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Studying the short-term complications of kidney transplantation: from bed to bench

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Chapter 7

Circumventing the Crabtree effect in cell culture: a systematic review

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Abstract

Metabolic reprogramming and mitochondrial dysfunction are central elements in a broad variety of physiological and pathological processes. While cell culture established itself as a versatile technique for the elaboration of physiology and disease, studying metabolism using standard cell culture protocols is profoundly interfered by the Crabtree effect. This phenomenon refers to the adaptation of cultured cells to a glycolytic phenotype, away from oxidative phosphorylation in glucose-containing medium, and questions the applicability of cell culture in certain fields of research. In this systematic review we aim to provide a comprehensive overview and critical appraisal of strategies reported to circumvent the Crabtree effect.

Introduction

Metabolic flexibility is the ability to respond or adapt to changes in energy supply and demand under a variety of conditions, and is a prerequisite for optimal cellular function, proliferation, differentiation, and survival.^{1,2} Whilst this adaptive capacity (e.g. increasing the reliance on glycolysis) is a critical aspect in many physiological processes, ranging from exercise metabolism to cell fate determination and immunometabolism, metabolic inflexibility is increasingly linked to a wide range of chronic diseases such as type 2 diabetes, obesity and Alzheimer's disease.^{1,3-6}

The most well-known example of metabolic reprogramming is the Warburg phenomenon, a condition characterized by a deviation of the metabolic profile in which cancer cells essentially rely on glycolysis instead of oxidative phosphorylation (OXPHOS).⁷ A parallel metabolic phenomenon, referred to as the Crabtree effect,⁸ has been described in cultured cells. The Crabtree effect describes the phenomenon that cells cultured in glucose-containing culture medium adapt to a glycolytic phenotype, despite the presence of oxygen and functional mitochondria.^{8,9} This phenomenon has major consequences for cell culture-based studies that aim at addressing aspects of the physiologic metabolic flexibility and/or studying mitochondrial processes. In fact, failure to address this point may lead to misinterpretation of conclusions such as 'dysfunctional' energy metabolism (metabolic inflexibility) or illusory cellular resistance to mitochondrial toxicants and drugs which diminishes the prediction of potential drug toxicity *in vivo*.¹⁰

Consequently, in order to adequately study the aspects of metabolic flexibility and/or mitochondrial processes in cell culture, it is crucial to restore the cellular physiologic and metabolic state by reverting the cellular metabolism from glycolysis-dominated back to OXPHOS-dominated. Therefore, the aim of this systematic review was to provide a systematic, comprehensive overview and critical appraisal of reported strategies that circumvent the Crabtree effect. Molecular aspects underlying the Crabtree effect were considered beyond the scope of this review.

Materials and methods

In order to identify relevant studies reporting on strategies circumventing the Crabtree effect in cell culture, two complementary search strategies were designed: a systematic literature search and a citation search. The systematic literature search was conducted in PubMed, EMBASE and Web of Science. The following keywords, or synonyms thereof, were included: Crabtree effect, cell culture, glycolysis, OXPHOS, metabolic switch. This systematic literature search was supplemented with a citation search in Web of Science.

Herein, all articles were identified that referred to the original article of H.G. Crabtree,⁸ and specifically focused on cultured cells. Both search strategies were conducted on June, 2nd, 2020 and were performed following the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines.¹¹ Details of both search strategies are provided in the Supplemental Data: <https://figshare.com/s/195511957a78bfbfee4f>.

All titles and abstracts were screened by two authors (MDK and AS) to identify relevant studies (Figure 1). Discrepancies in article eligibility were resolved by joint review and consensus. Subsequently, full text articles were assessed for eligibility. Studies that were not published in English or Dutch, and studies that were not conducted in an in-vitro setting were excluded. Also articles focusing on yeast, embryonic or cancer cells were excluded.

From the included articles, the following data were extracted: year of publication, cell type, initial cell culture medium, intervention strategy to circumvent the Crabtree effect, whether the intervention is induced or performed under continuous control, duration of intervention, and author's key findings.

Results

Strategies circumventing the Crabtree effect

The systematic literature and citation search identified 950 unique references. Of these articles, 25 articles aimed at restoring OXPHOS dominance for adenosine triphosphate (ATP) synthesis under cell culture conditions (Figure 1). The described intervention strategies reverting the Crabtree effect can be broadly classified into four categories: (1) adjustment of the cell culture medium, (2) the use of glycolytic inhibitors, (3) strategies that target mitochondria, and (4) miscellaneous interventions. The respectively characteristics and key findings of each article are summarized in Tables 1-4. A graphical summary of reported strategies aimed at reverting the Crabtree phenomenon is provided in Figure 2.

Culture medium adjustments

The most extensively reported strategy to circumvent the Crabtree effect is replacement of the standard, high glucose (10-25mM) cell culture medium, by a medium with (sub) physiologic glucose concentrations or no glucose at all (Table 1).

Lowering glucose concentrations

Several authors explored whether a reduction in glucose concentrations promoted a metabolic shift from glycolysis to OXPHOS.^{9, 12-18} Remarkably, it was shown that the Crabtree effect is not restricted to cells kept in high glucose medium (10-25 mM), but

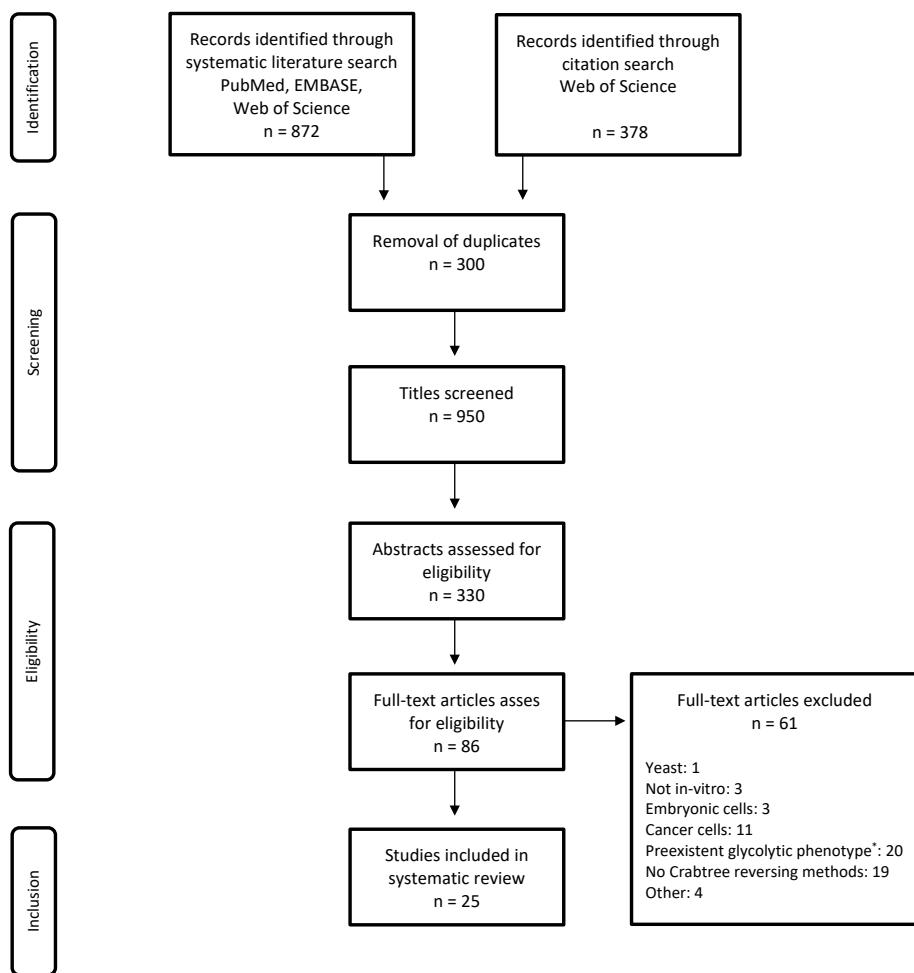


Figure 1. PRISMA flow diagram of the systematic literature search.

*The 20 articles that fall into this category concern articles in which the glycolytic phenotype is already part of the physiological response. For instance, the switch from oxidative phosphorylation to glycolysis is a hallmark of several cell types, including mesenchymal stem cells undergoing osteogenic differentiation, IL-33 activated mast cells, proliferation T cells, nucleus pulposus cells, and dendritic cells during acute activation.

also persist at more physiologic glucose concentrations (5.0-5.6 mM).¹²⁻¹⁵ Only when glucose levels were further lowered to concentrations of 0.1-5.0 mM, an increased shift towards OXPHOS was observed in cells.^{12,15,16} In this context, Mot et al. and Arend et al. described that reversal of the Crabtree effect only occurred after total glucose depletion: fibroblasts and astrocytes cultured in 2.0-5.0 mM glucose first completely consumed the available glucose to lactate, after which cells were forced to utilize the accumulated lactate as energy substrate via mitochondrial OXPHOS in order to fulfill their energy requirements.^{9,18}

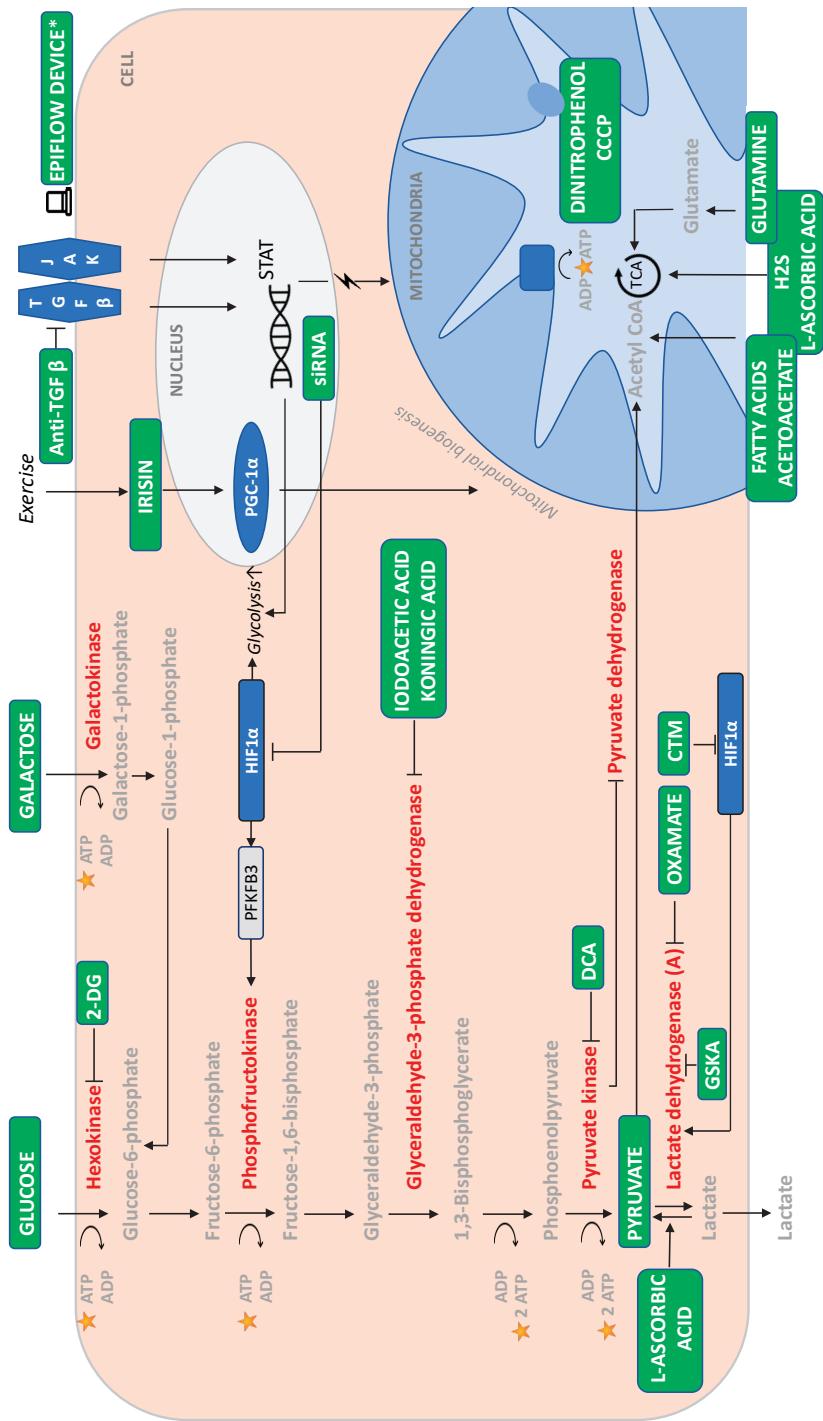


Figure 2. Graphical summary of reported strategies aimed at circumventing the Crabtree effect.

* A cell culture device in which continuous nutrient supply is combined with continuous oxygenation.³⁶

2-DG, 2-deoxyglucose; ADP, adenosine diphosphate; AMPK, adenosine monophosphate-activated protein kinase; anti-TGF β , anti-transforming growth factor beta; ATP, adenosine triphosphate; CCCP, carbonyl cyanide-p-chlorophenylhydrazone; DCA, dichloroacetate; HIF-1 α , hypoxia-inducible factor 1 α ; mTOR, mammalian target of rapamycin; TCA, tricarboxylic acid cycle.

Table 1. Summary of studies aimed at circumventing the Crabtree effect by adjustment of the cell culture medium. ATP, adenosine triphosphate; BSA, bovine serum albumin; DMEM, Dulbecco's Modified Eagle Medium; ECAR, extracellular acidification rate; FBS, fetal bovine serum; FCS, fetal calf serum; HIF1 α , hypoxia-inducible factor 1 α ; LDH, lactate dehydrogenase; OCR, oxygen consumption rate; OXPHOS, oxidative phosphorylation; RPTC, renal proximal tubular cells; TCA, tricarboxylic acid cycle.

Cells	Initial cell culture medium	Intervention(-medium)	Incubated or continued	Duration of intervention	Author's key findings	Author-Year
Non-transformed human fibroblasts	Glucose medium (conc. glucose not specified), 2mM glutamine, 10% dialyzed FCS.	Medium without hexose, with glutamine and 10% dialyzed FCS	Incubated	1 day	○ "When deprived of sufficient glucose in growth medium, cells have been found to increase the supply of energy generated by respiratory metabolism, which can be measured as increased rates of glutamine oxidation."	Kuchka et al. 1981 (19)
		Galactose medium (5.5mM galactose), with glutamine and 10% dialyzed FCS	Incubated	1 day	○ "We have observed that galactose grown human cells activate respiratory metabolism to the same degree as cells incubated in hexose-free medium."	Kritzefeldt et al. 1990 (12)
Coronary endothelial cells	Medium 199 (5.6mM glucose), Earle's salts, 20% FCS.	Saline buffer solution, <1mM glucose	Incubated	1 hour	○ "Coronary endothelial cells utilize glucose, at physiological concentrations, predominantly for glycolytic energy production. The metabolic pattern is characteristic for the Crabtree effect."	
					○ "Glucose oxidation in the Krebs cycle was increased at glucose concentrations lower than 1mM."	
					○ "Below 1mM glucose, formation of lactate from glucose decreased."	
Rabbit renal proximal tubular cells	DMEM/F-12 (no glucose or pyruvate), bovine insulin, human transferrin, selenium, hydrocortisone, heparanoate and: 5mM glucose or 17.5mM glucose or 5mM galactose.	-	Continued	7 days	○ "All SHAKE-treated cells had equivalent lactate levels on day 1, and these levels were less than 50% of their STILL counterparts."	Grinner et al. 1994 (13)
					○ "Lowering the concentration of glucose to a physiologic level (5mM) had no effect on lactate levels or LDH activity in SHAKE or STILL cells."	
					○ "Substituting 5mM galactose for 5mM glucose in the culture medium significantly reduced the lactate content of both SHAKE and STILL RPTC but had no impact on LDH activity."	
					○ "Substitution of glucose with galactose produced an even greater increase in sensitivity to amantycin A in SHAKE cells."	
Rabbit renal proximal tubular cells	DMEM/F-12 without phenol red and pyruvate, 0 or 5mM glucose, 0.44mM L-alanine, 5mM lactate, 15mM NaHCO ₃	-	Continued	12 days	○ "RPTC grown in the presence of 5mM glucose exhibited net lactate consumption during the first 8 days of culture. However, after 10 and 12 days of culture, lactate metabolism was shifted from net consumption to net production, which suggested the reversion of RPTC metabolism to glycolysis."	Nowak et al. 1996 (14) <i>(Also in Table 4)</i>
					○ "In RPTC cultured in the absence of glucose, rates of net lactate consumption were equivalent during 12 days of culture."	

Cell culture medium interventions

Cells	Initial cell culture medium	Intervention(-medium)	Incubated or continued	Duration of intervention	Author's key findings	Author-Year
Human skin fibroblasts	DMEM (25mM glucose), 4mM glutamine, 1mM pyruvate, 10% FBS.	10mM galactose , 1mM pyruvate, 4mM glutamine .	Incubated	3 days	<ul style="list-style-type: none"> o “Cells grown in galactose exhibit a five- to sixfold decrease in ECAR, reflecting decreased glycolysis, and a twofold increase in the OCR, consistent with a switch to glutamine oxidation.” o “Cells grown in galactose-containing medium maximize mitochondrial ATP production by using a larger fraction of mitochondrial respiration for ATP synthesis.” 	Gohil et al. 2010 (20)
Deep and superficial chondrocyte cells	Isolated chondrocytes, DMEM, 1.6mM L-glutamine, 1.6% FCS.	DMEM, deprived of glucose (0.5-22mM)	Incubated	Not specified	<ul style="list-style-type: none"> o “The OCR in 19mM glucose was not significantly different to baseline values of 5mM glucose. The upregulation of oxygen consumption compared to values in 5mM was significant at glucose concentrations of below 3mM.” o “The oxygen consumption by the superficial and deep cell subpopulations increased progressively with glucose deprivation, rising 2.5-fold as the media glucose was reduced from 5 to 0.5mM.” Over 90% of the increase in oxygen consumption with glucose depletion appears to be accounted for by the oligonuclein-sensitive compartment, that is oxidative phosphorylation.” o “Lactate release was progressively reduced by increasing glucose deprivation, indicating that the glycolytic rate of the cells is restricted by limited glucose availability.” 	Heywood et al. 2010 (15) (<i>also in Table 2</i>)
L6 cells	DMEM without glucose - 10mM galactose , 6mM glutamine, 1mM sodium pyruvate, 10% FBS.	-	Continued	Min. 7 days	<ul style="list-style-type: none"> o “Investigation into cellular bioenergetics showed that galactose cultured L6 cells have a significantly increased OXPHOS capacity compared to glucose cultured cells.” o “Importantly, cells in glucose were able to up-regulate glycolysis, while galactose cells were not.” o “Galactose cultured L6 cells were significantly more sensitive to classical mitochondrial toxicants than glucose cultured cells.” 	Dott et al. 2014 (21)
Bovine chondrocytes	Isolated chondrocytes, DMEM deprived of glucose), 2.5mM L-glutamine, 10% FBS and:	-	Continued	4 population doublings	<ul style="list-style-type: none"> o “Chondrocytes exhibited significantly greater oxidative phosphorylation in 1mM glucose compared with 10mM glucose, both at day 0 and after 4 population doublings.” o “Cells expanded in low glucose derived 57% of their ATP from aerobic metabolism, compared with 2.3% in high glucose.” o “If, after 4 population doublings in low glucose, chondrocytes were switched to high glucose conditions and vice versa, the metabolic differences observed between the expansion conditions were mostly reversible.” 	Heywood et al. 2014 (16)

Cell culture medium interventions

Cells	Initial cell culture medium	Intervention(-in medium)	Incubated or continued	Duration of intervention	Author's key findings	Author-Year
LLC-PK1 cells	DMEM or DMEM/F-12 (conc. glucose not specified), 10% FBS.	10mM galactose medium	Incubated	1 day	dfs o "Culturing cells with galactose as an energy source forces kidney tubular epithelial cells to rely on mitochondrial oxidative respiration rather than glycolysis."	Kishimoto et al. 2015 (22)
Cardiac progenitor cells	DMEM/F12 (17.5mM glucose), 2.5mM glutamine, 0.5mM pyruvate, 10% embryonic stem cell FBS and supplements.	DMEM without substrates and 0-5-25mM glucose.	Incubated Incubated	4 days ± 40 minutes	exposure of cells to 25 mM Glc resulted in a 40% increase in glycolytic flux compared with cells in 5 mM Glc ($p < 0.01$), and this was inhibited by the GAPDH inhibitor, KA (Fig. 2B) o "Exposure of cells to 25mM glucose resulted in a 40% increase in glycolytic flux compared with cells in 5mM glucose." o "Glucose, provided as the sole substrate, decreased OCR by up to 50% with maximal responses near the normal plasma levels of glucose. Such glucose-induced decreases in respiration are suggestive of the Crabtree effect." o Glutamine increase ATP demand and supported uncoupled respiration. o "Although BSA-palmitate , by itself, did not increase mitochondrial OCR, the presence of glutamine increased OCR by 66% when fatty acids were present, and this stimulation of respiration significantly exceeded that when glutamine was provided as the sole substrate." o "The increase in glycolysis due to glucose treatment was almost completely inhibited by lioniqic acid . o "Autonomous depletion of medium glucose induces a lactate-consuming phase."	Salabie et al. 2015 (17) <i>(Also in Table 2)</i>
1) Primary adult human fibroblasts 2) Primary mouse brain astrocytes	1) DMEM (25mM glucose), 1mM L-glutamine, 10% FBS.* 2) DMEM (25mM glucose), 10% FBS.**	1. DMEM (3.5mM glucose), 1mM L-glutamine, 9.7mM mannitol, 10% FBS 2. DMEM (5.0mM glucose), 10% FBS	Incubated Incubated	1) 13 days 2) 5 days	o "Complete autonomous depletion of medium glucose forces cells to utilise lactate via mitochondrial OXPHOS to supply their energy needs." o "Autonomous depletion of medium glucose induces increased sensitivity to the OXPHOS inhibitor rotenone." o "Our findings suggest that the Crabtree effect is decreased in cells subjected to short-term starvation , which is possibly associated with the inhibition of the mitochondrial oxidation of glutamine."	Mot et al. 2016 (9) Methods: Garfield 2010 (62) Hare et al. 2013 (63) Zeidler et al. 2017 (23)
C2C12 mouse myoblasts	DMEM (25mM glucose), 10% FBS.	DMEM-A (absence of serum, glucose, pyruvate and glutamine)	Incubated	1 hour		

Cell culture medium interventions

Cells	Initial cell culture medium	Intervention(-medium)	Incubated or continued	Duration of intervention	Author's key findings	Author-Year
Primary and BV-2 microglial cells	BV-2: DMEM (25mM glucose), 4mM glutamine, 10% FCS. Primary cells: MEM (5.6mM glucose), 4mM glutamine, 10% FCS.	ACSF assay medium, 5mM pyruvate or 2.5mM glutamine	Incubated	2 hours	<ul style="list-style-type: none"> ○ Pyruvate: "when glucose was replaced by pyruvate, ATP could not be produced in glycolysis; therefore, to produce ATP, pyruvate should enter into the TCA cycle." "Pyruvate-supported oxidation significantly enhanced the cellular ATP levels in primary cells." ○ Glutamine: "under starving conditions, the basal respiration is increased by the addition of glutamine as a single metabolic fuel, and the glutamine-induced oxygen-consumption is associated with ATP synthesis in primary and BV-2 microglial cells." 	Nagy et al. 2018 (24) <i>(Also in Table 2)</i>
Human Pluripotent Stem Cell-Derived Cardiomyocytes (hPSC-CMs)	Glucose medium: RPMI medium (conc. glucose not specified), GlutaMAX, Gem21. Glucose fatty acids medium: RPMI medium (conc. glucose not specified), GlutaMAX, Gem 21, 50µM Palmitic Acid and 100 µM Oleic Acid	Fatty acids only medium: RPMI medium without glucose , GlutaMAX, 50µM Palmitic Acid and 100 µM Oleic Acid	Incubated	7 days	<ul style="list-style-type: none"> ○ "Glucose deprivation results in the inhibition of HIF1α, and LDH-A activity, and repression of aerobic glycolysis." ○ "Glucose rich medium promotes glycolytic metabolism, even in the presence of fatty acids whereas media containing fatty acids as the only energy source allowed for normal physiological metabolic substrate utilization." 	Hu et al. 2018 (25) <i>(Also in Table 4)</i>
Rat astrocytes	DMEM (25mM glucose), Glucose-free DMEM, 1mM pyruvate, 44.6mM sodium bicarbonate, 10% FCS.	supplemented with 2mM glucose , 44.6mM sodium bicarbonate	Incubated	0–15 days	<ul style="list-style-type: none"> ○ "The cells rapidly consumed the available glucose and the culture medium was already within 2 days completely deprived of glucose. This cell-dependent metabolic glucose depletion was accompanied by a rapid increase in the extracellular concentration of lactate." ○ "The lactate consumption phase was characterized by a steady decrease in extracellular lactate concentration." ○ "In conclusion, glucose depletion experiments revealed that astrocytes in culture efficiently metabolize glucose to lactate via glycolysis and subsequently utilize the lactate released for mitochondrial energy production." 	Arend et al. 2019 (18)
LJC-PK1 cells	DMEM/F12 without glucose, supplemented with 5mM glucose, 3% FBS.	DMEM/F12 without glucose, supplemented with 5mM glucose , 3% FBS and 5mM acetooacetate .	Incubated	48 hours	<ul style="list-style-type: none"> ○ "Basal respiration, maximal respiration, spare respiratory capacity and ATP-linked respiration were significantly increased in cells grown in growth medium supplemented with 5mM acetooacetate. In contrast, glycolytic capacity, as well as glycolytic reserve were significantly reduced in the acetooacetate group." 	Denoon et al. 2020 (27)

Cell culture medium interventions

Replacing glucose by other primary substrates

A second series of studies evaluated the use of glucose-free cell culture medium (Table 1).^{13,14,17,19-25} In these studies, the cell culture medium was often enriched with other, exogenous energy substrates such as carbohydrates (galactose), amino-acids (glutamine), fatty acids (palmitate), pyruvate or ketone bodies (acetoacetate).

Most of the glucose-replacement studies evaluated the effect of substituting glucose by galactose in the culture medium.^{13,19-22} The rationale behind this strategy is that slow oxidation of galactose to pyruvate yields not sufficient ATP per unit time, and thus impels cells to rely on OXPHOS—mostly by an increased glutaminolysis—to generate ATP for cellular homeostasis.^{21,9,26} It was concluded that cells grown in galactose-medium (5.0–10.0 mM), had a lower glycolytic rate, and an increased reliance on OXPHOS.^{13,19-22} Furthermore, cells cultured in galactose-enriched medium are more sensitive to the mitochondrial inhibitors rotenone and antimycin A, confirming the increased reliance on mitochondrial respiration to meet energy requirements.^{13,21}

A more direct enforcement of OXPHOS dominated ATP synthesis includes the exclusive provision of substrates in glucose-free medium that are metabolized in the tricarboxylic acid cycle (glutamine, pyruvate, acetoacetate and/or fatty acids).

Kuchka et al. showed that human fibroblasts increased glutamine oxidation in hexose-free medium, and hence enhanced OXPHOS.¹⁹ A similar phenomenon was observed in microglial cells.²⁴

Similarly, replacement of glucose by pyruvate as the sole substrate increased mitochondrial respiration in microglial cells (note that the conversion from pyruvate to lactate does not generate ATP, and pyruvate is therefore forced to enter the mitochondria via acetyl coenzyme A for ATP production).²⁴

A similar phenomenon has been described for human pluripotent stem cell-derived cardiomyocytes, in which simulation of their *in vivo* preference for β-oxidation by culturing cells in fatty-acids-only medium (deprived of glucose), glycolytic rates reduced and OXPHOS rates increased.²⁵

Likewise, supplementation of growth medium (5 mM glucose) with the ketone body acetoacetate—the preferred energy substrate of proximal tubules cells—increased mitochondrial respiration and decreased glycolytic capacity in LLC-PK1 cells.²⁷

Glycolytic inhibitors

Conceptually, an obvious approach to prevent excessive aerobic glycolysis in cultured cells, is the inhibition of glycolytic enzymes (Figure 2, Table 2). For example, inhibiting the glycolytic enzyme hexokinase by 2-deoxyglucose (20.0–50.0 mM), effectively reduces glycolytic rates, and increases OXPHOS.^{15,28} Alternatively, dichloroacetate (0.1 mM) inhibits pyruvate dehydrogenase kinase and reversed the glycolytic phenotype.²⁹ Other

Table 2. Summary of studies aimed at circumventing the Crabtree effect with glycolytic inhibitors. ATP, adenosine triphosphate; DMEM, Dulbecco's Modified Eagle medium; FBS, fetal bovine serum; FCS, fetal calf serum; OXPHOS, oxidative phosphorylation; ROS, reactive oxygen species.

Cells	Initial medium	Intervention(-medium)	Incubated or continued	Duration of intervention	Author's key findings	Author-Year
Rat proximal tubular epithelial cells	DMEM/F-12 (17.5mM glucose), NaHCO ₃ , 5% FBS.	HBSS, 5% FBS, 0, 5 or 20mM glucose and: 0.03–1mM iodoacetic acid or DMEM/F12, 5% FBS, 20mM 2-deoxyglucose	Incubated	1 day	<ul style="list-style-type: none"> ○ “Oxidative respiration could be restored by uncoupling mitochondria with CCCP or by inhibition of glycolysis with iodoacetic acid and 2-deoxyglucose which indicates that respiration is inhibited by glycolysis (also known as the Crabtree effect).” 	Chi et al. 1995 (28) (Also in Table 3)
Deep and superficial chondrocyte cells	Isolated chondrocytes	5mM glucose, 50mM 2-deoxyglucose	Incubated	Not specified	<ul style="list-style-type: none"> ○ “Both populations expressed the Crabtree phenomena, with oxygen consumption increasing ±2.5-fold in response to glycolytic inhibition by glucose deprivation or 2-deoxyglucose.” 	Heywood et al. 2010 (15) (Also in Table 1)
Cerebellar granule cells	Basal Medium Eagle (5.6mM glucose), 5mM dichloroacetate	0.1mM dichloroacetate	Incubated	1 day	<ul style="list-style-type: none"> ○ “Cells subjected to an apoptotic stimulus, activate a Warburg-effect like mechanisms, i.e. suppression of OXPHOS combined with activation of aerobic glycolysis as the main pathway for ATP synthesis.” ○ “Dichloroacetate was shown to reverse the glycolytic phenotype – which characterizes the early phase in our model of apoptosis–lowering lactate level and raising mitochondrial ROS production, which is associated with the enhanced consumption of oxygen in the OXPHOS reaction.” 	Bobha et al. 2015 (29)
Cardiac progenitor cells	DMEM/F12 (17.5mM glucose), 2.5mM glutamine, 0.5mM pyruvate, 10% embryonic stem cell FBS and supplements.	DMEM (without substrates) and 0–25mM glucose.	Incubated Incubated	4 days Not specified	<ul style="list-style-type: none"> ○ exposure of cells to 25 mM Glc resulted in a 40% increase in glycolytic flux compared with cells in 5 mM Glc ($p < 0.01$), and this was inhibited by the GAPDH inhibitor, KA (Fig. 2B) ○ “Exposure of cells to 25mM glucose resulted in a 40% increase in glycolytic flux compared with cells in 5mM glucose.” ○ “The increase in glycolysis due to glucose treatment was almost completely inhibited by Koningsic acid.” 	Salabé et al. 2015 (17) (Also in Table 1)
Primary and BV-2 microglial cells	BV-2: DMEM (25mM glucose), 4mM glutamine, 10% FCS. Primary cells: MEM (5.6mM glucose), 4mM glutamine, 10% FCS.	ACSF assay medium, 10mM glucose, 10mM sodium oxamate	Incubated	± 1.5 hours	<ul style="list-style-type: none"> ○ “Inhibition of lactate dehydrogenase by oxamate stimulated the entry of glycolytic pyruvate into mitochondria, increased cellular respiration and decreased the rate of acidification in both primary and BV-2 microglial cells.” 	Nagy et al. 2018 (24) (Also in Table 1)

Glycolytic inhibitors

glycolytic inhibitors reported to reverse the Crabtree effect include iodoacetic acid (0.03–1.0 mM) and koningic acid (5.0 µM) through inhibition of the enzyme glyceraldehyde-3-phosphate dehydrogenase.^{17,28} Also inhibition of lactate dehydrogenase (LDH) by 10.0 mM sodium oxamate reduced lactate accumulation, and – as described by the authors – ‘slightly’ (significance was not provided) enhanced cellular respiration due to an increased entry of pyruvate into mitochondria.²⁴

Mitochondrial interventions

Four identified studies assessed the potential of mitochondrial uncouplers (Table 3) and demonstrated that the proton motive force needed to generate ATP by ATP synthase is dissipated, causing mitochondrial respiration to be maximal.^{28,30–32} Three studies conducted in the seventies, showed that the glucose-induced depression of oxygen respiration in rat lung cells and heart muscle cells, was prevented by the uncoupler dinitrophenol (0.025–0.25 mM).^{30–32} In 1995, Chi et al. concluded that uncoupling the mitochondria with 4.0 µM carbonyl cyanide-p-chlorophenylhydrazone restored oxidative respiration in rat proximal tubular epithelial cells.²⁸ A critical question, however, is whether the increased uncoupled respiration indicates circumvention of the Crabtree effect because the uncoupled maximal oxygen consumption rates do not contribute to mitochondrial ATP generation.

Miscellaneous strategies

Several indirect strategies (Table 4), such as in vitro supplementation with irisin (which increases the expression of PGC-1α)³³ or hydrogen sulfide (which attenuates hyperglycemia-induced formation of reactive oxygen species),³⁴ have been reported to effectively switch the cellular metabolism from glycolysis to OXPHOS.

Also the addition of L-ascorbic acid 2-phosphate in rabbit renal proximal tubular cells (RPTC), inhibited glycolysis and promoted OXPHOS by stimulating pyruvate utilization in mitochondria.¹⁴ An alternative, molecular approach is based on the premise that autocrine production of TGF-β1 is responsible for the stimulation of glycolysis in long-term cultures of RPTC.³⁵ Indeed, RPTC treated with anti-TGF-β antibodies exhibited decreased glycolytic dominance.³⁵

In contrast to more general approaches to improve oxidative metabolism (i.e. adaptations in medium substrates, or supplementation of specific compounds), an alternate, more holistic strategy was proposed by Felder et al.³⁶ The authors argued that factors as cell proliferation rate,^{37–39} culture medium substrate composition,^{40,41} and hypoxic conditions of the culture method itself^{40,42} might trigger the increased glycolytic phenotype in the renal epithelial LLC-PK1 cell line. On these grounds, the authors developed a cell culture device (EpiFlow) in which continuous nutrient supply is combined with continuous oxygenation. It was reported that this device resulted in a more physiologic metabolism.³⁶

Table 3. Summary of studies aimed at circumventing the Crabtree effect with mitochondrial interventions. CCCP, carbonyl cyanide-p-chlorophenylhydrazone; DMEM, Dulbecco's Modified Eagle Medium; FBS, fetal bovine serum.

Cells	Initial medium	Intervention(-medium)	Incubated or continued	Duration of intervention	Author's key findings	Author - Year
Rat lung cells	Primary isolated cells in Krebs-Ringer bicarbonate buffer.	0.25mM dinitrophenol	Incubated	Not specified	<ul style="list-style-type: none"> ○ “The addition of 5mM glucose decreased respiration rates approximately 20%, suggesting the presence of a Crabtree effect.” ○ “The classical Crabtree effect, glucose-induced depression of oxygen utilization was prevented by 0.25mM dinitrophenol.” 	Ayuso et al. 1973 (30)
Rat heart muscle cells	Isolated heart cells incubated in Krebs-Henseleit saline (5mM glucose) and 6mU/ml insulin.	0.05mM 2,4-dinitrophenol	Incubated	Not specified	<ul style="list-style-type: none"> ○ “Exogenous glucose (plus insulin) decreased oxygen consumption by the cells, providing evidence for the Crabtree effect.” ○ “Oxygen consumption and glucose utilization by the cells were increased greatly by the uncoupler of oxidative phosphorylation, 2,4-dinitrophenol.” 	Farmer et al. 1977 (31)
Rat lung cells	Primary isolated cells* in Krebs-Ringer bicarbonate buffer.	0.25mM dinitrophenol , Krebs-Ringer bicarbonate buffer, defatted bovine serum albumin.	Incubated	± 5 minutes	<ul style="list-style-type: none"> ○ “Uncoupling of respiration from oxidative phosphorylation by dinitrophenol, in agreement with previous studies on neoplastic tissues, released the inhibitory effect of glucose on lung cells respiration.” 	Ayuso-Parrilla et al. 1978 (32)
Rat proximal tubular epithelial cells	DMEM/F-12 (17.5mM glucose), NaHCO ₃ , 5% FBS.	HBSS, 5% FBS, glucose (conc. not specified), 4μM CCCP	Incubated	1 day	<ul style="list-style-type: none"> ○ “Oxidative respiration could be restored by uncoupling mitochondria with CCCP or by inhibition of glycolysis with iodoacetic acid and 2-deoxyglucose which indicates that respiration is inhibited by glycolysis (also known as the Crabtree effect).” 	<p>Chi et al. 1995 (28) <i>(Also in Table 2)</i></p>

Mitochondrial interventions

Table 4. Summary of studies aimed at circumventing the Crabtree effect with miscellaneous interventions. AscP, L-ascorbic acid 2-phosphate; ATP, adenosine triphosphate; DMEM, Dulbecco's Modified Eagle Medium; FBS, fetal bovine serum; G/M, glucose medium ; GFAM, glucose fatty acids medium; HIF1 α , hypoxia-inducible factor 1 α ; hPSC-CMs, human pluripotent stem cell-derived cardiomyocytes; LDH, lactate dehydrogenase; OXPHOS, oxidative phosphorylation; RPTC, renal proximal tubular cells; TCA, tricarboxylic acid cycle; TGF β , transforming growth factor beta.

Cells	Initial medium	Intervention(-medium)	Inculated or continued	Duration of intervention	Author's key findings	Author - Year
Miscellaneous interventions						
Rabbit renal proximal tubular cells	DMEM/F-12 without phenol red and pyruvate, 5mM glucose, 0.44mM L-alanine, 5mM lactate, 15mM NaHCO ₃	25-1,000 μ M L-ascorbic acid 2-phosphate (AscP)	Incubated	6-12 days	<ul style="list-style-type: none"> ○ “AscP reduced glycolysis, increased net lactate consumption by 38%, and stimulated net glucose production by 47%.” ○ Basal O₂ consumption increased by 39% in RPTC grown in the presence of AscP and was equivalent to that in freshly isolated proximal tubules.” ○ “Supplementation of media with AscP further improves RPTC culture conditions by promotion of cellular growth and stimulation of in vivo-like respiration, lactate utilization and net glucose synthesis.” 	Nowak et al. 1996 (14) <i>(Also in Table 1)</i>
Rabbit renal proximal tubular cells	DMEM/F-12 without phenol red and pyruvate, 5mM glucose, 0.44mM L-alanine, 2mM glycine, 5mM lactate, 15mM NaHCO ₃ , (5 μ g/ml anti-TGF β antibodies).	- 5 μ g/ml anti-TGF β antibodies	Continued Incubated	12 days 6 days	<ul style="list-style-type: none"> ○ “TGF-β1 stimulates glycolysis, decreases respiration and, at higher concentrations, induces RPTC apoptosis and phenotypic changes.” ○ “Glycolysis was not stimulated in RPTC grown in the presence of anti-TGF-β antibodies.” ○ “RPTC treated with anti-TGF-β antibodies exhibited decreased glycolysis, and lactate metabolism shifted from net production to net consumption.” 	Nowak et al. 1996 (35)
LLC-PK ₁ cells	DMEM (5mM glucose), 2mM L-glutamine, 2mM pyruvate, 30 μ M phenol red.	EpiFlow cell culture perfusion device: medium perfusion rate of 2ml/hour and air delivery rate of 5-10ml/min.	Incubated	5 days	<ul style="list-style-type: none"> ○ EpiFlow maintained cells exhibited an improved oxidative metabolism as evidenced by 1) a decreased activity of glycolytic enzymes, 2) an increase in the activity of mitochondrial phosphate-dependent-glutaminase, 3) an increase in cellular ATP content, and 4) an improved morphology.” 	Felder et al. 2002 (36)
bEnd3 microvascular endothelial cells	DMEM (5.5M glucose), 2mM glutamine, 1% nonessential amino acids, 10% FBS.	DMEM (5mM or 40mM glucose), 0.300 μ M H ₂ S	Incubated	7 days	<ul style="list-style-type: none"> ○ “In vitro hyperglycemia resulted in a switch from OXPHOS to glycolysis, an effect that was partially corrected by H₂S supplementation.” ○ Treatment of the cells with H₂S resulted in an improvement of mitochondrial respiration, whereas the hyperglycemia-induced increase in the glycolytic activity of the cells was normalized” 	Suzuki et al. 2011 (34)

Cells	Initial medium	Intervention(-medium)	Incubated or continued	Duration of intervention	Author's key findings	Author - Year
Murine C2C12 myocytes	DMEM (25mM glucose), 10% heat inactivated FBS.	0.78 – 50nM Irisin	Incubated	1 day	<ul style="list-style-type: none"> ○ “Basal glycolytic metabolism was reduced following treatment with Irisin at 2.5, 5.0 or 10.0nM for 24 hours.” ○ “Irisin treatment for 24 hours at either 2.5, 5.0 or 10.0nM significantly elevated basal oxidative metabolism by 31.4±3.5, 14.8±0.5 and 8.5±2.3%, respectively.” ○ “The oxidative reliance (represented by the ratio of oxidative metabolism to glycolytic metabolism) was significantly increased in all 24h-treated doses.” ○ “Irisin significantly elevated metabolic gene expression including PGC-1α, NRF1, TEAM, GLUT4 and UCP2/3 leading to increased mitochondrial biogenesis.” 	Vaughan et al. 2014 (33)
Human Pluripotent Stem Cell-Derived Cardiomyocytes (hPSC-CMs)	Glucose medium (GLM) or Glucose fatty acids medium (GFAM). See <i>table 1</i> .	Small molecule inhibition of HIF1α with CTM, or small molecule inhibition of LDHA with GSKA (in GLM or GFAM cultured CMs), siRNA inhibition of HIF1α in GFAM cultured CMs	Incubated Incubated	7 days 96 hours	<ul style="list-style-type: none"> ○ “Small molecule or siRNA inhibition of HIF1α or small molecule inhibition of LDHA results in a metabolic switch from aerobic glycolysis to oxidative phosphorylation, a more mature metabolic phenotype.” 	Hu et al. 2018 (25) <i>(Also in Table 1)</i>

Miscellaneous interventions

A final, molecular approach to promote a switch from glycolysis-dominated to OXPHOS-dominated catabolism was described by Hu et al.²⁵ The authors observed that cardiomyocytes in the presence of glucose (concentration not specified) upregulate hypoxia-inducible factor 1α (HIF1α) and its downstream target LDH-A. Small interference RNA inhibition of HIF1α, as well as small molecule inhibition of HIF1α or LDH-A effectively restored physiologic dependence on OXPHOS (Figure 2).²⁵

Discussion

For decades, cell culture is still a widely used technique, and will also serve as an important technique in the future to study the wide-ranging processes of metabolism. However, the Crabtree phenomenon that arises in cultured cells fundamentally interferes in these studies (i.e. studies focusing on susceptibility of mitochondrial toxicants,^{10,43} mitochondria-related processes,⁹ metabolic flexibility^{1,2} and mitochondrial diseases).⁴⁴ If not taken into account, or even not recognized, this may lead to erroneous interpretations regarding mitochondrial susceptibility (reduced sensitivity to mitochondrial toxicants), the detection of non-existent metabolic shifts, and inappropriate clinical implications. Thus, in order to restore OXPHOS dominance for ATP synthesis, this study provides a comprehensive overview of reported strategies that circumvent the Crabtree effect.

The results of this review show that circumvention of the Crabtree effect—i.e. reverting the cellular metabolism from glycolysis to OXPHOS for ATP generation—is possible. Identified strategies are roughly based on suppression of glycolysis or alternatively on metabolic reprogramming. Suppression of glycolysis is either achieved by direct (e.g. use of glycolytic inhibitors) or indirect (e.g. use of galactose medium) inhibition of the glycolytic pathway. As a consequence, cells are forced to rely on other substrates than glucose that rely on OXPHOS for ATP generation. Alternatively, metabolic reprogramming aims to reprogram cells without excluding the glycolytic pathway. Reported strategies include small molecule or siRNA inhibition of HIF1α, and treatment with anti-TGF-β antibodies. While the large majority of identified reports are based on suppression of glycolysis and substrate modulation, this strategy interferes with the physiologic metabolic flexibility of mammalian cells.

So far, the mechanism of the Crabtree effect by which glucose inhibits OXPHOS remains unexplained and is probably multifactorial.^{10,45,46} A widely accepted hypothesis is that glycolytic enzymes (i.e. phosphoglycerate kinase and pyruvate kinase) in the cytosol and ATP synthase compete for the phosphorylation of the available ADP pool.⁴⁷⁻⁴⁹ According to this competition theory, the high glycolytic flux would result in low cytosolic ADP levels. As a result, the exchange of cytosolic ADP for mitochondrial ATP

across the inner mitochondrial membrane diminishes and regulatory feedback loops (i.e. pyruvate dehydrogenase inhibition by mitochondrial ATP) will be activated. Despite its attractiveness, it is important to point out that *in vivo* the Michaelis constant (K_m) for adenine nucleotide translocator (ANT)—which facilitates the exchange of ADP and ATP across the mitochondrial inner membrane—is approximately 100 times lower than that of glycolytic enzymes.^{48,49} This implies that even under rather extreme conditions, in which the activity of glycolytic enzymes increases, the cytosolic ADP would preferably be transported into the mitochondria.^{48,49}

A further aspect to take into account is that the high glycolytic rates observed in cultured cells reflect the high proliferation rate of cell lines. Glycolytic switching is part of the physiological responses that accompany cell division processes in order to cope with the enhanced energy requirements and to deliver glycolytic intermediates as building blocks for the proliferating cells.⁵⁰ However, if glycolysis increases to meet the metabolic requirements for cellular growth and division, one may ask why pyruvate is converted to lactate, and not transported into the mitochondria for more ATP production. This may be explained by the fact that the high glycolytic flux of proliferating cells exceeds the maximum pyruvate dehydrogenase activity.^{50,51} Another explanation might be that the conversion of pyruvate to lactate regenerates NAD^+ , which is necessary for maintenance of the redox balance and continued glycolytic flux.⁵⁰ Although NADH is also converted into NAD^+ by mitochondrial complex I, this process is kinetically much slower than the conversion from pyruvate to lactate by LDH.⁵⁰

Activation of transcription factor HIF1 α —induced by hypoxic conditions in the cell culture medium—is another proposed aspect that may contribute to the high glycolytic rate in cultured cells. Yet, while shaking culture dishes – to provide an aerobic environment – partially reduces the induction of glycolysis,^{13,52} oxygen tensions in standard culture conditions (140 mmHg) are found to be significantly higher than those in tissues (e.g. kidney 15–70 mmHg, brain 21–47 mmHg and uterus 15–19 mmHg).⁵³ Even in lung alveoli, which have the highest partial pressure of oxygen in the body, oxygen tensions are lower than in standard culture conditions (± 110 mmHg versus 140 mmHg).⁵³ However, as static culture may come with large diffusion gradients—depending on cellular oxygen consumption rates, cell density, medium thickness and barometric pressure—significantly lower oxygen tensions may be present at the cellular level.^{54–56}

Overall, the Crabtree effect can be considered a complex, and probably multifactorial phenomenon involving both external and internal factors. This is also reflected by the wide-ranging reported strategies aimed at circumventing the Crabtree effect. A first series of strategies focuses on the adjustment of external conditions.

The most widely reported ‘external’ strategy to circumvent the Crabtree effect, is replacement of glucose for galactose in the cell culture medium. Phosphorylation of galactose is depending on galactokinase, which is less active and can have an 8-fold slower metabolic rate than hexokinase, the first enzyme in the phosphorylation of glucose.^{21,57} Consequently, as the glycolytic rate with the use of galactose decreases, cells have to rely on alternative routes (e.g. fatty acids or glutamine- driven oxidative metabolism) to maintain adequate ATP levels for cellular survival. Importantly however, although galactose is the most widely reported, and a relatively simple strategy to circumvent the Crabtree effect, it should be stressed that galactokinase kinetics differ among cell types, and some cells are even unable to metabolize galactose at all.^{9,58,59} As such, the use of galactose to achieve mitochondrial dependency can be inconsistent among different cell types. Irrespective of this concern, one should realize that the use of galactose is in fact an indirect means of reducing the cellular glucose flux.

A more direct means of modulating the cellular glucose flux was evaluated by culturing cells in physiologic or low glucose conditions. The Crabtree effect remains clearly present in cells cultured at physiological levels of glucose. And although the passage of glucose through the cell-membrane is often the most rate-limiting step,⁶⁰ it might not be surprising that the Crabtree effect persists at physiological glucose concentrations as the affinity of glucose for GLUTs (with exception of GLUT2, $K_m \pm 20\text{mM}$) is relatively high (GLUT1, $K_m \pm 2\text{mM}$; GLUT3, $K_m 1\text{-}2\text{mM}$; GLUT4, $K_m \pm 5\text{mM}$).⁶¹ Few studies identified a metabolic switch from glycolysis towards OXPHOS in hypoglycemic culture conditions. However, this presumably reflects a state after which all the available glucose is consumed, and cells subsequently consume other substrates that recruit OXPHOS for ATP generation. This notion is supported by Mot et al. and Arend et al. who state that cells in hypoglycemic conditions prefer glycolysis above OXPHOS until glucose is no longer available.^{9,18} Although the K_m for glucose for hexokinase is only 0.05mM ,⁶⁰ the affinity of glucose for the glucose transporters can be assumed to be the limiting factor. In this light, it could be argued that achieving a Crabtree circumventing state requires almost total depletion of glucose from the cell culture medium.

Total depletion of glucose from the cell culture medium requires the inclusion of alternative metabolic fuel sources, and reported alternatives include the use of pyruvate, lactate, glutamine or fatty acids as single metabolic fuels. While this can be considered a feasible way of circumventing the Crabtree effect, it should be stressed that this strategy leads to complete elimination of the glycolytic pathway, and thus interferes with the metabolic flexibility of mammalian cells. This may explain the observed cessation in cell proliferation and differentiation when cells are cultured in the absence of glucose.^{9,27}

An alternative strategy of regulating the glycolytic flux is with use of glycolytic inhibitors. In the context of the Warburg phenomenon many glycolytic inhibitors, targeting various levels of the glycolytic pathway, have been evaluated. So far, the variety of glycolytic inhibitors evaluated in the context of Crabtree is limited, and well-known inhibitors such as 3-bromopyruvate and 3-(3-pyridinyl)-1-(4-pyridinyl)-2-propen-1-one (3PO) are not yet studied. Although these inhibitors would also be effective in limiting the glycolytic flux, one should realize that it results in metabolic inflexibility.

In summary, circumventing the Crabtree effect is possible by adjustment of external culture conditions. Alternatively, few studies focused on internal genetic reprogramming as a strategy to circumvent the Crabtree effect (i.e. inhibition of HIF1 α , anti-TGF- β -antibodies, H2S and irisin). Although these strategies are promising, as it internally changes the setpoints but at the same time preserves the cellular metabolic flexibility, interventions are possible cell specific, reports are heterogenous and external validation is missing.

Conclusions

In conclusion, the Crabtree effect is a major hurdle in cell based, metabolic studies. Circumvention of the Crabtree phenomenon is possible and can be achieved by several strategies. The choice of strategy, however, should be dictated on the scientific question. For research focusing on mitochondria, it is feasible to meet mitochondrial dependence by substrate modulation in which cells are forced to rely on OXPHOS as a result of direct or indirect inhibition of glycolysis. However, the need for persistent inhibition of glycolysis interferes with restoration of normal metabolic flexibility, and would therefore severely impact studies focusing on metabolic flexibility. In this respect, it would be more preferable to use galactose-medium or metabolic reprogramming strategies.

Supplemental data

Materials and methods

The search strategy combined two complementary strategies: a systematic literature search and a citation search.

Systematic literature search

The total number of references identified in PubMed, EMBASE and Web of Science was 481, 210 and 181 respectively.

Literature search:

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Citation search

According to Web of Science ‘Crabtree HG. Observations on the carbohydrate metabolism of tumours. Biochem J. 1929; 23(3): 536–545’ has been cited 610 times from inception to June 2nd, 2020. Of these 610 articles, 378 focused on cultured cells.

Search strategy for Crabtree-citing articles that specifically focus on cultured cells:

ts=(“Cell Culture” OR “cultured cells” OR “cultured cell” OR cultured cells* OR “Cell Culture Technique” OR “cell culture” OR cell cultur* OR “tissue culture” OR “culture medium” OR “Cell Line” OR “3T3 Cells” OR “BALB 3T3 Cells” OR “NIH 3T3 Cells” OR “Swiss 3T3 Cells” OR “3T3-L1 Cells” OR “Cell Lines” OR “COS Cells” OR “HEK293 Cells” OR “RAW 264.7 Cells” OR “A549 Cells” OR “Caco-2 Cells” OR “HCT116 Cells” OR “HeLa Cells” OR “KB Cells” OR “HL-60 Cells” OR “HT29 Cells” OR “Jurkat Cells” OR “K562 Cells” OR

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Acknowledgements

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