

Patient-relevant outcomes after kidney transplantation Wang, Y.

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Stellingen behorend bij het proefschrift

Patient-relevant Outcomes after Kidney Transplantation

- Although donor type itself is not an easily modifiable risk factor, clinical management plans
 can be modified to reduce the risk of hospital readmission in patients after kidney
 transplantation with a certain donor type. (This thesis)
- Illness perceptions play an important role in medication non-adherence to immunosuppressive treatment in patients after kidney transplantation, and some illness perceptions seem to have a larger impact than others. (This thesis)
- 3. Health-related quality of life after kidney transplantation could be restored to but not always maintained at the levels reported by the general population or healthy controls. (This thesis)
- 4. Worse symptom experience exerts a negative influence on health-related quality of life by triggering more unhelpful illness perceptions. (This thesis)
- 5. Inviting patients to fill out patient-reported outcome measures is only a very small step in incorporating patients' perspectives into their healthcare. (This thesis)
- 6. A cut-off value of patient-reported outcomes is not always necessary or suitable for clinical decision-making.
- 7. Regular participation of a sufficient and representative patient population is pivotal in mapping patient-reported outcomes after kidney transplantation.
- Non-responders to patient-reported outcome measures may include those in greater need of healthcare support.
- 9. "Nothing about me without me." (V. Billingham, 1998) Achieving patient-centeredness in healthcare needs to put sufficient responsibility on healthcare professionals as well as patients.
- 10. One should not assume that patients just do what is good and necessary for their health.