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The Netherlands

The path to individualised breast cancer screening

Lakeman, I.M.M.

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CHAPTER 3

3

Clinical applicability of the Polygenic Risk Score for breast cancer risk prediction in familial cases

Inge M.M. Lakeman, Mar Rodriguez-Girondo, Andrew Lee, Nandi Celosse, Merel Braspenning, K. van Engelen, I. van de Beek, A.H. van der Hout, E. Gomez Garcia, A. Mensenkamp, M.G.E.M. Ausems, Maartje Hooning, Muriel A. Adank, Antoinette Hollestelle, Marjanka K. Schmidt, Christi J. van Asperen, and Peter Devilee

Abstract

Background: Common low-risk variants are presently not used to guide clinical management of familial breast cancer (BC). We explored the additive impact of a 313-variant-based Polygenic Risk Score (PRS₃₁₃) relative to standard gene-testing in non-*BRCA1/2* Dutch BC families.

Methods: We included 3,918 BC cases from 3,492 Dutch non-*BRCA1/2* BC families and 3,474 Dutch population controls. The association of the standardised PRS₃₁₃ with BC was estimated using a logistic regression model, adjusted for pedigree-based family history. Family history of controls was imputed for this analysis. Standard errors were corrected to account for relatedness of individuals. Using BOADICEA model version 5, lifetime risks were retrospectively calculated with and without individual PRS₃₁₃. For 2,586 cases and 2,584 controls, carrier status of pathogenic variants (PVs) in *ATM*, *CHEK2*, and *PALB2* was known.

Results: The family history adjusted PRS₃₁₃ was significantly associated with BC (per SD OR=1.97, 95%CI[1.84-2.11]). Including the PRS₃₁₃ in BOADICEA family-based risk prediction would have changed screening recommendations in up to 27%, 36%, and 34% of the cases according to BC screening guidelines from the USA, UK and the Netherlands (NCCN, NICE, and IKNL), respectively. For the population controls, without information on family history, this was up to 39%, 44%, and 58%, respectively. Among carriers of PVs in known moderate BC susceptibility genes, the PRS₃₁₃ had the largest impact for *CHEK2* and *ATM*.

Conclusions: Our results support the application of the PRS₃₁₃ in risk prediction for genetically uninformative BC families and families with a PV in moderate BC risk genes.

Introduction

Breast cancer (BC) is the most common cancer among women¹. Current screening strategies to reduce the burden of the disease have several disadvantages, including overdiagnosis². By taking into account all relevant risk factors, personalised estimation of BC risk could help to target preventive measures to those who would benefit the most and to reduce screening for women in the lowest risk categories.

One of the main BC risk factors is having a positive family history of the disease³. The familial relative risk of ~2 is partly explained by germline pathogenic variants (PVs) in the BC susceptibility genes *BRCA1/2*, *PALB2*, *ATM* and *CHEK2*. Furthermore, another important part is explained by common low-risk variants^{4, 5}, which, if summarised in a Polygenic Risk Score (PRS), are useful for stratifying the population into different risk categories^{5, 6}. A similar stratification of BC risk by the PRS is observed in the familial setting⁷⁻¹⁰, providing an opportunity to personalising risk and clinical management for women from BC families who are seen at clinical genetic services. Furthermore, the PRS can be useful in refining risk for women carrying a PV in *BRCA1/2*, *PALB2*, *CHEK2*, or *ATM*¹¹⁻¹⁴. However, using the PRS for risk prediction is not yet implemented in the practice of genetic counselling for familial BC in the Netherlands.

Currently, risk prediction for women from non-*BRCA1/2* BC families is mainly based on family history, which can be calculated by various risk prediction algorithms¹⁵, such as the Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm (BOADICEA)¹⁶. Several studies have shown an improved discriminative power between BC cases and controls by combining the PRS with other risk factors in a BC risk prediction tool¹⁷⁻²⁰. Previously, we showed that in a selected group of high risk non-*BRCA1/2* BC families, a 161-variant PRS alone would have led 20% of the women to receive different screening recommendations based on the Dutch screening guideline (Netherlands Comprehensive Cancer Organisation guideline (IKNL))²¹. Currently, the most predictive PRS, based on 313 variants (PRS₃₁₃)⁵, is incorporated in the validated, comprehensive risk prediction model BOADICEA¹⁶ that was recently made easily accessible for clinicians through the CanRisk webtool²².

Here, we explore the clinical applicability of the PRS₃₁₃ for risk prediction in a new cohort of 3,918 familial Dutch BC cases who tested negative in a diagnostic setting for PVs in *BRCA1/2* and of whom the majority were evaluated for PVs in *PALB2*, *CHEK2*, and *ATM* in a research setting. The clinical impact of the PRS₃₁₃ on BC risk prediction based on family history and PV carrier status was investigated by determining the potential change in clinical management, as stipulated by three currently used guidelines (the National

Comprehensive Cancer Network guideline (NCCN)²³, the National Institute for Health and Care Excellence guideline (NICE)²⁴, and IKNL²¹).

Materials and Methods

We used the STROBE case-control checklist when writing our report²⁵.

Study cohorts

Dutch familial BC cases, henceforth “cases”, were derived from three different cohorts: the Hereditary Breast and Ovarian cancer study in the Netherlands (HEBON)²⁶, the Amsterdam Breast Cancer Study-Familial (ABCS-F)²⁷, and the Rotterdam Breast Cancer Study (RBCS)²⁸ (Supplementary methods). All three studies included participants who visited a clinical genetic centre in the Netherlands for familial BC counselling. Women with BC who met the following criteria were eligible for this study: 1) family without *BRCA1/2* PVs; 2) available DNA sample or genotyping data; 3) European ancestry based on genotyping data; 4) available pedigree. In total, 3,918 cases were included (Figure S1). All cancers were verified by linkage to the Dutch Cancer Registry and the Pathological Anatomical National Automated Archive (HEBON cases) or by clinical confirmation from medical records in the hospital (ABCS-F and RBCS cases).

In total, 3,474 Dutch population controls of age 18 years or older were included. These controls were healthy female blood donors (ABCS, Oorsprong van borstkanker integraal onderzocht (ORIGO)) or healthy women who were included after DNA diagnostic testing for Cystic Fibrosis carrier status (RBCS)^{4,28} for which age of last follow up was known.

Ethics approval statement

Informed consent was obtained from all included cases, and we received approval for this study of the Medical Ethical Committees of all included centres. All controls were anonymised.

Gene panel

As part of the BRIDGES project, 2,586 cases and 2,584 controls were sequenced for a panel of 34 genes as described elsewhere²⁹. For all controls and 2,037 cases, we received results of all included genes. Truncating and missense variants were reported as described previously²⁹. In summary, pathogenic truncating variants were defined as frameshift insertions/deletions, stop/gain or canonical splice variants as classified by the Ensembl Variant Effect Predictor³⁰, with the exception of variants in the last exon of each gene. In our study, we included truncating variants in the last exon of *PALB2*, as this exon encodes an important functional domain and variants in this exon were shown to destabilise

the resulting *PALB2* protein³¹. Missense variants were included if their frequency in the gnomAD database or among the BRIDGES project control dataset²⁹ was below 0.001. For genes with evidence of an association with BC²⁹, pathogenicity was reported for missense variants based on the ClinVar archive³². For the remaining 549 cases, only pseudo-anonymised results of truncating variants in the three additional BC genes, *ATM*, *CHEK2*, and *PALB2*, were received, excluding truncating variants in the last exon.

Genotyping and imputation

DNA samples of all included individuals were genotyped for common variants with either the iCOGS³³, OncoArray⁴ or Global Screening Array (GSA), containing 211,155, 499,170, and 642,824 Single Nucleotide Polymorphisms, respectively. Genotyping and quality control for the samples genotyped with iCOGS and OncoArray were performed as part of association studies conducted by the Breast Cancer Association Consortium (BCAC)^{4, 33}. Genotyping and quality control for the samples genotyped with the GSA array are described in the supplementary methods.

The variants that were not directly genotyped were imputed using the Michigan imputation server³⁴, using the Haplotype Reference Consortium (HRC) 1.1 reference panel³⁵ including both the reference panels 1000 Genomes phase 3 and Genome of the Netherlands (GoNL)^{36, 37}. In total, 72 of the 313 variants could not be imputed with the HRC1.1 reference panel and were imputed with the 1000 Genomes phase 3 reference panel only³⁷ (Table S1).

Polygenic Risk Score

The PRS was calculated as described previously⁵. The three PRSs (for overall BC, ER-positive, and ER-negative BC) were calculated for all included individuals. The variants and their corresponding weights used in the PRS as published previously⁵ and the imputation quality are listed in Table S1. The PRS for each individual was standardised to the mean from all population controls in this study and to the SD in the Breast Cancer Association Consortium (BCAC) population controls that were included in the validation data set⁵. These SDs were 0.6093, 0.6520, and 0.5920 for the overall BC PRS, ER-positive BC PRS, and ER-negative BC PRS, respectively. Using these SDs, the OR estimates for the associations of the standardised PRS₃₁₃ in our study are directly comparable with the OR estimates reported in the BCAC population-based study⁵.

Pedigree collection

Pedigrees were collected for all families and were drawn previously in the clinical genetic centres during counselling and DNA diagnostic testing of *BRCA1/2* PVs. The pedigrees were used as they were drawn in the clinic, including at least all known first- and second-

degree relatives of the genotyped individuals. Imputation of missing data is described in the supplementary material.

Family history score

A model-based family history score for BC, also called the ‘polygenic load’, was derived from the BOADICEA version 3 model based on the available pedigree, as described previously⁷. The polygenic load in BOADICEA is a latent polygenetic component representing the combined effect of a large number of variants each of small effect to capture the residual familial aggregation of BC and is, therefore, a measure of the BC family history^{7, 10}; henceforth referred to as $BOADICEA_{FH}$. For controls with no available pedigree, $BOADICEA_{FH}$ was imputed based on the distribution of $BOADICEA_{FH}$ (normally distributed with mean=0 and SD=1).

Breast cancer lifetime risk

As all cases had developed BC, lifetime risks for developing a first breast tumour were calculated for all included individuals with the BOADICEA model¹⁶, simulating an individual to be aged one year and unaffected. Initial lifetime risks ($BOADICEA_{ILR}$) were calculated based on *BRCA* status (all negative), pedigree information (for cases) as described above, and birth year. For individuals on whom information regarding PVs in the BC genes *CHEK2*, *PALB2*, and *ATM* was available, initial risks included the PV carrier status of these genes as well. The initial lifetime risks were compared with the lifetime risks calculated with the above information and the PRS_{313} ($BOADICEA_{PRS313}$).

Statistical analysis

The BC lifetime risks for cases and controls with ($BOADICEA_{PRS313}$) and without ($BOADICEA_{ILR}$) inclusion of the PRS_{313} were compared to define the change in risk category and thus advice for BC surveillance according to three different guidelines, NICE²⁴, NCCN²³ and IKNL²¹.

To define how much of the variance in the PRS_{313} is explained by family history in this study the degree of correlation between the standardised PRS_{313} and the $BOADICEA_{FH}$ for cases was determined by the Pearson correlation coefficient. This coefficient was calculated as well to estimate the linear correlation between the PRS_{313} of the proband (i.e. youngest BC diagnosis) and the PRS_{313} of other affected family members. If more than two family members were included, the average PRS_{313} of the family members was used. The association between overall BC (first breast tumour, invasive or *in situ*) and the PRS_{313} was determined with logistic regression using generalised estimating equations (GEE), adjusting for age and family history ($BOADICEA_{FH}$). Standard errors were corrected to account for relatedness of individuals using a robust estimator of the variance. To

reduce overfitting, association analyses included only cases that were not part of the development dataset for the PRS₃₁₃ as described in Mavaddat et al.⁵

In a secondary analysis, we determined the association of the PRS₃₁₃ with invasive and *in situ* BC risk separately. Cases that developed an invasive BC after the development of an *in situ* BC were only included in the invasive BC analysis with the age of diagnosis of the invasive breast tumour. Two of these cases were excluded because their age of diagnosis of invasive breast tumour was unknown.

In addition, the association between BC risk and the prevalence of a truncating variant in each of the 34 genes included in the BRIDGES gene panel²⁹ was determined with a two-sided Fisher Exact test.

Statistical significance was established at 5%. Analysis was performed using R version 4.0.3³⁸.

Results

The analyses included 3,918 cases from 3,492 families and 3,474 female population controls. In the association analyses, a subset of cases were included, i.e., those not included previously in the development dataset of the PRS₃₁₃⁵. These comprised 1,968 cases from 1,602 families (Figure S1, Table 1).

Characteristics of the included cases and controls are shown in Table 1. The mean age at last follow up for controls and age at diagnosis for cases was similar, 45 years, with an age range between 18 and 93 years. Most of the included cases had an invasive breast tumour (91%), 8% an *in situ* breast tumour and 1% a tumour of unknown invasiveness. Of all included cases, 18% developed a second breast tumour. The standardised PRS₃₁₃ was higher for cases compared with controls with a mean of 0.71 (SD=0.96) compared with 0 for controls (SD=1.03). Distribution curves and descriptives of the standardised PRS₃₁₃, ER-positive PRS₃₁₃ and ER-negative PRS₃₁₃ are shown in Figures S2 and S3 and Tables S2 and S3. In total, 218 (8.4%) cases and 47 (1.8%) controls were carriers of a truncating PV in either *ATM*, *CHEK2* or *PALB2*, excluding PVs in the last exon.

Table 1. Characteristics of participants

| | | Population controls | Family-based cases | Family-based cases – subset* |
|--|---------------------|---------------------|--------------------|------------------------------|
| N | | 3,474 | 3,918 | 1,968 |
| Families | | | 3,492 | 1,602 |
| Relatives per family included | 1 | 3,474 | 3,099 | 1,263 |
| | 2 | 0 | 364 | 309 |
| | 3 | 0 | 25 | 25 |
| | 4 | 0 | 4 | 3 |
| Study | ABCS | 1,563 | 904 | 82 |
| | HEBON | 0 | 2,248 | 1,671 |
| | ORIGO | 987 | 0 | 0 |
| | RBCS | 924 | 766 | 215 |
| Array | GSA | | 1,781 | 1,781 |
| | iCOGS | 2,388 | 1,680 | 163 |
| | OncoArray | 1,086 | 457 | 24 |
| Age | Mean | 45,6 | 45,1 | 46,8 |
| | Range | 18-93 | 21-91 | 21-91 |
| First breast cancer | Invasive | NA | 3,575 | 1,630 |
| | In situ | NA | 312 | 308 |
| | Unknown | NA | 31 | 30 |
| ER status | Positive | NA | 1,755 | 927 |
| | Negative | NA | 488 | 213 |
| | Unknown | NA | 1,675 | 828 |
| Second breast tumour (N) | | NA | 719 | 327 |
| Age | Mean | NA | 52,6 | 52,9 |
| | Range | NA | 26-80 | 26-79 |
| | Unknown | NA | 130 | 29 |
| Invasiveness | Invasive | NA | 460 | 220 |
| | In situ | NA | 116 | 77 |
| | Unknown | NA | 144 | 30 |
| ER status | Positive | NA | 290 | 153 |
| | Negative | NA | 49 | 21 |
| | Unknown | NA | 380 | 153 |
| Gene panel results | All | 2,584 | 2,586 | 1,586 |
| | No PV | 2,537 | 2,369 | 1,463 |
| | CHEK2 PV | 31 | 167 | 98 |
| | ATM PV | 9 | 39 | 18 |
| | CHEK2+ATM PV | 0 | 2 | 1 |
| | PALB2 PV | 7 | 10 | 6 |
| Standardised PRS₃₁₃ (SD) | Overall BC | 0 (1.03) | 0.71 (0.96) | 0.64 (0.88) |
| | ER+ BC | 0 (1.03) | 0.72 (0.97) | 0.65 (0.88) |
| | ER- BC | 0 (1.01) | 0.45 (0.94) | 0.29 (0.85) |
| BOADICEA_{FH} | Mean (SD) | 0 (0.99) | 0.55 (0.39) | 0.69 (0.35) |
| Affected FDR | 0 | NA | 1,125 | |
| | 1 | NA | 1,454 | |
| | 2 | NA | 555 | |
| | >2 | NA | 176 | |
| Affected SDR | 0 | NA | 1,360 | |
| | 1 | NA | 1086 | |
| | 2 | NA | 583 | |
| | >2 | NA | 281 | |
| | Unknown | NA | 615 | |

^aCases included in the association analyses which were not part of the development dataset for the PRS₃₁₃ as described in Mavaddat et al.⁵

Abbreviations: BOADICEA_{FH}, Polygenic Load in calculated in the Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; FDR, First Degree Relatives; N, Number of individuals; PRS, Polygenic Risk Score; PV, Pathogenic Variant; SD, Standard Deviation; SDR, Second Degree Relatives

Gene panel results

The BRIDGES study²⁹ completed sequencing for 2,037 cases with clinical data and 2,584 controls. Truncating (likely) PVs were found in 22 of 34 genes for 227 (11.1%) cases and 105 (4.1%) controls (Table S4). The majority (6.4% of the cases; 1.2% of the controls) had a truncating variant in *CHEK2*, nearly all the founder PV c.1100delC. In addition, truncating variants were relatively frequently found in *ATM*, *FANCM* and *PALB2* (1.8%, 0.7%, 0.6% of the cases and 0.3%, 0.6% and 0.3% of the controls respectively). The number of (pathogenic) missense variants are listed in Table S5.

PRS-based individualised risk score

Adding the PRS₃₁₃ into the BOADICEA model (BOADICEA_{PRS313}) changed the absolute lifetime risk for almost all women (Figure 1), up to 34.5% for cases and up to 22.1% for controls (Figure S4, and Table S6). Clinically relevant shifts, i.e. from one to another screening category, as based on the IKNL²¹, NICE²⁴, or NCCN²³ guidelines, were 32.4%, 36.0%, and 25.7% respectively for 1,331 cases without a gene test-result (i.e. only tested negative for a BRCA1/2 PV in diagnostic setting) (Tables 2, S7, S8). Similar results were seen for 2,369 cases that were known non-carrier of a PV in *PALB2*, *CHEK2* and *ATM*. In both groups and all age categories, a higher percentage of cases shifted to the moderate and high-risk category compared to the low-risk category (Table S9). Change towards higher risk categories was less frequent in controls than in cases (Tables S7 and S8). For cases carrying a PV in *ATM* or *CHEK2*, the proportions changing risk category were 26.3% and 17.9%, respectively, for IKNL, and 23.4% and 17.9% for NICE guidelines, but substantially lower based on the NCCN guideline (6.7% and 0.0%); this was due to the single cut-off point of 20% in the NCCN guideline. The 10 *PALB2* PV carriers in the study did not change risk category for either three guidelines.

Of the 890 controls without a gene-test result for *ATM*, *CHEK2*, or *PALB2* status, 4.4%, 12.0%, and 4.4% changed to another risk category based on the IKNL, NICE, and NCCN, guidelines respectively. Similar results were seen for the group where no PV was found. For *CHEK2* PV carriers, and to a lesser extent *ATM* PV carriers, these percentages were higher. Similar to cases, no change in risk category was seen for the 7 controls with a *PALB2* PV, carriers with either of three guidelines.

The distributions of the absolute lifetime risk after including the PRS₃₁₃ for all groups (BOADICEA_{prs313}) are shown in Figure S5.

Table 2. Breast cancer lifetime risk category change based on the IKNL guideline

| Group | BOADICEA Lifetime risk | | No gene-test result | | Non-PV carriers | | CHEK2 PV carriers ^a | | ATM PV carriers ^a | | PALB2 PV carriers | |
|-----------------|----------------------------|------------------------------|---------------------|-------------|-----------------|-------------|--------------------------------|----------|------------------------------|----------|-------------------|----------|
| | without PRS ₃₁₃ | Including PRS ₃₁₃ | N | % change | N | % change | N | % change | N | % change | N | % change |
| Cases | <20% | <20% | 697 | 30.4 | 1,126 | 30.1 | 3 | 70.0 | NA | NA | NA | NA |
| | >20% | >20% | 305 | | 486 | | 7 | | | | | |
| | 20-30% | 20-30% | 161 | 42.5 | 376 | 43.5 | 27 | 52.6 | 0 | 100.0 | NA | NA |
| | <20% | <20% | 37 | | 149 | | 4 | | 0 | | | |
| | >30% | >30% | 82 | | 141 | | 26 | | 5 | | | |
| | >30% | >30% | 42 | 14.3 | 65 | 28.6 | 93 | 7.0 | 32 | 5.9 | 10 | 0.0 |
| | <30% | <30% | 7 | | 26 | | 7 | | 2 | | 0 | |
| | Overall change | Overall change | | 32.4 | | 33.9 | 26.3 | | 17.9 | | 0.0 | |
| Controls | <20% | <20% | 851 | 4.4 | 2,429 | 4.7 | NA | NA | NA | NA | NA | NA |
| | >20% | >20% | 39 | | 118 | | | | | | | |
| | 20-30% | 20-30% | NA | | NA | | 13 | 58.1 | 4 | 55.6 | NA | NA |
| | <20% | <20% | | | | | 12 | | 1 | | | |
| | >30% | >30% | | | | | 6 | | 4 | | | |
| | >30% | >30% | NA | | NA | | NA | | NA | NA | 7 | 0.0 |
| | <30% | <30% | | | | | | | | 0 | | |
| | Overall change | Overall change | | 4.4 | | 4.7 | 58.1 | | 55.6 | | 0.0 | |

^aTwo individuals with both a pathogenic variant in CHEK2 and ATM were excluded.

In total, 1,331 cases and 890 controls were included without a gene-test result; 2,369 cases and 2,537 controls in the non-PV carrier group; 167 cases and 31 controls in the CHEK2 PV carrier group; 39 cases and 9 controls in the ATM carrier group; 10 cases and 7 controls in the PALB2 PV carrier group. Abbreviations: BOADICEA, the Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; IKNL, Netherlands Comprehensive Cancer Organisation guideline; PRS, Polygenic Risk Score; PV, Pathogenic Variant.

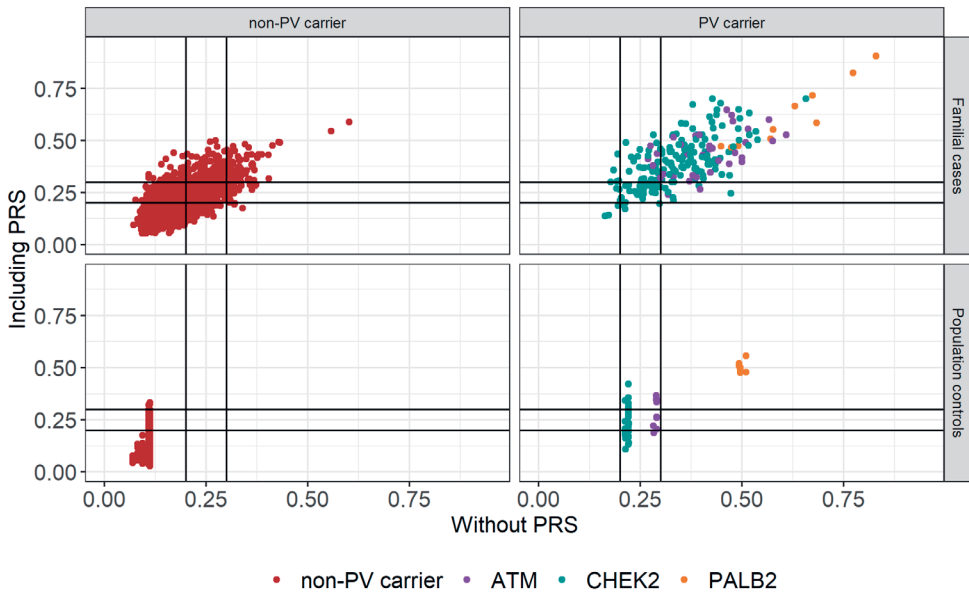


Figure 1. Change in individual breast cancer lifetime risk after including the PRS₃₁₃
 Scatter plot of the change in breast cancer lifetime risk. For every individual, BOADICEA_{ILR} was plotted against BOADICEA_{PRS313}. Non-carriers do not have a pathogenic variant in *ATM*, *CHEK2* or *PALB2* in addition to *BRCA1/2*. The solid lines represent the 20% and 30% breast cancer lifetime risk cut-off levels based on the Dutch IKNL breast cancer screening guideline²¹.
 Abbreviations: BOADICEA_{ILR}, initial breast cancer lifetime risk at age 80, based on *BRCA* status (all negative), *CHEK2*, *ATM* and *PALB2* status (if applicable), pedigree information (for cases), and birth year. BOADICEA_{PRS313}, breast cancer lifetime risk at age 80 including the PRS₃₁₃ in addition to initial breast cancer lifetime risk; PRS, Polygenic Risk Score.

Table 3: Results of the association analyses between breast cancer and the PRS₃₁₃

| | | N (cases) | OR | 95% CI | P-value |
|--|-------------------------------|-----------|------|-----------|-------------------------|
| Main analysis | Overall breast cancer | 1,968 | 1.97 | 1.84-2.11 | <2.00x10 ⁻¹⁶ |
| Secondary analyses^a | Invasive breast cancer | 1,701 | 2.00 | 1.86-2.15 | <2.00x10 ⁻¹⁶ |
| | In situ breast cancer | 262 | 1.69 | 1.50-1.89 | <2.00x10 ⁻¹⁶ |
| Categorical PRS₃₁₃^b | 0-10 | 21 | 0.10 | 0.06-0.17 | <2.00x10 ⁻¹⁶ |
| | 10-20 | 58 | 0.30 | 0.21-0.42 | 2.30x10 ⁻¹¹ |
| | 20-40 | 222 | 0.66 | 0.52-0.82 | 2.20x10 ⁻⁰⁴ |
| | 40-60 [reference] | 354 | 1.00 | NA | NA |
| | 60-80 | 491 | 1.37 | 1.13-1.66 | 1.10x10 ⁻³ |
| | 80-90 | 396 | 2.27 | 1.84-2.79 | 1.10x10 ⁻¹⁴ |
| | 90-100 | 426 | 2.29 | 1.86-2.83 | 8.90x10 ⁻¹⁵ |

^aIndividuals with unknown invasiveness (N=3) and individuals with unknown age of diagnosis of the (second) invasive breast tumour (N=2) were excluded.

^bCategory boundaries of the PRS₃₁₃ were -3.93; -1.27; -0.88; -0.26; 0.23; 0.84; 1.34; 3.41.

Abbreviations: CI, Confidence Interval; N, Number; OR, Odds Ratio; PRS, Polygenic Risk Score.

Correlation analysis

For cases, there was a very weak correlation between the PRS_{313} and the $BOADICEA_{FH}$ ($r=0.053$, $p\text{-value}=8.23\times 10^{-4}$); only 0.3% of the variance in the PRS_{313} is explained by family history. This poor correlation is visualised in Figures S6 and S7, where respectively the continuous and categorical $BOADICEA_{FH}$ are shown versus the PRS_{313} .

In contrast, there was a significant correlation between the PRS_{313} of the 393 probands and that of their affected family members ($r=0.333$, $p\text{-value}= 1.00\times 10^{-11}$; Figure 2)

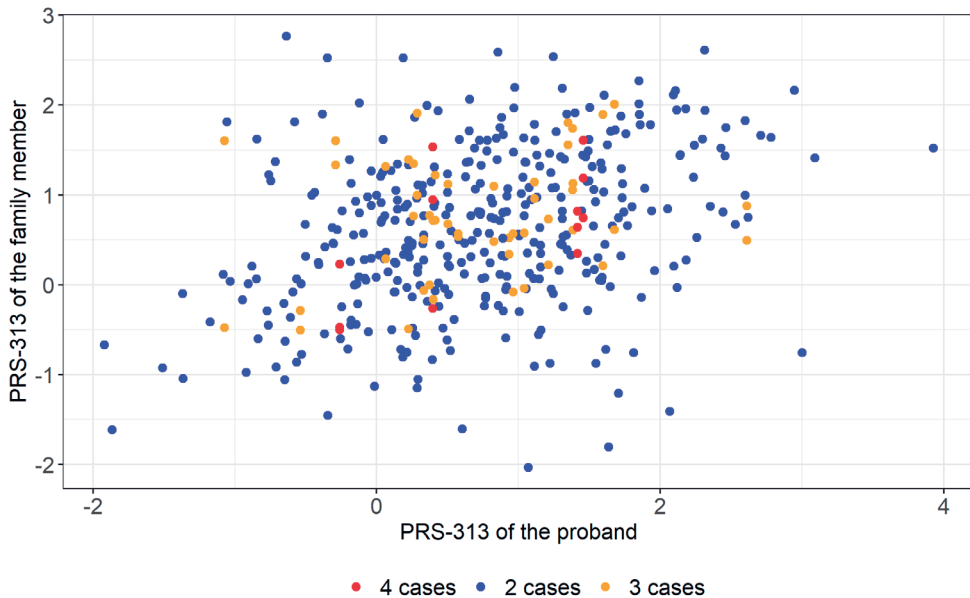


Figure 2. Correlation between the PRS_{313} of the proband and their family members

Scatter plot of the PRS_{313} of the proband (youngest breast cancer diagnosis) and their family members. Families with two individuals included are shown as blue dots, three individuals included with orange dots and four individuals included with red dots.

Abbreviations: PRS, Polygenic Risk Score.

Association analyses of PRS and breast cancer

The PRS_{313} was significantly associated with overall BC, OR per SD=1.97, 95%CI [1.84-2.11], $p\text{-value}\leq 2.00\times 10^{-16}$ (Table 3, Figure S8). The analyses per decile followed the trend for the continuous PRS_{313} , despite that the confidence intervals of the two lowest and the highest categories did not overlap with the continuous line (Table 3; Figure S9).

Secondary analyses for invasive BC showed similar results. *In situ* BC was also significantly associated with the PRS_{313} , OR=1.69, 95%CI [1.50-1.89], $p\text{-value}\leq 2.00\times 10^{-16}$ (Table 3, Figure S8).

Discussion

In this study, we have shown that the best performing PRS for BC at this moment⁵ leads to substantially different patient stratification than the currently used in a familial cancer setting, which supports the implementation of the PRS₃₁₃ in standard care for individuals from these families in clinical genetic services. Using a validated, comprehensive risk prediction model, BOADICEA^{16,39}, pedigree-based family history can be easily combined with the individual PRS₃₁₃, as well as with gene panel results, to calculate a personal BC lifetime risk. We have shown that this procedure leads to a different risk category and corresponding clinical advice for substantial numbers of both non-carriers and carriers of a PV in a moderate BC risk gene. Furthermore, our results confirm the association between BC risk and the PRS₃₁₃ in familial BC cases in the Dutch population^{5,40}.

For *ATM* and *CHEK2* PV carriers, previous studies showed that including the PRS is of additive value for risk prediction and risk management^{13, 14, 41}. A population-based study using a PRS of 105 variants¹³ and a case-control study using a PRS of 86 variants¹⁴ found similar results for *CHEK2* PV carriers and showed that there is no need for intensified breast screening for about 30% of these women. Dissimilar percentages were found for *ATM* carriers; about 50% based on the PRS-105, but a substantially lower percentage using the PRS-86 would not need intensified screening after including the PRS^{13, 14}. These results were based on the NCCN guideline with a single cut-off of 20% guiding clinical management. Compared to these results and using the same guideline, we found a slightly higher percentage of *CHEK2* carriers in the unaffected population would have received different screening advice (39%), but a much lower percentage (7%) for cases with a positive family history. Although we did not see a shift in screening category for *PALB2* carriers, there was an absolute risk difference with a maximum of 9.8% for cases and 4.8% for population controls, corresponding to a lifetime risk range of 47%-91% for cases and 48%-56% for controls. A previous study found a similar effect for cases by including the PRS⁴². Such differences in risk could inform choices regarding preventive surgeries.

Our study did not have enough power to perform an association analysis between the PRS and BC for PV carriers in *PALB2*, *CHEK2* or *ATM*. However, previous studies showed that the per-SD effect size of a PRS with BC in PV carriers of moderate BC genes, such as *CHEK2*, is similar as in non-carriers or untested individuals^{13, 43} but lower in carriers of PV in *BRCA1/2*¹². Few studies have been performed on *ATM* or *PALB2* carriers, but a recent study showed that the effect sizes of the associations were in between those for *BRCA1/2* and *CHEK2*¹⁴. However, BOADICEA assumes that the effect of the PRS is similar for non-PV carriers and carriers of a PV in the genes *PALB2*, *ATM*, and *CHEK2*, i.e., pathogenic variants and the PRS contribute to risk independently. This may need some adjustment once the exact per SD effect sizes and interactions are known for these specific genes.

We found a higher effect size for the association between BC and the PRS₃₁₃ (OR=1.97, 95%CI=1.84-2.11) than found in the population-based cohorts of BCAC (OR=1.61, 95%CI=1.57-1.65)⁵ or the Dutch population (HR=1.56, 95%CI=1.40-1.73)⁴⁰. This can possibly be explained by a higher genetic predisposition in families that visit the clinical genetic centre for counselling. Although we adjusted for family history, the weak correlation between the PRS and family history showed that adjustment for family history does not suffice to correct for the higher genetic predisposition based on the common low-risk variants. Furthermore, family history (BOADICEA_{FH}) for controls was imputed based on the assumption that the family history in controls was normally distributed with mean=0. This might have introduced a bias since the real family history of each control is unknown.

The virtually absent correlation between family history and the PRS₃₁₃ was found in previous studies as well^{7, 10, 18}, underscoring the additive value of including the PRS in family-based risk prediction. However, to avoid double counting this requires careful joint consideration of family history and an explicitly measured PRS as provided by the BOADICEA algorithm. Altogether, the risk stratification by using the PRS in addition to family-based risk prediction in non-carriers and PV carriers highlights the need for using a comprehensive model including the PRS to calculate individual BC lifetime risks to guide screening and prevention advice. Of note, there is also no evidence that the per-SD PRS₃₁₃ odds ratio differs across strata defined by lifestyle and hormonal risk factors⁴⁴.

Strengths of this study include the detailed family history that was available for cases. As we used only cases who visited clinical genetic centres for counselling, this cohort is a good representation of the families that are seen in a clinical genetic context. Furthermore, our results are based on a well-validated comprehensive risk prediction model, BOADICEA that has been shown to have accurate risk predictions for the general population and in familial setting^{39,40}

A limitation of this study is that we had only data for women of European ancestry, even though some studies have shown that (a subset of) the PRS₃₁₃ is associated with BC in other ancestries as well^{45,46}. For Asian⁴⁵ and Latina⁴⁶ populations the PRS showed similar performance as in the European population, but for the African population⁴⁷ there was an attenuated effect size. Therefore, caution is needed for comprehensive risk prediction including the PRS for women of African ancestry.

In summary, including the PRS₃₁₃ in family history-based risk prediction may change screening recommendations in up to 34% of the individuals from families with no PVs in any of the five BC genes modelled in BOADICEA. Adding the PRS₃₁₃ also had a large impact on screening recommendations for *ATM* and *CHEK2* PV carriers. Because BOADICEA has been prospectively validated and calibrated^{39,40}, clinical implementation of comprehensive

risk prediction should be considered, although this will be a logistic challenge for clinical genetic centres and would require clinical geneticists to become aware of its limitations.

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Disclosure of potential conflicts of interest

AL is listed as an inventor of BOADICEA V5, which is commercialised through Cambridge Enterprise, part of Cambridge University.

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Supplementary methods

Study cohorts

HEBON

The HEBON study¹ (initiated in 1999) is an ongoing nationwide retrospective cohort study among breast cancer families with prospective follow up. Participants were invited after visiting one of the Clinical Genetic Centers in the Netherlands for breast and/or ovarian cancer counselling. Participants were asked to fill in a questionnaire about lifestyle, family history and risk factors for breast cancer. Linkage with the nationwide cancer and pathology registries is possible for follow up.

Additional selection criteria for HEBON participants included:

- At least two breast cancer cases in a family with available DNA samples
- Breast cancer diagnosis below the age of 60 years and a positive family history:
 - o One first degree family member with breast cancer diagnosis below the age of 50 OR
 - o Two first or second-degree family members with breast cancer diagnosis below the age of 60

ABCS-F and RBCS

The ABCS-F² and RBCS³ case-cohorts included also breast cancer cases who visited the Clinical Genetic Centres of the Netherlands Cancer Institute in Amsterdam or the Erasmus Medical Center in Rotterdam, respectively. No additional selection criteria were used for ABCS-F and RBCS cases. 151 individuals from the ABCS-F study and 469 individuals from the RBCS study are included in the HEBON study as well and shown as HEBON cases in Table 1.

Quality control procedure

For the 2,179 breast cancer cases without a *BRCA1/2* pathogenic variant that were genotyped with the GSA array, quality control was performed with Plink version 1.9, which excluded 8,408 SNPs with a call rate below 95%. Another 712 SNPs were removed because of a deviation from Hardy-Weinberg equilibrium in controls at $P < 1 \times 10^{-12}$. In total, 124 individuals were excluded of which 62 individuals with a call rate below 95%, 7 individuals because they were genotypically not female or the gender was uncertain, and 17 individuals because of a sample swab. After population stratification analysis, 28 individuals were excluded because of non-European genotype (>3 SD).

Imputation pedigrees

In total, 3,492 pedigrees were collected for this study. These pedigrees consisted of 202,680 individuals (49% female) of which 12,785 individuals were affected with breast cancer.

If the age of breast cancer diagnosis for a family member was not known (n=1,272), a conditional average age was estimated given the age at last follow up of the individual and the breast cancer incidence in the Netherlands. Furthermore, for all affected individuals with breast cancer, ovarian cancer, prostate cancer or pancreatic cancer the year of birth was imputed, if this was not yet available, based on the year of birth of the closest relative (25 year difference for parents and children, average for siblings). If the age of last follow up was not known, this age was calculated based on the date of the last update of a pedigree and the year of birth.

Supplementary figures and tables

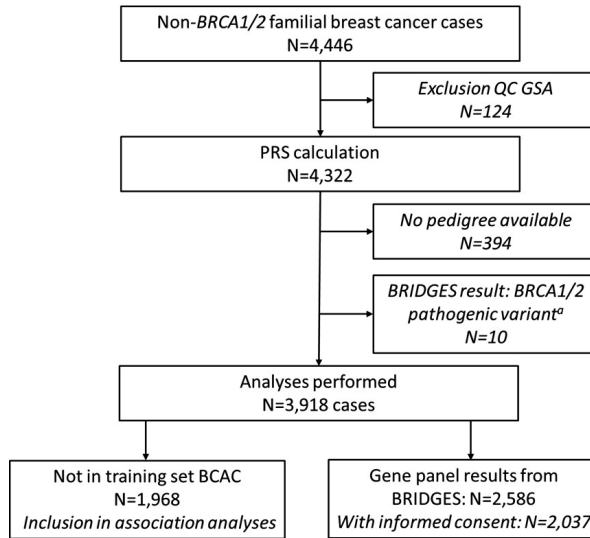


Figure S1: Flow scheme of the selection procedure

Breast cancer cases were selected from the ABCS, HEBON and RBCS studies. Details of the quality control procedure are described above. Absolute lifetime risks were calculated for all included cases (N=3,918). To exclude overlap of cases with the development dataset for the PRS₃₁₃⁴, only 1,968 cases were included in the association analyses. For the majority of cases gene panel information was available. For cases of whom we did not have informed consent to report the clinical relevant results, only pseudoanonymized information about pathogenic variants in *ATM*, *CHEK2*, and *PALB2* was available (N=549). For the cases with informed consent, the number of pathogenic variants and missense variants are shown in Table S3.

^acarriers of a pathogenic variant or family member of a carrier of a pathogenic variant in *BRCA1* or *BRCA2*.

Abbreviations: BCAC, Breast Cancer Association Consortium; BRIDGES, Breast cancer Risk after Diagnostic GENE Sequencing; PRS, Polygenic Risk Score.

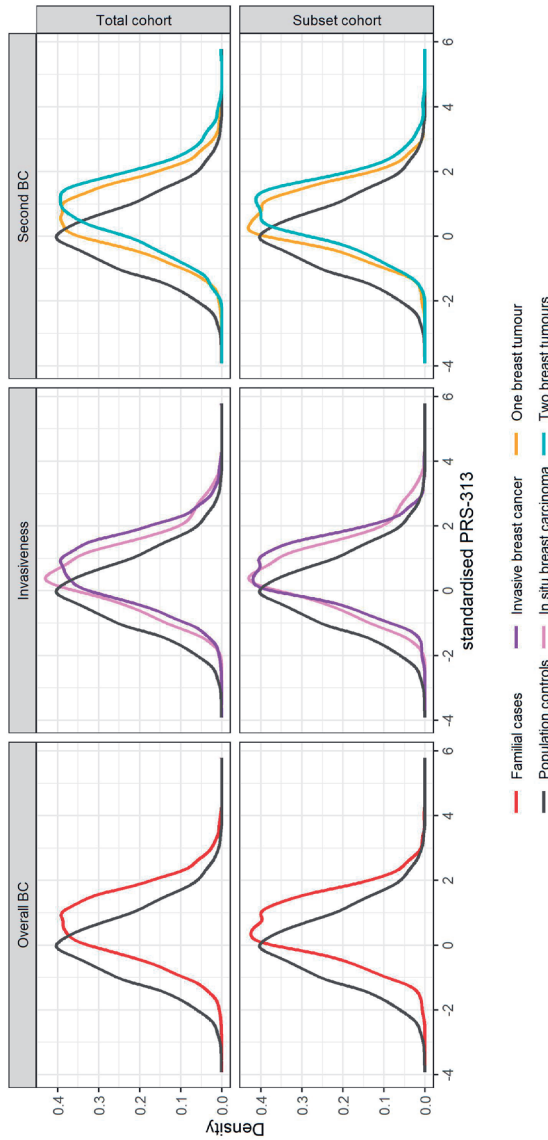


Figure S2: Density curves of the PRS₃₁₃

Distribution of the PRS₃₁₃ in the included 3,474 population controls (grey line) and 3,918 and 1,968 breast cancer cases (red line) in the total and subset cohort respectively. For the invasiveness figure, 3 cases were excluded for which invasiveness for the first and/or second breast tumour was unknown. In the total cohort 3,653 and 262 cases were included with invasive (purple line) and in situ (pink line) breast cancer respectively. For the subset cohort this was 1,703 and 262. In the right figure, 719 and 327 breast cancer cases with a second breast tumour (blue line) were included in the total and subset cohort respectively.

Abbreviations: BC, Breast Cancer; PRS, Polygenic Risk Score.

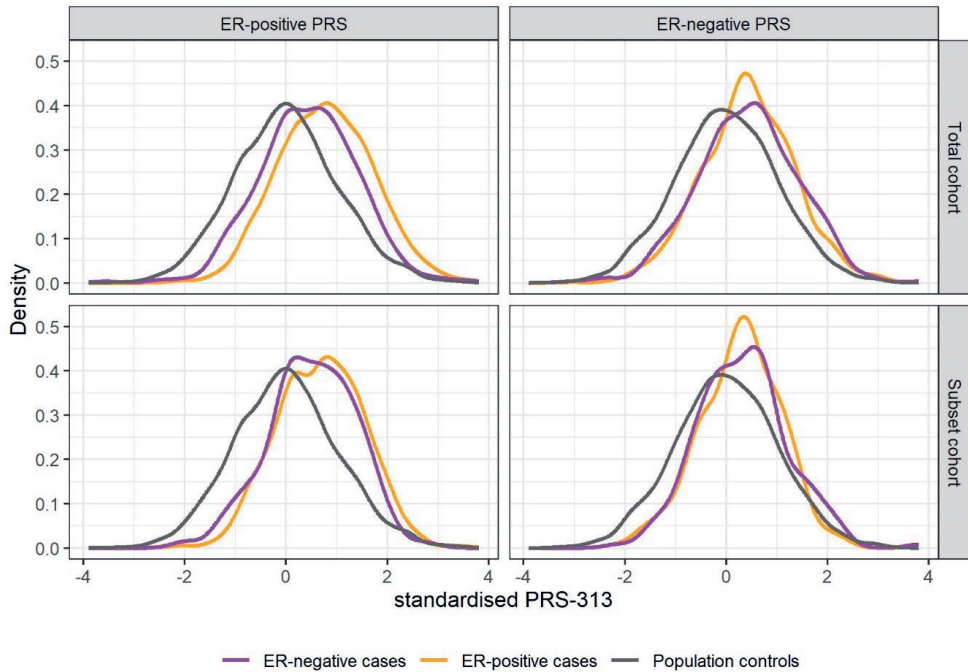


Figure S3: Density curves of the ER-positive and ER-negative PRS₃₁₃

Distribution of the ER-negative (left figures) and ER-positive (right figures) PRS₃₁₃ for cases with an ER-negative (purple line) and ER-positive (orange line) first breast tumour. As a reference, the distribution of these PRS in population controls are shown as well (grey line). In the total cohort, 1,755 and 488 breast cancer cases are included with a first ER-positive and ER-negative breast tumour respectively. For the subset cohort this was 927 and 213 respectively.

Abbreviations: ER, Estrogen Receptor; PRS, Polygenic Risk Score

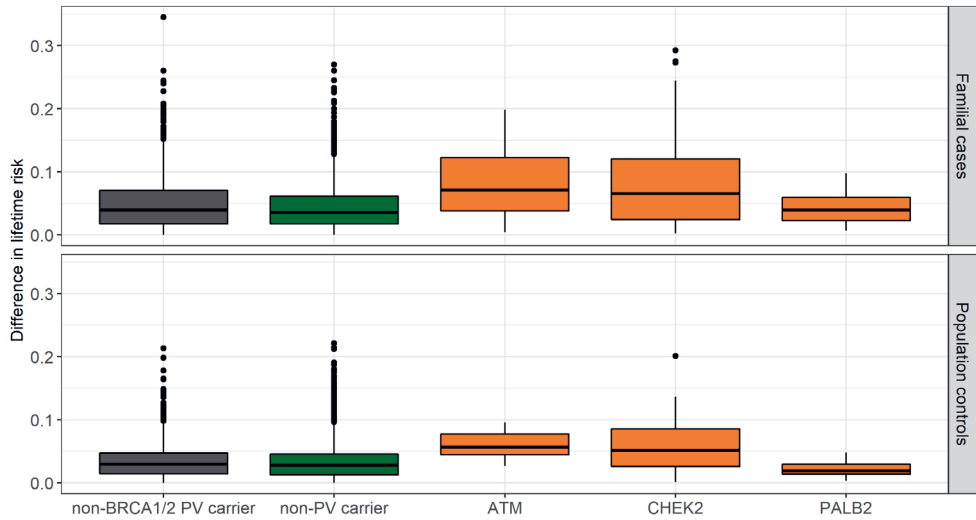


Figure S4: Difference in breast cancer lifetime risk score calculated by BOADICEA

Boxplot of the difference in breast cancer lifetime risk between the basic calculation in BOADICEA and after including the PRS₃₁₃. The basic calculation included birth year, gene panel results and for cases a pedigree of their family in addition. Non-carriers are the group of which we know that they do not have a pathogenic variant in *ATM*, *CHEK2* and *PALB2* in addition to *BRCA1/2*.

Abbreviations: BOADICEA, Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; PV, Pathogenic Variant.

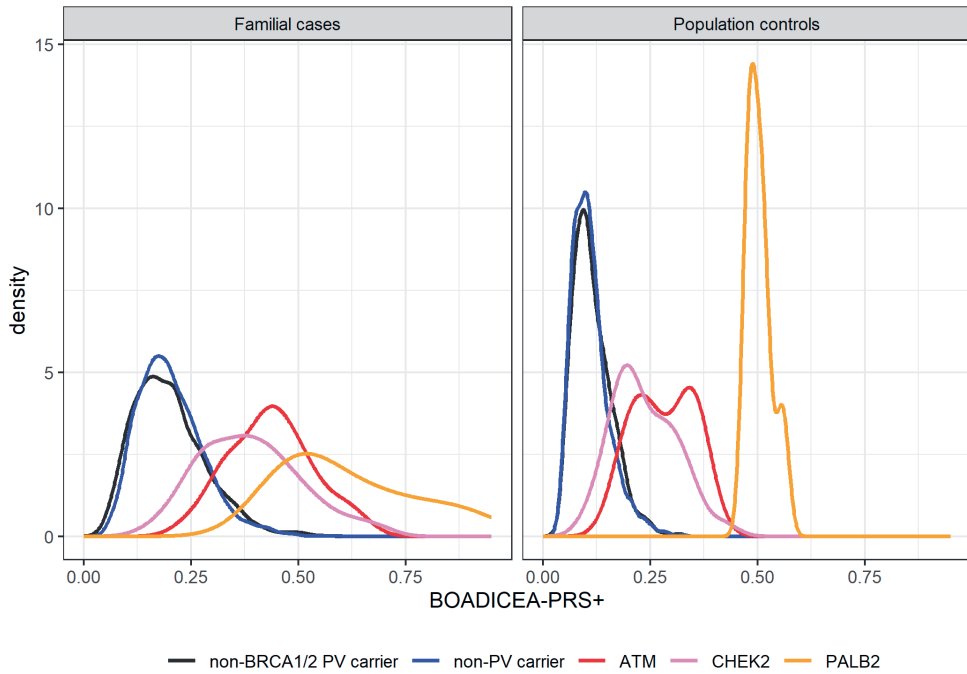


Figure S5. Distribution of breast cancer lifetime risk after including the PRS₃₁₃

Density plots of the distribution in breast cancer lifetime risk calculated with BOADICEA including birth cohort, gene panel results, pedigree-based family history for cases and the PRS₃₁₃. Abbreviations: BOADICEA, Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; PV, Pathogenic Variant; PRS, Polygenic Risk Score

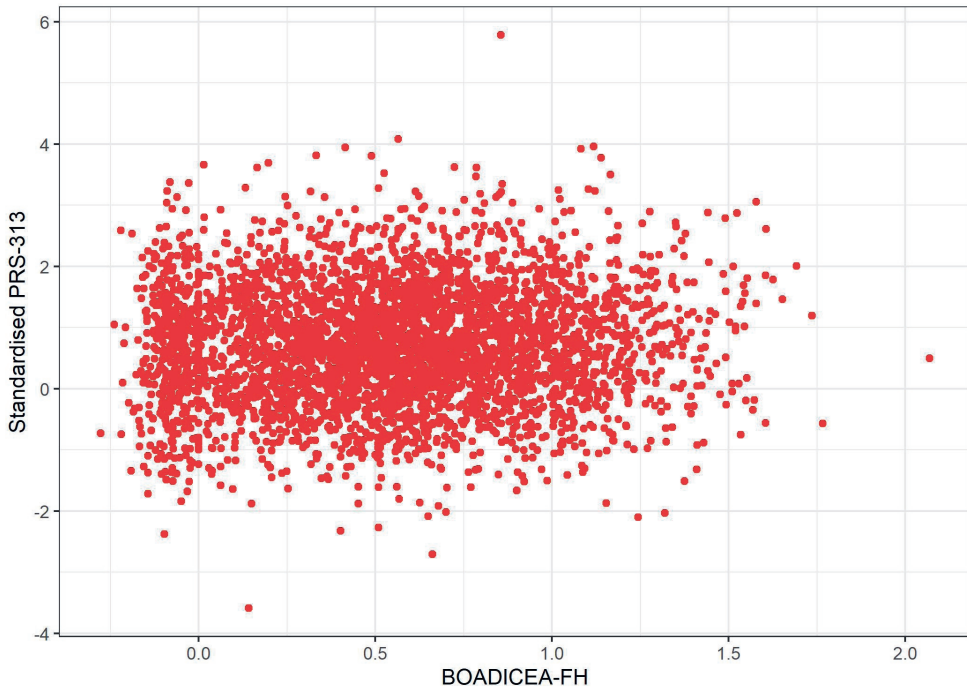


Figure S6. Correlation plot between de BOADICEA_{FH} and the PRS₃₁₃

For all included breast cancer cases (N=3,918), the individual BOADICEA_{FH} (polygenic load) is plotted against the PRS₃₁₃. BOADICEA_{FH} was calculated with BOADICEA based on the pedigree without inclusion of the PRS₃₁₃.

Abbreviations: BOADICEA, Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; FH, Family History; PRS, Polygenic Risk Score.

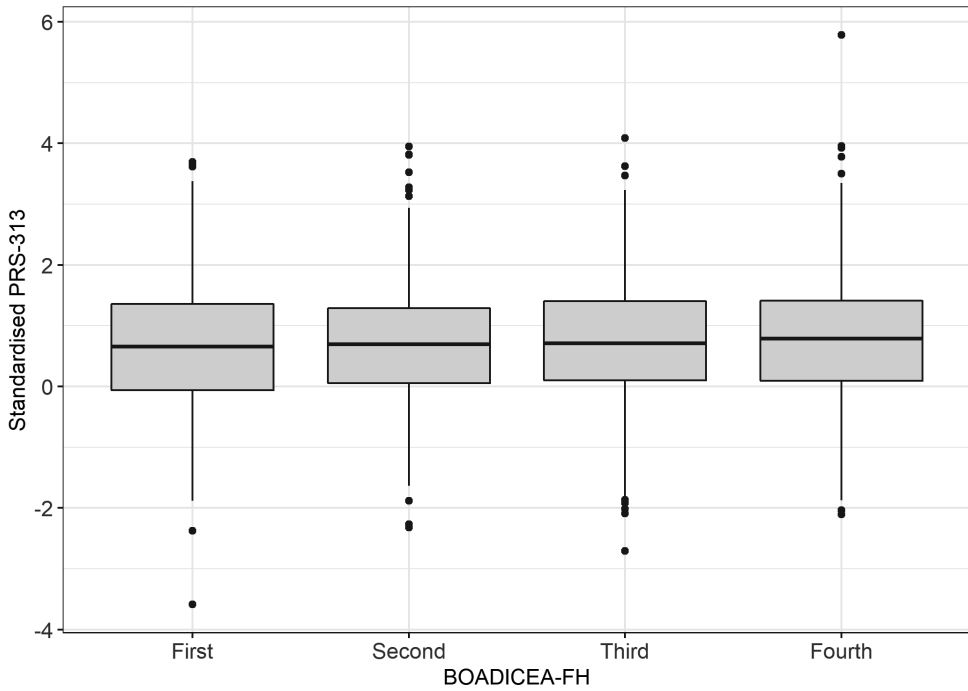


Figure S7: PRS₃₁₃ distribution by quartiles of BOADICEA_{FH}

The PRS₃₁₃ distribution for all included cases (N=3,918) separated by quartiles of the individual BOADICEA_{FH} (polygenic load). BOADICEA_{FH} was calculated with BOADICEA based on the pedigree without inclusion of the PRS₃₁₃.

Abbreviations: BOADICEA, Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; FH, Family History; PRS, Polygenic Risk Score.

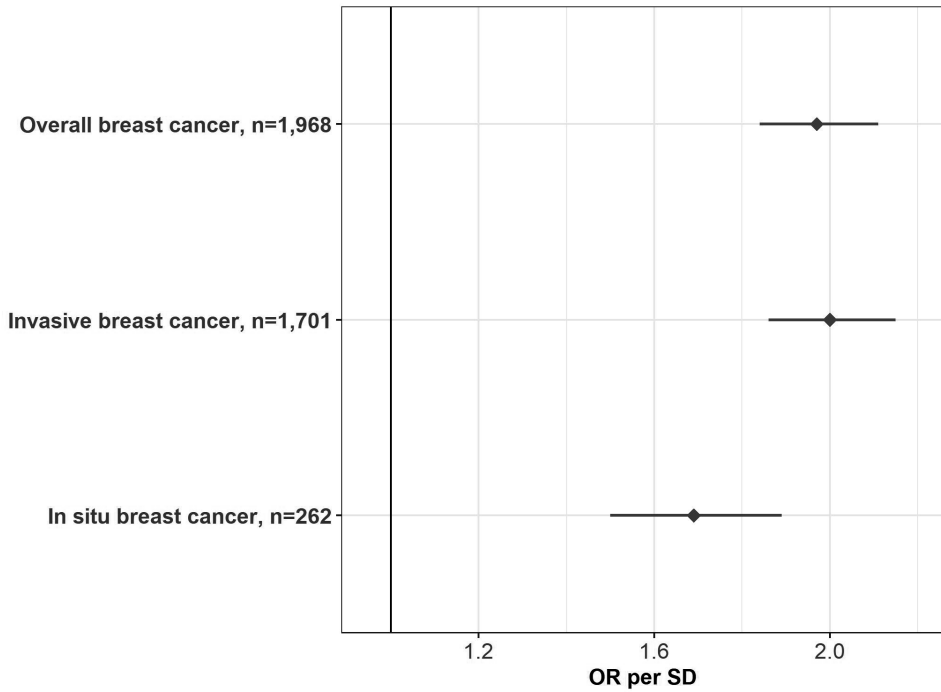


Figure S8: Association between the PRS₃₁₃ and breast cancer

Visualisation of the effect sizes and 95% confidence intervals of the association between the PRS₃₁₃ and breast cancer. The corresponding OR and included breast cancer cases are shown in Table 3. Abbreviations: BC, Breast Cancer; OR, Odds Ratio; PRS, Polygenic Risk Score

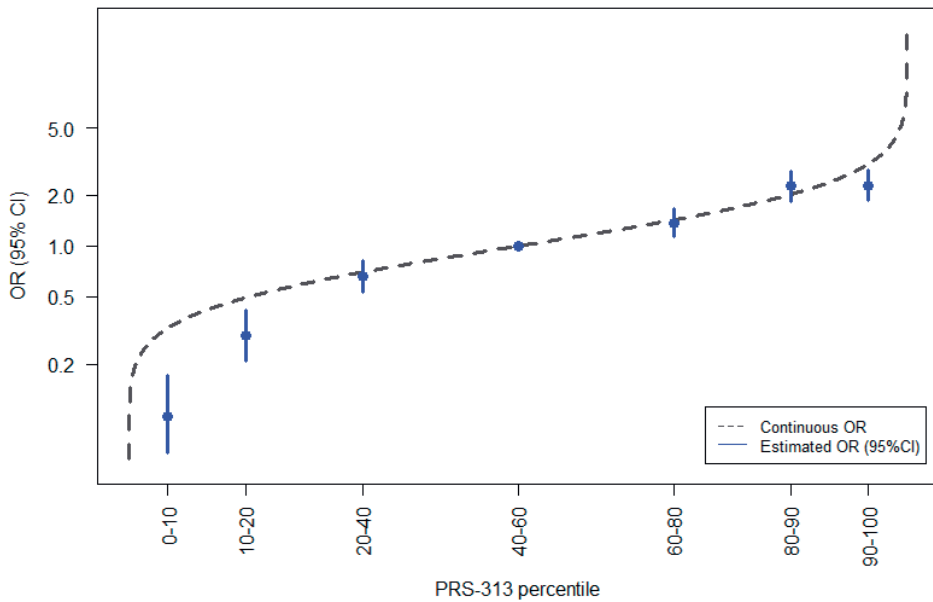


Figure S9: Association between the PRS and breast cancer by percentiles of the PRS₃₁₃
 Plot of the effect size of the association between the continuous PRS₃₁₃ (grey line) and breast cancer and the categorical PRS₃₁₃ (blue dots) and breast cancer. Corresponding OR and 95% confidence intervals are shown in Table 3.
 Abbreviations: CI, Confidence Interval; OR, Odds Ratio; PRS, Polygenic Risk Score.

Table S1: common low risk variants included in the PRS₃₁₃ (large Excel file)
 Available upon request / see online material. This table is partly published before by Mavaddat et al.⁴
 We added the imputation quality in this study.

Table S2: Descriptives of the standardised PRS₃₁₃

| | Total cohort | | | Family-based cases – subset ^c | | |
|---------------------------------------|--------------|-------------------------|-----------------------|--|-------------------------|-----------------------|
| | N | Mean PRS ₃₁₃ | SD PRS ₃₁₃ | N | Mean PRS ₃₁₃ | SD PRS ₃₁₃ |
| All cases | 3,918 | 0.71 | 0.96 | 1,968 | 0.64 | 0.88 |
| Invasive cases^a | 3,653 | 0.73 | 0.96 | 1,703 | 0.65 | 0.86 |
| In situ only cases^b | 262 | 0.56 | 0.96 | 262 | 0.56 | 0.96 |
| 1 breast tumour | 3,199 | 0.66 | 0.95 | 1,641 | 0.60 | 0.87 |
| 2 breast tumours | 719 | 0.95 | 1.01 | 327 | 0.83 | 0.90 |
| Population controls | 3,474 | 0 | 1.03 | NA | NA | NA |

^aInvasive first or second tumour

^bno invasive first or second tumour

^cCases included in the association analyses which were not part of the development dataset for the PRS₃₁₃ as described in Mavaddat et al.⁴

Abbreviations: N, Number; NA, Not Applicable; PRS, Polygenic Risk Score

Table S3: Descriptives of the standardised ER-positive and ER-negative PRS₃₁₃

| Group | PRS | Total cohort | | | Family-based cases – subset ^c | | |
|-----------------------|-----------------|--------------|----------|--------|--|----------|--------|
| | | N | Mean PRS | SD PRS | N | Mean PRS | SD PRS |
| ER-positive BC | ER-positive PRS | 1,755 | 0.78 | 0.92 | 927 | 0.68 | 0.86 |
| ER-negative BC | ER-positive PRS | 488 | 0.43 | 0.98 | 213 | 0.51 | 0.85 |
| ER-positive BC | ER-negative PRS | 1,755 | 0.76 | 0.93 | 927 | 0.66 | 0.85 |
| ER-negative BC | ER-negative PRS | 488 | 0.46 | 0.97 | 213 | 0.52 | 0.85 |

^aInvasive first or second tumour

^bno invasive first or second tumour

^cCases included in the association analyses which were not part of the development dataset for the PRS₃₁₃ as described in Mavaddat et al.⁴

Abbreviations: N, Number; NA, Not Applicable; PRS, Polygenic Risk Score

Table S4: Truncating variants in BRIDGES gene panel

| Gene | Cases, N=2,037 ^a | | Controls, N=2,584 ^a | | OR | 95% CI | P-value |
|-------------------------------|-----------------------------|-------------|--------------------------------|------------|-------------|-------------------|----------------------------------|
| | N | % | N | % | | | |
| <i>ABRAXAS1</i> | 1 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>AKT1</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>ATM</i> | 36 | 1.8 | 9 | 0.3 | 5.15 | 2.42-12.18 | 1.00x10⁻⁰⁶ |
| <i>BARD1</i> | 1 | 0.0 | 1 | 0.0 | 1.27 | 0.02-99.55 | 1.00 |
| <i>BRCA1</i> | NA | NA | NA | NA | NA | NA | NA |
| <i>BRCA2</i> | NA | NA | NA | NA | NA | NA | NA |
| <i>BRE</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>BRIP1</i> | 4 | 0.2 | 5 | 0.2 | 1.01 | 0.20-4.72 | 1.00 |
| <i>CDH1</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>CHEK2</i> | 131 | 6.4 | 31 | 1.2 | 5.66 | 3.78-8.70 | <2.00x10⁻¹⁶ |
| <i>c.1100delC^b</i> | 130 | | 30 | | | | |
| <i>Other</i> | 1 | | | | | | |
| <i>EPCAM</i> | 0 | 0.0 | 2 | 0.1 | NA | NA | NA |
| <i>FANCC</i> | 5 | 0.2 | 8 | 0.3 | 0.79 | 0.20-2.75 | 0.80 |
| <i>FANCM</i> | 14 | 0.7 | 16 | 0.6 | 1.11 | 0.50-2.44 | 0.90 |
| <i>GEN1</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>MEN1</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>MLH1</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>MRE11A</i> | 1 | 0.0 | 3 | 0.1 | 0.42 | 0.01-5.27 | 0.60 |
| <i>MSH2</i> | 0 | 0.0 | 2 | 0.1 | NA | NA | NA |
| <i>MSH6</i> | 1 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>MUTYH</i> | 3 | 0.1 | 2 | 0.1 | 1.9 | 0.22-22.81 | 0.70 |
| <i>NBN</i> | 2 | 0.1 | 3 | 0.1 | 0.85 | 0.07-7.39 | 1.00 |
| <i>NF1</i> | 2 | 0.1 | 0 | 0.0 | NA | NA | NA |
| <i>PALB2</i> | 12 ^c | 0.6 | 7 | 0.3 | 2.18 | 0.79-6.55 | 0.10 |
| <i>PIK3CA</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>PMS2</i> | 1 | 0.0 | 2 | 0.1 | 0.63 | 0.01-12.19 | 1.00 |
| <i>PTEN</i> | 1 | 0.0 | 1 | 0.0 | 1.27 | 0.02-99.55 | 1.00 |
| <i>RAD50</i> | 4 | 0.2 | 7 | 0.3 | 0.72 | 0.16-2.85 | 0.80 |
| <i>RAD51C</i> | 1 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>RAD51D</i> | 5 | 0.2 | 0 | 0.0 | NA | NA | NA |
| <i>RECQL</i> | 2 | 0.1 | 3 | 0.1 | 0.85 | 0.07-7.39 | 1.00 |
| <i>RINT1</i> | 0 | 0.0 | 2 | 0.1 | NA | NA | NA |
| <i>STK11</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>TP53</i> | 0 | 0.0 | 0 | 0.0 | NA | NA | NA |
| <i>XRCC2</i> | 0 | 0.0 | 1 | 0.0 | NA | NA | NA |
| Total | 227 | 11.1 | 105 | 4.1 | - | - | - |

^aCases and controls were included in the analyses described by Dorling et al.⁵

^bof which 6 homozygous in cases and 1 homozygous in controls

^cIn addition to inclusion criteria for truncating variants in BRIDGES, 4 *PALB2* truncating variants in the last exon were added.

Abbreviations: CI, Confidence Interval; N, Number; NA, Not Applicable; OR, Odds Ratio.

Table S5: Missense variants in BRIDGES gene panel

| Gene | Cases; N=2,038 ^a | | Controls, N=2,584 ^a | |
|--------------|-----------------------------|-------------------|--------------------------------|-------------------|
| | Total ^b | P/LP ^c | Total ^b | P/LP ^c |
| ABRAXAS1 | 3 | NA | 5 | NA |
| AKT1 | 2 | NA | 6 | NA |
| ATM | 121 | 5 | 113 | 4 |
| BARD1 | 25 | 0 | 26 | 0 |
| BRCA1 | 42 | NA | 49 | NA |
| BRCA2 | 109 | NA | 127 | NA |
| BRE | 0 | NA | 0 | NA |
| BRIP1 | 34 | NA | 41 | NA |
| CDH1 | 26 | NA | 28 | NA |
| CHEK2 | 64 | 8 | 34 | 2 |
| EPCAM | 9 | NA | 18 | NA |
| FANCC | 28 | NA | 23 | NA |
| FANCM | 64 | NA | 62 | NA |
| GEN1 | 38 | NA | 32 | NA |
| MEN1 | 4 | NA | 2 | NA |
| MLH1 | 19 | NA | 21 | NA |
| MRE11A | 16 | NA | 19 | NA |
| MSH2 | 42 | NA | 56 | NA |
| MSH6 | 51 | NA | 52 | NA |
| MUTYH | 28 | NA | 33 | NA |
| NBN | 35 | NA | 23 | NA |
| NF1 | 30 | NA | 34 | NA |
| PALB2 | 23 | 0 | 23 | 0 |
| PIK3CA | 6 | NA | 10 | NA |
| PMS2 | 37 | NA | 28 | NA |
| PTEN | 3 | NA | 7 | NA |
| RAD50 | 50 | NA | 46 | NA |
| RAD51C | 9 | 1 | 9 | 0 |
| RAD51D | 6 | 0 | 10 | 0 |
| RECQL | 16 | NA | 20 | NA |
| RINT1 | 39 | NA | 47 | NA |
| STK11 | 0 | NA | 1 | NA |
| TP53 | 14 | 4 | 10 | 0 |
| XRCC2 | 6 | NA | 13 | NA |
| Total | 999 | 18 | 1,028 | 6 |

^aCases and controls were included in the analyses described by Dorling et al.⁵

^bTotal number of missense variants detected, not corrected for individuals who carry more than one missense variant in a single gene.

^cFor genes in which pathogenic variants are associated with breast cancer⁵, missense variant interpretation was performed by using the ClinVar database⁶.

Abbreviations: N, Number; NA, Not Applicable; P, Pathogenic; LP, Likely Pathogenic.

Table S6: Absolute change in breast cancer lifetime risk after including the PRS₃₁₃

| | Cases | | | Controls | | |
|---|-------|------|------|----------|------|------|
| | Min | Mean | Max | Min | Mean | Max |
| Non-<i>BRCA1/2</i> PV carriers | 0 | 5.0 | 34.5 | 0 | 3.5 | 21.3 |
| Non-carriers | 0 | 4.5 | 27.0 | 0 | 3.3 | 22.1 |
| <i>ATM</i> PV carriers^a | 0.4 | 8.0 | 19.8 | 2.6 | 5.9 | 9.6 |
| <i>CHEK2</i> PV carriers^a | 0.3 | 8.1 | 29.3 | 0.1 | 5.9 | 20.1 |
| <i>PALB2</i> PV carriers | 0.7 | 4.4 | 9.8 | 0.3 | 2.2 | 4.8 |

^aTwo cases with both a pathogenic variant in *CHEK2* and *ATM* were excluded.

In total, 1,331 cases and 890 controls were included without a gene-test result; 2,369 cases and 2,537 controls in the non-PV carrier group; 167 cases and 31 controls in the *CHEK2* PV carrier group; 39 cases and 9 controls in the *ATM* carrier group; 10 cases and 7 controls in the *PALB2* PV carrier group. Abbreviations: Min, Minimum; Max, Maximum; PRS, Polygenic Risk Score; PV, Pathogenic Variant.

Table S7: Breast cancer lifetime risk category change based on the NCCN guideline

| Group | BOADICEA Lifetime risk | | No gene-test result | | Non-PV carriers | | CHEK2 PV carriers ^a | | ATM PV carriers ^a | | PALB2 PV carriers | |
|-----------------------|----------------------------|------------------------------|---------------------|-------------|-----------------|-------------|--------------------------------|------------|------------------------------|------------|-------------------|----------|
| | Without PRS ₃₁₃ | Including PRS ₃₁₃ | N | % change | N | % change | N | % change | N | % change | N | % change |
| Cases | <20% | <20% | 697 | 30.4 | 1,126 | 30.1 | 3 | 70.0 | 0 | 0.0 | 0 | 0.0 |
| | >20% | >20% | 305 | | 486 | | 7 | | 0 | | 0 | |
| | >20% | >20% | 292 | 11.2 | 605 | 20.1 | 153 | 2.5 | 39 | 0.0 | 10 | 0.0 |
| | <20% | <20% | 37 | | 152 | | 4 | | 0 | | 0 | |
| Overall change | | | 25.7 | 26.9 | 6.6 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | |
| Controls | <20% | <20% | 851 | 4.4 | 2,419 | 4.7 | NA | NA | NA | NA | NA | |
| | >20% | >20% | 39 | | 118 | | | | | | | |
| | >20% | >20% | NA | | NA | | 19 | 38.7 | 8 | 11.1 | 7 | 0.0 |
| | <20% | <20% | | | | | 12 | | 1 | | 0 | |
| Overall change | | | 4.4 | 4.7 | 38.7 | 11.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | |

^aTwo cases with both a pathogenic variant in CHEK2 and ATM were excluded.

In total, 1,331 cases and 890 controls were included without a gene-test result (no BRCA1/2 PV); 2,369 cases and 2,537 controls in the non-PV carrier group; 167 cases and 31 controls in the CHEK2 PV carrier group; 39 cases and 9 controls in the ATM carrier group; 10 cases and 7 controls in the PALB2 PV carrier group.

Abbreviations: BOADICEA, the Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; NCCN, the National Comprehensive Cancer Network guideline; PRS, Polygenic Risk Score; PV, Pathogenic Variant.

Table S8: Breast cancer lifetime risk category change based on the NICE guideline

| Group | BOADICEA Lifetime risk | | No gene-test result | | Non-PV carriers | | CHEK2 PV carriers ^a | | ATM PV carriers ^a | | PALB2 PV carriers | |
|-----------------------|----------------------------|------------------------------|---------------------|-------------|-----------------|-------------|--------------------------------|-------------|------------------------------|------------|-------------------|----------|
| | Without PRS ³¹³ | Including PRS ³¹³ | N | % change | N | % change | N | % change | N | % change | N | % change |
| Cases | <17% | <17% | 478 | 38.5 | 699 | 37.1 | 1 | 0.0 | NA | NA | NA | NA |
| | >17% | >17% | 299 | 413 | 413 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | 17-30% | 17-30% | 332 | 34.3 | 799 | 31.5 | 34 | 48.5 | 0 | 100.0 | NA | NA |
| | <17% | <17% | 68 | 203 | 203 | 1 | 1 | 0 | 0 | 0 | 0 | 0 |
| | >30% | >30% | 105 | 164 | 164 | 31 | 5 | 7.0 | 32 | 5.9 | 10 | 0.0 |
| | >30% | >30% | 42 | 14.3 | 65 | 28.6 | 93 | 7.0 | 32 | 5.9 | 10 | 0.0 |
| | | | 67 | 26 | 26 | 7 | 2 | 2 | 2 | 0 | 0 | |
| Overall change | | | 36.0 | 34.0 | 23.4 | 17.9 | 0.0 | 17.9 | 0.0 | 0.0 | 0.0 | |
| Controls | <17% | <17% | 783 | 12.0 | 2,289 | 9.8 | NA | NA | NA | NA | NA | NA |
| | >17% | >17% | 107 | 248 | 248 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | 17-30% | 17-30% | NA | NA | NA | 20 | 35.5 | 5 | 44.4 | NA | NA | NA |
| | <17% | <17% | NA | NA | NA | 5 | 0 | 0 | 0 | 0 | 0 | 0 |
| | >30% | >30% | NA | NA | NA | 6 | 4 | 4 | 4 | 4 | 4 | 4 |
| | >30% | >30% | NA | NA | NA | NA | NA | NA | NA | NA | 7 | 0.0 |
| | | | NA | NA | NA | NA | NA | NA | NA | 7 | 0.0 | |
| | | | NA | NA | NA | NA | NA | NA | NA | 0 | 0 | |
| Overall change | | | 12.0 | 9.8 | 35.5 | 44.4 | 0.0 | 44.4 | 0.0 | 0.0 | 0.0 | |

^aTwo cases with both a pathogenic variant in CHEK2 and ATM were excluded. In total, 1,331 cases and 890 controls were included without a gene-test result; 2,369 cases and 2,537 controls in the non-PV carrier group; 167 cases and 31 controls in the CHEK2 PV carrier group; 39 cases and 9 controls in the ATM carrier group; 10 cases and 7 controls in the PALB2 PV carrier group. Abbreviations: BOADICEA, the Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; NICE, the National Institute for Health and Care Excellence guideline; PRS, Polygenic Risk Score; PV, Pathogenic Variant.

Table S9: Breast cancer lifetime risk by age of breast cancer diagnosis for cases based on the Dutch IKNL guideline

| Group | <40 years | | | 40-50 years | | | ≥50 years | | |
|--------------------------------|--------------|----------------------------|------------------------------|----------------------------|------------------------------|----------------------------|------------------------------|----------------------------|------------------------------|
| | BOADICEA LTR | Without PRS ₃₁₃ | Including PRS ₃₁₃ | Without PRS ₃₁₃ | Including PRS ₃₁₃ | Without PRS ₃₁₃ | Including PRS ₃₁₃ | Without PRS ₃₁₃ | Including PRS ₃₁₃ |
| No gene-test result | <20% | 403 (87%) | 305 (66%) | 377 (74%) | 257 (50%) | 222 (62%) | 172 (48%) | 111 (31%) | 122 (34%) |
| | 20-30% | 58 (13%) | 127 (27%) | 111 (22%) | 186(36%) | 111 (31%) | 122 (34%) | 24 (7%) | 63 (17%) |
| | >30% | 1 (0%) | 30 (6%) | 24 (5%) | 69 (13%) | 24 (7%) | 63 (17%) | | |
| Non-PV carriers | <20% | 475 (81%) | 367 (62%) | 706 (65%) | 557 (52%) | 431 (61%) | 354 (50%) | 242 (34%) | 267 (38%) |
| | 20-30% | 96 (16%) | 183 (31%) | 328 (30%) | 395 (37%) | 242 (34%) | 267 (38%) | 30 (4%) | 82 (12%) |
| | >30% | 17 (3%) | 38 (6%) | 44 (4%) | 126 (12%) | 30 (4%) | 82 (12%) | | |
| CHEK2 PV carriers ^a | <20% | 4 (8%) | 3 (6%) | 4 (5%) | 1 (1%) | 2 (4%) | 3 (7%) | 18 (40%) | 13 (29%) |
| | 20-30% | 17 (35%) | 12 (24%) | 22 (30%) | 11 (15%) | 18 (40%) | 13 (29%) | 25 (56%) | 29 (64%) |
| | >30% | 28 (57%) | 34 (69%) | 47 (46%) | 61 (84%) | 25 (56%) | 29 (64%) | NA | NA |
| ATM PV carriers ^a | <20% | NA | NA | NA | NA | NA | NA | NA | NA |
| | 20-30% | 2 (20%) | 1 (10%) | 2 (12%) | 1 (6%) | 1 (8%) | 0 (0%) | 11 (92%) | 12 (100%) |
| | >30% | 8 (80%) | 9 (90%) | 15 (88%) | 16 (94%) | 11 (92%) | 12 (100%) | NA | NA |
| PALB2 PV carriers | <20% | NA | NA | NA | NA | NA | NA | NA | NA |
| | 20-30% | NA | NA | NA | NA | NA | NA | NA | NA |
| | >30% | 4 (100%) | 4 (100%) | 5 (100%) | 5 (100%) | 1 (100%) | 1 (100%) | | |

^aTwo cases with both a pathogenic variant in *CHEK2* and *ATM* were excluded.

In total, 1,331 cases were included without a gene-test result; 2,369 cases in the non-PV carrier group; 167 cases in the CHEK2 PV carrier group; 39 cases in the ATM carrier group; 10 cases in the PALB2 PV carrier group.
Abbreviations: BOADICEA, the Breast and Ovarian Analysis of Disease Incidence and Carrier Estimation Algorithm; IKNL, Netherlands Comprehensive Cancer Organisation guideline; LTR, Life Time Risk; PRS, Polygenic Risk Score; PV, Pathogenic Variant.

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