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Fasting in diabetes treatment (FIT) trial: study protocol for a randomised, controlled, assessor-blinded intervention trial on the effects of intermittent use of a fasting-mimicking diet in patients with type 2 diabetes (vol 20, 94, 2020)

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Citation

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CORRECTION

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Correction to: Fasting in diabetes treatment (FIT) trial: study protocol for a randomised, controlled, assessor-blinded intervention trial on the effects of intermittent use of a fasting-mimicking diet in patients with type 2 diabetes

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Following publication of the original article [1], the authors identified the Table 1 is incorrect. The correct Table 1 is as below, and the original article has been corrected.

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1. van den Burg, et al. Fasting in diabetes treatment (FIT) trial: study protocol for a randomised, controlled, assessor-blinded intervention trial on the effects of intermittent use of a fasting-mimicking diet in patients with type 2 diabetes. *BMC Endocr Disord.* 2020;20:94 <https://doi.org/10.1186/s12902-020-00576-7>.

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Table 1 Example meal plan of the fasting-mimicking diet for study participants

	Day 1	Day 2	Day 3	Day 4	Day 5
Breakfast	Tea	Tea	Tea	Tea	Tea
	Nut bar	Nut bar	Nut bar	Nut bar	Nut bar
	Algal Oil capsule				Algal Oil capsule
Lunch		Tea	Tea	Tea	Tea
	Tomato Soup	Mushroom Soup	Tomato Soup	Vegetable Soup	Tomato Soup
	Olives	Olives	Kale Crackers	Olives	Kale Crackers
	Kale crackers				
	Vitamin capsule	Vitamin capsule	Vitamin capsule	Vitamin capsule	Vitamin capsule
Afternoon	Tea	Tea	Tea	Tea	Tea
	Nut bar	Olives		Olives	
Dinner		Tea	Tea	Tea	Tea
	Minestrone Soup	Quinoa Mix Soup	Minestrone Soup	Quinoa Mix Soup	Minestrone Soup
	Choco crisp bar	Choco crisp bar		Choco crisp bar	
	Vitamin capsule	Vitamin capsule	Vitamin capsule	Vitamin capsule	Vitamin capsule
During the day		Syrup for water flavouring	Syrup for water flavouring	Syrup for water flavouring	Syrup for water flavouring