in diameter, although the recent finding that they share the same molecular alteration might suggest that they represent the same disease (4-7).

#### *Clinical presentation*

Osteoid osteoma and osteoblastoma typically present during the second decade of life, with men being overrepresented (male to female ratio 2:1) (4). Osteoid osteoma is usually located at the long bones in the lower extremity, but other commonly described sites

involve the spine, upper extremity, hands, feet, and pelvis (4, 5, 7, 8). The most prominent clinical symptom of osteoid osteoma is frequent and severe night pain that responds adequately to nonsteroidal anti-inflammatory drugs (NSAIDs) (4, 5). Osteoblastoma is larger in size, and the majority are localized in the posterior column of the spine (4, 5, 9), resulting in neurologic symptoms as a recurring sign (4). Pain is frequently present, but in contrast to osteoid osteoma does not respond to administration of NSAIDs (4, 5). Both osteoid osteoma and osteoblastomas have no malignant potential, although osteoblastoma can behave as a locally aggressive tumour (4). For radiologists, the diagnosis of osteoid osteoma is usually straight forward, showing a characteristic oval radiolucency (nidus) with surrounding sclerosis, while osteoblastoma can be accompanied by a more broad differential diagnosis depending on its location, including aneurysmal bone cyst, giant cell tumour of bone, and osteosarcoma (4, 10).

**Table 1**. Clinical features, radiology, karyotype, and molecular pathology of osteoma, osteoid osteoma, osteoblastoma and conventional osteosarcoma.



#### *Histology*

Osteoid osteoma and osteoblastoma are histologically indistinguishable (11) (**Fig. 1A, B**). Both tumours are composed of irregular trabeculae of woven bone, lined with active osteoblasts. In osteoid osteoma, the central area of the lesion (nidus) is sharply demarcated, and surrounded by hyper-vascularized sclerotic bone. In between the trabeculae there is loose vascularized stroma (7, 8). Osteoblastoma can show slightly more haphazardly arranged trabeculae (6).



**Fig. 1** Osteoid osteoma and osteoblastoma. **A.** Osteoid osteoma, and **B.** Osteoblastoma show identical morphology at hematoxylin and eosin staining, with deposition of woven bone by osteoblast-like tumor cells. **C.** Fluorescence in-situ hybridization (FISH) showing *FOS* rearrangement in osteoblastoma. **D.**  Immunohistochemical staining for FOS in osteoblastoma showing nuclear overexpression in the tumor cells. Scale bar is 50 µm

#### *Molecular pathology*

Before the elucidation of the genetic background of osteoid osteoma and osteoblastoma, clonal chromosome aberrations were reported in two osteoblastomas, with structural alterations involving 22q13.1 (12), and only non-recurrent rearrangements were found using cytogenic studies (13). In 2018, in a quiet genomic background with paucity of somatic alterations, recurrent *FOS* and – to a lesser extent - *FOSB* rearrangements were found in both osteoid osteoma and osteoblastoma using RNA sequencing, demonstrating that both tumours were similar at the molecular level. In 5 out of 6 cases, *FOS* rearrangements were present, while the remaining case showed rearrangements involving its paralogue, *FOSB*. All *FOS* breakpoints were exonic, and involved exon 4. Rearrangement partners were both introns of others genes (*ANKH, KIAA1199, MYO1B*), or intergenic regions (2). Equivalent to *FOS* rearranged epithelioid hemangioma (14, 15), stop codons were encountered at, or early after the break points, leading to truncation of the protein with retention of the leucine zipper, and therefore its function as a transcription factor. Functional studies in epithelioid hemangioma demonstrated that the truncated protein was more resistant to degradation (16). In the *FOSB* rearranged osteoblastoma, rearrangement resulted in an in frame fusion connecting *PPP1R10* to *FOSB*, leading to altered signalling, due to promotor swapping (2). Strikingly, *FOSB* fusions were also involved in pseudomyogenic hemangioendothelioma and atypical epithelioid hemangioma, resulting in promoter swapping (17, 18). As genetic alterations in these vascular tumours are identical to those found in osteoid osteoma and osteoblastoma, one can speculate that a comparable molecular mechanism of tumorigenesis is operable in osteoid osteoma and osteoblastoma.

These novel molecular findings have provided new tools to improve diagnostic accuracy, as both fluorescence in-situ hybridization (FISH) and immunohistochemical staining can detect *FOS* rearrangements (**Fig. 1C, D**). Fluorescence in-situ hybridization (FISH) was performed in an independent cohort and showed in the majority of cases rearrangements involving *FOS*  and to a lesser extent *FOSB* (2). In a follow-up study immunohistochemistry showed strong and diffuse nuclear staining in the majority (79%) of osteoid osteomas and osteoblastomas, using a FOS antibody against the N-terminus (19). However, a previously published small study cohort demonstrated that osteoid osteoma and osteoblastoma lacked strong nuclear expression of FOS, indicating variability in sensitivity between different antibodies (20). In terms of specificity, strong nuclear expression of FOS has been detected in a subset of other bone forming tumours, and was only rarely present in osteosarcoma (2, 20). Notably, in mouse models the *c-fos* oncogene caused osteosarcoma, when fused with a highly active promotor and the *v-fos* 3' untranslated region (21). This is intriguing as in human tumours *FOS* and *FOSB* rearrangements have so far only been identified in vascular and bone forming tumours lacking malignant potential (14, 15, 17, 18).

# **Osteosarcoma**

Osteosarcoma is the most common primary malignant tumour of the bone (22). The 5-year overall survival for osteosarcoma patients is 71% and has not improved in the last decades, clearly indicating that novel therapeutic strategies are needed (23). Fortunately, many papers have been published gradually unravelling the pathogenesis of osteosarcoma, which might help develop new therapeutic targets.

### *Clinical presentation*

Primary high grade osteosarcoma occurs most often in young children and adolescents, but there is a second peak at a later age, often secondary to radiation or Paget's disease (24). Osteosarcoma has a slight male predominance (25). Patients with osteosarcoma often show signs of localized deep pain, especially manifest at night, developed over a longer period of a few weeks to months. This could also be in combination with limited mobility, or localized warmth. A small palpable mass can be present, which is tender during physical examination (26).

For diagnosis of conventional osteosarcoma, a radiograph is made in two planes, in which the lesion appears as lytic, sclerotic or mixed lytic and sclerotic. This lesion often expands into the surrounding soft tissue, with periosteal reaction and destruction of cortical bone (27). MRIor CT-imaging may provide additional information, guiding the subsequent biopsy of the lesion (27).

#### *Histology*

The presence of osteoid, the unmineralized extracellular matrix produced by the tumour cells, is a hallmark of osteosarcoma and visible as a pink dense structure in hematoxylin and eosin stained sections (**Fig. 2A**). Mineralization can occur. Osteosarcoma can arise in the medulla (central) or at the bone surface. Different osteosarcoma subtypes are recognized, based on their clinical presentation in combination with histological and molecular features (**Table 2**) (25). High grade central osteosarcoma is the most common subtype, and most papers published over the last decade, as well as this review, focus on this subtype.

#### *Germline predisposition to osteosarcoma*

Certain hereditary syndromes predispose to osteosarcoma, such as Li-Fraumeni syndrome (mutations in *TP53* or, less frequently, *CHEK2*), Retinoblastoma (mutations in *RB1*), and Rothmund-Thomson syndrome (mutations in *RECQL4*) (28-30). Other hereditary syndromes with germline mutations in RecQ Like Helicases, including RAPADILINO syndrome, Baller-Gerold syndrome, Werner syndrome and Bloom syndrome, also have an increased risk for osteosarcoma (31, 32). Another hereditary syndrome in which a helicase is mutated is ATR-X syndrome (Alpha-thalassemia mental retardation syndrome). Patients with ATR-X syndrome show intellectual disability and skeletal abnormalities. Recently, two patients have been reported with ATR-X syndrome that developed osteosarcoma (33, 34).



**Fig. 2** High grade osteosarcoma. **A.** Conventional osteoblastic osteosarcoma showing atypical cells with abundant deposition of osteoid (hematoxylin and eosin staining). Scale bar is 50 µm. **B.** Combined binary ratio fluorescence in-situ hybridization (COBRA-FISH) (35) showing complex numerical and structural changes which is characteristic of high grade osteosarcoma.

#### *Molecular alterations in osteosarcoma*

High grade osteosarcoma is characterized by a complex karyotype with many amplifications, deletions and (random) translocations (Fig. 2B) . This complex genome hampers identification of the driver genes causing genome instability: very few recurrent alterations have been identified in osteosarcoma.

One mechanism explaining the genomic instability in osteosarcoma is chromothripsis, the shattering of one or a few chromosomes into small fragments that are stitched together in a random order and orientation. Chromothripsis occurs in 3% of all cancers and in 30% of osteosarcomas (36). It was first discovered by Stephens et al in chronic lymphocytic leukemia, chordoma and osteosarcoma (36) and later studies have confirmed chromothripsis in osteosarcoma (3, 37, 38). Exome sequencing shows a relatively low mutational burden in osteosarcoma ranging from 0.3-1.2 mutations per mega base, however there is a pattern of localized hypermutation called kataegis in 50% of the tumours (3, 39). These point mutations are non-recurrent, haphazard and cannot be considered as driver genes. Further hampering the identification of driver genes is that no benign precursor of osteosarcoma is known. This is in contrast with for instance colorectal cancer, in which a benign precursor can be used to investigate multi-step progression behind tumorigenesis.

Nevertheless, recent next-generation sequencing studies have revealed known and novel recurrent genetic alterations in osteosarcoma (**Table 3**). Most genes that were found to be altered are involved in maintaining genomic stability. Among the most commonly altered genes in osteosarcoma are the main players in maintaining genome stability: *TP53* and *RB1*.

### **Table 2**. Osteosarcoma subtypes







#### *TP53 and RB1*

Mutations in *TP53* can be found in germline or can be sporadic. Previously, using immunohistochemistry or sequencing of the DNA binding domain of *TP53*, mutations were detected in only 20% of osteosarcomas (46). Interestingly, whole genome sequencing studies reveal a much higher percentage (47-90%) of osteosarcomas harbouring *TP53* alterations (3, 37, 39, 40). This difference can be explained by the notion that most *TP53* alterations involve structural alterations, which most often consist of translocations in the first intronic region of *TP53*, which is 10 kb in length. These alterations can only be detected with whole genome sequencing (47).

The second most frequently altered gene in osteosarcoma is *RB1* (Retinoblastoma 1), involved in blocking cells from entering S-phase of the cell cycle (48). Loss of Rb function in osteosarcoma therefore leads to a loss in Rb blockade of cell division. In addition to germline mutations, somatic mutations in *RB1* were identified in 29-47% of osteosarcomas (3, 40).

The importance of *TP53* and *RB1* in osteosarcoma genesis is illustrated by the fact that patients with germline mutations in *TP53* and *RB1* are highly susceptible to cancer and frequently develop sarcomas. Different *in vitro* and *in vivo* studies confirm the important role of *TP53* and *RB1* mutations in sarcoma genesis (49-51). For example, homozygous deletion of *TP53* and *RB1* in osteogenic differentiated murine MSCs gives rise to osteosarcoma when injected into mice (50), while heterozygous deletion of *TP53* is sufficient to induce osteosarcoma in a mouse model (49).

#### *Regulators of p53 and Rb activity*

*MDM2* (mouse double minute 2 homolog) regulates p53 activity by ubiquitinating p53 protein leading to proteasomal degradation of p53 (52). Up to 12% of high grade osteosarcomas have amplification of the *MDM2-*gene at 12q13-15, but this is much higher (67%) in low-grade central osteosarcoma and parosteal osteosarcoma (43, 53) (Table 2). The *CDK4*-gene (cyclin dependent kinase 4) is located within the same region at 12q13-15 (54) and regulates Rb activity by phosphorylating Rb, resulting in deactivation of Rb. *CDK4* and *MDM2* are often coamplified and overexpressed in osteosarcoma. *CDK4* is amplified in 67-100% of low-grade osteosarcomas, but rarely in high grade osteosarcoma (9%)(43, 53, 55). As the percentage of *CDK4* and *MDM2* amplifications in low grade central osteosarcoma and parosteal osteosarcoma are much higher than in high grade osteosarcoma, most likely the *CDK4/MDM2* positive high grade tumours represent progression from low grade osteosarcoma (55). Rb activity is also regulated by p16, which normally inhibits both CDK4 and CDK6. P16 is encoded by the *CDKN2A* gene at chromosome 9p21.3, that also encodes for p14. Homozygous deletion of the *CDKN2A* locus, which is associated with poor prognosis in osteosarcoma, eradicates both expression of  $p16^{lnk4A}$  and  $p14^{ARF}$ , of which the latter is a negative regulator of MDM2 (40, 56-58). Therefore, deletion of p16 and p14, similar to co-amplification of *CDK4* and *MDM2*, leads to inactivation of both the p53 and Rb pathway.

#### *Other genome maintenance pathways*

In addition to the p53 and Rb pathway, also other pathways involved in maintaining genome stability can be affected by mutations, both in sporadic as well as hereditary osteosarcoma. For instance, *ATRX* mutations can be found both as germline or somatic mutations (59), which is in contrast to mutations in RecQ Like Helicases where only germline mutations have been identified. Around 29% of osteosarcomas harbor somatic mutations in *ATRX* (3). The role of *ATRX* mutations in osteosarcoma genesis is largely unknown. *ATRX* is involved in chromatin remodelling and plays an important role in maintenance of chromosome stability (60). Lossof-function mutations in *ATRX* can lead to activation of the alternative lengthening of telomeres (ALT) pathway, maintaining the length of chromosome-ends (61). ALT is found in 59% of osteosarcomas, which is much higher as compared to other cancers such as carcinomas (5-15%) (62).

DNA repair is essential in maintaining genome stability. For instance, homologous recombination, the DNA repair pathway in which BRCA plays an important role, is crucial in maintaining genome stability. A recent whole exome sequencing (WES) study revealed that a subset of osteosarcomas resemble features of *BRCA* mutant tumours (40). These tumours show loss of heterozygosity, genomic instability and a mutation signature of substitutions and deletions that is also found in breast cancers with *BRCA1/2* mutations. Around 80% of osteosarcomas show this BRCAness signature (40). As this signature is linked to defects in homologous recombination, this vulnerability might be exploited with PARP inhibitors based on the principle of synthetic lethality. Indeed, different *in vitro* studies with osteosarcoma cell lines show that osteosarcoma cells are sensitive to PARP inhibitors (63, 64). These results are promising, suggesting a possible new therapeutic strategy for osteosarcoma. However, further investigation on homologous recombination deficiency and PARP inhibitor sensitivity in osteosarcoma is needed.

#### *Hormonal pathways*

Although the genes that play a role in genome stability are among the most frequently mutated genes in osteosarcoma (*RB1, TP53, CDK4, MDM2, ATRX*), these genes function in essential cell survival pathways. Therefore these genes are difficult to specifically target in the treatment of osteosarcoma. Fortunately, also mutations in other genes are frequently found that are easier to target as they are involved in hormonal pathways. For example, mutations in genes involved in IGF (insulin-like growth factor) signaling, including the IGF1 receptor (*IGF1R*), were identified in around 7-14% of osteosarcomas, with many of these genes having altered activity compared to normal human osteoblasts or mesenchymal stem cells (37, 65). The IGF signaling pathway is known to be important in normal bone growth, bone development, and bone metabolism and it is therefore not surprising that it might also play a role in osteosarcoma pathogenesis (66, 67). These findings provide a rationale to explore anti-IGFR therapy as a treatment strategy for a subset of osteosarcomas.

The estrogen hormonal pathway is also altered in osteosarcoma. Healthy osteoblasts normally express estrogen receptor alpha (ERα), but this is lacking in osteosarcoma (68). Until recently the mechanism behind the inactivation of estrogen receptor in osteosarcoma was not known. In a recent study it was found that ERα was hypermethylated in osteosarcoma, which can be ameliorated by the DNA methyltransferase inhibitor DAC (69). DAC could reexpress ERα and subsequently restored defective osteogenic differentiation and inhibited proliferation in osteosarcoma cells. This study illustrates that epigenetic alterations such as hypermethylation of genes are also important in osteosarcoma genesis.

## **Conclusion**

There is an ongoing shift from traditional cancer classification based solely on histopathology towards incorporation of molecular pathology in routine diagnostics, which ultimately can aid diagnostic decision making. Among the group of bone forming tumours of the skeleton, the use of deep sequencing has unravelled the molecular background of osteoid osteoma and osteoblastoma. The discovery of *FOS* and *FOSB* rearrangements found in osteoid osteoma and osteoblastoma have not only given insight in tumorigenesis, but have also provided the bone tumour pathologist with a novel diagnostic tool to improve diagnostic accuracy.

For high grade osteosarcoma, due to its complex genomic background, no specific, recurrent genetic alteration has been found that can explain tumorigenesis, or can be used for diagnosis or treatment. Even though the number of publications on drugs that allegedly inhibit osteosarcoma growth has exponentially increased over the past few years, these claims are often based on *in vitro* studies including one single cell line (70). Most of these publications are from Chinese institutes and often consist of investigations on the effect of traditional medicine on osteosarcoma. The remarkable increase of these studies is most probably the corollary of the convenient tissue culture properties of osteosarcoma cell lines and obscures findings of real significance.

Nevertheless, in the last years several deep sequencing studies have been published that contribute towards the understanding of osteosarcoma pathogenesis. These next-generation sequencing studies have revealed underlying mechanisms, such as chromothripsis and kataegis, as well as a number of genes and pathways associated with osteosarcoma, especially those involved in genome maintainance (*TP53, RB1, ATRX* and homologous recombination) or hormonal signalling (IGF and ER signalling). The results from these studies could be the stepping stone towards the development of novel diagnostics/prognostic markers or treatment options. Since most of the alterations that were identified are not recurrent and involved in crucial processes in the cell such as genome stability, cell cycle, and DNA repair, it will be a huge challenge for the coming decade to translate these findings into novel treatment options. In contrast to targeting genes involved in maintaining genome stability, such as *TP53* and *RB1*, targeting the hormonal pathways, especially IGF and estrogen, seems more promising.

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