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### **Citation**

Olie, C. S., Zeijl, R., Abdellaoui, S., Kolk, A., Overbeek, C., Nelissen, R. G. H. H., ... Raz, V. (2021). The metabolic landscape in chronic rotator cuff tear reveals tissue-region-specific signatures. *Journal Of Cachexia, Sarcopenia And Muscle*, 13(11), 532-543.

doi:10.1002/jcsm.12873

Version: Publisher's Version

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**Note:** To cite this publication please use the final published version (if applicable).

# The metabolic landscape in chronic rotator cuff tear reveals tissue-region-specific signatures

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## Abstract

**Background** Degeneration of shoulder muscle tissues often result in tearing, causing pain, disability and loss of independence. Differential muscle involvement patterns have been reported in tears of shoulder muscles, yet the molecules involved in this pathology are poorly understood. The spatial distribution of biomolecules across the affected tissue can be accurately obtained with matrix-assisted laser desorption/ionization mass spectrometry imaging (MALDI-MSI). The goal of this pilot study was to decipher the metabolic landscape across shoulder muscle tissues and to identify signatures of degenerated muscles in chronic conditions.

**Methods** Paired biopsies of two rotator cuff muscles, torn infraspinatus and intact teres minor, together with an intact shoulder muscle, the deltoid, were collected during an open tendon transfer surgery. Five patients, average age  $65.2 \pm 3.8$  years, were selected for spatial metabolic profiling using high-spatial resolution (MALDI-TOF) and high-mass resolution (MALDI-FTICR) MSI in negative or positive ion mode. Metabolic signatures were identified using data-driven analysis. Verifications of spatial localization for selected metabolic signatures were carried out using antibody immunohistology.

**Results** Data-driven analysis revealed major metabolic differences between intact and degenerated regions across all muscles. The area of degenerated regions, encompassed of fat, inflammation and fibrosis, significantly increased in both rotator cuff muscles, teres minor (27.9%) and infraspinatus (22.8%), compared with the deltoid (8.7%). The intact regions were characterized by 49 features, among which lipids were recognized. Several of the identified lipids were specifically enriched in certain myofiber types. Degenerated regions were specifically marked by the presence of 37 features. Heme was the most abundant metabolite in degenerated regions, whereas Heme oxygenase-1 (HO-1), which catabolizes heme, was found in intact regions. Higher HO-1 levels correlated with lower heme accumulation.

**Conclusions** Degenerated regions are distinguished from intact regions by their metabolome profile. A muscle-specific metabolome profile was not identified. The area of tissue degeneration significantly differs between the three examined muscles. Higher HO-1 levels in intact regions concurred with lower heme levels in degenerated regions. Moreover, HO-1 levels discriminated between dysfunctional and functional rotator cuff muscles. Additionally, the enrichment of specific lipids in certain myofiber types suggests that lipid metabolism differs between myofiber types. The signature metabolites can open options to develop personalized treatments for chronic shoulder muscles degeneration.

**Keywords** Rotator cuff tear; MALDI-MSI; Muscle degeneration; Myofiber type

Received: 26 February 2021; Revised: 19 October 2021; Accepted: 29 October 2021

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## Introduction

Musculoskeletal conditions in adults, which are often chronic, cause pain and lead to reduced function.<sup>1,2</sup> Shoulder pathologies are a prominent cause of musculoskeletal disability during adulthood.<sup>3</sup> The shoulder joint is under repetitive biomechanical stress, and thus, the prevalence of shoulder pathologies greatly increases with age.<sup>4</sup>

The importance of the shoulder is stressed by its impact on mobility and functioning of the entire upper extremity including hands. Shoulder motion is carried out by the four rotator cuff (RC) muscles, which consists of the subscapularis, supraspinatus (SSp), infraspinatus (ISp) and the teres minor (Tmi). Together with the deltoid (Del), the RC muscles ensure stability and mobility of the shoulder joint. The SSp tendon is frequently torn in shoulder pathologies, and in the more severe conditions, the ISp tendon is often also torn.<sup>4-6</sup> Tissue pathology in RC tear is characterized by muscle degeneration, which is marked by atrophy and fat infiltration. The extent of age-associated degeneration differs between the shoulder muscles. Atrophy of the SSp and subscapularis starts at younger ages compared with ISp.<sup>7</sup> In contrast, the Tmi is less affected by age.<sup>7</sup> Muscle histology of ISp with a torn tendon confirmed higher degeneration in ISp compared with Tmi or Del.<sup>7</sup> Despite its high prevalence, the molecular landscape in these RC pathologies is not fully discovered.

Studies into differential metabolism have been able to identify biomarkers for diagnosis, prediction or even targets for therapeutic implications for diverse pathologies.<sup>8,9</sup> Importantly, the metabolic state of a tissue can reflect its function.<sup>10</sup> Tissue metabolomics is often performed on bulk extract, which typically does not enable a direct correlation of the identified metabolites with the tissue histology.<sup>11</sup> Matrix-assisted laser desorption/ionization mass spectrometry imaging (MALDI-MSI) allows one to measure metabolites together with their exact spatial localization.<sup>12,13</sup> This procedure can be particularly powerful in musculoskeletal pathologies where the degenerated is predominantly heterogeneous. MALDI-TOF-MSI is generally a faster technology compared with MALDI-FTICR-MSI, enabling high-spatial resolution analysis of larger (series of) tissues. This fast technology comes at the cost of mass resolution and accuracy; therefore, the MALDI-TOF-MSI was complemented with MALDI-FTICR-MSI, which allows accurate mass measurement and thus a more accurate identity assignment of the features. Performing both procedures in positive and negative ion modes enabled the best discovery potential.<sup>12,13</sup> So far, MALDI-MSI studies in healthy skeletal muscles or conditions leading to degeneration were mainly carried out in rodents.<sup>13-18</sup> Yet the link between metabolomic signatures and muscle function could differ between rodents and humans, as muscle biomechanics differ between these organisms.<sup>19</sup> The aim of this pilot study was to decipher the molecular landscape and to identify

molecular signatures to degenerated muscle tissue in chronic conditions by applying spatial metabolomics on human RC muscles.

## Methods

### Sample collection

Muscle biopsies from two RC muscles, ISp and Tmi, and a shoulder muscle, Del, were collected from five patients with a torn ISp pathology during an open tendon transfer surgery. Details of the surgery are described in Henseler *et al.*<sup>20</sup> In all patients, the ISp was torn with a retraction grade larger than 3 cm, whereas the Tmi was not torn.<sup>20</sup> All patients suffered from RC functional deficit, and the open tendon transfer surgery aimed to replace the function of the torn muscle. To prevent complication from unnecessary damage during the surgical procedure, the surgical view was kept to a minimum, allowing a biopsy from ISp, Tmi and Del. Hence, the most often damaged SSp could not be biopsied in this procedure. The biopsies were taken from the muscle belly in the surgical view, and histology staining confirmed the presence of myofibers in the tissue. The biopsies were directly frozen in liquid nitrogen and stored at  $-80^{\circ}\text{C}$ . Muscle biopsies from five patients at similar age were selected for this study (Supporting Information, *Table S1*). Image collection after magnetic resonance imaging with arthrography (MRA) was carried out as previously described.<sup>7</sup> The study was approved by the Medical Ethical Committee of the Leiden University Medical Center, P11.183, and informed consent was obtained from the patients involved.

### Sample preparation

Ten-micrometre thick tissue sections were cut using a cryostat (Leica, Solms, Germany), and sequential sections were thaw-mounted on four indium–tin-oxide (ITO)-coated glass slide (Bruker Daltonics, Bremen, Germany) and stored at  $-80^{\circ}\text{C}$ . In addition, sequential sections for immunofluorescence staining were mounted on Superfrost plus glass slides (Menzel-Gläser, Braunschweig, Germany) and stored at  $-20^{\circ}\text{C}$ . The ITO slides were freeze-dried before applying either *N*-(1-naphthyl)ethylenediamine dihydrochloride [7 mg/mL in solvent A (80% ACN, 10% methanol and 10% MilliQ)] on two ITO slides as MALDI matrix for negative ion mode analyses, or *nor*-harmane (7 mg/mL in solvent A) on the remaining two slides, as MALDI matrix for positive ion mode analyses. Both matrices were applied homogeneously using a SunCollect sprayer (SunChrom, Friedrichsdorf, Germany) with the following settings used for both matrices: gas pressure 35 psi, 13 layers in total (three at

10  $\mu\text{L}/\text{min}$ , followed by three layers at 30  $\mu\text{L}/\text{min}$  and finished by four layers at 40  $\mu\text{L}/\text{min}$ ) were applied at a distance of 20 mm (Z) and a line distance of 1 mm and speed(x)(y) = med(1).

### Mass spectrometry imaging

MALDI-MSI at  $20 \times 20 \mu\text{m}^2$  pixel size was performed in both negative and positive ion modes using a rapifleX MALDI-TOF/TOF mass spectrometer (Bruker Daltonics, Bremen, Germany). Negative ion mode was analysed with the mass range of 100–1000 mass-to-charge ratio ( $m/z$ ), and a total of 1000 shots per pixel were acquired at 10 kHz laser repetition rate.

Data for positive ion mode were acquired with the following settings: mass range 70–1500  $m/z$ , 50 shots per pixel at 5 kHz laser repetition. Data acquisition was performed using the flex-software suite (Bruker Daltonics). High resolving power MALDI-FTICR-MSI was performed at  $70 \times 70 \mu\text{m}^2$  pixel size in both positive and negative ion mode using a 12 T SolariX XR mass spectrometer (Bruker Daltonics). For negative ion mode, the recorded mass range was 100–1000  $m/z$ , and a total of 500 laser shots were recorded per pixel. For positive ion mode: 70–1500  $m/z$ , and a total of 30 laser shots per pixel. Data acquisition was performed using ftmsControl and flexImaging v5.0 software packages (Bruker Daltonics).

Following MALDI-MSI analysis, excess MALDI matrix was removed using 70% ethanol (washed for 5 min two times). The tissue sections were then stained using the Gomori-trichrome staining.<sup>21</sup> In brief, the slides were submerged in haematoxylin for 5 min after which the slide were washed in running water and subsequently stained with trichrome for 10 min. The slides were then briefly washed and dehydrated followed by imaging using a digital IntelliSite Ultra-Fast Scanner (Philips, Eindhoven, The Netherlands). Trichrome-stained images were co-registered with MSI data, and regions of interest (ROIs) of intact muscle fibres or degenerated muscle areas were annotated in flexImaging.

### Matrix-assisted laser desorption analyses

MALDI-TOF-MSI data were imported into SCiLS lab 2016b (Version 4.01.8781, SCiLS Lab/Bruker Daltonics). The overall average spectrum of the data set was used for feature selection in mMass (Version 5.5.0). Peak picking was performed using the following settings: Baseline correction; precision 15 and relative offset 25, Smoothing; method Savitzky–Golay with window size 0.1 and two cycles followed by peak picking using a signal-to-noise ratio greater than nine ( $S/N > 9$ ) with picking height at

78. A list of 312 (negative ion mode) and 203 (positive ion mode)  $m/z$  features was imported back into SCiLS Lab and used for the subsequent analyses. All spectra were root mean square normalized.<sup>22</sup> Discriminative features between different muscles or different ROIs were found using the receiver operating characteristic (ROC) analysis. The ROC analysis was performed on an equal number of random subsets (a third of the total spectra) of spectra to prevent introducing bias towards the larger sized muscles or ROIs (Table S2).<sup>23</sup> To prevent under-sampling, the ROC analysis was performed five times, and only features that had an area under the curve (AUC) of  $\geq 0.85$  or  $\leq 0.15$  for at least 80% of tests were considered ( $0.15 \geq \text{AUC} \geq 0.85$ , ROC presence score  $\geq 80\%$ ). A more accurate  $m/z$  of the discriminative features was then acquired using the MALDI-FTICR-MSI data, which was analysed separately from the MALDI-TOF. The data of both the MALDI-TOF and MALDI-FTICR systems were calibrated to the same external calibration standard (red phosphorus). The total distributions were also taken into account for matching the FTICR spectra to the TOF. Subsequently, the FTICR peaks within the peak width of the TOF-peaks were considered common/shared. Features that were not found in the MALDI-FTICR data were not included for identity assignment, which was done based on mass matching against the human metabolome database 4.0.<sup>24</sup> The identification search was performed for negative ion mode, using  $M - H^-$  as adduct type and a molecular weight tolerance of  $\pm 0.01$  Da. For the positive ion mode, the following adduct types were included  $M + H^+$ ,  $M + Na^+$  and  $M + K^+$  with a  $\pm 0.05$  Da of mass tolerance. Spatial segmentation was performed on the complete list of 312 features (MALDI-MSI TOF, negative ion mode), using the bisecting  $K$ -means method with the following parameters: Metric: correlation distance, Denoising: weak, and a minimal interval width of  $\pm 0.1$  Da. Correlation matrices of the region-specific features were created using a hierarchical clustering analysis.

### Immunofluorescence

Immunohistochemistry was carried out on sequential sections. Slides were air-dried for 30 min, followed by 30 min blocking using 5% milk in PBST. Subsequently, primary and secondary antibodies were incubated as detailed in Table S3. All sections were then mounted with Aqua Polymount. Imaging of the entire muscle was carried out with the Arrayscan VTI HCA, Cellomics (Thermo Fisher Scientific), and image stitching was carried out with the HCA software V6.6.1. Imaging of selected regions was carried out with the Leica DM5500 using the Leica LAS X software v.3.7.2.22383.

## Results

Spatial metabolomics offers important insights in the molecular landscape of tissues. In this study, robust mass spectrometry imaging was used to elucidate the spatial metabolome in RC muscles with a torn ISp pathology. The patients included in this study had all torn ISp, intact Tmi and were in their 60s (mean  $65.2 \pm 3.8$  years old), without a gender preference (Table S1). Because age is a covariant in RC pathology, we selected patients with a similar age range,<sup>4</sup> minimizing the possibility of finding age-associated changes. The Del, an unaffected shoulder muscle, was accessible in the surgical field and a biopsy was taken for a comparison. Muscle degeneration was assessed from MRA images using the Goutallier score, estimating fat accumulation. Consistent with previous studies,<sup>7,25</sup> in all patients both the Goutallier score, and lipid droplet accumulation were higher in ISp compared with Tmi and Del (Figures 1A and S1A).

After confirming tissue quality using histological staining, cross-sections were subjected to MALDI-MSI analyses and subsequently stained to link the metabolic landscape with the tissue histopathology (Figures 1B and S1B). Next, a protocol with two MALDI-MSI procedures was set up to find metabolites that were associated with muscle involvement in RC tear pathology. Both MALDI-TOF-MSI and MALDI-FTICR-MSI procedures were carried out in positive and negative ion mode, enabling the best discovery potential. Only features that passed the cut-off criteria of  $S/N > 9$  were considered. In total, 312 or 203 features for negative or positive ion mode respectively were included (Table S4).

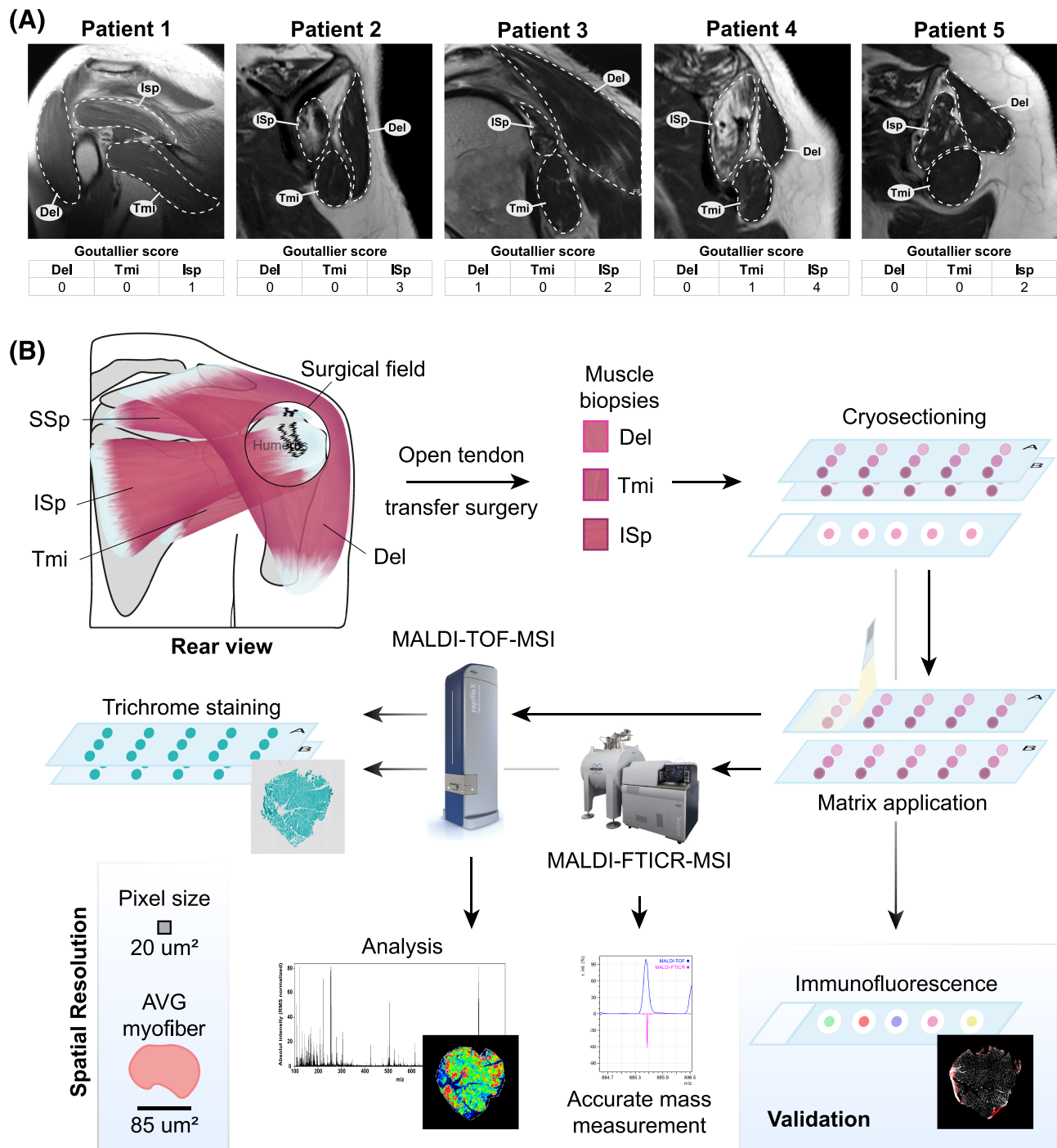
Potential molecular differences between the three muscles were assessed using a supervised analysis (schematically displayed in Figure 2A, i). The average spectra showed similar intensities across the three muscle groups (Figure S2A and S2B), and a muscle-specific molecular enrichment or depletion was not found between muscles (Figure 2B–2C). This suggests that the metabolic profile is predominantly similar between Del, Tmi and ISp. Subsequently, an unsupervised, data-driven, analysis was applied to find regions with molecular similarities (schematically displayed in Figure 2A, ii). The spatial segmentation revealed three prominent clusters that dispersed across all samples (Figure 2D and Table S2). The average spectra of Clusters 1 and 2 showed opposite peak intensities (Figure 2E). In contrast to Clusters 1 and 2, the third cluster contained mainly features with lower masses, among which masses that corresponded to the MALDI matrix (Figure 2D). Therefore, Cluster 3 was not considered for further analyses. Strikingly, the clusters' relative area significantly differed between muscle groups (Figure 2F). The relative average area of Cluster 1 was higher in Del compared with ISp or Tmi (91.3% vs. 72.1% or 77.2%, respectively; Figure 2F). In contrast, the average area of Cluster 2 was proportionally larger in Tmi (27.9%) or ISp (22.8%) compared with Del (8.7%) (Figure 2F). The spatial localization of Cluster

1 overlapped with regions showing intact myofibers, whereas Cluster 2 overlapped with regions showing fibrosis and fat, representing degenerated tissue (Figure S1B). Comparison of the average spectra of intact and degenerated tissue showed clear differences in abundances of various features (Figures 3A, S2C and S2D). Discriminative analysis for the negative ion mode resulted in 14 and 28 features that were specific to intact or degenerated regions, respectively (Figure 3B). In positive ion mode, 35 and 9 features were found for intact or degenerated regions (Figure 3C). To identify subgroups of spatially correlated molecular features, a Pearson correlation between spatial distribution of the region-specific features was assessed. The correlation matrices showed that within the two previously defined clusters, subclusters were present (Figure 3D–3E). Those subcluster represented specific areas in the muscles (Figure 3F). Features that were not localized to annotated regions were excluded.

MALDI-FTICR-MSI was then used to accurately assess the masses of the region-specific features. Most features were detected with both mass spectrometers (Figure S4A), and their spatial localization was comparable with the MALDI-MSI-TOF (Figure S4B and S4C). The accurate mass of the region-specific features was then assigned to metabolites (Table S5). Intact myofibers were enriched by a variety of lipids and robustly expressed ATP (506.01  $m/z$ ) and ADP (426.03  $m/z$ ) among other metabolites (Table S5). In contrast, heme and hemin were the most abundant metabolites that were exclusively found in degenerated regions (Table S5).

Heme is mainly catabolized by Heme oxygenase-1 (HO-1), and the expression of HO-1 has been suggested to play a role in tissue degeneration.<sup>26</sup> Therefore, a link between the spatial localization of HO-1 and heme was assessed in degenerated RC muscles. Contrary to heme, HO-1 signal was found within intact regions (Figure 4A and 4B). In the severely affected ISp muscles, HO-1 signal was higher compared with the less affected muscles, Del or Tmi (Figure 4C). In contrast, heme average levels were lower in ISp compared with Del or Tmi (Figure 4D). A significant negative correlation ( $r = -0.52$ ) was found between HO-1 signal and heme accumulation (Figure 4E).

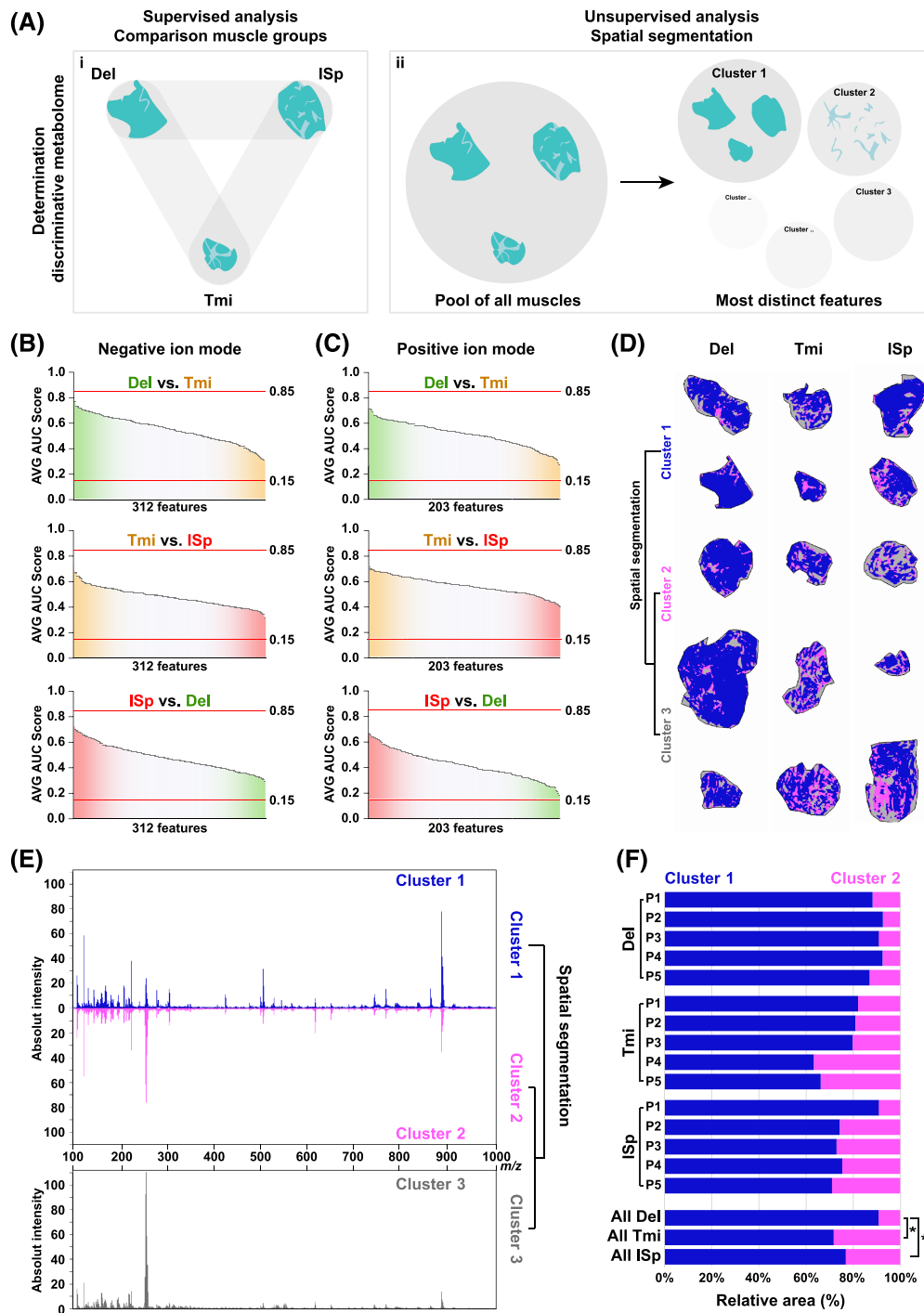
Intact regions are marked by the presence of myofibers, which can be recognized by the expression of myosin heavy chain isoforms (MyHC)-2X, 2A and type-1.<sup>27</sup> To assess whether myofiber types were enriched with specific metabolites, a supervised approach was employed (Figure 5A). Myofibers positive or negative for MyHC-2A were assigned by eye (Figure 5B). With the negative ion mode, 30 features were found as specifically associated with type-2A-positive or type-2A-negative regions (Figure 5C and Table S6). The positive ion mode analysis resulted in 36 features, of which all were enriched in type-2A-negative regions (Figure 5D and Table S6). The identified lipids had a



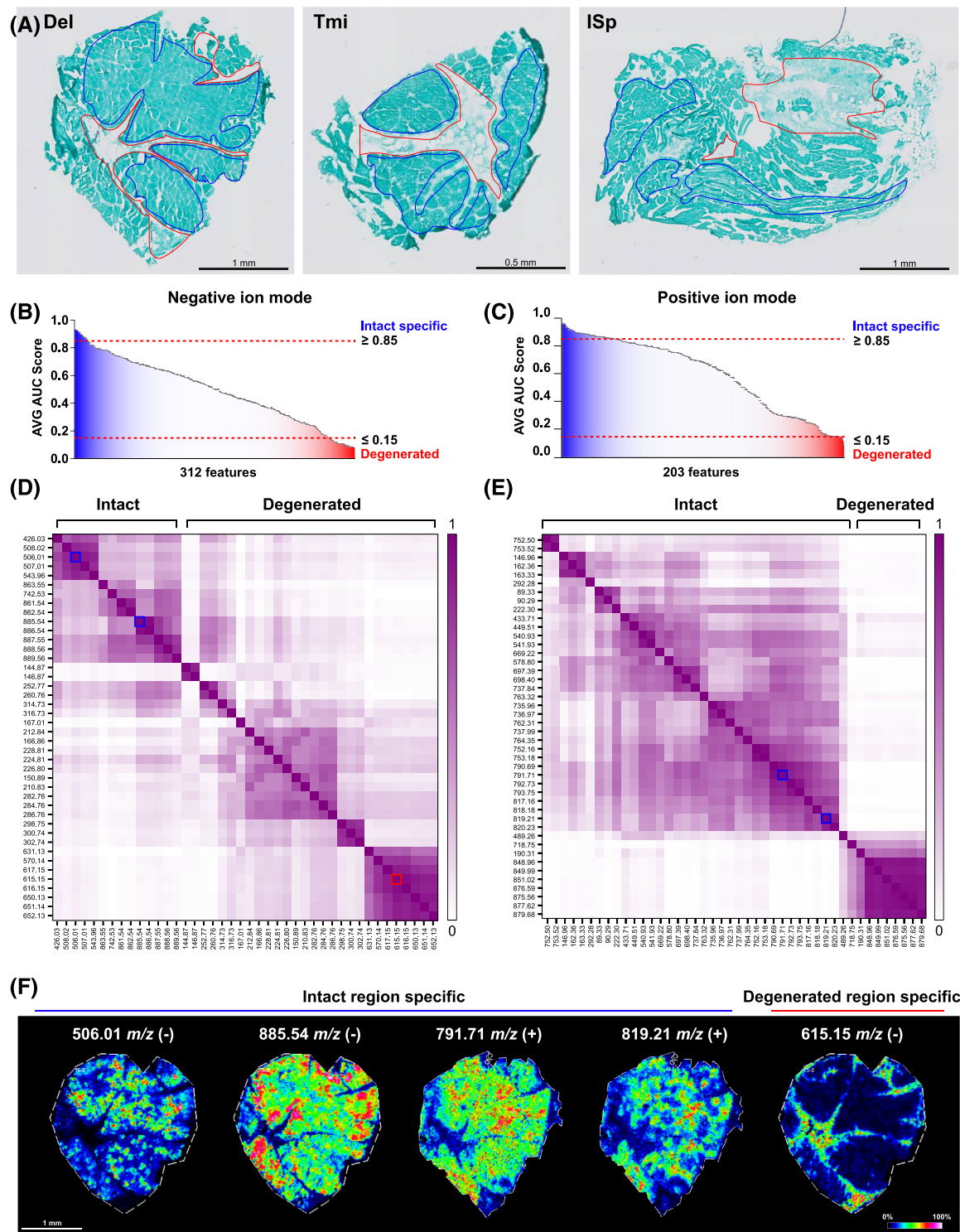
**Figure 1** Schematic overview of the study workflow. (A). Images of magnetic resonance imaging with arthrography of the shoulder muscles from the same patients whose muscle biopsies were used for MSI. The Del, Tmi and Isp regions are encircled with a dashed line. Goutallier score estimates fat accumulation in the respective muscles. (B). A rear schematic view of the diseased shoulder. Encircled is the surgical field with torn tendons that are located under the Del. Biopsies were taken from Del, Tmi and Isp close to the torn location during an open rotator cuff tendon transfer surgery. Sequential cryosections were scanned and analysed by both high-spatial resolution (MALDI-TOF) and high-mass resolution (MALDI-FTICR) MSI in negative and positive ion mode and subsequently were Gomori-trichrome stained. Validation studies of MSI analyses were carried out on sequential sections.

strong spatial association with MyHC-2A-positive or MyHC-2A-negative myofibers (Figure 5E). Therefore, the different groups of lipids were analysed. MyHC-2A-negative

myofibers had only four features identified to different lipids compared with 16 features in MyHC-2A-positive regions (Table S7).

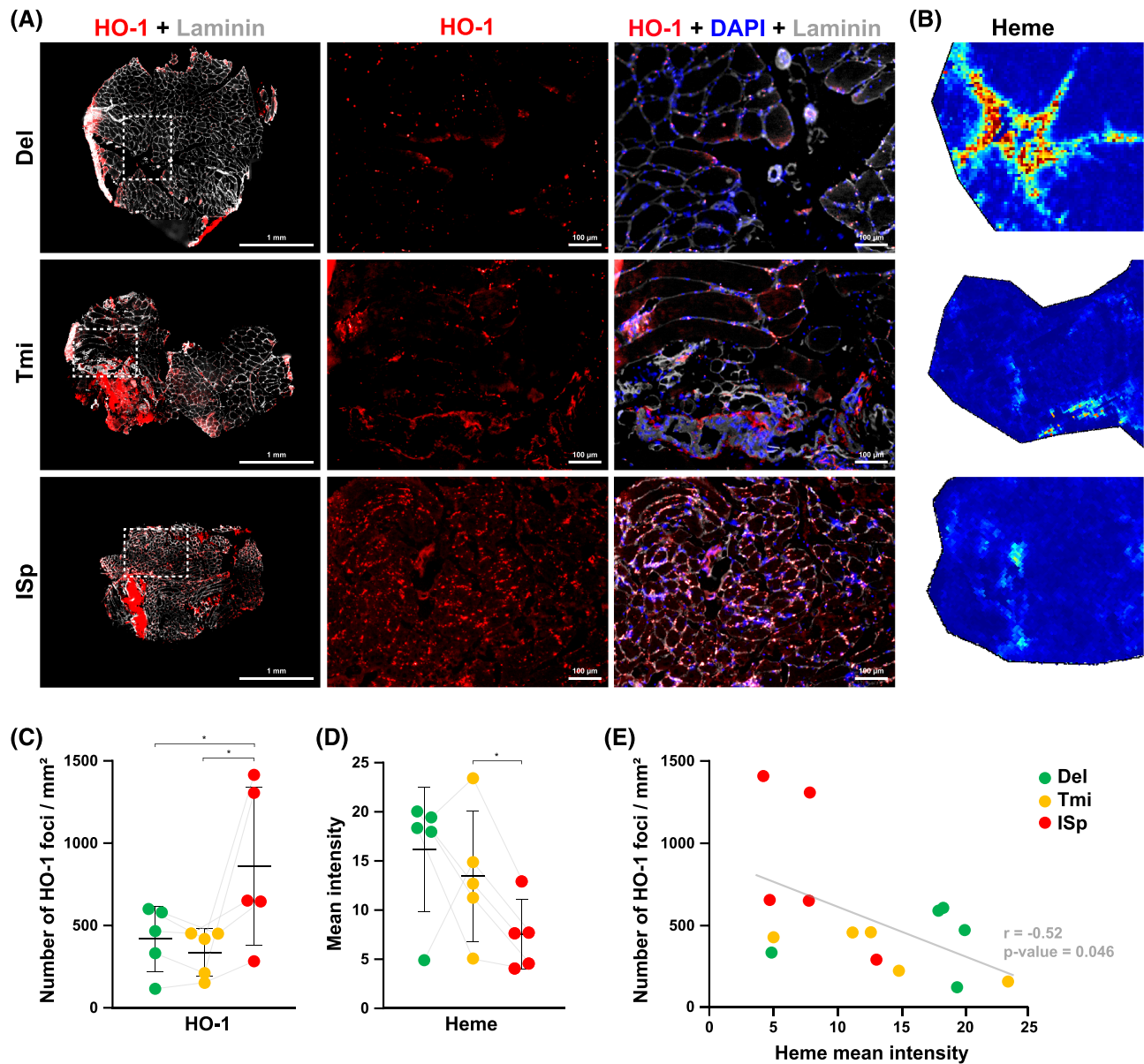


**Figure 2** Spatial segmentation shows prominent differences between three clusters but not between muscles. (A) Cartoon shows the two different approaches for finding discriminative metabolites. (i) Supervised comparison assessed differences between muscle groups; results are presented in panels (B)–(C). (ii) Unsupervised analysis using spatial segmentation. The corresponding results are presented in panels (D)–(F). (B–C) An ROC analysis comparing every two-muscle combination (Del vs. Tmi, Tmi vs. ISp and ISp vs. Del) for negative and positive ion modes (panels C and D respectively). Graphs show the average AUC ( $n = 5$ ) score with standard deviation for all used features. Average AUC score cut-offs at 0.15 and 0.85 are depicted with a red line. Analysis was performed on 312 or 212 features ( $S/N > 9$ ) for negative or positive ion mode, respectively. (D) A spatial representation of the spatial segmentation in all Del, Tmi and ISp muscles ( $n = 15$ ). Intact regions are depicted in blue, degenerated regions in pink and MALDI matrix in grey. (E) RMS-normalized average MALDI-TOF-MSI spectra plots specific to the blue (intact region), pink (degenerated region) or grey (MALDI matrix) clusters, as depicted in panel (D). (F). Bar chart shows the relative area of Clusters 1 and 2, per muscle per patient. The lower bar chart shows the average proportions of the two clusters per muscle. A pair  $t$ -test was used to assess the significance ( $P < 0.05 = *$ ) between area between muscles. AUC, under the curve.



**Figure 3** The mass spectra differ between intact and degenerated regions. (A) Manual annotation of intact (blue) or degenerated (red) regions in trichrome-stained samples are shown for representative Del, Tmi and ISp. (B–C) ROC analysis for the intact muscle regions vs. degenerated muscle regions comparison for negative (B) and positive ion (C) mode MALDI-MSI. AVG AUC scores of  $\geq 0.85$  are considered to be intact muscle-specific features (presented in dark blue) and AVG AUC score  $\leq 0.15$  are degenerated muscle-specific features (presented in dark red). (D–E) Heatmaps of Pearson correlation matrix of the region-specific features between intact and degenerated regions. Panel (D) is negative mode ( $n = 42$ ); panel (E) is positive mode ( $n = 48$ ). Five features are highlighted as examples with blue (intact) or red (degenerated) lines. (F) Images show spatial distribution of four intact (indicated with blue line) and one degenerated (red line) enriched features in a representative muscle. AUC, under the curve.



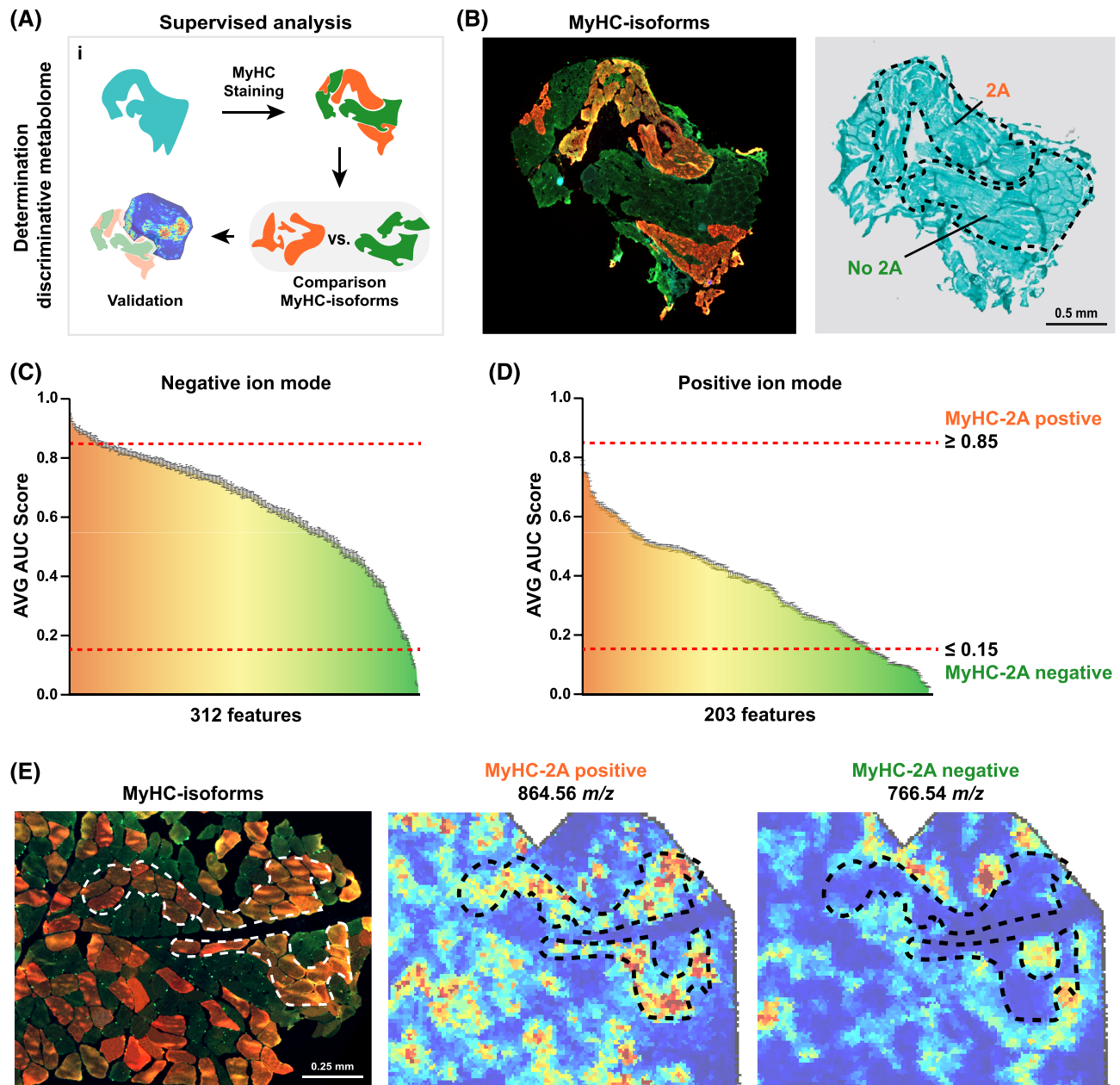


**Figure 4** Heme accumulation does not complement with Heme oxygenase-1 localization. (A). Representative images show Heme oxygenase 1 (HO-1, red) and laminin (grey) in Del, Tmi and ISp. Scale bar is 1 mm. A magnification of the white dashed squares is shown for HO-1 alone (middle column) or an overlay of HO-1, laminin and a nuclear counterstaining in blue (Dapi) (right column). Scale bar is 100 μm. (B) Images show heme distribution in the respective dashed square region. (C) Dot plot shows the number of HO-1 foci per area of the muscle. (D) Dot plot shows mean intensity of heme in the heme positive regions. (E). Scatter plot shows number of HO-1 foci/mm<sup>2</sup> vs. the heme mean intensity. A linear regression is indicated with the grey line. Significance was assessed using the Pearson correlation. For panels (C)–(E), Del = green, Tmi = yellow and ISp = red. For panels (C) and (D); transparent lines indicate paired muscles. Significance, indicated with \*, was assessed with a paired ratio *t*-test.

## Discussion

This pilot study shows the first effort to elucidate the spatial metabolic landscape across different human skeletal muscles. Previous clinical studies showed that ISp is more affected by RC tear compared with Tmi and the adjacent Del muscle.<sup>7</sup> On the basis of those observations, we investigated whether metabolites or lipids could discriminate between the torn and

intact muscles. In this study, metabolites or lipids that could discriminate between shoulder muscles were not found. Instead, this study showed that the spatial occupation of compounds specific to intact or degenerated regions differed between muscles. In agreement with MRA analysis of RC pathologies showing that the ISp is more affected compared with Del,<sup>7</sup> metabolic spatial clustering showed higher proportions of intact regions in Del compared with ISp. MRA analysis



**Figure 5** Spatial distribution of myofiber-isotype-specific features. (A) Cartoon presents the applied workflow. Tissue sections were first stained for MyHC-isoforms, which was sequentially used to annotate the different MyHC-isoforms. Next, a comparison between the MyHC-2A-positive and MyHC-2A-negative myofibers was performed to identify MyHC-isoform-specific features, which was followed by validation. (B) An example of myofiber type regions and the corresponding Trichome staining (right panel). MyHC-2A-positive or MyHC-2A-negative regions are gated with dashed lines. Scale bar is 0.5 mm. (C)–(D). ROC analysis for the comparison of MyHC-2A-positive vs. MyHC-2A-negative myofibers for negative and positive ion mode, panels (C) and (D), respectively. Features with AVG AUC score of  $\geq 0.85$  are considered to be MyHC-2A specific (presented in dark orange) and AVG AUC score  $\leq 0.15$  are specific to other MyHC-isotypes (presented in dark green). Features that are coloured yellow could be hybrid specific. (E) Immunofluorescence image shows a merged image of MyHC type-1 in blue, type-2X in green and type-2A in red. Spatial distributions of 864.56 and 766.54  $m/z$  show a MyHC-2A-independent or MyHC-2A-dependent expression in an example muscle. Dashed lines indicate MyHC-2A-positive regions.

showed only limited fat infiltration in Tmi compared with Isp (Figure 1A),<sup>7</sup> but in the muscle biopsies from both muscles, the degenerated regions were equally abundant. In contrast to the MRA, where the entire muscles phenotype is assessed,

the biopsies are local, and all were taken from the same surgical view. Thus, the biopsies may not necessarily represent the entire muscle. This is a known limitation in histological approaches.

Despite the unchanged metabolome between dysfunctional ISp and functional Tmi, HO-1 levels were high in the ISp and lower in the Tmi. HO-1 signal was higher in intact regions and was lower in degenerated regions. In non-muscle wounded and degenerated tissues, HO-1 plays a role in cellular protection against oxidative stress.<sup>28-30</sup> Enhanced oxidative capacity is beneficial for skeletal muscle function and protects against pathologies, such as aging and myopathies.<sup>31</sup> The accumulation of HO-1 in the dysfunctional ISp could suggest cellular protection against oxidative stress in the torn muscle. In agreement, muscle disuse in mice leads to elevated HO-1 expression.<sup>32</sup> Also in cardiac dysfunction conditions, HO-1 levels increased and upon mechanical support for cardiac cells HO-1 levels reduced again.<sup>33</sup> It is possible that oxidative stress accumulates in dysfunctional muscle, but not in functional muscle. In addition, a striking negative correlation between heme and HO-1 levels was found across all 15 samples. Heme is highly associated with inflammation, and higher inflammation was reported in mice lacking HO-1.<sup>34-36</sup> This suggests that heme localization was counteracted by an increased HO-1 presence. Yet it remains for future studies to unravel the mechanism regulating HO-1 accumulation in ISp and the potential benefits for tissue regeneration. A potential approach could be to compare disused or damaged muscles in presence or absence in HO-1 with used or again healed muscles. The ratio of heme and HO-1 levels could potentially be a marker for muscle degeneration.

Muscle degeneration is often associated with a disturbance in lipid metabolism.<sup>37-40</sup> Our study showed that intact myofibers were highly enriched in lipids, of which, various lipids were specifically enriched in MyHC-2A-negative myofibers. Different forms of PC lipids detected with MALDI-MSI were reported to be MyHC-isoform specific.<sup>15,41</sup> The limitation of the MALDI-MSI the ability to identify the exact lipid conformation.<sup>42</sup> To elucidate the exact role of lipids in myofibers, one should use other techniques that are more suitable for determining the tissue lipidome.<sup>43</sup> In addition, a technical limitation that could also play a role in detecting muscle-specific molecules is the molecular depth obtained with MALDI-MSI. Other techniques, such as laser capture microdissection mass spectrometry, can reach higher molecular depths but often lack the spatial resolution to assess myofiber-specific enrichment.<sup>44</sup>

In summary, this pilot study presents a high-resolution spatial metabolome in shoulder muscles that successfully discriminates between intact and degenerated tissue. A limitation of this study is the low number of included patients. It is possible that muscle-specific molecules could be found with a higher number of patients. The study design allowed statistical paired analysis that overcomes potential inter-patient variability. Muscle degeneration in the shoulder muscles is age associated, and to minimize variations between patients, we performed this pilot study on a small age group (average 65 years old). The observations reported here are related to

this age (middle-aged adults) and not for younger or older patients. Most significant, the area of degenerated regions increased in the more severely affected muscle compared with the adjacent Del muscle. We suggest that specific lipids can discriminate between myofiber types. Further research is therefore needed to illuminate the role of the MyHC-isoform associated lipids. Finally, heme characterized the degenerated regions, which in the severely affected muscles was counteracted by increased HO-1 presence.

## Acknowledgements

This study was funded by AFM-Telethon 22506 to V.R.

## Online supplementary material

Additional supporting information may be found online in the Supporting Information section at the end of the article.

**Figure S1.** Histological staining indicates infraspinatus as most affected. A. Lipid droplet staining is depicted in red and nuclei are counterstained with DAPI. An overlay with bright-light differential interference contrast (DIC) shows the muscle histology. B. Gomori-Trichrome staining of Del, Tmi and ISp muscles from five patients. Scale bar is 1 mm.

**Figure S2.** Mass spectra of Del, Tmi and ISp muscles. A-B. RMS-normalized average MALDI-TOF-MSI spectra specific to Del, Tmi and ISp. C-D. RMS-normalized average MALDI-TOF-MSI spectra specific to intact and degenerated regions. Panels A and C are obtained using negative ion mode and panels B and D are of the positive ion mode.

**Figure S3.** MALDI-FTICR mass spectrometry validates the MALDI-TOF mass spectrometry. A. Comparison of the MALDI-TOF (depicted in black) and MALDI-FTICR (depicted in purple) spectra for negative and positive ion mode. B. Two representative  $m/z$  features are depicted as examples. The spectra show smaller peaks indicating higher mass accuracy. The MSI images show a similar spatial distribution between the two mass spectrometers. MALDI-FTICR MSI images were recorded with a pixel size of  $70 \times 70 \mu\text{m}^2$  and MALDI-TOF MSI with  $20 \times 20 \mu\text{m}^2$ . C. Spatial distributions of Heme and PGP(38:0) presented for all muscles ( $n = 15$ ) in MALDI-TOF (annotated in black) and MALDI-FTICR (annotated in purple).

**Table S1.** Patient information.

**Table S2.** Number of spectra detected across different muscles.

**Table S3.** Antibodies used for immunofluorescence.

**Table S4.** Intensities all 312 and 203 features detected with negative and positive ion mode, respectively ( $S/N > 0.9$ ).

**Table S5.** Region-specific features detected with negative and positive ion mode.

**Table S6.** MyHC-isoform specific features detected with negative and positive ion mode.

**Table S7.** MyHC-isoform specific lipids.

## Conflict of interest

All authors declare no conflict of interest.

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