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Experiences of neurological surgeons with malpractice lawsuits

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OBJECTIVE As a specialty that treats acute pathology and refractory pain, neurosurgery is at risk for high liability, making the practice of defensive medicine quite common. The extent to which the practice of defensive medicine is linked to experience with malpractice lawsuits remains unclear. The aims of this study were to clarify this by surveying neurosurgeons about the frequency of experiencing medical lawsuits and to show how neurosurgeons reflect on facing such lawsuits.

METHODS A survey consisting of 24 questions was distributed among members of the Congress of Neurological Surgeons. The survey consisted of four parts: 1) demographics of participants; 2) the way malpractice lawsuits affect the way respondents practice medicine; 3) experiences with medical malpractice lawsuits; and 4) the effect of the medical malpractice environment on one's own practice of medicine.

RESULTS There were a total of 490 survey respondents, 83.5% of whom were employed in the US. Of the respondents, 39.5% stated they were frequently or always concerned about being sued, and 77.4% stated their fear had led to a change in how they practice medicine. For 58.4%, this change led to the practice of defensive medicine, while for others it led to more extensive documentation (14.3%) and/or to referring or dropping complex cases (12.4%).

Among the respondents, 80.9% at some time were named in a medical malpractice lawsuit and 12.3% more than 10 times. The main concerns expressed about being sued included losing confidence and practicing defensive medicine (17.8%), personal assets being at risk (16.9%), and being named in the National Practitioner Data Bank (15.6%). Given the medical malpractice environment, 58.7% of respondents considered referring complex patient cases, whereas 36.5% considered leaving the practice of medicine. The fear of being sued (OR 4.06, 95% CI 2.53–6.51) and the consideration of limiting the scope of practice (OR 3.08, 1.80–5.20) were both independently associated with higher odds of considering leaving the practice of medicine.

CONCLUSIONS The current medicolegal landscape has a profound impact on neurosurgical practice. The fear of being sued, the financial aspects of practicing defensive medicine, and the proportion of neurosurgeons who are considering leaving the practice of medicine emphasize the need for a shift in the medicolegal landscape to a system in which fear of being sued does not play a dominant role and the interests of patients are protected.

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KEYWORDS medical lawsuit; liability; medical malpractice

MANY healthcare professionals throughout the world face issues surrounding medical malpractice at some point in their careers. Unfortunately, a number of these cases turn into medical malpractice lawsuits. In particular, specialists working in medical fields at risk for high liability, such as cardiothoracic or vascular surgery and other surgical specialties, may find themselves in a courtroom facing a medical malpractice case.¹ Medical malpractice lawsuits and the medical liability system aim to deter negligence by physicians, compensate patients who are negatively affected by such negligence, and

promote corrective justice.^{2,3} For physicians, these lawsuits are not only costly and time intensive, but also emotionally challenging and often do not serve the purpose intended by the tort system.^{4,5}

A review of the literature shows that malpractice lawsuits may have a profound impact on physicians. Due to fear of legal repercussions, physicians may be more inclined to practice defensive medicine, basing their decisions on legal rather than medical standards.^{6,7} This form of practicing medicine may stimulate physicians to perform unnecessary, additional therapeutic or diagnostic in-

ABBREVIATIONS CNS = Congress of Neurological Surgeons.

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terventions that do not improve the medical condition of the patient (also referred to as positive defensive medicine), or it may cause physicians to refer or refuse difficult cases (also referred to as negative defensive medicine).^{6,8} Moreover, physicians may experience a change in the doctor-patient relationship, now viewing the patient as someone who should be approached with wariness and caution.⁹

As a specialty that treats acute pathology and refractory pain, neurosurgery is at risk for high liability. Because of this, the practice of defensive medicine is quite common.^{8,10,11} Previous research among neurosurgeons in Europe and the US showed that neurosurgeons may practice defensive medicine more frequently when the risk of medical malpractice lawsuits is greater.^{8,12} It is, however, unclear to what extent this is correlated with having faced malpractice suits and to what extent this has influenced their practice of medicine. Therefore, the goals of the current study were to survey the frequency with which neurosurgeons face medical malpractice lawsuits, discover how neurosurgeons reflect on facing lawsuits, and analyze outcomes of faced lawsuits.

Methods

The Survey

Based on the existing literature,^{6,13–15} a questionnaire was developed consisting of 24 questions divided into four main parts:

- 1) Demographics of participants. This section sought the following information: the participant's function in the neurosurgical field, neurosurgical subspecialty, clinical experience in years, country of employment, and costs of medical malpractice insurance, and whether the respondent fears being sued in daily practice.
- 2) The ways that fear of malpractice lawsuits affects how respondents practice medicine and view their patients. This section consisted of three questions regarding whether respondents believed that the risk of being sued has changed the way they practice medicine, in what way respondents' medical practices have changed, and how these changes affect their patients.
- 3) Respondents' personal experiences with medical malpractice lawsuits. This section consisted of 10 questions mainly centered around respondents' experiences with medical malpractice lawsuits, outcomes of these lawsuits, and the amount of time and money respondents spent on these lawsuits.
- 4) Effect of the medical malpractice environment on respondents' personal practice of medicine. This section consisted of five questions regarding whether respondents had considered referring difficult cases, to what extent respondents had limited the scope of offered procedures and services, how they assess the malpractice legal process in their country of origin, and, finally, if they have considered leaving the practice of medicine in its entirety.

Distribution

The member directory of the Congress of Neurological Surgeons (CNS) was queried to identify neurosurgeons and neurosurgeons in training. Of the 9007 entries in the

member directory, 8457 email addresses were available. These email addresses were entered into SurveyMonkey, and in March 2020 CNS members were invited to take the survey. Three reminders were sent to recipients to increase the response rate. The questionnaire was filled out by respondents between March 2020 and May 2020.

Statistical Analysis

Answers to the survey were imported to SPSS for Windows version 24 (IBM Corp.) for analysis purposes. The data were checked for uniformity and adapted where necessary to ensure that an adequate analysis was possible. Valid percentages were used to demonstrate frequencies. For analyzing purposes, a seven-point Likert scale on fear of being sued was dichotomized with "frequently" and "always" in one category and the remaining five options in another. To identify factors related to considering leaving the field of medicine, multivariate logistic regression was used to calculate odds ratios (ORs) with their respective 95% confidence intervals (CIs). Statistical significance was set at $p < 0.05$.

Results

In total, 6115 surveys were sent, of which 3580 were opened by recipients. Eventually, 490 responses were received, leading to a response rate of 8.0%.

Demographics of the Participants

Table 1 provides an overview of respondents' demographics. Most respondents were employed as neurosurgeons (92.2%), while 5.1% were residents. Overall, the respondents had a mean \pm SD clinical experience of 25.1 \pm 12.7 years. Spine (65.5%), neuro-oncology (36.7%), and neurotrauma (36.7%) were the largest subspecialty fields of respondents. The vast majority of respondents (83.5%) were employed in the US (Fig. 1).

When asked about the costs of medical malpractice insurance, 60.8% of respondents were aware of the actual amount of the costs. Almost one-fifth had insurance costs ranging in US currency from \$100,000 to \$500,000, whereas costs exceeded \$500,000 for 8.1%. When asked about the fear of being sued, 39.5% of respondents stated they were frequently or always concerned about the risk of being sued. For 77.4%, fear of being sued had changed the way they practice medicine. Neurosurgeons who were unconcerned by the risk of being sued did not differ in continent of employment, clinical experience, or subspecialization compared with those who were concerned about the risk of being sued.

Way in Which Fear of Malpractice Lawsuits Affected the Way Respondents Practice Medicine and Care for Their Patients

Table 2 shows how fear of being sued had affected medical practice and patient care according to respondents. Most respondents (58.4%) mentioned the practice of defensive medicine, which mainly includes ordering more tests, even if they are not deemed necessary. Extensive documentation while consulting patients (14.3%)

TABLE 1. Demographics of respondents

	No. (%)
No. of respondents	490
Professional function	
Neurosurgeon	452 (92.2)
Neurosurgeon in training	25 (5.1)
Other	13 (2.7)
Specialty*	
Epilepsy	30 (6.1)
Functional	50 (10.2)
General neurosurgery	29 (5.9)
Peripheral nerve	61 (12.4)
Pediatrics	71 (14.5)
Neuro-oncology	180 (36.7)
Neurovascular	103 (21.0)
Neurotrauma	180 (36.7)
Skull base	13 (2.7)
Spine	321 (65.5)
Other	17 (3.5)
Yrs of clinical experience	
≤5	23 (4.7)
6–10	51 (10.4)
11–20	127 (25.9)
>20	289 (59.0)
Continent of employment	
Africa	5 (1.0)
Asia & Oceania	28 (5.7)
Europe	29 (5.9)
North America	422 (86.1)
South America	6 (1.2)
Cost of medical malpractice insurance (n = 298)	
<\$5,000	53 (17.8)
\$5,000–\$10,000	5 (1.7)
\$10,000–\$100,000	158 (53.0)
\$100,000–\$500,000	58 (19.5)
>\$500,000	24 (8.1)
Fear of being sued (n = 456)	
Never think about it	13 (2.9)
Rarely crosses my mind	46 (10.1)
Not very concerned	46 (10.1)
Moderate	54 (11.8)
Occasionally concerned	117 (25.7)
Frequently concerned	84 (18.4)
Always concerned	96 (21.1)
Risk of being sued has changed the way in which I practice medicine (n = 456)	
Yes	353 (77.4)
No	103 (22.6)

* Multiple answers were possible.

and referring or dropping certain complex cases (12.4%) were also frequently mentioned. Of all respondents, 5.9% believed that fear of being sued positively affects patient care, while 18.0% believed that patient care is not affected at all. Most respondents (24.8%), however, mentioned that fear of being sued only results in more costs for both the patient and healthcare in general.

Personal Experience With Medical Malpractice Lawsuits

Considering their entire careers, 80.9% of respondents stated that they had been named in a medical malpractice lawsuit; 25.8% had been involved in one malpractice lawsuit, while 12.3% had been involved in more than 10 lawsuits. The main concerns about being sued are listed in Table 3. Losing confidence and practicing defensive medicine were mentioned most often (17.8%), followed by personal assets being at risk (16.9%) and being named in the National Practitioner Data Bank (15.6%). When asked about the outcome of medical malpractice lawsuits, most frequently responders stated that the lawsuit had been dropped (34.5%) or settled with payout to the plaintiff without going to trial (22.4%). In cases in which there had been a settlement or verdict in court, the payout had exceeded \$1,000,000 according to 15.0% of respondents. Considering all involved lawsuits, 19.2% of respondents believed that the patient deserved compensation. The impact of the medical malpractice environment is shown in Table 4.

Effect of the Medical Malpractice Environment on the Practice of Medicine

Due to the medical malpractice environment, 58.7% of respondents considered referring difficult patient cases, while 61.4% considered limiting the scope of the procedures offered. Overall, 36.5% of respondents considered leaving medical practice due to the legal landscape. Multivariable logistic regression analysis (Table 5) shows that fear of being sued (OR 4.06, 95% CI 2.53–6.51) and considering limiting the scope of medical practice (OR 3.08, 95% CI 1.80–5.20) were both independently associated with higher odds of considering leaving the practice of medicine. Clinical experience longer than 15 years, being employed in the US, and having been named in a malpractice suit at some time were not associated with considering leaving the practice of medicine.

Discussion

The goals of the current study were to determine the proportion of neurosurgeons who had faced medical malpractice lawsuits and to assess how being named in malpractice lawsuits has influenced the practice of medicine. Four hundred ninety members of the CNS responded, mostly neurosurgeons employed in the US. One of five respondents claimed always being concerned about being sued, and for 77.4% this fear led to a change in how respondents practice medicine, mostly a switch to practicing defensive medicine. Due to the medical malpractice environment, more than half of the respondents considered referring complex cases or limiting the scope of procedures offered. Overall, more than one-third of respondents had considered leaving the practice of medicine.

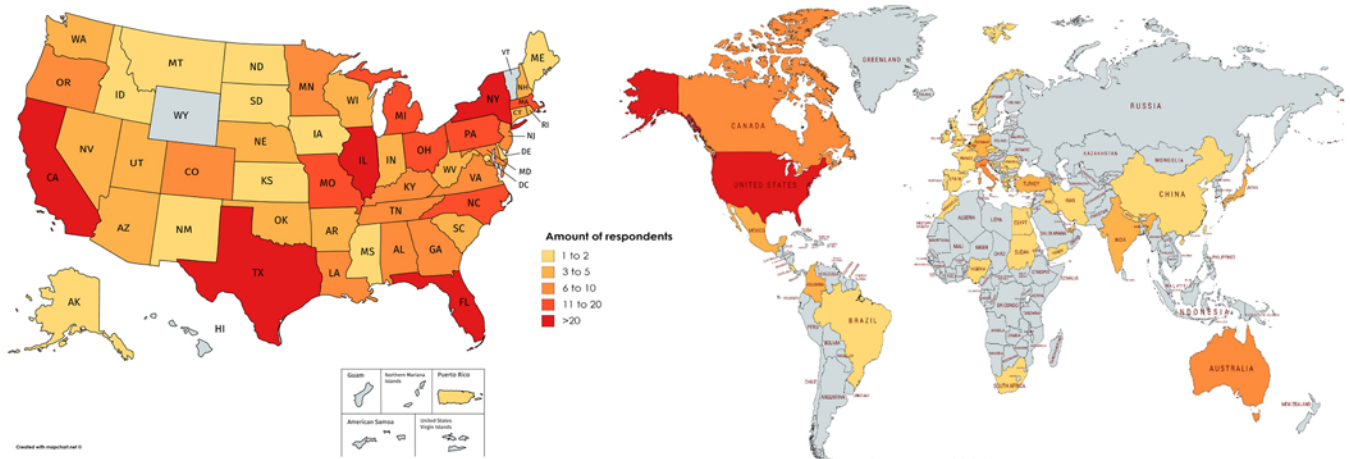


FIG. 1. Geographic overview of respondents' working locations. Created using mapchart.net. CC BY-SA 4.0 (<https://creativecommons.org/licenses/by-sa/4.0/>).

Comparison With Other Studies

The results of prior studies have shown that a switch in practice to defensive medicine after encountering medical malpractice lawsuits is common. Studdert et al. studied the prevalence of defensive medicine among physicians employed in general surgery, neurosurgery, orthopedic surgery, obstetrics-gynecology, and radiology in 2003.⁶ They found a higher rate of physicians practicing defensive medicine (93%) due to the threat of malpractice liability. Of their respondents, 42% had taken steps to restrict their practices, as compared with 61.4% in our study who considered limiting the scope of practice. Similar results were also seen in more recent surveys focused on practicing defensive medicine in the neurosurgical field.^{8,11,12}

In the study by Smith et al., neurosurgeons in the US were 50% more likely to practice defensive medicine in states categorized as high-risk liability environments than in states categorized as low-risk liability environments.¹² Another survey among US neurosurgeons showed that neurosurgeons who mainly practice spine surgery were up to three times more likely to practice defensive medicine than other neurosurgeons.¹¹ In contrast to earlier studies in which neurosurgeons employed in the US had been surveyed, Yan et al. explored defensive medicine behaviors among Dutch neurosurgeons.⁸ Their study showed that Dutch neurosurgeons viewed their practices to be less at risk in general compared to their American colleagues. In our study, we could not identify differences in practicing defensive medicine, the fear of being sued, or considering leaving the practice of medicine between neurosurgeons employed in the US and neurosurgeons employed elsewhere.

In our survey, spinal surgery was the most frequently named specialty involved in medical malpractice lawsuits. In a recent retrospective analysis of malpractice claims filed in a large area of Germany encompassing 10 million inhabitants, cases related to spinal surgery were analyzed.¹⁶ Of the 8381 malpractice claim cases filed between 2012 and 2016 that were reviewed, 340 (4%) were related to patients undergoing spinal surgery. In 89 cases (26.2%), actual treatment errors were found, of which 91.0% re-

sulted in patients' health deterioration. Degenerative disc disease (41.9%), spinal canal stenosis (16%), vertebral body fractures (12.3%), and spondylolisthesis (7.4%) were the most common diagnoses treated in these cases. Aside from misplaced pedicle screws and nerve root injury, surgeon errors also included pressure ulcers, performing more extensive procedures without informed consent, and performing an unsuitable surgical approach for a disc herniation. This finding indicates that noncomplex spinal surgeries, such as laminectomies or discectomies, also carry a high risk of medical liability and that referring complex procedures may not necessarily lead to an actual decrease in the risk of being named in a lawsuit. The results of a retrospective analysis of spine-related malpractice litigation cases in the US are in line with these findings, showing that 37.7% of all spine surgery malpractice cases are related to decompressions.¹⁷

Thomas et al. analyzed 343 cases filed between 1985 and 2015 that were related to medical malpractice and neurosurgery by using a comprehensive database for legal information in the US.¹⁸ Among these cases, most were related to spine procedures (58.0%), which is in line with the experiences of our respondents. In the US database, general neurosurgery (15.8%), cerebrovascular surgery (11.1%), and oncological neurosurgery (7.3%) were other frequently involved subfields. The most common bases of the allegations were procedural errors, failure to treat, and failure to diagnose. Median payout awards for these were \$1,594,577, \$2,000,000, and \$2,100,000, respectively. Thomas et al. also looked at the chronological distribution of cases and showed an increase in the number of cases between 1985 and 2009, followed by a decline in the number of cases up until 2015. From this we may infer the start of a change in the medical landscape.

Possible Solutions

It is clear that the medicolegal landscape has a profound and often severe impact on neurosurgeons with high-risk practices as well as on their patients. Addressing issues of the current medical malpractice environment is therefore

TABLE 2. Frequent answers on ways in which fear of being sued had changed practice and affected patients

	No. (%)
Ways in which medical practice has changed (n = 322)	
No change	11 (3.4)
Practice more defensive medicine by more testing	188 (58.4)
More documentation	46 (14.3)
Drop certain cases/refer certain complex cases	40 (12.4)
Ways in which this affects patients (n = 322)	
Does not affect patients	58 (18.0)
Undergo needless tests & procedures	42 (13.0)
Increased costs	80 (24.8)
Disturbed physician-patient relationship	23 (7.1)
Positively	19 (5.9)
Ways in which medical practice has changed	
"Thinking of how people tend to expect that a perfect result is the norm and anything less than perfect is malpractice, even though this couldn't be further from the truth. There are unrealistic expectations out there and when things don't turn out in their favor, this has the potential to generate a lawsuit. Therefore, I have stressed realistic expectations up front more than I had in the past in order to make a positive change so the expectations are understood as much as possible ahead of time."	
"I started to select patients based on likelihood of being sued. I installed protective programs that minimize a chance of being sued, such as videos of preop visits. This raised my overhead significantly."	
"I have stopped doing high-risk adult deformity surgery. I perform much less surgery now. Every interaction is seen as a potential litigation. Being on call is torture. . . . I no longer enjoy being a neurosurgeon."	
"I treat the patient as a human being first, second as a disease process/challenge and third regardless of anything as a potential plaintiff."	
"Have to practice in constant fear of lawyers and those not trained to be clinicians analyzing every decision."	
Ways in which aforementioned changes affect patients	
"It gives them realistic expectations of what they should expect. Also, gives them liability in their own care. I.e., if they are smokers, obese, DM, opioid dependent, they must understand that 'poor outcomes' are not necessarily due to technical deficiencies from surgery but that they have a role in their own outcome as well."	
"Patients are nearly uniformly adversarial. Expectations are unreasonable. Their Google search holds more weight than my recommendations. Any complication or less than perfect outcome is considered malpractice."	
"There is always a certain lack of trust despite extra efforts to maintain empathy and provide transparency and extensive explanation of their condition and treatment options."	
"They appreciate the honesty and many are surprised to understand the realistic expectations are not what they thought when they came into the office or hospital initially."	
"Usually result in helping patient by patient being better informed and surgeon better equipped not to harm patient."	

DM = diabetic.

Not all answers could be categorized.

important, because it ensures that patients will continue to have access to high-risk care while also protecting the health professional who performs a high-risk procedure. A possible solution is the implementation of a system in which healthcare organizations provide transparent communication with patients in the case of adverse events. Another solution could be the use of informed consent forms.¹⁹ Informed consent, documented or not, however, is limited by the health literacy of the patients undergoing surgery.²⁰ Additionally, healthcare organizations would have to invest in rapid investigation of adverse events and fair compensation for the patient in the case of an adverse event.^{3,21} Such a program would result in a greater number of plaintiffs receiving compensation for cases of true negligence and fewer plaintiffs receiving compensation for

injuries that are not a result of negligence.²² Another possible solution is the implementation of health courts, which consist of disciplinary judges with a medical background. These health courts would be more capable of discerning between adverse effects due to true negligence and adverse effects due to the nature of high-risk procedures.^{10,23}

Strengths and Limitations

This study contains some limitations that have to be acknowledged. First, our method of data collection, by survey, constitutes a retrospective study, and respondents with more recent experiences with medical malpractice lawsuits may be better able to recall relevant events than respondents with less recent experiences. Second, medical malpractice cases can often be emotionally challenging and tough to

TABLE 3. Experience with malpractice suits

	No. (%)
Named in a medical malpractice lawsuit (n = 419)	
Yes	339 (80.9)
No	80 (19.1)
Main concern about being sued (n = 326)	
Reputation among peers	31 (9.5)
Cost of malpractice insurance	38 (11.7)
Personal assets at risk	55 (16.9)
Impact on "inflicted" patient	20 (6.1)
Losing confidence & practicing defensive medicine	58 (17.8)
Impact on the overall healthcare system	33 (10.1)
Being named in the National Practitioner Data Bank	51 (15.6)
Unfavorable publicity in the media	8 (2.5)
Other	32 (9.8)
No. of medical malpractice lawsuits (n = 325)	
1	84 (25.8)
2	71 (21.8)
3	64 (19.7)
4	13 (4.0)
5	25 (7.7)
Other	68 (20.9)
Outcome of medical malpractice lawsuits*	
Lawsuit was dropped	169 (34.5)
Case was settled w/ payout to plaintiff	110 (22.4)
Case was settled w/o payout to plaintiff	21 (4.3)
Case went to trial w/ plaintiff verdict	14 (2.9)
Case went to trial w/ defendant verdict	53 (10.8)
Other	62 (12.7)
Neurosurgical fields involved in medical malpractice lawsuits*	
Functional	13 (2.7)
Peripheral nerve	12 (2.4)
Pediatrics	20 (4.1)
Neuro-oncology	41 (8.4)
Neurovascular	34 (6.9)
Neurotrauma	48 (9.8)
Spine	237 (48.4)
Other	24 (4.9)
Highest payout to plaintiff in case of settlement or verdict (n = 187)	
<\$50,000	26 (13.9)
\$50,000–\$150,000	38 (20.3)
\$150,001–\$300,000	32 (17.1)
\$300,001–\$600,000	25 (13.4)
\$600,001–\$1,000,000	38 (20.3)
>\$1,000,000	28 (15.0)
Did the patient deserve compensation, according to your opinion? (n = 302)	
Yes	58 (19.2)
No	244 (80.8)

CONTINUED IN NEXT COLUMN »

» CONTINUED FROM PREVIOUS COLUMN

TABLE 3. Experience with malpractice suits

	No. (%)
No. of days spent defending medical malpractice lawsuit (n = 278)	
<7	68 (24.5)
7–13	51 (18.3)
14–20	55 (19.8)
21–30	49 (17.6)
30–90	28 (10.1)
90–120	3 (1.1)
>120	24 (8.6)
Personally liable for any associated costs (n = 328)	
Yes	32 (9.8)
No	296 (90.2)
Cost of personal liability (n = 25)	
<\$10,000	9 (36.0)
\$10,000–\$50,000	10 (40.0)
\$50,001–\$75,000	1 (4.0)
\$75,001–\$100,000	2 (8.0)
>\$100,000	3 (12.0)

* Multiple answers were possible. Percentages relate to total respondents.

deal with for involved physicians. Therefore, respondents may have trouble answering the survey questions objectively. Moreover, our survey had a limited response rate of 8.0%, which may negatively impact the quality of our conclusions. On the other hand, a review of the literature seems to indicate that a low response rate does not necessarily impact survey quality and the quality of conclusions that are drawn.²⁴ Furthermore, the literature indicates that

TABLE 4. Impact of medical malpractice environment

	No. (%)
Assessment of malpractice legal process in country of origin (n = 399)	
Heavily weighted to plaintiff	131 (32.8)
Somewhat weighted to plaintiff	149 (37.3)
Fair	55 (13.8)
Somewhat weighted to defendant	48 (12.0)
Heavily weighted to defendant	16 (4.0)
Has considered referring difficult cases (n = 407)	
Yes	239 (58.7)
No	168 (41.3)
Has considered limiting scope of offered procedures & services (n = 399)	
Yes	245 (61.4)
No	154 (38.6)
Considered leaving practice of medicine (n = 400)	
Yes	146 (36.5)
No	254 (63.5)

TABLE 5. Multivariable logistic regression on parameters associated with fear of being sued and considering leaving the practice of medicine

Variable	Considering Leaving the Practice of Medicine	
	OR	95% CI
Clinical experience >15 yrs	0.89	0.52–1.54
Employed in US	1.45	0.73–2.90
Fear of being sued	4.06*	2.53–6.51
Ever been named in a malpractice suit	1.72	0.86–3.46
Considered limiting scope of procedures offered	3.08*	1.80–5.20

* Significant at $p < 0.0001$.

studies with larger response rates do not necessarily have lower levels of nonresponse bias.²⁵ As no demographics of nonresponders were available, no formal nonresponse bias analysis could be conducted. Another limitation might lie in the interpretation of survey answers, which is partly demonstrated in Table 2. Given two open questions, a large variety of answers were received and could only partly be categorized. By demonstrating examples of open answers, we aimed to show the gist of responses to both questions.

Conclusions

The current medicolegal landscape has a profound impact on neurosurgical practice. The fear of being sued, the financial aspects of practicing defensive medicine, and the proportion of neurosurgeons who consider leaving the practice of medicine emphasize the need for a shift in the medicolegal landscape to a system in which the fear of being sued does not play a dominant role and the interests of patients are protected.

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Disclosures

The authors report no conflict of interest concerning the materials or methods used in this study or the findings specified in this paper.

Author Contributions

Conception and design: Gadjradj. Acquisition of data: Gadjradj. Analysis and interpretation of data: Gadjradj, Ghobrial. Drafting the article: Gadjradj, Ghobrial. Critically revising the article: Ghobrial, Harhangi. Reviewed submitted version of manuscript: all authors. Approved the final version of the manuscript on behalf of all authors: Gadjradj. Statistical analysis: Gadjradj, Ghobrial. Administrative/technical/material support: all authors. Study supervision: Harhangi.

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