

# The art of balance: addressing occupational stress and well-being in emergency department nurses

Wijn, A.N. de

#### Citation

Wijn, A. N. de. (2022, June 2). *The art of balance: addressing occupational stress and well-being in emergency department nurses*. Retrieved from https://hdl.handle.net/1887/3307322

Version: Publisher's Version

License: License agreement concerning inclusion of doctoral thesis in the

Institutional Repository of the University of Leiden

Downloaded from: https://hdl.handle.net/1887/3307322

**Note:** To cite this publication please use the final published version (if applicable).

# The Art of Balance

Addressing occupationa	l stress and well-being	in emergency	department nurses
------------------------	-------------------------	--------------	-------------------

Anne Nathal de Wijn

Author: Nathal de Wijn

Design cover: Micha Madera | Büro Mika

Lay-out: Nathal de Wijn

Printing: Ridderprint | www.ridderprint.nl

© Nathal de Wijn, 2022. All rights reserved. No part of this book may be reproduced in any form by print, photoprint, microfilm, or any other means without written permission by the author.

This research is financially supported by Stichting IZZ, a collectivity of employees working in the Dutch health care sector. However, the analysis, interpretations, conclusions and recommendations in this research are those of the author.

#### The Art of Balance

## Addressing occupational stress and well-being in emergency department nurses

#### Proefschrift

ter verkrijging van

de graad van doctor aan de Universiteit

Leiden, op gezag van rector magnificus
prof.dr.ir. H. Bijl, volgens besluit van het
college voor promoties te verdedigen op
donderdag 2 juni 2022

klokke 13:45 uur

door

Anne Nathal de Wijn

geboren te Den Hoorn, Texel
In 1991

#### **Promotor**

Prof.dr. J. F. Brosschot

## **Co-promotor**

Dr. M. P. van der Doef

#### **Promotiecommissie**

Prof. dr. P. van Bogaert (University of Antwerpen) Prof. dr. A. H. de Lange (Open University)

Prof. dr. M. van Veldhoven (Tilburg University)

Dr. M. Radstaak (University of Twente)

Dr. W. A. Gebhardt

# **C**ontents

Chapter I	General Introduction			
Chapter 2	The prevalence of stress-related outcomes and occupational well-being among emergency nurses and the role of job factors	р. 27		
Chapter 3	Patient-related stressful situations and stress-related outcomes in emergency nurses: the role of work factors and recovery during leisure time	р. 53		
Chapter 4	The effectiveness of stress management interventions for nurses: Capturing 14 years of research	р. 85		
Chapter 5	Psychosocial Safety Climate as predictor for the implementation process of a large scale stress management intervention project in the Netherlands	р. 157		
Chapter 6	Reducing psychosocial risk factors and improving employee well-being in emergency departments			
Chapter 7	General Discussion	р. 237		
Chapter 8	Samenvatting (Dutch Summary) Publications Curriculum Vitae Dankwoord (Acknowledgements)	p. 263 p. 269 p. 271 p. 273		